

Bob's TRANSMISSIONS
Automatic Transmission Repairs and Maintenance Services ...from the Experts Who Have Been Serving Winnipeg Since 1974!

"Building Relationships One Transmission at a Time"

700 PEMBINA HWY.
204.475.5590
www.bobstransmissions.mb.ca

FREE! New Issue Every Week!
Coffee News[®]
"News To Be Enjoyed Over Coffee"
Transcona Edition
204-510-6397

www.coffeenewswinnipeg.com

KOB'S AUTO LTD.
WINNIPEG FINANCE CENTER
WWW.MYWINNIEPCARS.COM

• BAD CREDIT? NO PROBLEM WE ARE THE BANK
• GUARANTEED APPROVAL
• AS LOW AS 9.99% DOWN DEPOSIT
• 0%/12 MONTHS O.A.C.
• IN-HOUSE FINANCING
• WIDE VARIETY

1156 MAIN STREET 204-582-2800

ScooterCity
Wespa Winnipeg • Gio Winnipeg
WWW.WINNIPEGSCOOTERCITY.COM

NO LICENSE? NO PROBLEM! GOT A D.U.I.? NO PROBLEM!

50CC SCOOTERS
ONLY CLASS B DRIVERS LICENSE
LOW INSURANCE RATE

1156 MAIN STREET 204-582-2800

Get More Traffic, Leads & Sales

• Website Development
• Google Ads
• Facebook Advertising
• Social Media Management
• SEO & Content Marketing
• Reporting & Analytics

Frontline web consulting 780.760.6922
frontlineconsulting.ca

Vol. 17 No. 11 March 14, 2022

Everybody's Talking

Bottled message: A little Canadian boy found a truly remarkable treasure under a pine tree in his yard. Nyima Mitchell, who lives with his family in Chéticamp on Cape Breton Island, Nova Scotia (Canada), discovered an old bottle lying on the ground. He pried off the bottle's cap, and inside was a letter written on a crumpled piece of paper. Dated August 12, 1995, the author was a then-teenage girl, Nellie Nadeau, who had tossed the bottle into the St. Lawrence River while on vacation. After some investigation, the Mitchell family was able to track down Nadeau in Alaska. Excited that her message in a bottle was found, she hopes to one day meet her new pen pal.

MPI APPROVED TIRE FINANCING CENTER

OK TIRE TRANSCONA
204.668.8171 | transcona@oktire.com
1600 Regent Avenue West at Lagimodiere

OK TIRE
Service, Repair and Tires.

Coast to Coast Sports
A SUPER SPORTS NETWORK

Advocating for High School Athletes deprived of senior year due to Covid

For details, visit <https://coasttocoastsports.net/>

This Space for Rent
204-510-6397

GRAND ALASKAN CRUISE & TOUR
12 days, departs May - Sep 2022

FROM \$1,949
\$1,699 USD

FREE ONBOARD CREDIT

YMT vacations
1-888-618-1836
promo code N7017

* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Onboard Credit requires purchase of Ocean View or Balcony Cabin. Offers apply to new bookings only, made by 3/31/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

The Future of Eyecare Is Here
Comprehensive Eye Exams
Eyewear | Direct Billing

50% OFF LENSES BOGO

CREST EYECARE
To book your appointment, call 204.421.8080 or visit cresteyecare.com
#9 - 1500 Regent Avenue West, Winnipeg

Surfer's surprise: Australian Danny Griffiths loves to surf big waves like those found off the southern coast of Tasmania, where he lives. Once, when surfing with friends, he had to ditch his specially made green surfboard. Usually a ditched board would be easy to locate, especially with its bright green colour, but this time Griffiths could not find it. Four years later, tourists to Tasmania mentioned to locals that fishermen had found a green board 2,700 kilometres (1,700 miles) away off the coast of North Queensland. When he looked at a photo, Griffiths knew the board was his, which made him happy. None of the replacement boards he'd used since then were as good as the lost one.

Butterfly blue: When people book rooms in luxury hotels, they can expect certain amenities, such as chocolates on the pillows, a delicious breakfast, or a free massage. But the Chaa Creek eco-resort in Belize has raised the bar: on each room's coffee table sits a glass box with a cocoon inside, and guests can watch a beautiful blue morpho butterfly emerge. Awestruck visitors are provided with instructions on how to safely release the butterfly into the wild. The resort is able to offer this experience because it runs an onsite butterfly farm, where visitors can watch the "Belizean Blue" butterflies at all stages of their life cycle.

