

BUYING A HOME?

Call today so I can help create
Joy in Your mortgage experience!

LESLIE CAIRNS 780.570.5457
ACCREDITED MORTGAGE PROFESSIONAL

Joy MORTGAGES **KEYSTONE** **@JoyInMortgages**

leslie@joyinmortgages.ca • www.joyinmortgages.ca

Imagine your business here!

For more information:
780-220-6397
or **877-553-6397**
www.coffee-news.ca

TRINITY
Baptist Church

Serving the community for over 40 years.
10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca
780-464-4040

East on Baseline; First left after Hwy 21
22550 Twp Road 530, Sherwood Park, AB

WHY RENT ...when you can BUY?

You may be financially ready – and don't even know!

Call George about *real solutions* to build equity:
780.982.4247
www.georgevandewalle.com

GEORGE VAN DE WALLE

Congratulations to December's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Enter today for your chance to win at
www.coffee-news.ca

Catherine Marabello
Jean Bredo
Sue Goss
Lacina Barsalou

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for
\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

RECEIVE YOUR REFUND BY CHRISTMAS!

For Expert Help:
1.844.453.5372

Thank You to these distribution partners for supporting the "good news" message of **Coffee News!**

Zone 16 Updated 08/09/21

We appreciate you!

A & W x 3	Fargos	Mr. Sub
Albert's	Fat Albert's Pizza and Donair	Papa's Restaurant
Anvil Coffee House	Flava Café	Pasta Brioni
AUM Cafe	Frenchese	Pho King
Basha Donair	Gourmet Express	Pizza Hut x 2
Boston Pizza x 3	Handy Bakery Ltd.	Privilege Donair
Brits Fish and Chips	Humpty's	Quinzos
Café La Reine	India Garden	Red Swan Pizza
Carl's Jr.	Jasmine Belle Café	Ronald's Pizza
Cebuchon & BBQ	JB's Big Boy	Royal Pizza
Dairy Queen	Joey's Fish Shack	Safron's
Diner Fifty	Joy's Café	Caribbean Delight
Donair Express	Little Caesars Pizza	Saigon Hut
Donair Lover	Maria's Place	Sandwich Palace
Donair Stop	Mike's Sub	Simply Donairs
El Fogo Latino	Millcreek Café	Stadium Donair
	More Subs	Swiss to Go
		Take 5 Coffee
		The Carrot
		The Cheese Factory
		Tim Hortons
		Twin Atria Café
		Uncle Ed's Restaurant

Would you like to offer your valued customers the opportunity to read and enjoy **Coffee News?**

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.

FREE! **New Issue Every Week!**

Coffee News[®]

"News To Be Enjoyed Over Coffee"

East Edmonton Edition

780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 19 No. 6 February 7, 2022

Everybody's Talking

Heart-shaped lakes: In an oasis called Al Qudra, near the city of Dubai, United Arab Emirates, is a manmade attraction called Love Lake. As seen from the air, Love Lake beckons visitors to its two heart-shaped lakes that intertwine. Desert surrounds the lake on all sides. However, within the Love Lake park area, visitors find lush vegetation, including trees and flowers. Not far from the bustling city, couples and families can enjoy a day trip for a barbecue, a cycle, and a beautiful sunset. Almost everything in the park is shaped like a heart, including signposts, a badminton court, and flowerbeds.

Food art: While many artists use paint to create their works of art, a talented young woman from Egypt uses edible ingredients for her drawings and illustrations. Sally Magdy Murad expresses her creative spirit using such materials as honey, chocolate, jam, juice, and syrup. Her tools are also unique and include spoons and toothpicks. As she has practiced her art, she has added other mediums, such as raisins, salt, and candy. The experienced artist started with this "food-paint" in simple works, but eventually her drawings became more sophisticated and now include Arab personalities. Murad's art is especially interesting because it can be eaten after it's created

Pizza problem: When ordering a restaurant meal from a delivery service, customers expect their food to be handled with care. That's what a man from Detroit, Michigan (U.S.), believed, until his doorbell camera revealed something different. He and his wife ordered a pizza one day, but didn't end up eating it. That's because they saw, on their doorbell camera, the pizza falling out of the box on their front porch. The delivery driver picked it up, brushed it off, and left it on the doorstep. The couple complained and got a refund, and the driver was fired. But they didn't blame the delivery service for the problem, realizing it wasn't their fault.

Doll delirium: Shirley Sumaiser of Toronto, Ontario (Canada), has a dollhouse that doesn't have windows, doors, and rooms in which children can play with their dolls. Called "The Doll House," her home is on a quiet street not far from downtown. Her yard, fence, porch, and eaves are full of dolls of every variety, and more! The woman collects not just dolls, but stuffed and plastic toys of all kinds. People taking a stroll along her street will find everything from troll dolls to Santa Clauses to Disney characters packed on the lawn. Sumaiser gets much joy from decorating the front yard of her two-story house, and she changes the decorations with every season.

