

Tinnitus Therapy

available using new Stytleto

Rechargeable Hearing Aids Available

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?

EYES + EARS
OPTICAL + HEARING CO.
403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE




FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Leduc - Nisku Edition

780-220-6397



www.coffee-news.ca

The World's #1 Restaurant Publication!

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



What's In Your Glass? with R&R

Alberta Has It All

"Flatlands and rollin' plains, clear blue skies, prairie rains; a tapestry of colours in the fall. Snow covered mountain tops, wheat fields, canola crops; Alberta has it all." This is from our Alberta provincial anthem. That's just a smidge of it, because if we wrote the whole thing, well, you would miss our monthly wit and wisdom. Okay, maybe just our wit (haha).

There's no part in the anthem about our liquid assets. We mean of the alcohol type, of course. We make those wicked products in Alberta.

Beer... lots of fabulous beer of every size and type. We're in the spirit of things too with vodka, gin, whisky. Liqueurs, too. How about mead, coolers, fruit wines and pre-mixed cocktails... Albertans make those, too.

Come on everybody. Let's celebrate Alberta made products. We've got a ton to salute. Cheers!

www.leduccoqliquor.com

Leduc Co-op Liquor

CO-OP 103-100B Deer Valley Dr. • 780.980.5139

Nutri Juice'd Blood Orange/ Fruit Punch 6 pk.....	\$13.71*
Blindman Dry Hopped Kettle Sour 4 pk.....	\$14.85*
Strathcona Spirits Seaberry Gin.....	\$49.42*
White Owl Coconut Whisky.....	\$36.09*
Alberta Premium Whisky 1.14L.....	\$35.13*
Rip Hand Double Double.....	\$35.13*

* Price does not include GST or bottle deposit.

Vol. 19 No. 9 February 28, 2022

Everybody's Talking

Muffin madness:

A neighbourhood in Bangkok, Thailand, is known for its Siamese-Portuguese culture. In the area called Kudseejeen, residents and visitors can enjoy a special treat that can be found in a small number of local bakeries. This is the khanom farang Kudseejeen, or the Kudseejeen "foreigner cake." Made from eggs, wheat flour, and sugar, these muffins provide a satisfying crunch on the outside that gives way to a fluffy interior. Little pieces of dried fruit, such as raisins, adorn. The origins of this treat date back 250 years to the time when Portuguese settlers arrived in the area.

Dangerous road:

A particular road in France is respected by the locals, who know how and when to safely travel on it. Called Passage du Gois, it connects the town of Beauvoir-sur-Mer on the eastern mainland to Île de Noirmoutier. The road is dangerous to use because it floods twice a day. If travelers are halfway across this approximately 4.5-kilometre (2.8-mile) road when the tidewater flows, they may face the danger of being submerged. Digital signs warn drivers about timing and conditions, and rescue towers are available in case people get caught in the middle.

Thank You to these distribution partners for supporting the "good news" message of Coffee News!

Zone 6 Updated 09.20.21

We appreciate you!

A&W x 2	Habanero's	Pizza 73
Basha Donair x 2	Harvey's	Press'd
Basille's Steak & Pizza	India Grill & Bistro	Prestigio Bakery & Bistro
Booster Juice	Joey's Only	Queen Donair
Boston Pizza	KFC	Quiznos
Brian's Restaurant and Grill	Kosmos Restaurant	Red Swan Pizza
Burger Baron	Leduc Coffee Shop	Ricky's x 2
Buster's Pizza	Leduc Diner and Pizza	Royal Pizza
Canadian	Little Caesars	Ryan's Burgers and Donairs
Unlimited Pizza	Maggie's Pizzeria	Shamrock Burgers Shanghai Restaurant
Chopped Leaf	McDonald's x 2	Smitty's
Coaster's Sports Bar	Modern Asia Rice	Southfork Animal Hospital
Cora Breakfast	Mucho Burrito	The Sushi Factory
Dairy Queen	Nitza's Pizza	Tiff's Pho Grill
Domino's Pizza	Ooodle Noodle	Tim Hortons x 3
Extreme Pita	Panda Hut	TJS Classic Grill
	Phat Tony's	Vietnam Paradise
	Pho Xpress	Wok Box
		Zambelli's

Would you like to offer your valued customers the opportunity to read and enjoy Coffee News? For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.



