

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500** Gift Certificate

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

COMPETITIVE PRICING
KNOWLEDGEABLE SERVICE
GREAT SELECTION
Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD. since 1986

Condo Issues? We Have Solutions!

CONSULTATION | MEDIATION | ARBITRATION

Helping to improve the decorum, harmony, and functionality of boards
Chair hostile and difficult meetings | Update condo board bylaws
We help to resolve and/or mediate issues between condo stakeholders

Rosetree MEDIATION, ARBITRATION & CONSULTING SERVICES

780.982.4355 | rosetreemediation.com

A New Children's Book

...to delight and inform young readers from author **Stephen Monk**

Dr. Dreams celebrates family, dreams, sharing and learning helpful skills

Visit www.stephenmonk.ca

AVAILABLE THROUGH:
AMAZON | BARNES AND NOBLE | KINDLE | GOOGLE PLAY | APPLE BOOKS
FRIENSPRESS | INDIGO and at COLES GRANDE PRAIRIE

Machining | Welding | Fabrication

GW GROVE MACHINE & WELDING

- Ramps
- Flywheels
- Farming Equipment
- Gear Parts
- ...and more

780-962-1772 CALL US TO DISCUSS YOUR PROJECT!

www.grovemachinewelding.com | 35 South Ave., Spruce Grove

First Time Customers: 10% OFF* (to a maximum of \$300)

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.

Reader of the Month
Chantel of Edmonton

New Year's Special!

SOCIAL MEDIA
1-2 Posts/Week (on 2-3 Platforms)
Unique Content Creation & Calendar
#Hashtag Strategy
Monthly Reporting

SEARCH ENGINE OPTIMIZATION
Keyword Research & Tracking
Content Marketing
Google My Business Optimization
Technical SEO
Monthly Reporting

\$799/MONTH - REG. \$1000/MONTH
NEED MORE SOCIAL MEDIA OR SEO? INQUIRE ABOUT A CUSTOM PACKAGE!

Frontline web consulting

780.760.6922
info@frontlineconsulting.ca
frontlineconsulting.ca

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

FREE! **New Issue Every Week!**

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Devon - Calmar Edition

780-220-6397

www.coffee-news.ca

Vol. 19 No. 11 March 14, 2022

Everybody's Talking

Bottled message: A little Canadian boy found a truly remarkable treasure under a pine tree in his yard. Nyima Mitchell, who lives with his family in Chéticamp on Cape Breton Island, Nova Scotia (Canada), discovered an old bottle lying on the ground. He pried off the bottle's cap, and inside was a letter written on a crumpled piece of paper. Dated August 12, 1995, the author was a then-teenage girl, Nellie Nadeau, who had tossed the bottle into the St. Lawrence River while on vacation. After some investigation, the Mitchell family was able to track down Nadeau in Alaska. Excited that her message in a bottle was found, she hopes to one day meet her new pen pal.

Surfer's surprise: Australian Danny Griffiths loves to surf big waves like those found off the southern coast of Tasmania, where he lives. Once, when surfing with friends, he had to ditch his specially made green surfboard. Usually a ditched board would be easy to locate, especially with its bright green colour, but this time Griffiths could not find it. Four years later, tourists to Tasmania mentioned to locals that fishermen had found a green board 2,700 kilometres (1,700 miles) away off the coast of North Queensland. When he looked at a photo, Griffiths knew the board was his, which made him happy. None of the replacement boards he'd used since then were as good as the lost one.

Butterfly blue: When people book rooms in luxury hotels, they can expect certain amenities, such as chocolates on the pillows, a delicious breakfast, or a free massage. But the Chaa Creek eco-resort in Belize has raised the bar: on each room's coffee table sits a glass box with a cocoon inside, and guests can watch a beautiful blue morpho butterfly emerge. Awestruck visitors are provided with instructions on how to safely release the butterfly into the wild. The resort is able to offer this experience because it runs an onsite butterfly farm, where visitors can watch the "Belizean Blue" butterflies at all stages of their life cycle.

Unique name: There are many names in many different languages that parents can bestow upon their children, but one Indonesian man may have outdone even the most bizarre choices. Samet Wahyudi, who works in Brebes, named his son after his place of employment: Statistical Information Communication Office. For Wahyudi, his job of almost two decades is something he greatly loves, and he told his wife that he wanted to honour it in this way. She agreed. Their first baby, a girl, ended up with a more conventional name, but when a boy came along later, the couple stuck to the plan. However, they nicknamed him "Dinko" to make things easier for everyone.

Quoteable Quotes

"Opportunities multiply as they are seized." —Sun Tzu
"Reality is created by the mind, we can change our reality by changing our mind." —Plato

What's Happening

Mar 28 to 29-Love Someone-Johnny Reid 7:30 PM An Intimate Evening with Johnny Reid. The critically acclaimed singer is widely known for his lyrical honesty and musical ability. Lougheed Performing Arts Centre 4501 50 Street.