Quoteable Quotes

"Work expands so as to fill the time available for its completion."
-Cyril Northcote Parkinson

"There are two cardinal sins from which all others spring: impatience and laziness."
-Franz Kafka

What's Happening

April 2-Edmonton Spring Stamp Show Stamp circuit books, show and tell exhibits, door prizes, presentations, fun frame exhibits and junior stamp tables. No cost appraisals. Parking is Free! 11113 - 113 Street. www.edmontonstampclub.com

NON profit organizations may submit events for FREE at
www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit **www.coffee-news.ca**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What is the largest living reptile species?
2. Ika is often seen on a sushi menu. What is it?
3. Where is the world's highest waterfall?
4. In what years did Sears, Roebuck and Company sell homes by mail order?
5. What is vim's partner?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Learn to Earn Online with a Digital Business

Join the biggest and best global online business!

Register for a FREE info session here:
(Scan this code for info)

✓ Freedom
✓ Flexibility
✓ Fun

NO EXPERIENCE NEEDED - WE TRAIN & MENTOR!

or visit **www.susandeveney.net**

Recipe of the month

Savoury Winter Soup

2 pounds ground beef
3 medium onions, chopped
1 garlic clove, minced
3 cans (10-1/2 ounces each) condensed beef broth, undiluted
1 can (28 ounces) diced tomatoes, undrained
3 cups water

1 cup each diced carrots and celery
1 cup fresh or frozen cut green beans
1 cup cubed peeled potatoes
2 tablespoons minced fresh parsley or 2 teaspoons dried parsley flakes
1 teaspoon dried basil
1/2 teaspoon dried thyme
Salt and pepper to taste

Prep Time: 20 min. Cook Time: 6 hours
Yield: 14 servings (3.5 quarts)

1 In a large skillet, cook beef and onions over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.
2 Transfer to a 5-qt. slow cooker. Stir in remaining ingredients. Cover and cook on low until vegetables are tender, 6-8 hours.

The ideal pick me up for a cold winter evening!

Source: <https://www.tasteofhome.com>

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP

BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT **thecomicstrip.ca**

Rick Bronson's **THE COMIC STRIP**
DRINK · DINE · LAUGH

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: **www.coldshotca.com**
Passenger Website: **www.coldshot.ca**

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to **contests@coffee-news.ca**
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address
so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Readers of the Month
Grady Gibson & Emily Ewen of Edmonton

Coffee News Fun Reading. Serious Advertising.

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

A wish begins with **HOPE**

Hope begins with you.
Donate at makeawish.ca/createhope

★ **Make-A-Wish**
Coffee News is proud to support Make-A-Wish Northern Alberta

Trustworthy, Honest and Reliable House Cleaning... *Just For You!*

- ✓ Flat and Hourly Rates Available
- ✓ Over 15 Years Experience
- ✓ Thorough, Considerate, Friendly

C: 780.239.3553 | almescape@gmail.com

WEBSITES
From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

FRASIER WEEKNIGHTS 6:00(EST) / 6:30(MT)
yesTV

WINTER SPECIAL
Complimentary Hair Treatment with any colour service, customized to your hair's needs OR Complimentary Paraffin, Scrub or Massage to your Manicure or Pedicure

Clarity
SALON & SPA
780.761.5959
965 James Mowatt Tr. SW
www.claritysalonandspa.ca

Great news! We are getting ready to sing again...

The St. David's Welsh Male Voice Choir is preparing to resume choral singing

Our longstanding Edmonton choir is planning to begin rehearsals in early 2022.

If you enjoy camaraderie, making new friends and sharing joyful music with others... then we would love to meet you.

We will practice in a safe environment following strict AHS guidelines.

FOR FURTHER INFO, CALL:
BARRY at 780.434.5524 or BOB at 780.475.4140
<https://stdavidswelshmalevoicechoir.ca>

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

inogen
FREEDOM. TO BE YOU.

1-888-998-6714
MKT-P0253

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Love and romance may be on your mind now. Direct your energy toward understanding what you value in a partner, and connect with someone who matches what you need. Lucky numbers: 4, 10, 15, 18, 30, 35.

TAURUS
(April 21 - May 21)

At the beginning of the week, you may experience a sudden or unexpected shift in your emotional state regarding a situation. Pay close attention to the information contained in your feelings. Lucky numbers: 6, 10, 13, 31, 38, 41.

GEMINI
(May 22 - June 21)

How do you view motherhood and/or your relationship to your mother? You may soon receive information that will help you gain a more balanced perspective of yourself and her. Lucky numbers: 11, 15, 18, 21, 29, 45.

CANCER
(June 22 - July 22)

Toward the end of the week, you may be focused on understanding your reason for being here. Work to balance your ego and your emotional needs regarding this matter. Lucky numbers: 9, 10, 13, 16, 20, 22.

LEO
(July 23 - Aug. 23)

You may be focused now on how to successfully implement your plan during the next three to six months. Just remember to have a Plan B in case you encounter roadblocks. Lucky numbers: 7, 8, 11, 23, 25, 48.