Unique name: There are many names in many different languages that parents can bestow upon their children, but one Indonesian man may have outdone even the most bizarre choices. Samet Wahyudi, who works in Brebes, named his son after his place of employment: Statistical Information Communication Office. For Wahyudi, his job of almost two decades is something he greatly loves, and he told his wife that he wanted to honour it in this way. She agreed. Their first baby, a girl, ended up with a more conventional name, but when a boy came along later, the couple stuck to the plan. However, they nicknamed him "Dinko" to make things easier for everyone.

OUTSOURCE YOUR SEARCH FOR LOVE
THE OFFLINE DATING SOLUTION

Manitoba's only Matchmaker
Turning singles into couples for 28 years

CAMELOT 204-257-LOVE (5683)
introductions Camelotintroductions.com

Participants are Needed for a Wellness Study

Adults 18+
Contact us to determine if you are eligible to participate:
Phone: 431-478-0983
Email: info@snclinic.com
www.snclinic.com
An honorarium will be provided.

sn CLINICAL RESEARCH | SciMar | WELLNESS TRANSFORMATION NETWORK

Quoteable Quotes

"Opportunities multiply as they are seized." —Sun Tzu
"Reality is created by the mind, we can change our reality by changing our mind." —Plato

We Care For Your Pets As If They Were Our Own

25% OFF SPAY/NEUTER
50% OFF EXAM FEE

\$250 OFF VETERINARY SERVICES SUBSIDY
\$100 OFF DENTAL CLEANING

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS
Animal Hospital of Manitoba
995 Main St., Winnipeg 204.586.3334 animalhospofmb.com

ORDER TAKEOUT TODAY!

LITTLE BONES 204.777.2663

What's Happening

Explore How a Master Can Help You Help Yourself A FREE event by Eckankar Discover how a Living ECK Master may work uniquely with individuals to unfold spiritually through everyday living. For registration and Zoom link visit: <https://www.meetup.com/The-Winnipeg-Spiritual-Experiences-Group/> or email beckmanitoba@gmail.com

Transcona Collegiate Murdoch MacKay Collegiate 50th Reunion 2022 TCI MMCI Grads from 1971 to 1974 are invited to join the class of '72 as they celebrate their 50th graduation anniversary.
May 14, 2022

Hip or Knee Replacement?
The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and **\$25,000 Lump Sum Refund** up to

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!

For Expert Help:
BBB 204-453-5372

Shop Happy
kildonan place

Contact : 2022TCI.MMCI.REUNION@GMAIL.COM for information and registration. **Karaoke with a Live Band Anavets Assiniboia Unit 283** 3584 Portage Ave. 204 837-6708 March 19th at 5:00 pm

following the Saturday Meat Draw. Our doors are still open and all Health Rules are in place for your safety. Bingo and Meat

Draws are going on as per usual. Bring a friend! **NON profit organizations may submit events for FREE** at <https://coffeenewswinnipeg.com/whats-happening>

Thinking About Montessori Programming?
Have you heard of Reggio Emilia for your preschooler or toddler?

New Reggio Emilia preschool is taking applications for immediate and 2022 start dates!

MENTION THIS AD FOR UP TO \$100 OFF FOR THE FIRST MONTH!

BRIGHT TIKES PRESCHOOL AND DAYCARE INC.
204.410.1031 | 10-3014 Henderson Hwy
www.brighttikes.com

Your One-Stop Pet Store!

FREE Delivery in Winnipeg. No minimum
Buy 12 & Get 1 FREE on pet food
15% OFF when you use Coupon Code: **COFFEE15**

Pet Toba
1540-1120 Grant Avenue, Winnipeg
+1 431-800-4965 | www.pettoba.ca
Acana | Orijen | Carnivora Raw Food | K9 Choice | Perfectly Raw

Trivia

1. On land, how fast can a crocodile move?
2. What is the oldest, continuously run thoroughbred stakes race in North America?
3. Who invented skeet shooting?
4. What year did Lambeau Field open?
5. What was the pseudonym of William Sidney Porter?

