

Hip or Knee Replacement?

The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and up to **\$25,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!

For Expert Help:
 **204-453-5372**

This Space for Rent

204-510-6397

Thinking About Montessori Programming?

Have you heard of Reggio Emilia for your preschooler or toddler?

New Reggio Emilia preschool is taking applications for immediate and 2022 start dates!

MENTION THIS AD FOR UP TO \$100 OFF FOR THE FIRST MONTH!

BRIGHT TIKES
PRESCHOOL AND DAY CARE INC.

204.410.1031 | 10-3014 Henderson Hwy
www.brighttikes.com

We Care For Your Pets As If They Were Our Own

25% OFF SPAY/NEUTER
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

50% OFF EXAM FEE
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$250 OFF VETERINARY SERVICES SUBSIDY
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$100 OFF DENTAL CLEANING
Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS
Animal Hospital of Manitoba
 995 Main St., Winnipeg **204.586.3334** animalhospomb.com

KOB'S AUTO LTD.

WINNIPEG FINANCE CENTER
WWW.WINNIPEGCARS.COM

- BAD CREDIT? NO PROBLEM! WE ARE THE BANK
- GUARANTEED APPROVAL
- AS LOW AS 9.99 DOWN PAYMENT
- 0% / 12 MONTHS O.A.C.
- IN-HOUSE FINANCING
- WIDE VARIETY

\$999 GUARANTEED APPROVAL

1156 MAIN STREET
204-582-2800

ScooterCity

Despa, Winnipeg • Go Winnipeg
WWW.WINNIPEGSCOOTERCITY.COM

NO LICENSE? NO PROBLEM!
 GOT A D.J.L.? NO PROBLEM!

SOCC SCOOTERS
ONLY CLASS 5 DRIVERS LICENSE LOW INSURANCE RATE

1156 MAIN STREET
204-582-2800

PRE-WINTER Walker Sales Event!

✓ Assorted Models and Sizes
 ✓ Starting at \$50

COME EARLY FOR BEST SELECTION!

LIVING MADE EASY
 HOME HEALTH CARE PRODUCTS • NEW & USED
665 ARCHIBALD ST. • 231-1746

Get More Traffic, Leads & Sales



• Website Development
 • Google Ads
 • Facebook Advertising
 • Social Media Management
 • SEO & Content Marketing
 • Reporting & Analytics

Frontline web consulting
 780.760.6922
frontlineconsulting.ca

OUTSOURCE YOUR SEARCH FOR LOVE

THE OFFLINE DATING SOLUTION

Manitoba's only Matchmaker
 Turning singles into couples for 28 years

CAMELOT 204-257-LOVE (5683)
 introductions Camelotintroductions.com

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Transcona Edition
204-510-6397



www.coffeenewswinnipeg.com Est. 1988

Vol. 17 No. 7 February 14, 2022

Everybody's Talking

Hard to eat: Sushi can be a colourful and mouth-watering menu item, but anyone who comes across sushi made by a Japanese man named Hama had better watch out. His sushi is made out of stone! Hama got his training at the Joshibi University of Art and Design in Kanagawa, Japan, and his art has attracted quite a bit of interest. The path he took to making these pieces was accidental. He noticed that a piece of red granite resembled a chunk of tuna. After that, he started searching for stones that he could combine in artful ways to appear like various bites of sushi. He uses fine tools and buffing material to create the pieces.

Dog's life: A German countess named Karlotta Leibenstein once had a pet German Shepherd named Gunther III. When the countess passed away in 1991, she left her vast wealth to her beloved pet. Fast forward a few decades, and one of Gunther III's descendants is now the recipient of the deceased countess's growing portfolio. The canine Gunther is CEO of the Gunther Corporation, whose (human) staff manage the fortune, which is worth over \$1 million (USD) today! Gunther lives in a mansion in Miami, Florida (U.S.), and is well cared for by a maid and butler. It's a dog's life for this canine!

Swan song: When Recep Mirzan rescued an injured swan in a field back in 1984, the Turkish man had no idea he'd made a lifelong friend. Mirzan did not want to leave the swan to fend for herself, so he took her home, deciding he would tend to the swan's broken wing. Almost 40 years later, the female bird, which he named Garip, is still living on Mirzan's farm in the Karaagac region of the country. She has her own coop for her nightly sleep, and during the day she follows her rescuer around as he does his chores. Garip has lived a very long time for a swan, probably because she is living in a protected environment rather than in the wild.

