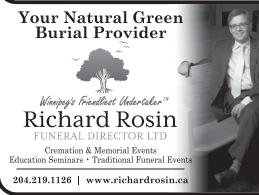


Participants are Needed for a Wellness Study

Adults 18+ Contact us to determine if you are eligible to participate: Phone: 431-478-0983 Email: info@sniclinic.com www.sniclinic.com An honorarium will be provided.





Ave. April Bands April 1st - Geoff Rockets - April 8th Karaoke with Band, Second Time Around. April 14th, Thursday befor Good Friday DMG Band, April 22 dance with Marvels - april 29th Destiny. Check out the Website for changes. Meat Draw 6-8 PM.

204 837 -6708Studio Art Tours! Open to public Harte Trail Studio Tour creates an opportunity to meet local artists in their creative space. We welcome you into our homes studios where we can share about our processes, inspiration, current work. Brochure guide 20 studios Hartetrailstudiotour.net

> NON profit organizations may submit events for FREE at https://coffeenewswinnipeg.com/whats-happening



1. Vidalia and Walla Walla are types of what vegetable?

2. In the novel Moby Dick, what type of creature was Captain Ahab looking for?

3. Which country uses the lek for currency?

4. A Dorgi is a dog breed that comes from mixing a Corgi and what?

5. What type of sandwich has white bread, peanut butter, and marshmallow fluff?

> (Flip bottom of page for answers) © Published with Permission by Winnipeg Coffee News (Over)



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Your Weekly Horoscope

LIBRA

(Sept. 24 - Oct. 23)

5, 17, 19, 26, 38, 40.

14, 17, 29, 39, 45, 47,

SAGITTARIUS

(Nov. 23 - Dec. 21)

(Oct. 24 - Nov. 22)

SCORPIO

You may find your mind

and emotions are out of

balance this week. Previous-

ly submerged information

about an old wound may

surface, helping to provide

You may be in a period

of introspection. Perhaps

you should focus on your

spiritual side. You may

develop a deeper sense of

compassion for yourself

Mothering may be a focus

right now. This may be

from your perspective as a

mother or a child. Either

way, being aware of it is

important to help you

Work and career are

important considerations

for many Capricorns. The

potential exists right now

that you may be able to

advance in or plan a

Are you feeling a conflict

between a desire for fun

and pleasure, versus the

weight of your responsi-

bilities? It may be helpful

to give some attention to

At the beginning of the

week, you may feel out

of balance between your

head and heart. Wait a

few days and the feeling

insight into the situation. Lucky numbers:

and those around you. Lucky numbers:

navigate through this time. Lucky

change to your current profession. Lucky numbers: 11, 17, 19, 29, 43, 45.

each of these needs. Lucky numbers: 7,

(Feb. 20 - March 20)

numbers: 6, 16, 17, 28, 29, 40.

(Dec. 22 - Jan. 20)

(Jan. 21 – Feb. 19)

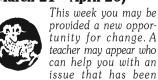
CAPRICORN

AQUARIUS

12, 24, 32, 36, 48.

PISCES

ARIES (March 21 - April 20)



issue that has been unresolved for a long time. Lucky numbers: 8, 13, 18, 31, 33, 46. **TAURUS**

(April 21 - May 21)

Those born under the sign of Taurus are often concerned with the practicalities of life. Recently, however, you may be focused on a

higher purpose and your role in it. Lucky numbers: 1, 10, 11, 21, 26, 45. **GEMINI**

(May 22 – June 21)

Have you previously relied on your intellect and quick mind to approach life's challenges? It may now be appropriate to incorporate a more nurturing style

toward yourself and others. Lucky numbers: 4, 25, 31, 32, 40, 45. CANCER

(June 22 – July 22)

Do you feel satisfied with your work life? If not, it may be time to consider a change in job or profession that will be more in alignment with your

purpose. Lucky numbers: 2, 9, 13, 16, 39, 41. LEO

(July 23 - Aug. 23)

Lucky numbers: 3, 11, 15, 21, 33, 36. VIRGO

(Aug. 24 - Sept. 23),

the gap between them. Lucky numbers: 12, 15, 24, 32, 38, 43.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 17.

Did You Know.

Simple stage: If a troupe puts on a play in a black box theatre, the space is a simple, flexible one with few adornments. Usually it is painted black. Generally, black box-type theatres are used for more intimate productions that don't have many technical requirements.

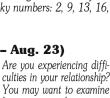
Chef's hat: It's easy to picture a French chef in a kitchen, wearing a tall white hat. Known as a chef's toque, it has 100 pleats. That number is said to represent the 100 methods that can be used to cook an egg.

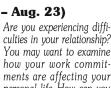
Braiding techniques: Many different types of braids can be used to adorn hair. Beginners can try the easy three-strand braid and move on to more complicated styles, such as the French braid, the fishtail braid, and the lattice braid.

Red means stop: The ubiquitous stop sign, that red placard with the word "STOP" in the middle, was once coloured yellow in the U.S. With the development of more durable coatings,









ments are affecting your personal life. How can you achieve a better balance between the two?

You may feel a conflict early this week between your mind and your feelings. Explore the cause of this dynamic and see how you can bridge

should pass. A new perspective is possible. Lucky numbers: 9, 13, 15, 19, 23, 40.



these signs were changed to red in 1954.

Bringing home the bacon: Male lions, with their amazing manes, are impressive to look at. However, when it comes to bringing food back to the pride, female lions take on 90% of the work.

On the Lighter Side

How does the solar system hold up its pants? With an asteroid belt!

Wise man says, "An apple a day keeps the doctor away... if it's aimed right.

Child: "My teacher can't read my handwriting." Parent: "That's bad. Write more clearly from now on." Child: "But then she'll find out that I can't spell."

Knock! Knock! Who's there? Earwig. Earwig who? Earwig go again!

How does a snake navigate the forest? He uses his GPHiss system. Answers

4. Dachshund 5. Fluffernutter Trivia answers: 1. Onions 2. A white whale 3. Albania

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