

New Year's Special!

SOCIAL MEDIA
1-2 Posts/Week (on 2-3 Platforms)
Unique Content Creation & Calendar
#Hashtag Strategy
Monthly Reporting

SEARCH ENGINE OPTIMIZATION
Keyword Research & Tracking
Content Marketing
Google My Business Optimization
Technical SEO
Monthly Reporting

PLUS

\$799/MONTH - REG. \$1000/MONTH
NEED MORE SOCIAL MEDIA OR SEO? INQUIRE ABOUT A CUSTOM PACKAGE!

Frontline
web consulting

780.760.6922
info@frontlineconsulting.ca
frontlineconsulting.ca

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Beaumont Edition

780-220-6397

www.coffee-news.ca

The World's #1 Restaurant Publication!

Do you worry about your elderly parents living alone?

FOREVER HOME SENIOR CARE

Dedicated to helping seniors stay safe in their homes for as long as possible.

We provide:

- Ongoing Home Care Services
- Dementia Care or Alzheimer's Care
- Respite Care/Relief Care
- Palliative Care

To book your Free Consultation, visit:
www.foreverhomeseniorcare.com | 780.245.1499

Canada's **HEALTHY Choice for Pets!**

GLOBAL PET FOODS

SENIORS' DAY
last Tuesday of every month

Save 15%

Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com

The Mona LaHaie Group
www.horsepower ranch.com

Living and working in the BEAUMONT AREA for over 40 years, offering our clients **EXCEPTIONAL SERVICE!**

Put your trust in this experienced group SPECIALIZING in Residential, Acreages, Farms & Real Estate Development.

780.850.0800

RE/MAX ELITE
Each office independently owned & operated

SNOW REMOVAL

780-922-4619

THREE SEASONS LANDSCAPING LTD.

www.ThreeSeasonsLandscaping.ca

Call today to book your appointment!

We only want to make you **SMILE**

Millet Denture Clinic

780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

BUYING A HOME?

Call today so I can help create **Joy in Your mortgage experience!**

LESLIE CAIRNS 780.570.5457
ACCREDITED MORTGAGE PROFESSIONAL

leslie@joyinmortgages.ca • www.joyinmortgages.ca

Expert Computer Assistance Is Just a Call Away!

- PC Software and Hardware
- Malware Removal and Protection
- Cloud Technology
- Backup
- Mobile and Sync
- Parental Controls and Web Content Filtering
- Wireless Networking Security
- Tutoring for Seniors
- Performance Increase
- ...and more!

HOME CARE COMPUTERS
Caring for your Computer needs

780.938.7662 | matt@homecarecomputers.ca

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:

- Your name
- Your phone number
- Your address

so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Readers of the Month
Grady Gibson & Emily Ewen of Edmonton

Coffee News Fun Reading. Serious Advertising.

Everybody's Talking

Hard to eat: Sushi can be a colourful and mouth-watering menu item, but anyone who comes across sushi made by a Japanese man named Hama had better watch out. His sushi is made out of stone! Hama got his training at the Joshibi University of Art and Design in Kanagawa, Japan, and his art has attracted quite a bit of interest. The path he took to making these pieces was accidental. He noticed that a piece of red granite resembled a chunk of tuna. After that, he started searching for stones that he could combine in artful ways to appear like various bites of sushi. He uses fine tools and buffing material to create the pieces.

Dog's life: A German countess named Karlotta Leibenstein once had a pet German Shepherd named Gunther III. When the countess passed away in 1991, she left her vast wealth to her beloved pet. Fast forward a few decades, and one of Gunther III's descendants is now the recipient of the deceased countess's growing portfolio. The canine Gunther is CEO of the Gunther Corporation, whose (human) staff manage the fortune, which is worth over \$1 million (USD) today! Gunther lives in a mansion in Miami, Florida (U.S.), and is well cared for by a maid and butler. It's a dog's life for this canine!

Swan song: When Recep Mirzan rescued an injured swan in a field back in 1984, the Turkish man had no idea he'd made a lifelong friend. Mirzan did not want to leave the swan to fend for herself, so he took her home, deciding he would tend to the swan's broken wing. Almost 40 years later, the female bird, which he named Garip, is still living on Mirzan's farm in the Karaagac region of the country. She has her own coop for her nightly sleep, and during the day she follows her rescuer around as he does his chores. Garip has lived a very long time for a swan, probably because she is living in a protected environment rather than in the wild.

