

EAGLE EYE SECURITY SOLUTIONS LTD.

"A Proven Leader in Digital Security"

- Commercial CCTV Surveillance Solutions
- Commercial Access Control Solutions
- Commercial Alarm Solutions
- Rural Farm and Acreage Solutions

LOCALLY OWNED AND OPERATED

EAGLE EYE SECURITY SOLUTIONS LTD.

780.570.5974 | eesecuritysolutions.ca

THIS SPACE FOR RENT

780-220-6397

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

WEST EDMONTON OPEN Mon - Sat, 8-6 Sun, 10-5

jiffy lube

- OIL CHANGES
- TRANSMISSION AND DRIVELINE SERVICE
- AIR FILTERS ■ FUEL FILTERS

WARRANTY APPROVED
NO APPOINTMENT NECESSARY!

780.483.2281

17771 - 98A Avenue, Edmonton (beside the Domo)

\$10 OFF
ANY OIL CHANGE PACKAGE (WITH THIS AD)

Recipe of the month

Savoury Winter Soup

2 pounds ground beef	1 cup each diced carrots and celery chopped
3 medium onions, chopped	1 cup fresh or frozen cut green beans
1 garlic clove, minced	1 cup cubed peeled potatoes
3 cans (10-1/2 ounces each) condensed beef broth, undiluted	2 tablespoons minced fresh parsley or 2 teaspoons dried parsley flakes
1 can (28 ounces) diced tomatoes, undrained	1 teaspoon dried basil
3 cups water	1/2 teaspoon dried thyme
	Salt and pepper to taste

Prep Time: 20 min. Cook Time: 6 hours
Yield: 14 servings (3.5 quarts)

- In a large skillet, cook beef and onions over medium heat until meat is no longer pink. Add garlic; cook 1 minute longer. Drain.
- Transfer to a 5-qt. slow cooker. Stir in remaining ingredients. Cover and cook on low until vegetables are tender, 6-8 hours.

The ideal pick me up for a cold winter evening!

Source: <https://www.tasteofhome.com>

Don't know what's wrong...?

WE CAN HELP!
CONTACT THE EXPERIENCED PROFESSIONALS AT

HOME & OFFICE HANDYMAN SERVICES

780.940.2127 | www.HOHS.ca

Give Us Your List. We'll Do The Rest.

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

FREE! **New Issue Every Week!**

Coffee News®

"News To Be Enjoyed Over Coffee"

South Central Edmonton Edition

780-220-6397

www.coffee-news.ca

Vol. 19 No. 7 February 14, 2022

Everybody's Talking

Hard to eat: Sushi can be a colourful and mouth-watering menu item, but anyone who comes across sushi made by a Japanese man named Hama had better watch out. His sushi is made out of stone! Hama got his training at the Joshiki University of Art and Design in Kanagawa, Japan, and his art has attracted quite a bit of interest. The path he took to making these pieces was accidental. He noticed that a piece of red granite resembled a chunk of tuna. After that, he started searching for stones that he could combine in artful ways to appear like various bites of sushi. He uses fine tools and buffing material to create the pieces.

Dog's life: A German countess named Karlotta Leibenstein once had a pet German Shepherd named Gunther III. When the countess passed away in 1991, she left her vast wealth to her beloved pet. Fast forward a few decades, and one of Gunther III's descendants is now the recipient of the deceased countess's growing portfolio. The canine Gunther is CEO of the Gunther Corporation, whose (human) staff manage the fortune, which is worth over \$1 million (USD) today! Gunther lives in a mansion in Miami, Florida (U.S.), and is well cared for by a maid and butler. It's a dog's life for this canine!

Swan song: When Recep Mirzan rescued an injured swan in a field back in 1984, the Turkish man had no idea he'd made a lifelong friend. Mirzan did not want to leave the swan to fend for herself, so he took her home, deciding he would tend to the swan's broken wing. Almost 40 years later, the female bird, which he named Garip, is still living on Mirzan's farm in the Karaagac region of the country. She has her own coop for her nightly sleep, and during the day she follows her rescuer around as he does his chores. Garip has lived a very long time for a swan, probably because she is living in a protected environment rather than in the wild.

Sleeping beauty? People stream lots of things on the internet these days, such as movies, biographies, games, education sessions, and meetings, to name a few. But streaming yourself sleeping? Seems a little odd to imagine that anyone would be interested. But Wang Yiming, a former member of a Taiwanese Chinese-Malaysian pop group, did just that, and she got a lot of hits. She often streams herself playing video games and participating in online chats, and she has a following. So her fans may not have found it unusual to tune in and see her sleeping. Perhaps they thought she'd wake up and talk to them. Her prank ended up attracting thousands of viewers and generating \$3,000 USD in donations.

