

Get More Traffic, Leads & Sales



- Website Development Google Ads
- Facebook Advertising
- · Social Media Management SEO & Content Marketing
- Reporting & Analytics

780.760.6922 Frontline frontlineconsulting.ca





CALL 204_284_1704 Use promo code "Coffeenews"

More than just water! waterdirectplus.com

Hip or Knee Replacement?

The disability tax credit allows for a \$2,500 Yearly Tax Credit and up to \$25,000 Lump Sum Refund

Copd, arthritis, and many other disabling conditions that cause **Restrictions in** Walking or Dressing may qualify.

GET THE FASTEST REFUND IN CANADA!

For Expert Help: 204-453-5372

OUTSOURCE YOUR SEARCH FOR LOVE

THE OFFLINE **DATING SOLUTION**

Manitoba's only Matchmaker

CAMELOT 204-257-LOVE (5683) introductions Camelotintroductions.com









www.coffeenewswinnipeg.com

Vol. 17 No. 11 March 14, 2022

St. Vital

Edition

204-510-6397

Everybody's Talking

Bottled message: A little Canadian boy found a truly remarkable treasure under a pine tree in his vard. Nvima Mitchell, who lives with his family in Chéticamp on Cape Breton Island, Nova Scotia (Canada), discovered an old bottle lying on the ground. He pried off the bottle's cap, and inside was a letter written on a crumpled piece of paper. Dated August 12, 1995, the author was a thenteenage girl, Nellie Nadeau, who had tossed the bottle into the St. Lawrence River while on vacation. After some investigation, the Mitchell family was able to track down Nadeau in Alaska. Excited that her message in a bottle was found, she hopes to one day meet her new pen pal.

Surfer's surprise: Australian Danny Griffiths loves to surf big waves like those found off the southern coast of Tasmania, where he lives. Once, when surfing with friends, he had to ditch his specially made green surfboard. Usually a ditched board would be easy to locate, especially with its bright green colour, but this time Griffiths could not find it. Four years later, tourists to Tasmania mentioned to locals that fishermen had found a green board 2,700 kilometres (1,700 miles) away off the coast of North Queensland. When he looked at a photo, Griffiths knew the board was his, which made him happy. None of the replacement boards he'd used since then were as good as the lost one.

Butterfly blue: When people book rooms in luxury hotels, they can expect certain amenities, such as chocolates on the pillows, a delicious breakfast, or a free massage. But the Chaa Creek ecoresort in Belize has raised the bar: on each room's coffee table sits a glass box with a cocoon inside, and guests can watch a beautiful blue morpho butterfly emerge. Awestruck visitors are provided with instructions on how to safely release the butterfly into the wild. The resort is able to offer this experience because it runs an onsite butterfly farm, where visitors can watch the "Belizean Blue' butterflies at all stages of their life cycle.

Unique name: There are many names in many different languages that parents can bestow upon their children, but one Indonesian man may have outdone even the most bizarre choices. Samet Wahyudi, who works in Brebes, named his son after his place of employment: Statistical Information Communication Office. For Wahyudi, his job of almost two decades is something he greatly loves, and he told his wife that he wanted to honour it in this way. She agreed. Their first baby, a girl, ended up with a more conventional name, but when a boy came along later, the couple stuck to the plan. However, they nicknamed him "Dinko" to make things easier for everyone.

Quoteable Quotes

"Opportunities multiply as they are seized." —Sun Tzu "Reality is created by the mind, we can change our reality by changing our mind.

What's Happening

Explore How a Master Can Help You Help Yourself A **FREE** event by Eckankar Discover how a Living ECK Master may work uniquely with individuals to unfold spiritually through everyday living. For registration and Zoom link visit: https://www. meetup.comThe-Winnipeg-Spiritual-Experiences-Group or email beckmanitoba@gmail.com

Transcona Collegiate Murdoch MacKay Colliegate 50th MMCI Grads from 19 to join the class of '72 as they celebrate their 50th graduation anniversary.