Mar 25 - Kids on the Block Shows for Epilepsy Register to join this free zoom link to a live show where our puppets talk about epilepsy. Very suitable for children up to grade 3. <https://edmontonepilepsy.org> or Call 788-488-9600 for more info

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

- Trivia**
1. On land, how fast can a crocodile move?
 2. What is the oldest, continuously run thoroughbred stakes race in North America?
 3. Who invented skeet shooting?
 4. What year did Lambeau Field open?
 5. What was the pseudonym of William Sidney Porter?

(Flip bottom of page for answers)

Recipe of the month

Easter Bunny Treats

1/3 cup vanilla frosting
36 large marshmallows
36 miniature marshmallows
Red and pink heart-shaped decorating sprinkles

Small black nonpareils
White sprinkles
Pink coloured sugar

Total Time: 15 min. Yield: 1 dozen

- 1 Place frosting in piping bag.
- 2 For each bunny, cut 2 mini marshmallows in half and use frosting to attach them to a large marshmallow to form arms and legs. For the face, attach 2 mini marshmallow halves for cheeks. Use white sprinkles, black nonpareils and heart-shaped sprinkles to form whiskers, eyes and nose.
- 3 For the ears, cut a large marshmallow in half diagonally. Dip each sticky side in coloured sugar and use frosting to attach the ears to the top of the large marshmallow.
- 4 Use frosting to connect the 2 large marshmallows; let stand until dry.

Source: <https://www.tasteofhome.com>

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

Let Us Handle the Dirty Work!

Cistern and Septic Installation, Inspection and Maintenance

Septic Field and Mound Design and Installation by Govt. Certified Installers

REASONABLE RATES

Family run, local business. We care!

780.668.4306 best-cistern-septic-solutions.com

BEST CISTERN SEPTIC SOLUTIONS

THIS SPACE FOR RENT

780-220-6397

Congratulations to January's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Sara Blom
Ralph Lee
Sylvia Tracey
Maria Ernst

Enter today for your chance to win at www.coffee-news.ca

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop. **780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

A wish begins with **HOPE**

Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish
Coffee News is proud to support Make-A-Wish Northern Alberta

Call today to book your appointment!

We only want to make you **SMILE**

Millet Denture Clinic
780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

Canada's **HEALTHY Choice for Pets!**

GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month
Save **15%**
Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com

Like us on Facebook
...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

JEOPARDY!
WEEKNIGHTS 7:30
yes TV

Locally Owned. Genuinely Canadian.

Home hardware

Al & Claire Emerson Dealer-Owners
780.987.3325 | 24 Athabasca Ave., Devon

inogen

FREEDOM. TO BE YOU.

1-888-998-6714
MKT-P0253

Expert Computer Assistance Is Just a Call Away!

- PC Software and Hardware
- Malware Removal and Protection
- Cloud Technology
- Backup
- Mobile and Sync
- Parental Controls and Web Content Filtering
- Wireless Networking Security
- Tutoring for Seniors
- Performance Increase
- ...and more!

HOME CARE COMPUTERS
Caring for your Computer needs
780.938.7662 | matt@homecarecomputers.ca

Your Weekly Horoscope

ARIES

(March 21 - April 20)



Embrace the change of seasons! An adjustment to your view of the current situation may allow you to clear out any cobwebs and get ready for a reset. Lucky numbers: 5, 15, 23, 44, 45, 47.

TAURUS

(April 21 - May 21)



If you are feeling twitchy from information overload, just wait a few days and this stress might pass. Write down as much as you can remember to review it later. Lucky numbers: 9, 12, 15, 18, 37, 39.

GEMINI

(May 22 - June 21)



For a few days this week, you may feel an equilibrium between your heart and head, which is sometimes difficult for Gemini. Enjoy the contentment of a job well done. Lucky numbers: 11, 15, 17, 24, 26, 35.

CANCER

(June 22 - July 22)



If you have been waiting to present an idea to someone, now may be a good time. Your mind could be clear, and communicating with others easier than normal. Lucky numbers: 3, 4, 10, 11, 13, 23.

LEO

(July 23 - Aug. 23)



Leadership is a hallmark of the Leo personality. Right now, you might be given an opportunity to direct your leadership qualities in service to humanity, rather than more personal goals. Lucky numbers: 4, 5, 11, 13, 21, 26.

VIRGO

(Aug. 24 - Sept. 23)



Rituals, such as journal writing, may help clear your mind and focus your attention on what is important. Find a ritual this week that allows you to complete a cycle. Lucky numbers: 6, 14, 18, 22, 29, 46.

