



eC 🕷 month Savoury Winter Soup pounds ground beef medium onions, 1 cup each diced carrots and celery 1 cup fresh or frozen cut chopped garlic clove, minced green beans cans (10-1/2 ounces cup cubed peeled potatoes each) condensed beef 2 tablespoons minced fresh broth, undiluted L can (28 ounces) diced parsley or 2 teaspoons dried parsley flakes tomatoes, undrained 1 teaspoon dried basil ¹/₂ teaspoon dried thyme Salt and pepper to taste 3 cups water Prep Time: 20 min. Cook Time: 6 hours Yield: 14 servings (3.5 quarts) 1 In a large skillet, cook beef and onions over medium The large skiller, cook oper and othors over the heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.
Transfer to a 5-qt. slow cooker. Stir in remaining ingredients. Cover and cook on low until vegetables are the day of the start of the tender. 6-8 hours The ideal pick me up for a cold winter even

Source



and buffing material to create the pieces.

a protected environment rather than in the wild.

viewers and generating \$3,000 USD in donations.

learning is perilous."

the world.'

"Learning without thought is labour lost; thought without

canine!

Everybody's Talking



Feb 12 to 13-Stage Eaters Theatre Company presents: Disney's Newsies Disney's beloved musical spectacular, Newsies, follows the events of the 1899 NYC Newsboys Strike. This is a true underdog story of a group of kids who made their voices hear

Quoteable Quotes

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Trivia

1. What are Malbec and Shiraz?

2. How many days hath September, April, June, and November?

3. When was the Panama Canal completed?

- 4. Do male mosquitoes bite humans? Y/N
- 5. What is mycology?

(Flip bottom of page for answers)

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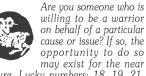
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Your Weekly Horoscope ARIES (March 21 - April 20)



future. Lucky numbers: 18, 19, 21, . 33, 34, 38. **TAURUS**

(April 21 - May 21)

A sudden and/or unexpected opportunity may become available to you this week. Weigh the pros and cons of the offer

carefully before deciding whether and how to proceed. Lucky numbers: 15, 16, 18, 19, 30, 42. GEMINI

(May 22 - June 21)



regarding your profession or public image. Think through the underlying cause of the friction in order to find a solution. Lucky numbers: 2, 3, 7, 9, 15, 28. CANCER

(June 22 - July 22)

Cancer is ruled by the Moon, which is strongly connected to the collec-tive unconscious. You are in a period where hidden information may now be

revealed for integration into your psyche. Lucky numbers: 3, 5, 10, 17, 31, 35. LEO

(July 23 - Aug. 23)



new. Lucky numbers: 5, 9, 10, 17 41.43.

(Aug. 24 - Sept. 23)

Virgos can often be very grounded in everyday reality. This week, though, you may have the opportunity

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 3.

Did You Know...

Turkish dish: A popular meatball dish in Turkey is called kofta, or köfte. The meat can be spicy, and the main ingredient is ground beef or lamb. Kofta comes in different shapes, including long and skinny, walnut-shaped, balls, or patties. Sold as a street food, it can be eaten at home, too.

Red beauties: Northern cardinals are found in various parts of North and Central America. They stick together as pairs and do not migrate. The male is crimson all over, while the female has a bit of crimson among mostly grayish-brown feathers.

Famous wrestler: Abraham Lincoln is most famous for being the 16th president of the United States, but he also had another claim to fame. Before he entered the political ring, he was an accomplished wrestler.

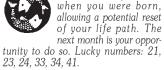
Breath holder: If a crocodile goes underwater, a couple of hours could pass before the animal surfaces again. That is because a crocodile's blood has an efficient method of conserving oxygen.





to reach for information from the ethereal plane. without losing your sense of balance. Lucky numbers: 1, 11, 30, 31, 37, 45.

23, 24, 33, 34, 41.



(Sept. 24 - Oct. 23)

10, 15, 28, 34, 45.

(Oct. 24 - Nov. 22)

your sense of purpose?

digging up buried truths.

the root cause. Lucky numbers: 12, 13,

may find a new image of yourself. Lucky numbers: 1, 3, 9, 12,

and relationship? Lucky numbers: 14,

and clear. Lucky numbers: 4, 7, 16,

(Feb. 20 - March 20)

what you want in a partner

This may be a very active

a lot of calls, emails, and

are also likely to be quick

SCORPIO

18, 19, 26, 48.

22, 48.

CAPRICORN

15, 28, 31, 37, 47,

AQUARIUS

19, 27, 48.

PISCES

(Dec. 22 - Jan. 20)

(Jan. 21 - Feb. 19)

SAGITTARIUS

(Nov. 23 - Dec. 21)



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Name change: In 1919, United States President Woodrow Wilson signed an act to name an area of land in the state of Utah the Zion National Park. Previously, it had been known as Mukuntuweap National Monument.

On the Lighter Side

Those who have the most birthdays live the longest.

First Mouse: "I finally have that scientist trained!" Second Mouse: "How so?"

First Mouse: "Every time I run through the maze and ring the bell, he gives me something to eat.'

Did you hear about the woman who got hurt while taking a milk bath? The cow fell on her.

When does a sandwich have a sarcastic sense of humour? When it's made of wry bread.

Knock! Knock! Who's there? Toad. Toad who? Toad you I knew some good knock-knock jokes.

Answers b. Science of fungi I rivia answers: 1. Types of wine 2. 30 3. 1914 4. No

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