


FREE! *New Issue Every Week!*
Coffee News[®]
"News To Be Enjoyed Over Coffee"
Downtown Edition
204-510-6397



www.coffeenewswinnipeg.com

Plugged In To Your Electrical Needs
 Licensed & Insured Electrical Contracting Services

Residential Commercial EV Charging Stations Cottage Properties

www.sharpeelectric.ca
SE Sharpe Electric
 Contact us today!
204.995.3842

Get More Traffic, Leads & Sales



SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922
 www.frontlineconsulting.ca

MANITOBA'S LARGEST YEAR-ROUND INDOOR MARKET!

MULVEY FLEA MARKET
 EST. 2001

www.mulveymarket.ca

- OODLES OF ODDITIES
- ROWS OF RARITIES
- CORNUCOPIA OF COLLECTIBLES
- EVERYTHING NEW AND USED
- LOTS TO SEE AND DO
- CANTEEN

Air Conditioned and Wheelchair Accessible Table Rental Information: 204-478-1217 Open 10 a.m.-5 p.m. Sat., Sun., and Holiday Mondays or Fridays

Visit us at 421 Mulvey Avenue E, Winnipeg

Hip or Knee Replacement?

The disability tax credit allows for a **\$2,500 Yearly Tax Credit** and up to **\$25,000 Lump Sum Refund**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

GET THE FASTEST REFUND IN CANADA!

For Expert Help:
204-453-5372



Coast to Coast Sports
 A SUPER SPORTS NETWORK

Advocating for High School Athletes deprived of senior year due to Covid

For details, visit <https://coasttocoastsports.net/>

Bob's TRANSMISSIONS
 "Building Relationships One Transmission at a Time"

Automatic Transmission Repairs and Maintenance Services ...from the Experts Who Have Been Serving Winnipeg Since 1974!

700 PEMBINA HWY.
204.475.5590
 www.bobstransmissions.mb.ca

Scleroderma Manitoba Support Group
 April 23, 2022 | 10:30 a.m. CDT
 Register at sclerodermamanitoba.com | 204.510.2855

June is Scleroderma Awareness Month

Your One-Stop Pet Store!

FREE Delivery in Winnipeg. No minimum.
 Buy 12 & Get 1 FREE on pet food
15% OFF when you use Coupon Code: **COFFEE15**

Pet Toba
 1540-1120 Grant Avenue, Winnipeg
+1 431-800-4965 | www.pettoba.ca
 Acana | Orijen | Carnivora Raw Food | K9 Choice | Perfectly Raw

Vol. 17 No. 13 March 28, 2022

Everybody's Talking

Friendly ram: When riding a bike on back roads, cyclists are often on the alert for barking guard dogs that might run down the lane of a farm property. However, they're not usually concerned about being confronted by a ram. That's what an avid rider from Thunder Bay, Ontario (Canada), found chasing him. Keith Ailey noticed the ram on the side of the road, and he cycled by it. The next thing he knew, the ram was chasing him, grunting and baa-ing while doing so. The ram's name turned out to be Ozzy, and he lives on a family's property in the farming area. His owner says he loves people and is really very friendly.

Lost and found: What would you do if you lost your wallet containing not only personal ID and credit cards, but \$45,000 (USD)? Most people would freak out and think they'd never see that wallet again. But thankfully for a passenger on Vietnam Airlines, the flight attendants found the passenger's wallet on a seat with all that American cash and some Vietnamese currency, after everyone had disembarked from the flight from Hanoi to Da Nang. The attendants took the valuable find to the lost-and-found counter, and they were able to track down the owner and return it. What a relief that must have been!

Unexpected guest: An Australian couple, who invited both farmers and city-dwellers to their country wedding, didn't expect to welcome a brand new baby into the mix. That baby was a calf, born to one of the dairy cows on Jessa and Ben Law's organic apple farm near Portland, Victoria. The couple managed to say their vows before the baby calf made its appearance. The mama cow needed a little help, so Jessa came to the rescue, along with other dairy farmer guests who knew what to do. In the end, they named the new calf Destiny. Jessa's wedding dress, which got muddy during the proceedings, was "absolutely trashed," she said, but it was all completely worth it because the experience was unforgettable.