May 14, 2022

Contact 2022TCI.MMCI.REUNION@GMAIL.COM for information and registration. Karaoke with a Live Band Anavets Assiniboia Unit 283 3584 Portage Ave. 204 837-6708 March 19th at 5:00 pm

following the Saturday Meat Draw. Our doors are still open and all Health Rules are in place for your safety. Bingo and Meat

Draws are going on as per usual. Bring a friend! NON profit organizations may submit events for FREE at https://coffeenewswinnipeg.com/whats-happening

Trivia

- 1. On land, how fast can a crocodile move?
- 2. What is the oldest, continuously run thoroughbred stakes race in North America?
- 3. Who invented skeet shooting?
- 4. What year did Lambeau Field open?
- 5. What was the pseudonym of William Sidney Porter?

(Flip bottom of page for answers) © Published with Permission by Winnipeg Coffee News (Over)

Please support our Advertisers,

Participants are Needed for a Wellness Study

Adults 18+

Contact us to determine if you are eligible to participate Phone: 431-478-0983

Email: info@sniclinic.com www.sniclinic.com

An honorarium will be provided.

SciMar





25% OFF SPAY/NEUTER | |

\$250 OFF VETERINARY I SERVICES SUBSIDY!

995 Main St., Winnipeg 204_586_3334 animalhospofmb.com

EXAM FEE DENTAL CLEANING

50% OFF

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS 'Animal Hospital of Manitoba





FREE Delivery

Buy 12 & Get 1 FREE 15% OFF COFFEE15



1540-1120 Grant Avenue, Winnipeg +1 431-800-4965 | www.pettoba.ca Acana | Orijen | Carnivora Raw Food | K9 Choice | Perfectly Raw





TREATMENTS The Curve **Spot Reduction**

(stomach, thighs, etc.) Universal **Contour Wrap** Full Body Detox CARE SERVICES Microneedling Improve skin appearance, wrinkles, sun damage,

scars, stretch marks Dermaplaning Dead skin removal, pore cleaning,

Guaranteed 6" loss cell regeneration воок YOUR FREE CONSULT Zealous Medi Spa

204.415.3159 | 390K Provencher Blvd. www.zealousmedispa.com

INSTALLATION | RENOVATION | SERVICE



FURNACES

COMMERCIAL & INDUSTRIAL

Call 204.697.9781 or visit brookmanboilers.com



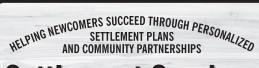












Settlement Services



Services are FREE and include:

Assessment and identification of clients' settlement needs

Referrals to support services

Supportive counselling, advocacy and links to community resources

Familiarizing newcomers to Canadian life and culture Information on

Immigrant immigration forms Centre

100 Adelaide St., Winnipeg 204.943.9158 icmanitoba.com

Your Weekly Horoscope

(March 21 - April 20)



Embrace the change of seasons! An adjustment to your view of the current situation may allow you to clear out any

cobwebs and get ready for a reset. Lucky numbers: 5, 15, 23, **TAURUS**



(April 21 - May 21) If you are feeling twitchy from information overload, just wait a few days and this stress might pass. Write down as much as you can remember to

review it later. Lucky numbers: 9, 12. 15, 18, 37, 39,

GEMINI (May 22 - June 21)



For a few days this week, you may feel an equilibrium between your heart and head, which is sometimes difficult for Gemini. Enjoy the contentment of

a job well done. Lucky numbers: 11, 15, 17, 24, 26, 35.

CANCER (June 22 - July 22)



If you have been waiting to present an idea to someone, now may be a good time. Your mind could be clear, and communicating with others

easier than normal. Lucky numbers: 3, 4, 10, 11, 13, 23.

(July 23 - Aug. 23)



Leadership is a hallmark of the Leo personality. Right now, you might be given an opportunity to direct your leadership qualities in service to humanity, rather

than more personal goals. Lucky numbers: 4, 5, 11, 13, 21, 26.

(Aug. 24 - Sept. 23)



Rituals, such as journal writing, may help clear your mind and focus your attention on what is important. Find a ritual this week that allows you

to complete a cycle. Lucky numbers: 6, 14, 18, 22, 29, 46.