Sleeping beauty? People stream lots of things on the internet these days, such as movies, biographies, games, education sessions, and meetings, to name only a few. But streaming yourself sleeping? Seems a little odd to imagine that anyone would be interested. But Wang Yiming, a former member of a Taiwanese Chinese-Malaysian pop group, did just that, and she got a lot of hits. She often streams herself playing video games and participating in online chats, and she has a following. So her fans may not have found it unusual to tune in and see her sleeping. Perhaps they thought she'd wake up and talk to them. Her prank ended up attracting thousands of viewers and generating \$3,000 USD in donations.

Quoteable Quotes

"Learning without thought is labour lost; thought without learning is perilous."
 -Confucius

"The responsibility of the great states is to serve and not to dominate the world."
 -Harry S. Truman

What's Happening

Giving - The Secret to Receiving: An Eckankar Sound and Light Service Join us online to discover the sacred reverence found in the two essential aspects of the Divine. Feb.27 at 10AM. For Zoom link visit <https://www.meetup.com/The-Winnipeg-Spiritual-Experiences-Group> or email beckmanitoba@gmail.com or call 1-800-225-8819

Transcona Collegiate Murdoch MacKay Colliagate 50th Reunion 2022 TCI MMCI Grads from 1971 to 1974 are invited to join the class of '72 as they celebrate their 50th graduation anniversary. May 14, 2022

Contact : 2022TCI.MMCI.REUNION@GMAIL.COM for information and registration. **Spiritual Wisdom on Inner Guidance A FREE 3-part online Eckankar Event** Discover techniques that help enhance your awareness and receive spiritual guidance. Thurs. Feb.10, 17, and 24 at 7PM. For registration and Zoom link visit: <https://www.meetup.com/The-Winnipeg-Spiritual-Experiences-Group> or email beckmanitoba@gmail.com

Karaoke with a Live Band Anavets Assiniboia Unit 283 3584 Portage Ave. 204 837-6708 March 19th at 5:00 pm

following the Saturday Meat Draw. Our doors are still open and all Health Rules are in place for your safety. Bingo and Meat

Draws are going on as per usual. Bring a friend! **NON profit organizations may submit events for FREE** at <https://coffeenewswinnipeg.com/whats-happening>

Trivia

1. What are Malbec and Shiraz?
2. How many days hath September, April, June, and November?
3. When was the Panama Canal completed?
4. Do male mosquitoes bite humans? Y/N
5. What is mycology?

(Flip bottom of page for answers)
 © Published with Permission by Winnipeg Coffee News

ORDER TAKEOUT TODAY!

LITTLE BONES
204.777.2663

Bob's TRANSMISSIONS

"Building Relationships One Transmission at a Time"

Automatic Transmission Repairs and Maintenance Services ...from the Experts Who Have Been Serving Winnipeg Since 1974!

700 PEMBINA HWY.
204.475.5590
www.bobstransmissions.mb.ca

GRAND ALASKAN CRUISE & TOUR

12 days, departs May - Sep 2022

FROM \$1,949
\$1,699 USD

FREE ONBOARD CREDIT

VMT vacations
1-888-618-1836
 promo code N7017

* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Onboard Credit requires purchase of Ocean View or Balcony Cabin. Offers apply to new bookings only, made by 3/31/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

MPI APPROVED TIRE FINANCING CENTER

OK TIRE TRANSCONA
 204.668.8171 | transcona@oktire.com
 1600 Regent Avenue West at Lagimodiere

OK TIRE
 Service, Repair and Tires.

The Future of Eyecare Is Here

Comprehensive Eye Exams
 Eyewear | Direct Billing

CREST EYECARE
 To book your appointment, call **204.421.8080** or visit cresteyecare.com
 #9 -1500 Regent Avenue West, Winnipeg

50% OFF LENSES BOGO

WE'RE HIRING!

Salford Group Inc., a global leader in manufacturing of farming equipment, is currently looking for employees to work at our Elie, MB location.

Welders • Metal Fabricators Assemblers • Warehouse General Labour
 Day Shift and Evening Shift available

Interested? Send your résumé to mbjobs@salfordgroup.com
 or drop off at 70 Main St. East Elie MB or call 204.353.2789 ext. 3246

SALFORD

SALFORD GROUP OFFERS A COMPETITIVE SALARY AND BENEFITS PROGRAM

Because price matters

We offer everything you need for final arrangements in one convenient location, including funeral, cemetery and reception.

Start your pre-arrangements now:

- Single Niche for One Person from only \$46 monthly*
- Cremation Lot for Two People from only \$49 monthly*
- Companion Niche for Two People from only \$91 monthly*
- Traditional Burial Plots for Two People from only \$114 monthly*

* Only applies to specific garden/structures. 10% minimum deposit. 48 monthly payments. APR of 3.95%. No credit check. Limited time offer - please check with cemetery office for more details.