(Flip bottom of page for answers)
© Published with Permission by Winnipeg Coffee News

QUIT SMOKING TODAY!!!
95% Success Rate!
LASER THERAPY can also help you with:
 Drug & Alcohol Abuse ~ Stress/Depression
 Weight Management ~ And Much More...
 Ask about our Affordable Packages!
SMARTCHOICE LASER CENTRE
 204-795-6300 WWW.SMARTCHOICELASER.COM

Do you want your TV on the wall?
Give us a call – as low as \$99!
 We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.
 Contact one of our experts today!
 InterFusion MEDIA
 204.505.1840 • interfusionmedia.ca

Recipe of the month
Easter Bunny Treats
 1/3 cup vanilla frosting Small black nonpareils
 36 large marshmallows White sprinkles
 36 miniature marshmallows Pink coloured sugar
 Red and pink heart-shaped decorating sprinkles
 Total Time: 15 min. Yield: 1 dozen
 1 Place frosting in piping bag.
 2 For each bunny, cut 2 mini marshmallows in half and use frosting to attach them to a large marshmallow to form arms and legs. For the face, attach 2 mini marshmallow halves for cheeks. Use white sprinkles, black nonpareils and heart-shaped sprinkles to form whiskers, eyes and nose.
 3 For the ears, cut a large marshmallow in half diagonally. Dip each sticky side in coloured sugar and use frosting to attach the ears to the top of the large marshmallow.
 4 Use frosting to connect the 2 large marshmallows; let stand until dry.
 Source: <https://www.tasteofhome.com>

FOR SALE!
Business Opportunity!
Coffee News®
 Top Rated International Franchise FOR SALE!
 Publish Coffee News® in your area not currently owned by a local publisher. For more information about available franchises for sale, please call your local publisher at the number listed at the top front page of Coffee News®.
 First come - First serve!
 This is a chance of a lifetime to work from home... ACT NOW!

Support Canada and Canadian workers!
 Check our superior quality BSTsecurity BST Surveillance products

When Quality and Reliability Are Required
CLEARLY INSIGHT SECURITY SOLUTIONS
 204-414-2590
 Camera@ClearlyInSightP.com | ClearlyInSightP.com

WINNIPEG BUSINESS OWNERS!
 Connect with other businesses and customers
BizExchangeMall.com
 "Your Local Business Mall"
 REQUEST LISTING ONLINE: USE CODE **BMX 001**

Your Weekly Horoscope

ARIES (March 21 - April 20)
 Embrace the change of seasons! An adjustment to your view of the current situation may allow you to clear out any cobwebs and get ready for a reset. Lucky numbers: 5, 15, 23, 44, 45, 47.

TAURUS (April 21 - May 21)
 If you are feeling twitchy from information overload, just wait a few days and this stress might pass. Write down as much as you can remember to review it later. Lucky numbers: 9, 12, 15, 18, 37, 39.

GEMINI (May 22 - June 21)
 For a few days this week, you may feel an equilibrium between your heart and head, which is sometimes difficult for Gemini. Enjoy the contentment of a job well done. Lucky numbers: 11, 15, 17, 24, 26, 35.

CANCER (June 22 - July 22)
 If you have been waiting to present an idea to someone, now may be a good time. Your mind could be clear, and communicating with others easier than normal. Lucky numbers: 3, 4, 10, 11, 13, 23.

LEO (July 23 - Aug. 23)
 Leadership is a hallmark of the Leo personality. Right now, you might be given an opportunity to direct your leadership qualities in service to humanity, rather than more personal goals. Lucky numbers: 4, 5, 11, 13, 21, 26.

VIRGO (Aug. 24 - Sept. 23)
 Rituals, such as journal writing, may help clear your mind and focus your attention on what is important. Find a ritual this week that allows you to complete a cycle. Lucky numbers: 6, 14, 18, 22, 29, 46.

LIBRA (Sept. 24 - Oct. 23)
 Have you found your tribe yet? If not, a new opportunity may emerge that would allow you to do so. In the process, you may find a new calling as well. Lucky numbers: 10, 13, 17, 22, 29, 42.

SCORPIO (Oct. 24 - Nov. 22)
 Do you feel your work has meaning, for yourself and for others? The potential exists to explore this question and perhaps plot a new course, if that is appropriate for you. Lucky numbers: 1, 9, 16, 19, 28, 42.

SAGITTARIUS (Nov. 23 - Dec. 21)
 Have you been feeling unsettled for a while? A new opportunity may begin. It could help you understand what is sacred to you and how it fits into your life. Lucky numbers: 8, 16, 17, 30, 42, 46.

CAPRICORN (Dec. 22 - Jan. 20)
 Other people sometimes find Capricorns to be too serious in nature. This week, though, someone may find your stoic qualities reassuring in helping to resolve a difficult situation. Lucky numbers: 7, 13, 15, 17, 21, 38.