(Sept. 24 - Oct. 23)



Have you found your tribe yet? If not, a new opportunity may emerge that would allow you to do so. In the process, you

may find a new calling as well. Lucky numbers: 10, 13, 17, 22, 29, 42. **SCORPIO**

(Oct. 24 - Nov. 22) Do vou feel vour work has meaning, for yourself and for others? The potential exists to explore this question and perhaps plot a new course, if that is

appropriate for you. Lucky numbers: 1, 9, 16, 19, 28, 42.

SAGITTARIUS (Nov. 23 - Dec. 21)



Have you been feeling unsettled for a while? A new opportunity may begin. It could help you understand what is sacred to you and how it fits into

your life. Lucky numbers: 8, 16, 17, 30, 42, 46. **CAPRICORN**



(Dec. 22 - Jan. 20) Other people sometimes find Capricorns to be too serious in nature. This week, though, someone may find your stoic qualities reassuring in helping

to resolve a difficult situation. Lucky numbers: 7, 13, 15, 17, 21, 38.

AQUARIUS (Jan. 21 - Feb. 19)



You may receive sudden or unexpected information about a past or present romantic relationship. The message might provide healing energy for you to

move beyond any current romantic issues. Lucky numbers: 12, 14, 16, 30, 43, 44. **PISCES**



(Feb. 20 - March 20) Pisces are known for being able to receive and assimilate intuitive information. This week, though, you may receive more concrete

information to apply to a mundane situation in your life. Lucky numbers: 2, 3, 27, 31, 33, 41.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 3.

Did You Know.

Breezy name: Actor Keanu Reeves was born in Lebanon in 1964. In Hawaiian, his first name means "cool breeze over the mountains." When his parents divorced, his mother moved the family to Toronto, Ontario (Canada).

Big bergs: A large iceberg, known as B-15, broke away from Antarctica's Ross Ice Shelf in 2000. The last bits of the huge iceberg were still drifting in currents many years later. In 2017, one called A-68 broke away from the Larsen C Ice Shelf; its fragments are now too small to track.

Blue city: The city of Chefchaouen in the Rif Mountains of Morocco is known as "the blue pearl of Morocco." That's because many of its buildings and alleys are covered with a bright blue wash that is the colour of the sky or sea.

Food for forage: Reindeer lichen (or reindeer moss) grows in the Arctic and elsewhere. A food source for reindeer, as well as for moose, caribou, and musk ox, it grows slowly and can withstand cold temperatures.

Popping snack: Popcorn pops because when heated, the little bit of water in each kernel turns into steam, which causes pressure to build up inside. Eventually, the kernel pops open, creating the well-known snack food.

On the Lighter Side

Patient: "Doctor, doctor, I feel like I've been hit over the head with some maracas.'

Doctor: "You've probably got a slight percussion."

When is it bad luck to have a black cat cross your path? When you are a mouse.

Knock! Knock! Who's there? Emma. Emma who? Emma bit cold out here. Can you let me in?

What dog lives at the baseball stadium? The catcher's mutt.

Morning is that part of the day when the rising generation retires and the retiring generation rises.

Answers

Québec (Canada) 3. Charles E. Davies 4. 1957 as City Stadium Trivia answers: 1. 15-30 mph 2. Queen's Plate, Trois-Rivières,

For available franchise opportunities - visit coffeenewscanada.com

© Published with Permission by Winnipeg Coffee News



PRE-WINTER

Walker





Ask about our Weight Management ~ And Much More.. Affordable Packages!

SMARTCHOICE LASER CENTRE 204-795-6300 WWW.SMARTCHOICELASER.COM



Check our superior quality

BSTsecurity BST Surveillance products



When Quality and Reliability Are Required



204-414-2590

Camera@ClearlyInSightIP.com | ClearlyInSightIP.com

GRAND ALASKAN CRUISE & TOUR 12 days, departs

May - Sep 2022

5. O. Henry





888-618-1836 promo code N7017

*Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Onboard Credit requires purchase of Ocean View or Balcony Cabin. Offers apply to new bookings only, made by 3/31/22. Other terms & conditions may apply. Ask your Travel Consultant for details.