Sleeping beauty? People stream lots of things on the internet these days, such as movies, biographies, games, education sessions, and meetings, to name only a few. But streaming yourself sleeping? Seems a little odd to imagine that anyone would be interested. But Wang Yiming, a former member of a Taiwanese Chinese-Malaysian pop group, did just that, and she got a lot of hits. She often streams herself playing video games and participating in online chats, and she has a following. So her fans may not have found it unusual to tune in and see her sleeping. Perhaps they thought she'd wake up and talk to them. Her prank ended up attracting thousands of viewers and generating \$3,000 USD in donations.

Quoteable Quotes

"Learning without thought is labour lost; thought without learning is perilous."
-Confucius

"The responsibility of the great states is to serve and not to dominate the world."
-Harry S. Truman

What's Happening

Feb 26-Jake Saufert Annual Memorial Ice Fishing Derby 7:30 AM to 4:30 PM. \$25/person, Junior Anglers free. All money raised from our event will be placed in an endowment fund to provide future support to those seeking funding for Mental Health Initiatives. Contact Tamara 403-598-5588

Mar 28 to 29-Love Someone-Johnny Reid 7:30 PM An Intimate Evening with Johnny Reid. The critically acclaimed singer is widely known for his lyrical honesty and musical ability. Lougheed Performing Arts Centre 4501 50 Street.

Feb 19 to 21 - SnoMo Days 2022 a Winter Festival, dedicated to supporting motorized/non-motorized winter sports, and family orientated leisure activities. 4935 50 Avenue, Alberta Beach. 8 AM to 3 PM

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

February 14

HAPPY Valentine's Day

from your friends at **Coffee News®**

A New Children's Book

Dr. Dreams
by Stephen Monk
Illustrated by Nayalla Sparshnikova

...to delight and inform young readers from author **Stephen Monk**

Dr. Dreams celebrates family, dreams, sharing and learning helpful skills

Visit www.stephenmonk.ca

AVAILABLE THROUGH:
AMAZON | BARNES AND NOBLE | KINDLE | GOOGLE PLAY | APPLE BOOKS
FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

What's In Your Glass? HUGE SELECTION with R&R

Alberta Has It All

"Flatlands and rollin' plains, clear blue skies, prairie rains; a tapestry of colours in the fall. Snow covered mountain tops, wheat fields, canola crops; Alberta has it all." This is from our Alberta provincial anthem. That's just a smidge of it, because if we wrote the whole thing, well, you would miss our monthly wit and wisdom. Okay, maybe just our wit (haha).

There's no part in the anthem about our liquid assets. We mean of the alcohol type, of course. We make some wicked products in Alberta.

www.leduccoopliquor.com

Nutri Juic'd Blood Orange/ Fruit Punch 6 pk.....	\$13.71*
Blimdman Dry Hopped Kettle Sour 4 pk.....	\$14.85*
Strathcona Spirits Seaberry Gin.....	\$49.42*
White Owl Coconut Whisky.....	\$36.09*
Alberta Premium Whisky 1.14L.....	\$35.13*
Rig Hand Double Double.....	\$35.13*

*Price does not include GST or bottle deposit.

Beer... lots of fabulous beer of every size and type. We're in the spirit of things too with vodka, gin, whisky. Liqueurs, too. How about mead, coolers, fruit wines and pre-mixed cocktails... Albertans make those, too. Come on everybody. Let's celebrate Alberta made products. We've got a ton to salute. Cheers!

www.leduccoopliquor.com

Leduc Co-op Liquor

103-100B Deer Valley Dr. • 780.980.5139

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next **Finest** candles you will EVER find!

PSC
Prairie Scented Candles

Sunset Scents
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Trivia

1. What are Malbec and Shiraz?
2. How many days hath September, April, June, and November?
3. When was the Panama Canal completed?
4. Do male mosquitoes bite humans? Y/N
5. What is mycology?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd
(Over)

Congratulations
to December's
Coffee News Guy
contest winners!