Quoteable Quotes

"Learning without thought is labour lost; thought without learning is perilous." -Confucius

"The responsibility of the great states is to serve and not to dominate the world." -Harry S. Truman

What's Happening

April 2-Edmonton Spring Stamp Show Stamp circuit books, show and tell exhibits, door prizes, presentations, fun frame exhibits and junior stamp tables. No cost appraisals. Parking is Free! 11113 - 113 Street. www.edmontonstampclub.com

Feb 12 to 13-Stage Eaters Theatre Company presents: Disney's Newsies Disney's beloved musical spectacular, Newsies, follows the events of the 1899 NYC Newsboys Strike. This is a true underdog story of a group of kids who made their voices heard and changed The World. Shell Theatre, Fort Saskatchewan. 1-888-655-9090.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. What are Malbec and Shiraz?
2. How many days hath September, April, June, and November?
3. When was the Panama Canal completed?
4. Do male mosquitoes bite humans? Y/N
5. What is mycology?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Visit us on Facebook-CoffeeNewsWeekly

Thank You to these distribution partners for continuing to support Coffee News through these unprecedented times...

Zone 15 Updated 06-30-21

We appreciate you!

Albert's Banzai Japanese Belgravia Hub Buddy Wonton Seafood Restaurant Dairy Queen x 2 Dream Donair & Pizza Espania Pizza Golden Rice Bowl High Voltage Homestyle Donair Kabuki Sushi Grill Lemongrass Café Let's Grill McDonalds	Miss Saigon Mood Café New Indian Sweets & Restaurant Noodle House Padmanadi Palabok House Panadaria on 99 Pearl River Restaurant Pizza 73 x 2 Popeye's Chicken Press'd Prime Time Donair and Poutine Ricky's All Day Grill Rosie's Bar & Grill	Royal Pizza Sakura Izakaya Sam Wok Simon King Donairs Sir Winston's Fish and Chips Sushi Aroma Tim Hortons x 2 Tokyo Express Zen All You Can Eat Sushi & Grill
---	--	--

Would you like to offer your customers the opportunity to enjoy the "good news" message of Coffee News®?

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.

CanXcancerhelp.com

Use Order Code 6902

BREAKTHROUGH IN CANCER NUTRITIONAL SUPPORT

Find Hope WITH US

PASS IT FORWARD

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Learn something new!

lifelong learners ASSOCIATION

Register now for non-credit online classes starting mid-January

Fine Arts, Humanities, Science & Wellness

my-ella.com

JEOPARDY!

WEEKNIGHTS 7:30

yesTV

ELECTRICIAN FOR HIRE

Residential Light Commercial Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

QUIT SMOKING TODAY!

Incredibly helpful staff who will set up your new device and teach you how to use it

Liberty Vape

eCig • eJuice • Tech

West Edmonton Mall Phase 1, Lower Level, next to The Bay
Downtown, about 20 steps north of Jasper Ave. on 105 St.

780.893.1838
libertyvape.ca

- Salt Nic
- Starter Kits
- Top Brands
- Free Juice Bar with 200+ flavours to sample

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 1 Your name 2 Your phone number and 3 Your address
 so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.



Readers of the Month
Grady Gibson & Emily Ewen of Edmonton



inogen

FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

NEW PATIENTS WELCOME!

Experienced dental care



DEREK FIKA Dr. Derek Fika
Family Dentistry
Creating Beautiful Smiles
587-760-3454
drderekfika@shaw.ca
Visit us at 12943-97 Street NW, Edmonton

NOW OFFERING COSMETIC AND THERAPEUTIC BOTOX!

February 14

HAPPY Valentine's Day



from your friends at **Coffee News**

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

A wish begins with **HOPE**



Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish
Coffee News is proud to support Make-A-Wish Northern Alberta

Congratulations

to December's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Enter today for your chance to win at www.coffee-news.ca

Catherine Marabello
Jean Brede
Sue Goss
Lacina Barsalou



Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**



Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

Your Weekly Horoscope

ARIES (March 21 - April 20)



Are you someone who is willing to be a warrior on behalf of a particular cause or issue? If so, the opportunity to do so may exist for the near future. Lucky numbers: 18, 19, 21, 33, 34, 38.

TAURUS (April 21 - May 21)



A sudden and/or unexpected opportunity may become available to you this week. Weigh the pros and cons of the offer carefully before deciding whether and how to proceed. Lucky numbers: 15, 16, 18, 19, 30, 42.

GEMINI (May 22 - June 21)



You may be experiencing opposition from an authority figure, possibly male, regarding your profession or public image. Think through the underlying cause of the friction in order to find a solution. Lucky numbers: 2, 3, 7, 9, 15, 28.

CANCER (June 22 - July 22)



Cancer is ruled by the Moon, which is strongly connected to the collective unconscious. You are in a period where hidden information may now be revealed for integration into your psyche. Lucky numbers: 3, 5, 10, 17, 31, 35.

LEO (July 23 - Aug. 23)



You may be focused on a particular project and have put lots of energy and hard work into it. Be sure to complete it, before moving on to something new. Lucky numbers: 5, 9, 10, 17, 41, 43.