VIRGO
(Aug. 24 - Sept. 23)

Half of you may just want to kick back and enjoy life while the other half may be eager to get to work. Find a balance between these conflicting desires. Lucky numbers: 8, 14, 25, 40, 45, 48.

LIBRA
(Sept. 24 - Oct. 23)

You have an opportunity right now to work hard to achieve your goals. However, partnership is important for Libras. So be sure not to neglect your spouse or partner. Lucky numbers: 14, 29, 32, 34, 39, 46.

SCORPIO
(Oct. 24 - Nov. 22)

If you feel insecure or discouraged about obstacles you are encountering right now, be patient. This will pass. In the meantime, focus on where you can work to improve the situation. Lucky numbers: 1, 2, 9, 10, 12, 45.

SAGITTARIUS
(Nov. 23 - Dec. 21)

You may be feeling very confident right now, with a lot of energy and drive to pursue your goals. Just be careful of overreaching, beyond what is realistic. Lucky numbers: 5, 12, 27, 28, 30, 39.

CAPRICORN
(Dec. 22 - Jan. 20)

For several months, you may have had some intense moments of hidden information surfacing. This period might be ending soon, but it is important to integrate the meaning of these messages. Lucky numbers: 10, 13, 17, 19, 21, 22.

AQUARIUS
(Jan. 21 - Feb. 19)

You may be torn right now between wanting to expand forward in some area of your life versus keeping the status quo. Sudden or unexpected insights may clarify how to proceed. Lucky numbers: 3, 14, 15, 17, 27, 33.

PISCES
(Feb. 20 - March 20)

You may have recently felt like Sisyphus, rolling that boulder up the mountain only to have it fall back down. If so, know that this pattern is about to shift. Lucky numbers: 2, 3, 7, 16, 17, 43.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 7.

Did You Know...

Coconut goodness: Coconut confections called *cocadas* are common in places like Mexico, Peru, Colombia, and others. The cookie-like dessert has many variations, but sugar, water, and, of course, coconut are key. Chefs might also add vanilla or almond extract.

No buzz: Those who want a mosquito-free vacation, winter or summer, can go to Iceland, where these pesky insects do not exist. This northern nation also does not have any snakes and has very few species of spiders.

Blue bloods: An octopus's blood is blue. That's because it is not iron-based, like a human's, but copper-based. Containing a protein called hemocyanin, this type of blood can better transport oxygen in the octopus, especially in the cold, deep waters where they live.

Bee talk: The number of honeybees living in a hive can range anywhere from about 10,000 to 80,000 bees per hive. While the colony can produce lots of honey, an individual bee produces only a fraction of a teaspoon during its lifetime.

Greetings! With the advent of the telephone in the late 1800s, inventor Alexander Graham Bell wanted people to start their conversations with, "Ahoy!" Another inventor, Thomas Edison, wanted to use "Hello."

On the Lighter Side

Knock! Knock! Who's there? Goblin. Goblin who? Goblin your food will give you a tummy ache.

Why did Mr. Cyclops close his ophthalmology school? He only had one pupil.

He: "I hope you liked the dictionary I bought for your birthday." She: "Yes. I just can't find the words to thank you."

What is the worst thing a giraffe can have? Whiplash.

How does a crow know who is calling him? He checks his cawler ID.

Answers

Trivia answers: 1. Saltwater crocodile 2. Squid or cuttlefish 3. Angel Falls, Venezuela 4. 1908-1914 5. Vigour

Learn something new!

EDMONTON lifelong learners ASSOCIATION

Register now for non-credit online classes starting mid-January

Fine Arts, Humanities, Science & Wellness **my-ella.com**

ELECTRICIAN FOR HIRE

Residential Light Commercial Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

Affordable seniors' housing

- Apartment units
- Lodges with meals and housekeeping
- Clean, well maintained, secure buildings
- Friendly, professional staff
- Recreation activities

Call **780.482.6561** or visit us online at gef.org

Seniors Housing

Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

Heating System Not Working? We've Got You Covered!

15% OFF YOUR FIRST PURCHASE

- HVAC and Mechanical Building Maintenance
- Troubleshooting and Diagnostics
- Installations, Repairs and Maintenance on all Heating & Ventilation
- We Service all Makes and Sizes of Boilers and Furnaces
- Serving Residential and Commercial Clientele

RBA MECHANICAL INC.
780-474-7481 www.rbamech.ab.ca

J.R. WATKINS Since 1868 TRADE MARK

YOUR INDEPENDENT WATKINS CONSULTANT

Donna Ouellette
ID# 029268N

780-469-5715
www.RespectedHomeBusiness.com/enter29268

A full line of natural products for your home and family

Come and enjoy rural Alberta!

Tired of waiting for high cost accommodation in the big city? We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1981.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive.

Experience fresh air and country living.

780.853.5706
Contact Tabitha at tabitha.dykstra@vdhf.ca
www.vdhf.ca
5401-46 St., Vermilion

Vermilion & District Housing Foundation

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield **1-877-579-9449**