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Recipe of the month

Valentine's Pop Hearts


1 refrigerated, ready-to-unroll piecrust | 1 large egg
4 tsp. raspberry jam

Prep Time: 10 min. Cook Time: 13 minutes Yield: 4

- Preheat the oven to 425 degrees F. Line a jelly-roll pan with parchment paper.
- Unroll the piecrust and cut into 8 rectangles or hearts. Use a small heart-shaped cookie cutter to stamp out smaller hearts from half the hearts (these will be your peekaboo top crusts); brush edges with egg.
- Spread 1 heaping teaspoon raspberry jam in the centre of the 4 solid hearts. Put the peekaboo crusts on top; seal the edges by crimping them with a fork (lightly floured, if needed). Transfer to prepared jelly-roll pan.
- Bake 10 to 13 minutes or until golden. Transfer to wire racks to cool.

Forego the store bought chocolates and impress your Valentine with these treats!

Source: <https://www.womansday.com>



Everybody's Talking

Muffin madness: A neighbourhood in Bangkok, Thailand, is known for its Siamese-Portuguese culture. In the area called Kudseejeen, residents and visitors can enjoy a special treat that can be found in a small number of local bakeries. This is the khamom farang Kudseejeen, or the Kudseejeen "foreigner cake." Made from eggs, wheat flour, and sugar, these muffins provide a satisfying crunch on the outside that gives way to a fluffy interior. Little pieces of dried fruit, such as raisins, adorn. The origins of this treat date back 250 years to the time when Portuguese settlers arrived in the area.

Dangerous road: A particular road in France is respected by the locals, who know how and when to safely travel on it. Called Passage du Gois, it connects the town of Beauvoir-sur-Mer on the eastern mainland to Île de Noirmoutier. The road is dangerous to use because it floods twice a day. If travelers are halfway across this approximately 4.5-kilometre (2.8-mile) road when the tidewater flows, they may face the danger of being submerged. Digital signs warn drivers about timing and conditions, and rescue towers are available in case people get caught in the middle.

Floating Forest: Homebush Bay in Sydney, Australia, has seen many retired ships pass through on their way to be disassembled. One, however, was saved from the wrecking ball. Called the SS Ayrfield, it still floats in this harbour today, and it is quite a sight. The rusted hull may not be pretty by itself, but the ship has been abandoned for so long that vegetation grows from it, and it has become known as the Floating Forest. Originally called the Corrimal, it was built in 1911 and was used as a transport ship. Visiting the ship is free, and it has become a popular tourist attraction for locals, visitors, and photographers.

Wandering moose: If you are a moose looking for a new home, why wouldn't you trot up and down the streets of a town? That's what a 400-kilogram (900-pound) male moose did in Centreville, Utah (U.S.). The young bull ventured into the town early one morning, just as everyone was waking up and heading out for a jog or to walk a dog. These big male moose can be dangerous creatures if frightened, so someone called the police and the Utah Division of Wildlife Resources. The police and biologists were able to tranquilize the visitor and transport him safely back to the wilderness.

Quoteable Quotes

"Never tell people how to do things. Tell them what to do and they will surprise you with their ingenuity." -George S. Patten
"We seek the truth and will endure the consequences." -Charles Seymour

What's Happening

April 23-The Alan Jackson Experience 2022 7 - 10 PM. Aaron Halliday and his band The Longhorns, will pay tribute to Country Music Icon Alan Jackson. Along with some of Aaron's own music in the mix. St Paul Recreation Centre, 4802 53 Street.

June 10 to 11 - Cold Lake Treaty Six Contemporary Art Festival This event is a showcase of Contemporary Indigenous Art from all across Western Treaty Six Territory. It is a celebration of Indigenous Artists working in the mediums of visual art, spoken-word, performance art, and music. www.treaty-six-contemporary.com

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

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Trivia

- The fifth planet from the sun is Mars, Saturn, or Jupiter?
- What is progeria?
- A hockey rink might use what type of machinery to smooth its ice surface?
- Officially used by the APCO in radio transmission, what does the code "10-4" mean?
- What type of sporting equipment would Olympic gold medalist Lindsey Vonn use?

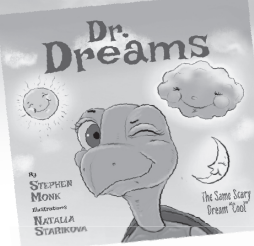
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Grady Gibson & Emily Ewen
of Edmonton

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Your Weekly Horoscope

ARIES

(March 21 - April 20)



At the end of the week,
you may experience a
reset in your emotional
view of life. Perhaps you
should use this opportu-
nity to address any

issues at home. Lucky numbers: 3, 4,
22, 31, 32, 45.