Glen Eden Funeral Home & Cemetery
glenedenmemorial.ca
204-809-8524

Chapel Lawn Funeral Home & Cemetery
chapellawn.ca
204-809-8517

Glen Lawn Funeral Home & Cemetery
glenlawn.ca
204-809-8534

Arbor Memorial
 Arbor Memorial Inc.

Support Canada and Canadian workers!



Check our superior quality **BSTsecurity** BST Surveillance products




When Quality and Reliability Are Required

CLEARLY INSIGHT SECURITY SOLUTIONS




204-414-2590
Camera@ClearlyInSightIP.com | ClearlyInSightIP.com

GET LEADS + RUN YOUR BUSINESS ALL ON ONE APP!



GetAssist
CONNECT WITH PURPOSE
www.getassist.com

Let's remember and appreciate our favourite companies we rely on! Whether you're shopping locally or requesting a local service through the GetAssist app, we've got your back!

Download on the App Store
GET IT ON Google Play

204.410.0461
Winnipeg GetAssist Network Centre - 3-236 Osborne St.

Shop Happy

kildonan place

Get **Coffee News**® Online!
Delivered to your inbox weekly



Please visit www.coffeenewswinnipeg for details

Coast to Coast Sports
A SUPER SPORTS NETWORK

Advocating for High School Athletes deprived of senior year due to Covid

For details, visit <https://coasttocoastsports.net/>

Recipe of the month


Valentine's Pop Hearts

1 refrigerated, ready-to-unroll piecrust | 1 large egg
4 tsp. raspberry jam

Prep Time: 10 min. Cook Time: 13 minutes Yield: 4

- Preheat the oven to 425 degrees F. Line a jelly-roll pan with parchment paper.
- Unroll the piecrust and cut into 8 rectangles or hearts. Use a small heart-shaped cookie cutter to stamp out smaller hearts from half the hearts (these will be your peekaboo top crusts); brush edges with egg.
- Spread 1 heaping teaspoon raspberry jam in the centre of the 4 solid hearts. Put the peekaboo crusts on top; seal the edges by crimping them with a fork (lightly floured, if needed). Transfer to prepared jelly-roll pan.
- Bake 10 to 13 minutes or until golden. Transfer to wire racks to cool.

Forego the store bought chocolates and impress your Valentine with these treats!



Source: <https://www.womansday.com>

Your Weekly Horoscope

ARIES
(March 21 - April 20)



Are you someone who is willing to be a warrior on behalf of a particular cause or issue? If so, the opportunity to do so may exist for the near future. Lucky numbers: 18, 19, 21, 33, 34, 38.

TAURUS
(April 21 - May 21)



A sudden and/or unexpected opportunity may become available to you this week. Weigh the pros and cons of the offer carefully before deciding whether and how to proceed. Lucky numbers: 15, 16, 18, 19, 30, 42.

GEMINI
(May 22 - June 21)



You may be experiencing opposition from an authority figure, possibly male, regarding your profession or public image. Think through the underlying cause of the friction in order to find a solution. Lucky numbers: 2, 3, 7, 9, 15, 28.

CANCER
(June 22 - July 22)



Cancer is ruled by the Moon, which is strongly connected to the collective unconscious. You are in a period where hidden information may now be revealed for integration into your psyche. Lucky numbers: 3, 5, 10, 17, 31, 35.

LEO
(July 23 - Aug. 23)



You may be focused on a particular project and have put lots of energy and hard work into it. Be sure to complete it, before moving on to something new. Lucky numbers: 5, 9, 10, 17, 41, 43.

VIRGO
(Aug. 24 - Sept. 23)



Virgos can often be very grounded in everyday reality. This week, though, you may have the opportunity to reach for information from the ethereal plane without losing your sense of balance. Lucky numbers: 1, 11, 30, 31, 37, 45.

LIBRA
(Sept. 24 - Oct. 23)



As the week unfolds, you may find that your mood lightens. A balance might be struck between what your heart wants and what your head thinks you should want. Lucky numbers: 8, 10, 15, 28, 34, 45.

SCORPIO
(Oct. 24 - Nov. 22)



Are you going back over an old issue regarding your sense of purpose? Scorpios are good at digging up buried truths. Now may be time to find the root cause. Lucky numbers: 12, 13, 18, 19, 26, 48.

SAGITTARIUS
(Nov. 23 - Dec. 21)



At this time, it may be easier to address the impact of any old wounds that are holding you back. In doing so, you may find a new image of yourself. Lucky numbers: 1, 3, 9, 12, 22, 48.