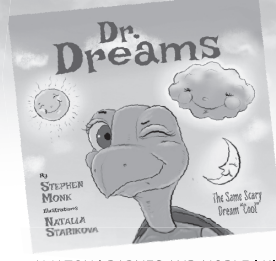
A New Children's Book

...to delight and inform young readers from author **Stephen Monk**

Dr. Dreams celebrates family, dreams, sharing and learning helpful skills

Visit **www.stephenmonk.ca**

AVAILABLE THROUGH:
AMAZON | BARNES AND NOBLE | KINDLE | GOOGLE PAY | APPLE BOOKS
FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE



Floating Forest:

Homebush Bay in Sydney, Australia, has seen many retired ships pass through on their way to be disassembled. One, however, was saved from the wrecking ball. Called the SS Ayrfield, it still floats in this harbour today, and it is quite a sight. The rusted hull may not be pretty by itself, but the ship has been abandoned for so long that vegetation grows from it, and it has become known as the Floating Forest. Originally called the Corrimal, it was built in 1911 and was used as a transport ship. Visiting the ship is free, and it has become a popular tourist attraction for locals, visitors, and photographers.

Wandering moose:

If you are a moose looking for a new home, why wouldn't you trot up and down the streets of a town? That's what a 400-kilogram (900-pound) male moose did in Centreville, Utah (U.S.). The young bull ventured into the town early one morning, just as everyone was waking up and heading out for a jog or to walk a dog. These big male moose can be dangerous creatures if frightened, so someone called the police and the Utah Division of Wildlife Resources. The police and biologists were able to tranquilize the visitor and transport him safely back to the wilderness.

Pregnant? Facing Difficult Decisions?

We can help. Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com



FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

Mon - Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

BEST IN THE CITY!

Quoteable Quotes

"Never tell people how to do things. Tell them what to do and they will surprise you with their ingenuity." -George S. Patten

"We seek the truth and will endure the consequences." -Charles Seymour

Happy Endings start here!

Wherever you are on life's journey, I am here to help. Buying, selling... for all your real estate needs, contact me today!

Doreen Noppers REAL ESTATE PROFESSIONAL
C: 780-885-7398
doreen.noppers@royallepage.ca

ROYAL LEPAGE
NORALTA REAL ESTATE
O: 780.962.4950
202 Main Street
Spruce Grove T7X 0G2




Can't get to your Coffee News® each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions



What's Happening

Feb 26-Jake Saufert Annual Memorial Ice Fishing Derby 7:30 AM to 4:30 PM. \$25/person, Junior Anglers free. All money raised from our event will be placed in an endowment fund to provide future support to those seeking funding for Mental Health Initiatives. Contact Tamara 403-598-5588

Mar 28 to 29-Love Someone-Johnny Reid 7:30 PM An Intimate Evening with Johnny Reid. The critically acclaimed singer is widely known for his lyrical honesty and musical ability. Lougheed Performing Arts Centre 4501 50 Street.

NON profit organizations may submit events for FREE at **www.coffee-news.ca/whats-happening**

Recipe of the month

Valentine's Pop Hearts


1 refrigerated, ready-to-unroll piecrust | 1 large egg
4 tbsp. raspberry jam

Prep Time: 10 min. Cook Time: 13 minutes Yield: 4

- Preheat the oven to 425 degrees F. Line a jelly-roll pan with parchment paper.
- Unroll the piecrust and cut into 8 rectangles or hearts. Use a small heart-shaped cookie cutter to stamp out smaller hearts from half the hearts (these will be your peekaboo top crusts); brush edges with egg.
- Spread 1 heaping teaspoon raspberry jam in the centre of the 4 solid hearts. Put the peekaboo crusts on top; seal the edges by crimping them with a fork (lightly floured, if needed). Transfer to prepared jelly-roll pan.
- Bake 10 to 13 minutes or until golden. Transfer to wire racks to cool.