AQUARIUS (Jan. 21 - Feb. 19)
 You may receive sudden or unexpected information about a past or present romantic relationship. The message might provide healing energy for you to move beyond any current romantic issues. Lucky numbers: 12, 14, 16, 30, 43, 44.

PISCES (Feb. 20 - March 20)
 Pisces are known for being able to receive and assimilate intuitive information. This week, though, you may receive more concrete information to apply to a mundane situation in your life. Lucky numbers: 2, 3, 27, 31, 33, 41.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 3.

Did You Know...

Breezy name: Actor Keanu Reeves was born in Lebanon in 1964. In Hawaiian, his first name means "cool breeze over the mountains." When his parents divorced, his mother moved the family to Toronto, Ontario (Canada).

Big bergs: A large iceberg, known as B-15, broke away from Antarctica's Ross Ice Shelf in 2000. The last bits of the huge iceberg were still drifting in currents many years later. In 2017, one called A-68 broke away from the Larsen C Ice Shelf; its fragments are now too small to track.

Blue city: The city of Chefchaouen in the Rif Mountains of Morocco is known as "the blue pearl of Morocco." That's because many of its buildings and alleys are covered with a bright blue wash that is the colour of the sky or sea.

Food for forage: Reindeer lichen (or reindeer moss) grows in the Arctic and elsewhere. A food source for reindeer, as well as for moose, caribou, and musk ox, it grows slowly and can withstand cold temperatures.

Popping snack: Popcorn pops because when heated, the little bit of water in each kernel turns into steam, which causes pressure to build up inside. Eventually, the kernel pops open, creating the well-known snack food.

On the Lighter Side

Patient: "Doctor, doctor, I feel like I've been hit over the head with some maracas."
 Doctor: "You've probably got a slight concussion."

When is it bad luck to have a black cat cross your path? When you are a mouse.

Knock! Knock! Who's there? Emma. Emma who? Emma bit cold out here. Can you let me in?

What dog lives at the baseball stadium? The catcher's mutt.

Morning is that part of the day when the rising generation retires and the retiring generation rises.

Answers

Trivia answers: 1. 15-30 mph 2. Queen's Plate, Trois-Rivières, Québec (Canada) 3. Charles E. Davies 4. 1957 as City Stadium 5. O. Henry

For available franchise opportunities – visit coffeenewscanada.com

Home & Office Bottled **WATER DELIVERY**
 ORDER 3 BOTTLES, GET A 4TH FREE! *FIRST ORDER ONLY
 CALL 204.284.1704 Use promo code "Coffeenews"
WaterDirectPLUS
 More than just water!
waterdirectplus.com

HELPING NEWCOMERS SUCCEED THROUGH PERSONALIZED SETTLEMENT PLANS AND COMMUNITY PARTNERSHIPS
Settlement Services
 Services are FREE and include:
 Assessment and identification of clients' settlement needs
 Referrals to support services
 Supportive counselling, advocacy and links to community resources
 Familiarizing newcomers to Canadian life and culture
 Information on immigration forms
Immigrant Centre
 100 Adelaide St., Winnipeg
 204.943.9158
icmanitoba.com

GET LEADS + RUN YOUR BUSINESS ALL ON ONE APP!
GetAssist
 CONNECT WITH PURPOSE
www.getassist.com
 Let's remember and appreciate our favourite companies we rely on! Whether you're shopping locally or requesting a local service through the GetAssist app, we've got your back!
 204.410.0461
 Winnipeg GetAssist Network Centre - 3-236 Osborne St.

"CONNECTING THROUGH HORSES"
SAGEHILL STABLES
 Horseback Riding Lessons & Birthday Parties
 • Beginners welcome!
 • Equine Assisted Learning Life Skills Programs
 ~ Develop skills to combat anxiety, bullying and addiction
 • Conference Room and Facility Rentals
 AGES 4 TO 70+
 1-800-217-4184
 4180 Waverley Street in Winnipeg
www.sagehillstables.com

PRE-WINTER **Walker Sales Event!**
 ✓ Assorted Models and Sizes
 ✓ Starting at \$50
COME EARLY FOR BEST SELECTION!
LIVING MADE EASY
 HOME HEALTH CARE PRODUCTS - NEW & USED
 665 ARCHIBALD ST. • 231-1746

Get **Coffee News®** Online!
 Delivered to your inbox weekly
 Please visit www.coffeenewswinnipeg for details

inogen
FREEDOM. TO BE YOU.
 If you think oxygen therapy means slowing down, it's time for a welcome breath of fresh air.
 1-844-569-0257
 MKT-PO253