TAURUS

(April 21 - May 21)



The astrological environ-
ment now offers you the
potential to manifest your
unique personality. When
you can relax and be your-
self, there is an opportu-
nity to interact successfully with others.

Lucky numbers: 5, 7, 8, 23, 25, 47.

GEMINI

(May 22 - June 21)

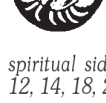


You may be in an ener-
getic period where you are
laser-focused on taking
action to achieve your
goals. However, showing
empathy toward yourself
and others is important as well.

Lucky numbers: 14, 15, 18, 26, 30, 37.

CANCER

(June 22 - July 22)



Feeling a conflict between
what you want for your-
self and a desire to be of
service to others? Find a
positive outlet to reduce
stress and explore your
spiritual side. Lucky numbers: 6, 11,
12, 14, 18, 27.

LEO

(July 23 - Aug. 23)



You may feel a lack of
emotional and mental
balance at the beginning
of the week. Arguing
with others won't help.
Instead, think through
the underlying cause of the issue.

Lucky numbers: 9, 11, 17, 24, 45, 47.

VIRGO

(Aug. 24 - Sept. 23)



If you have been feel-
ing discouraged, there
is an opportunity now
for a positive emotional
recharge. Be careful,
though, not to see-saw
too far the other way and overreach.

Lucky numbers: 7, 17, 32, 33, 35, 39.

LIBRA

(Sept. 24 - Oct. 23)



Does it seem that you
have been engaged in
conflict recently? Use the
volatility you may be
experiencing to bring
information to the sur-
face, in order to address old issues.

Lucky numbers: 1, 12, 21, 25, 26, 41.

SCORPIO

(Oct. 24 - Nov. 22)



Sudden or unexpected
events may point you in
the direction of a new
purpose for your life. An
adjustment in your view
might be needed to follow
this new path. Lucky numbers: 15, 17,
20, 26, 30, 43.

SAGITTARIUS

(Nov. 23 - Dec. 21)



Are you tempted to buy
something extravagant?
You may want to think
through the deeper mean-
ing of this itch and do
something that will have a
more positive impact on your life.

Lucky numbers: 13, 14, 17, 19, 31, 36.

CAPRICORN

(Dec. 22 - Jan. 20)



During the last few weeks,
you may have been focused
on relationships and exploring
uncomfortable emotions. This
situation should ease soon, so
be careful about making any
unconscious choices right now.

Lucky numbers: 2, 13, 23, 31, 46, 47.

AQUARIUS

(Jan. 21 - Feb. 19)



Mental work may be fair-
ly easy now, with your
thoughts focused and
disciplined. Just don't
dwell on any setbacks or
be overly critical of your-
self and others. Lucky numbers: 4, 14,
22, 30, 39, 48.

PISCES

(Feb. 20 - March 20)



Every decade or so, each
of us is given an opportu-
nity for renewed opti-
mism and confidence to
help set a new path. This
may be yours, so how do
you want to use it? Lucky numbers: 8,
9, 23, 34, 44, 47.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 30.

Did You Know...

Beautiful place: In Mozambique, Bazaruto Archipelago is a beautiful national park. Located off the coast, the park consists of five main islands that are home to many types of wildlife. Visitors to the islands often like to dive and snorkel.

Berry tart: Cloudberry are known to people who live in the far northern areas of Canada, Scandinavia, and Siberia. These berries are small and golden, and are tart when eaten raw. Some people use them to make jam.

Take a nap: The United States acknowledges the need for people to catch up on their sleep. In March, the first Monday after clocks are moved ahead for daylight saving time has been designated "National Napping Day."

Waffly nice: Bubble waffles originated in Hong Kong. Made of eggs, milk, and flour, they are cooked in a waffle iron that has ball-shaped indentations, rather than the usual, square-shaped ones.

Started small: Well-known American actor Leonardo DiCaprio, who starred in such blockbusters as *Titanic* and *Once Upon a Time in Hollywood*, started his career with small roles in old television series, such as *Growing Pains* and *Roseanne*.

On the Lighter Side

Why didn't the two 4s go to the cafeteria for lunch? They already 8!

Patient: "Doctor, I can't stop thinking I'm a goat."
Doctor: "How long have you had this problem?"
Patient: "Ever since I was a kid."

What kind of dog does a Yeti have? A chilly dog.

Knock! Knock! Who's there? Anya. Anya who? Anya mark, get set, go!

Why was the computer tired when it got home? It had a hard drive.

Answers

Trivia answers: 1. Jupiter 2. Premature old age 3. Zamboni 4. Message received 5. Alpine skis

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