Your prizes
are in the mail!

Enter today for
your chance to win at
www.coffee-news.ca

Catherine Marabello
Jean Bredo
Sue Goss
Lacina Barsalou

You never listen to me, you only
hear what you want to hear

Sure, I'll have
a beer

Communication
not what it
once was?

Call us today!
frequency
HEARING

4920-50 Avenue, Beaumont • 780.900.6178

BEST OF HAWAII
FOUR-ISLAND
TOUR

12 days, departs
year-round

FROM
\$2,549
\$2,299*
USD

1-877-699-7003
promo code N7017

YMT
vacations

* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

THIS SPACE
FOR RENT

780-220-6397

Need ONE More
Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**,
Independent Associate, to find out
how LegalShield can help you!

LegalShield 1-877-579-9449

Helping you rediscover
fun In the
kitchen!

Gifts and Gadgets

Your one stop
kitchen and gift shop.
780.962.5220

CHECK
OUT OUR
EXTENSIVE
ONLINE
CATALOG!

Visit www.giftsandgadgets.ab.ca
or visit us in person at 111 First Avenue, Spruce Grove

JEOPARDY!
WEEKNIGHTS 7:30
yesTV

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive
Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at
our Edmonton
location -
call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Are you someone who is willing to be a warrior on behalf of a particular cause or issue? If so, the opportunity to do so may exist for the near future. Lucky numbers: 18, 19, 21, 33, 34, 38.

TAURUS
(April 21 - May 21)

A sudden and/or unexpected opportunity may become available to you this week. Weigh the pros and cons of the offer carefully before deciding whether and how to proceed. Lucky numbers: 15, 16, 18, 19, 30, 42.

GEMINI
(May 22 - June 21)

You may be experiencing opposition from an authority figure, possibly male, regarding your profession or public image. Think through the underlying cause of the friction in order to find a solution. Lucky numbers: 2, 3, 7, 9, 15, 28.

CANCER
(June 22 - July 22)

Cancer is ruled by the Moon, which is strongly connected to the collective unconscious. You are in a period where hidden information may now be revealed for integration into your psyche. Lucky numbers: 3, 5, 10, 17, 31, 35.

LEO
(July 23 - Aug. 23)

You may be focused on a particular project and have put lots of energy and hard work into it. Be sure to complete it, before moving on to something new. Lucky numbers: 5, 9, 10, 17, 41, 43.

VIRGO
(Aug. 24 - Sept. 23)

Virgos can often be very grounded in everyday reality. This week, though, you may have the opportunity to reach for information from the ethereal plane without losing your sense of balance. Lucky numbers: 1, 11, 30, 31, 37, 45.

LIBRA
(Sept. 24 - Oct. 23)

As the week unfolds, you may find that your mood lightens. A balance might be struck between what your heart wants and what your head thinks you should want. Lucky numbers: 8, 10, 15, 28, 34, 45.

SCORPIO
(Oct. 24 - Nov. 22)

Are you going back over an old issue regarding your sense of purpose? Scorpios are good at digging up buried truths. Now may be time to find the root cause. Lucky numbers: 12, 13, 18, 19, 26, 48.

SAGITTARIUS
(Nov. 23 - Dec. 21)

At this time, it may be easier to address the impact of any old wounds that are holding you back. In doing so, you may find a new image of yourself. Lucky numbers: 1, 3, 9, 12, 22, 48.

CAPRICORN
(Dec. 22 - Jan. 20)

Just in time for Valentine's Day, your attention may be focused on relationships. Are your values and needs in alignment regarding what you want in a partner and relationship? Lucky numbers: 14, 15, 28, 31, 37, 47.

AQUARIUS
(Jan. 21 - Feb. 19)

This may be a very active period for you, including a lot of calls, emails, and text messages. Luckily, your thought processes are also likely to be quick and clear. Lucky numbers: 4, 7, 16, 19, 27, 48.

PISCES
(Feb. 20 - March 20)

Each year, the Sun returns to the same point as when you were born, allowing a potential reset of your life path. The next month is your opportunity to do so. Lucky numbers: 21, 23, 24, 33, 34, 41.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 3.

Did You Know...