Forego the store bought chocolates and impress your Valentine with these treats!

Source: <https://www.womansday.com>



Congratulations

to December's Coffee News Guy contest winners!

Your prizes are in the mail!

Enter today for your chance to win at **www.coffee-news.ca**

Catherine Marabello
Jean Brede
Sue Goss
Lacina Barsalou



Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win! **\$400* Prize Package** (Coffee News Bucks)

Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit **www.coffee-news.ca**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



Trivia

- The fifth planet from the sun is Mars, Saturn, or Jupiter?
- What is progeria?
- A hockey rink might use what type of machinery to smooth its ice surface?
- Officially used by the APCO in radio transmission, what does the code "10-4" mean?
- What type of sporting equipment would Olympic gold medalist Lindsey Vonn use?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

This is Your Story

Stories of redemption, discovery and faith
WEEKNIGHTS AT 11PM

YES TV



Feel free to take your Coffee News home!

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round



FROM \$2,549
\$2,299 USD

1-877-699-7003
promo code N7017

VMT vacations

* Prices are per person based on double occupancy plus up to \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

A wish begins with **HOPE**



Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish

Coffee News is proud to support Make-A-Wish Northern Alberta

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Call today to book your appointment!



We only want to make you SMILE.

Millet Denture Clinic
780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!



Coffee News

<https://www.facebook.com/CoffeeNewsWeekly>

WE DIRECT BILL YOUR INSURANCE

Come... See... Smile...



Our fees follow the Alberta Fee Guide

Open Wed. & Thurs. evenings and two Saturdays per month

Devon Dental Associates

#129, 180 Miquelon Ave. Devon (beside Boston Pizza)


Dr. Maura Lavoie
Dr. Ian Orellana-Jordan
Dr. Darren Forst (Orthodontist)

780.987.2833
www.devondentalassociates.ca

February is... **Dental Month**

Offering veterinary care for your pets

Dr. Sandip Kumar Patel



Southfork Animal Hospital

101-102 Southfork Drive, Leduc
587.274.0026 • clinic.southforkvets@gmail.com
www.southforkvets.com

Your Weekly Horoscope

ARIES (March 21 - April 20)

At the end of the week, you may experience a reset in your emotional view of life. Perhaps you should use this opportunity to address any issues at home. Lucky numbers: 3, 4, 22, 31, 32, 45.

TAURUS (April 21 - May 21)

The astrological environment now offers you the potential to manifest your unique personality. When you can relax and be yourself, there is an opportunity to interact successfully with others. Lucky numbers: 5, 7, 8, 23, 25, 47.

GEMINI (May 22 - June 21)

You may be in an energetic period where you are laser-focused on taking action to achieve your goals. However, showing empathy toward yourself and others is important as well. Lucky numbers: 14, 15, 18, 26, 30, 37.

CANCER (June 22 - July 22)

Feeling a conflict between what you want for yourself and a desire to be of service to others? Find a positive outlet to reduce stress and explore your spiritual side. Lucky numbers: 6, 11, 12, 14, 18, 27.

LEO (July 23 - Aug. 23)

You may feel a lack of emotional and mental balance at the beginning of the week. Arguing with others won't help. Instead, think through the underlying cause of the issue. Lucky numbers: 9, 11, 17, 24, 45, 47.

VIRGO (Aug. 24 - Sept. 23)

If you have been feeling discouraged, there is an opportunity now for a positive emotional recharge. Be careful, though, not to see-saw too far the other way and overreach. Lucky numbers: 7, 17, 32, 33, 35, 39.

LIBRA (Sept. 24 - Oct. 23)

Does it seem that you have been engaged in conflict recently? Use the volatility you may be experiencing to bring information to the surface, in order to address old issues. Lucky numbers: 1, 12, 21, 25, 26, 41.

SCORPIO (Oct. 24 - Nov. 22)

Sudden or unexpected events may point you in the direction of a new purpose for your life. An adjustment in your view might be needed to follow this new path. Lucky numbers: 15, 17, 20, 26, 30, 43.