CAPRICORN
(Dec. 22 - Jan. 20)



Just in time for Valentine's Day, your attention may be focused on relationships. Are your values and needs in alignment regarding what you want in a partner and relationship? Lucky numbers: 14, 15, 28, 31, 37, 47.

AQUARIUS
(Jan. 21 - Feb. 19)



This may be a very active period for you, including a lot of calls, emails, and text messages. Luckily, your thought processes are also likely to be quick and clear. Lucky numbers: 4, 7, 16, 19, 27, 48.

PISCES
(Feb. 20 - March 20)



Each year, the Sun returns to the same point as when you were born, allowing a potential reset of your life path. The next month is your opportunity to do so. Lucky numbers: 21, 23, 24, 33, 34, 41.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 3.

Did You Know...

Turkish dish: A popular meatball dish in Turkey is called kofta, or köfte. The meat can be spicy, and the main ingredient is ground beef or lamb. Kofta comes in different shapes, including long and skinny, walnut-shaped, balls, or patties. Sold as a street food, it can be eaten at home, too.

Red beauties: Northern cardinals are found in various parts of North and Central America. They stick together as pairs and do not migrate. The male is crimson all over, while the female has a bit of crimson among mostly grayish-brown feathers.

Famous wrestler: Abraham Lincoln is most famous for being the 16th president of the United States, but he also had another claim to fame. Before he entered the political ring, he was an accomplished wrestler.

Breath holder: If a crocodile goes underwater, a couple of hours could pass before the animal surfaces again. That is because a crocodile's blood has an efficient method of conserving oxygen.

Name change: In 1919, United States President Woodrow Wilson signed an act to name an area of land in the state of Utah the Zion National Park. Previously, it had been known as Mukuntuweap National Monument.

On the Lighter Side

Those who have the most birthdays live the longest.

First Mouse: "I finally have that scientist trained!"

Second Mouse: "How so?"

First Mouse: "Every time I run through the maze and ring the bell, he gives me something to eat."

Did you hear about the woman who got hurt while taking a milk bath? The cow fell on her.

When does a sandwich have a sarcastic sense of humour? When it's made of wry bread.

Knock! Knock! Who's there? Toad. Toad who? Toad you I knew some good knock-knock jokes.

Answers

5. Science of fungi
1. Types of wine 2. 30 3. 1914 4. No

For available franchise opportunities - visit coffeenewscanada.com

© Published with Permission by Winnipeg Coffee News

Home & Office Bottled **WATER DELIVERY** ORDER 3 BOTTLES, GET A 4TH FREE! *FIRST ORDER ONLY

CALL 204.284.1704 Use promo code "Coffeenews"

WaterDirectPLUS
More than just water!
waterdirectplus.com

FOR SALE!

Business Opportunity! **Coffee News**®
Top Rated International Franchise **FOR SALE!**

Publish **Coffee News**® in your area not currently owned by a local publisher. For more information about available franchises for sale, please call your local publisher at the number listed at the top front page of **Coffee News**®.

First come - First serve!

This is a chance of a lifetime to work from home... **ACT NOW!**

QUIT SMOKING TODAY!!!

95% Success Rate!

LASER THERAPY can also help you with:
Drug & Alcohol Abuse ~ Stress/Depression
Weight Management ~ And Much More...

Ask about our Affordable Packages!

SMARTCHOICE LASER CENTRE
204-795-6300 WWW.SMARTCHOICELASER.COM

inogen

FREEDOM. TO BE YOU.

If you think oxygen therapy means slowing down, it's time for a welcome breath of fresh air.

1-844-569-0257 MKT-P0253



"CONNECTING THROUGH HORSES"

SAGEHILL STABLES

Horseback Riding Lessons & Birthday Parties

- Beginners welcome!
- Equine Assisted Learning Life Skills Programs
- Develop skills to combat anxiety, bullying and addiction
- Conference Room and Facility Rentals

AGES 4 TO 70+

1-800-217-4184
4180 Waverley Street in Winnipeg

www.sagehillstables.com



Do you want your TV on the wall?

Give us a call - as low as \$99!

We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.

Contact one of our experts today!

InterFusion MEDIA
204.505.1840 • interfusionmedia.ca




HELPING NEWCOMERS SUCCEED THROUGH PERSONALIZED SETTLEMENT PLANS AND COMMUNITY PARTNERSHIPS

Settlement Services

Services are FREE and include:

- Assessment and identification of clients' settlement needs
- Referrals to support services
- Supportive counselling, advocacy and links to community resources
- Familiarizing newcomers to Canadian life and culture
- Information on immigration forms

Immigrant Centre

100 Adelaide St., Winnipeg
204.943.9158
icmanitoba.com

This organization is funded by the Government of Canada. Cette organisation est financée par le gouvernement du Canada.