LIBRA

(Sept. 24 - Oct. 23)



Have you found your tribe yet? If not, a new opportunity may emerge that would allow you to do so. In the process, you may find a new calling as well. Lucky numbers: 10, 13, 17, 22, 29, 42.

SCORPIO

(Oct. 24 - Nov. 22)



Do you feel your work has meaning, for yourself and for others? The potential exists to explore this question and perhaps plot a new course, if that is appropriate for you. Lucky numbers: 1, 9, 16, 19, 28, 42.

SAGITTARIUS

(Nov. 23 - Dec. 21)



Have you been feeling unsettled for a while? A new opportunity may begin. It could help you understand what is sacred to you and how it fits into your life. Lucky numbers: 8, 16, 17, 30, 42, 46.

CAPRICORN

(Dec. 22 - Jan. 20)



Other people sometimes find Capricorns to be too serious in nature. This week, though, someone may find your stoic qualities reassuring in helping to resolve a difficult situation. Lucky numbers: 7, 13, 15, 17, 21, 38.

AQUARIUS

(Jan. 21 - Feb. 19)



You may receive sudden or unexpected information about a past or present romantic relationship. The message might provide healing energy for you to move beyond any current romantic issues. Lucky numbers: 12, 14, 16, 30, 43, 44.

PISCES

(Feb. 20 - March 20)



Pisces are known for being able to receive and assimilate intuitive information. This week, though, you may receive more concrete information to apply to a mundane situation in your life. Lucky numbers: 2, 3, 27, 31, 33, 41.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 3.

Did You Know...

Breezy name: Actor Keanu Reeves was born in Lebanon in 1964. In Hawaiian, his first name means "cool breeze over the mountains." When his parents divorced, his mother moved the family to Toronto, Ontario (Canada).

Big bergs: A large iceberg, known as B-15, broke away from Antarctica's Ross Ice Shelf in 2000. The last bits of the huge iceberg were still drifting in currents many years later. In 2017, one called A-68 broke away from the Larsen C Ice Shelf; its fragments are now too small to track.

Blue city: The city of Chefchaouen in the Rif Mountains of Morocco is known as "the blue pearl of Morocco." That's because many of its buildings and alleys are covered with a bright blue wash that is the colour of the sky or sea.

Food for forage: Reindeer lichen (or reindeer moss) grows in the Arctic and elsewhere. A food source for reindeer, as well as for moose, caribou, and musk ox, it grows slowly and can withstand cold temperatures.

Popping snack: Popcorn pops because when heated, the little bit of water in each kernel turns into steam, which causes pressure to build up inside. Eventually, the kernel pops open, creating the well-known snack food.

On the Lighter Side

Patient: "Doctor, doctor, I feel like I've been hit over the head with some maracas."

Doctor: "You've probably got a slight percussion."

When is it bad luck to have a black cat cross your path? When you are a mouse.

Knock! Knock! Who's there? Emma. Emma who? Emma bit cold out here. Can you let me in?

What dog lives at the baseball stadium? The catcher's mutt.

Morning is that part of the day when the rising generation retires and the retiring generation rises.

Answers

5. O. Henry
Trivia answers: 1. 15-30 mph 2. Queen's Park, Trois-Rivières, Québec (Canada) 3. Charles E. Davies 4. 1957 as City Stadium

Happy **ST. PATRICK'S DAY**

from your friends at **Coffee News**

WE DIRECT BILL YOUR INSURANCE

Come... See... Smile...

- Our fees follow the Alberta Fee Guide

- Open Wed. & Thurs. evenings and two Saturdays per month

Devon Dental Associates
#129, 180 Miquelon Ave. Devon (beside Boston Pizza)

Dr. Maura Lavoie
Dr. Ian Orellana-Jordan
Dr. Darren Forst (Orthodontist)
780.987.2833
www.devondentalassociates.ca

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Learn to SCUBA DIVE at our Edmonton location - call for details
780.483.0044

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

March is... **Spay/Neuter Month**

Offering veterinary care for your pets

Dr. Sandip Kumar Patel

Southfork Animal Hospital

101-102 Southfork Drive, Leduc
587.274.0026 • clinic.southforkvets@gmail.com
www.southforkvets.com

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449

Making peace of mind a reality

Nahachick Adult Guardianship and Trusteeship Services

Confidential and discreet document preparation. Available services include:

- Applications for Appointment of Guardian and Trustee
- Review of Guardianship and Trusteeship Order
- Urgent Guardianship and Trusteeship Orders

A complete list of our services is available at <https://nahachick.ca>

780.660.0649 | nahachick.agt.services@gmail.com

Flexible appointments.
For non-Edmonton residents, appointments can be held via telephone or video calls. Edmonton and area clients have the option to meet face-to-face, home visits, telephone or video calls.