VIRGO (Aug. 24 - Sept. 23)



Virgos can often be very grounded in everyday reality. This week, though, you may have the opportunity to reach for information from the ethereal plane, without losing your sense of balance. Lucky numbers: 1, 11, 30, 31, 37, 45.

LIBRA (Sept. 24 - Oct. 23)



As the week unfolds, you may find that your mood lightens. A balance might be struck between what your heart wants and what your head thinks you should want. Lucky numbers: 8, 10, 15, 28, 34, 45.

SCORPIO (Oct. 24 - Nov. 22)



Are you going back over an old issue regarding your sense of purpose? Scorpios are good at digging up buried truths. Now may be time to find the root cause. Lucky numbers: 12, 13, 18, 19, 26, 48.

SAGITTARIUS (Nov. 23 - Dec. 21)



At this time, it may be easier to address the impact of any old wounds that are holding you back. In doing so, you may find a new image of yourself. Lucky numbers: 1, 3, 9, 12, 22, 48.

CAPRICORN (Dec. 22 - Jan. 20)



Just in time for Valentine's Day, your attention may be focused on relationships. Are your values and needs in alignment regarding what you want in a partner and relationship? Lucky numbers: 14, 15, 28, 31, 37, 47.

AQUARIUS (Jan. 21 - Feb. 19)



This may be a very active period for you, including a lot of calls, emails, and text messages. Luckily, your thought processes are also likely to be quick and clear. Lucky numbers: 4, 7, 16, 19, 27, 48.

PISCES (Feb. 20 - March 20)



Each year, the Sun returns to the same point as when you were born, allowing a potential reset of your life path. The next month is your opportunity to do so. Lucky numbers: 21, 23, 24, 33, 34, 41.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 3.

Did You Know...

Turkish dish: A popular meatball dish in Turkey is called kofta, or *köfte*. The meat can be spicy, and the main ingredient is ground beef or lamb. Kofta comes in different shapes, including long and skinny, walnut-shaped, balls, or patties. Sold as a street food, it can be eaten at home, too.

Red beauties: Northern cardinals are found in various parts of North and Central America. They stick together as pairs and do not migrate. The male is crimson all over, while the female has a bit of crimson among mostly grayish-brown feathers.

Famous wrestler: Abraham Lincoln is most famous for being the 16th president of the United States, but he also had another claim to fame. Before he entered the political ring, he was an accomplished wrestler.

Breath holder: If a crocodile goes underwater, a couple of hours could pass before the animal surfaces again. That is because a crocodile's blood has an efficient method of conserving oxygen.

Name change: In 1919, United States President Woodrow Wilson signed an act to name an area of land in the state of Utah the Zion National Park. Previously, it had been known as Mukuntuweap National Monument.

On the Lighter Side

Those who have the most birthdays live the longest.

First Mouse: "I finally have that scientist trained!"

Second Mouse: "How so?"

First Mouse: "Every time I run through the maze and ring the bell, he gives me something to eat."

Did you hear about the woman who got hurt while taking a milk bath? The cow fell on her.

When does a sandwich have a sarcastic sense of humour? When it's made of wry bread.

Knock! Knock! Who's there? Toad. Toad who? Toad you I knew some good knock-knock jokes.

Answers

Trivia answers: 1. Types of wine 2. 30 3. 1914 4. No 5. Science of fungi

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Trustworthy, Honest and Reliable House Cleaning...

Just For You!

- ✓ Flat and Hourly Rates Available
- ✓ Over 15 Years Experience
- ✓ Thorough, Considerate, Friendly

C: 780.239.3553 | almescape@gmail.com

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Bronson's
THE COMIC STRIP
DRINK · DINE · LAUGH

New Year's Special!

SOCIAL MEDIA 1-2 Posts/Week (on 2-3 Platforms) Unique Content Creation & Calendar #Hashtag Strategy Monthly Reporting	SEARCH ENGINE OPTIMIZATION Keyword Research & Tracking Content Marketing Google My Business Optimization Technical SEO Monthly Reporting
--	--

\$799/MONTH - REG. \$1000/MONTH
NEED MORE SOCIAL MEDIA OR SEO? INQUIRE ABOUT A CUSTOM PACKAGE!

Frontline web consulting 780.760.6922
info@frontlineconsulting.ca
frontlineconsulting.ca

Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!



<https://www.facebook.com/CoffeeNewsWeekly>

Learn to Earn Online with a Digital Business

Join the biggest and best global online business!

- ✓ Freedom
- ✓ Flexibility
- ✓ Fun

Register for a **FREE** info session here: (Scan this code for info)



NO EXPERIENCE NEEDED - WE TRAIN & MENTOR!
or visit www.susandeveney.net

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

RECEIVE YOUR REFUND BY CHRISTMAS!

For Expert Help: **1.844.453.5372**



RETIREMENT LIVING CHRISTENSON

Join Our Safe & Social Community
Suites Now Available



Southwoods
COURT NORTH



Scan QR Code

Full Kitchens • In Suite Laundry • Optional Meals
9430-67 Ave, Edmonton
780-975-2509
CDLhomes.com