SAGITTARIUS (Nov. 23 - Dec. 21)

Are you tempted to buy something extravagant? You may want to think through the deeper meaning of this itch and do something that will have a more positive impact on your life. Lucky numbers: 13, 14, 17, 19, 31, 36.

CAPRICORN (Dec. 22 - Jan. 20)

During the last few weeks, you may have been focused on relationships and exploring uncomfortable emotions. This situation should ease soon, so be careful about making any unconscious choices right now. Lucky numbers: 2, 13, 23, 31, 46, 47.

AQUARIUS (Jan. 21 - Feb. 19)

Mental work may be fairly easy now, with your thoughts focused and disciplined. Just don't dwell on any setbacks or be overly critical of yourself and others. Lucky numbers: 4, 14, 22, 30, 39, 48.

PISCES (Feb. 20 - March 20)

Every decade or so, each of us is given an opportunity for renewed optimism and confidence to help set a new path. This may be yours, so how do you want to use it? Lucky numbers: 8, 9, 23, 34, 44, 47.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 30.

Did You Know...

Beautiful place: In Mozambique, Bazaruto Archipelago is a beautiful national park. Located off the coast, the park consists of five main islands that are home to many types of wildlife. Visitors to the islands often like to dive and snorkel.

Berry tart: Cloudberry are known to people who live in the far northern areas of Canada, Scandinavia, and Siberia. These berries are small and golden, and are tart when eaten raw. Some people use them to make jam.

Take a nap: The United States acknowledges the need for people to catch up on their sleep. In March, the first Monday after clocks are moved ahead for daylight saving time has been designated "National Napping Day."

Waffly nice: Bubble waffles originated in Hong Kong. Made of eggs, milk, and flour, they are cooked in a waffle iron that has ball-shaped indentations, rather than the usual, square-shaped ones.

Started small: Well-known American actor Leonardo DiCaprio, who starred in such blockbusters as *Titanic* and *Once Upon a Time in Hollywood*, started his career with small roles in old television series, such as *Growing Pains* and *Roseanne*.

On the Lighter Side

Why didn't the two 4s go to the cafeteria for lunch? They already 8!

Patient: "Doctor, I can't stop thinking I'm a goat."
Doctor: "How long have you had this problem?"
Patient: "Ever since I was a kid."

What kind of dog does a Yeti have? A chilly dog.

Knock! Knock! Who's there? Anya. Anya who? Anya mark, get set, go!

Why was the computer tired when it got home? It had a hard drive.

Answers

Trivia answers: 1. Jupiter 2. Premature old age 3. Zamboni 4. Message received 5. Alpine skis

Expert Computer Assistance Is Just a Call Away!

- PC Software and Hardware
- Malware Removal and Protection
- Cloud Technology
- Backup
- Mobile and Sync
- Parental Controls and Web Content Filtering
- Wireless Networking Security
- Tutoring for Seniors
- Performance Increase ...and more!

ON-SITE AND OFF-SITE SERVICES PROVIDED

HOME CARE COMPUTERS
Caring for your Computer needs

780.938.7662 | matt@homecarecomputers.ca

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

Coffee News
is proudly delivered by

McMan
Coffee News Part of your community.



Canada's **HEALTHY Choice for Pets!**

GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month
Save **15%**
Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com

inogen

FREEDOM. TO BE YOU.

1-888-998-6714



New Year's Special!

SOCIAL MEDIA
1-2 Posts/Week (on 2-3 Platforms)
Unique Content Creation & Calendar
#Hashtag Strategy
Monthly Reporting

SEARCH ENGINE OPTIMIZATION
Keyword Research & Tracking
Content Marketing
Google My Business Optimization
Technical SEO
Monthly Reporting

PLUS

\$799/MONTH - REG. \$1000/MONTH
NEED MORE SOCIAL MEDIA OR SEO? INQUIRE ABOUT A CUSTOM PACKAGE!

Frontline 780.760.6922
web consulting info@frontlineconsulting.ca
frontlineconsulting.ca

THIS SPACE FOR RENT

780-220-6397

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Readers of the Month
Grady Gibson & Emily Ewen of Edmonton

Coffee News Fun Reading. Serious Advertising.