Turkish dish: A popular meatball dish in Turkey is called kofta, or köfte. The meat can be spicy, and the main ingredient is ground beef or lamb. Kofta comes in different shapes, including long and skinny, walnut-shaped, balls, or patties. Sold as a street food, it can be eaten at home, too.

Red beauties: Northern cardinals are found in various parts of North and Central America. They stick together as pairs and do not migrate. The male is crimson all over, while the female has a bit of crimson among mostly grayish-brown feathers.

Famous wrestler: Abraham Lincoln is most famous for being the 16th president of the United States, but he also had another claim to fame. Before he entered the political ring, he was an accomplished wrestler.

Breath holder: If a crocodile goes underwater, a couple of hours could pass before the animal surfaces again. That is because a crocodile's blood has an efficient method of conserving oxygen.

Name change: In 1919, United States President Woodrow Wilson signed an act to name an area of land in the state of Utah the Zion National Park. Previously, it had been known as Mukuntuweap National Monument.

On the Lighter Side

Those who have the most birthdays live the longest.

First Mouse: "I finally have that scientist trained!"

Second Mouse: "How so?"

First Mouse: "Every time I run through the maze and ring the bell, he gives me something to eat."

Did you hear about the woman who got hurt while taking a milk bath? The cow fell on her.

When does a sandwich have a sarcastic sense of humour? When it's made of wry bread.

Knock! Knock! Who's there? Toad. Toad who? Toad you I knew some good knock-knock jokes.

Answers

Trivia answers: 1. Types of wine 2. 30 3. 1914 4. No 5. Science of fungi

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

A wish
begins with
HOPE

Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish
Coffee News is proud to support Make-A-Wish Northern Alberta

Leave a legacy
and be a part of
tomorrow's future, today

If you're thinking of writing or updating your will, The Alberta Lung Association is offering the chance for donors to make a simple Will for free through our partnership with the Canadian Free Wills Network.

You are not obligated to leave a gift to the Lung Association - we hope that you will see this program as the perfect way to satisfy your estate planning objectives.

BREATHE
the lung association

www.ab.lung.ca/you-can-help-change-future-today

inogen

FREEDOM.
TO BE YOU.

1-888-998-6714

MKT-P0253

Like us on Facebook
Coffee News®

...to keep updated on
WEEKLY
contests
in which you can
enter to win tickets
to sports events,
entertainment events,
Coffee News Bucks
and more!

<https://www.facebook.com/CoffeeNewsWeekly>

Thank You to these
distribution
partners for supporting the
"good news" message of
Coffee News!

We appreciate you!

A&W	Medical Clinic	Zone 41 Updated 01.10.22
Bake My Day	Pizza Box	
Booster Juice	Pizza Hut	
Buster's Pizza	Saigon Delights	
Dairy Queen	Vietnamese	
Five-0 Bar	Restaurant	
and Grill	Sobeys	Trang Tien
Jef's Café	Tim Hortons	Vietnamese
Live City Pub	(Esso)	Wild Wing
McDonald's	Tim Hortons	Wok Box

Would you like to offer your
valued customers the opportunity to
read and enjoy **Coffee News**?

► For more information on becoming a
distribution partner, call us at 780.220.6397
or scan the QR code at right.

Recipe of the
month

Valentine's
Pop Hearts

1 refrigerated,
ready-to-unroll piecrust
1 large egg
4 tbsp. raspberry jam

Prep Time: 10 min. Cook Time: 13 minutes Yield: 4

- Preheat the oven to 425 degrees F. Line a jelly-roll pan with parchment paper.
- Unroll the piecrust and cut into 8 rectangles or hearts. Use a small heart-shaped cookie cutter to stamp out smaller hearts from half the hearts (these will be your peekaboo top crusts); brush edges with egg.
- Spread 1 heaping teaspoon raspberry jam in the centre of the 4 solid hearts. Put the peekaboo crusts on top; seal the edges by crimping them with a fork (lightly floured, if needed). Transfer to prepared jelly-roll pan.
- Bake 10 to 13 minutes or until golden. Transfer to wire racks to cool.

Forego the store bought
chocolates and impress your
Valentine with these treats!

Source:
<https://www.womansday.com>