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FREE!

owed in late fees.

day.

life."

blows.'

"Friends"?

5. What is a pogonip?

Prize Package

Trivia

4. Which actress named Jennifer had a starring role in the TV sitcom

Over 150 pc

1. Fructose, dextrose, and maltose are all types of what?

3. What year did the Titanic sink—1898, 1912, or 1932?

2. What First Lady of the Philippines collected shoes?

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Your Weekly Horoscope

LIBRA

27, 33, 45.

SCORPIO

(Sept. 24 - Oct. 23)

(Oct. 24 - Nov. 22)

10. 12. 13. 15. 23. 40.

SAGITTARIUS (Nov. 23 - Dec. 21)

The potential exists, over

the next month or so, for

you to experience increased

vitality and self-confidence.

You may feel good about

yourself and connect well

You may feel somewhat

discouraged this week. If

you wait patiently for a couple of days, without

acting rashly, you may

find that your mood

Are you trying to accom-

plish something right now,

but are feeling stymied by others? Exercise or anoth-

er positive activity may be

a good outlet for your

The astrological environ-

ment is moving into a new

phase regarding your rela-

tionships. Any recent issues

may not have been resolved,

but they also may not con-

Those born under the sign

of Aquarius are often

focused on the evolution

of humanity. That empha-

sis is likely heightened

now. How do you want

You normally have a good

connection to the ethereal plan, with the ability to

pick up on unseen infor-

mation and knowledge.

However, your intuition

with others. Lucky numbers: 7, 9, 21,

returns to normal. Lucky numbers:

frustrations about the situation. Lucky

tinue to be prominently emphasized for you. Lucky numbers: 4, 6, 11, 16, 24, 43.

to put your values to work? Lucky numbers: 14, 18, 28, 31, 38, 46.

(Feb. 20 - March 20)

numbers: 2, 6, 11, 15, 25, 46.

(Dec. 22 - Jan. 20)

(Jan. 21 - Feb. 19)

CAPRICORN

AQUARIUS

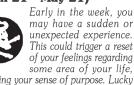
PISCES

now. This might provide the opportunity for you to work together with others. Your presence can reduce their stress levels. Lucky numbers: 6, 9, 29, 34, 37, 44.

TAURUS

ARIES

(April 21 - May 21)



including your sense of purpose. Lucky numbers: 1, 6, 8, 34, 44, 48. **GEMINI**

(May 22 - June 21)

you may have felt unusually confident and accomplished much as a result. That dynamic could shift

CANCER

(June 22 - July 22)

Have you recently been in conflict with someone of another gender? The

5, 7, 17, 37, 38, 45. LEO

(July 23 - Aug. 23)

Are you feeling conflicted or at odds with others? Perhaps it is time to find something to be passionate about in your life, or you may continue to feel unsettled. Lucky numbers: 13, 14, 16,

18, 34, 42. VIRGO

(Aug. 24 - Sept. 23)

You may be evaluating where you have been up to now. Draw on those past experiences to help you decide what to do next to achieve your life goals. Lucky numbers: 11, 19, 25,

31. 40. 47

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 7.

Did You Know...

Green lake: Visitors to Glacier National Park, in the state of Montana (U.S.), often take to the trails to reach Grinnell Lake. The picturesque, emerald-green lake is surrounded by snow-capped mountains and evergreen trees.

Coveted cup: The National Hockey League's Stanley Cup was named after Sir Frederick Arthur Stanley (Lord Stanley of Preston). A hockey fan, he donated a silver bowl purchased in London, England, as the original Stanley Cup in 1892.

Owl facts: The great horned owl lives in the Americas. They can thrive in many environments, including tropical, Arctic, forests, and cities. They hunt mice, rodents, rabbits, squirrels, other small mammals, and reptiles.

Hero worship: The people of the Caribbean nation of St. Vincent and the Grenadines celebrate National Heroes' Day on March 14. It honours the national hero, Chief Joseph Chatoyer, who lived in the 1700s and worked to defend the Feel free to take your Coffee News home!





situation may ease soon, but you should examine the cause, to avoid a repeat in the future. Lucky numbers:



may be even more amplified this week. Lucky numbers: 15, 18, 19, 26, 32, 34.

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country from invaders.

Fries and more: Canada is known for its poutine. Traditionally, poutine is a dish of french fries topped with cheese curds and gravy, but an endless variety of toppings can be used, including chili and sour cream with vegetables.

On the Lighter Side

Knock! Knock! Who's there? Ear. Ear who? Ear you are, I've been looking everywhere for you.

Teacher: "Did you read the book I gave you about trees?" Student: "I leafed through it."

How did the giant's wife know that Jack was coming? She could hear Jack and the beans talk!

Income is something you can't live within or without.

Why did the cat buy a computer? So it could play with the mouse.

Answers

4. Jennifer Aniston 5. Cold fog Trivia answers: 1. Sugar 2. Imelda Marcos 3. 1912

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Dementia and Continence Study

Dr. Adrian Wagg's research team at the University of Alberta is recruiting participants for a research study to understand self-management of urinary incontinence with containment products by community dwelling older people living with dementia

You will be in the study for approximately 10 weeks. During this time, the researcher will call or visit you five times. You will be asked to fill out questionnaires, maintain a bladder diary and take part in two interviews. The

study visits or calls will last between 1 to 2 hours.



TVI

you want to learn more about this study, please contact Dr. Wagg's research office at 780-492-6855 our confidential voicemail).

This study will abide by all Covid-19 safety measures outlined by Alberta's Chief Medical Officer and Alberta Health Services.

University of Alberta Ethics approval Ref.: Pro00094514

19 - Ellerslie West