Local hero: A father from County Cork, Ireland, is glad he has a quick-thinking son. Otherwise, he may not be alive today. Declan Philpott and his 13-year-old son Brian were working on a farm in Kanturk when the elder Philpott became trapped between a piece of equipment and a tractor. Soon, Declan passed out because he was unable to breathe. Enter the younger Philpott who, with level-headed calmness, jumped on the tractor and backed it up, freeing his father and allowing him to breathe. Firefighters arriving at the scene say that Brian is a true hero. His father, who is recovering from the ordeal, wholeheartedly agrees.

Quoteable Quotes

"Once you replace negative thoughts with positive ones, you'll start having positive results." —Willie Nelson
 "Heroism... is endurance for one moment more." —George Kennan

What's Happening

Anavets Assiniboia Unit 283 3584 Portage Ave. April Bands
 April 1st - Geoff Rockets - April 8th Karaoke with Band, Second Time Around. April 14th, Thursday before Good Friday DMG Band, April 22 dance with Marvels - april 29th Destiny. Check out the Website for changes. Meat Draw 6-8 PM.

204 837 -6708 Make a great Save! Free Stereo E-Waste Collection Days. Old or new, working or not, recycle your Stereo stuff with savingaudiorecycling.ca We fix up radios, speakers, amplifiers, record cd players etc., then give it to local not-for-profit organizations! Free pu drop-off. Visit our website for details.

Transcona Collegiate Murdoch MacKay Colligate 50th Reunion 2022 TCI MMCI Grads from 1971 to 1974 are invited to join the class of '72 as they celebrate their 50th graduation anniversary. May 14, 2022

Contact : 2022TCI.MMCI.REUNION@GMAIL.COM for information and registration.
Studio Art Tours! Open to public Harte Trail Studio Tour creates an opportunity to meet local artists in their creative space. We welcome you into our homes studios where we can share about our processes, inspiration, current work. Brochure guide 20 studios Hartetrailstudiotour.net

NON profit organizations may submit events for FREE at <https://coffeenewswinnipeg.com/whats-happening>

Trivia

1. Vidalia and Walla Walla are types of what vegetable?
2. In the novel Moby Dick, what type of creature was Captain Ahab looking for?
3. Which country uses the lek for currency?
4. A Dorgi is a dog breed that comes from mixing a Corgi and what?
5. What type of sandwich has white bread, peanut butter, and marshmallow fluff?

(Flip bottom of page for answers)

© Published with Permission by Winnipeg Coffee News

(Over)

Participants are Needed for a Wellness Study

Adults 18+
 Contact us to determine if you are eligible to participate:
Phone: 431-478-0983
Email: info@snclinic.com
www.snclinic.com
 An honorarium will be provided.

sn CLINICAL RESEARCH SciMar WELLNESS TRANSFORMATION NETWORK

We Care For Your Pets As If They Were Our Own

25% OFF SPAY/NEUTER
 Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

50% OFF EXAM FEE
 Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$250 OFF VETERINARY SERVICES SUBSIDY
 Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

\$100 OFF DENTAL CLEANING
 Coupon must be presented. Cannot be combined with any other coupons or offers. Taxes applicable.

2018 TOP CHOICE WINNER AMONG WINNIPEG ANIMAL HOSPITALS
Animal Hospital of Manitoba
 995 Main St., Winnipeg **204.586.3334** animalhosposfmb.com

Buying and Selling Agent in and around Winnipeg! Call today for your **FREE Home Evaluation**

Darya Pfund
 BROKER

STRATTEN GATES REAL ESTATE LTD. 204.290.4231
daryamp@yahoo.ca
 873 Notre Dame Avenue Winnipeg

www.strattengatesrealestate.com



This Space for Rent
204-510-6397

Bullwhip LOGISTICS CANADA
 Local Delivery Promo: **\$5 Fridays**

- Scalable Shipping Support for Small Business
- Warehousing & Distribution
- DIY <--> Fully Managed

204-202-5148
bullwhiplogistics.ca/distro

Just make it easy!

inogen FREEDOM. TO BE YOU.

If you think oxygen therapy means slowing down, it's time for a welcome breath of fresh air.

1-844-569-0257 MKT-P0253



ABSOLUTE TREE REMOVAL

No Job Too Big Or Too Small. We Do It All. Just Give Us A Call!

Spring Cleanup & Fall Cleanup • Tree Trimming & Removal
 Stump Grinding • Decks & Fences • Landscaping
 Lawn Care • Snow & Ice Management

LICENSED & INSURED FREE ESTIMATES 10% SENIOR DISCOUNT
 CALL, TEXT OR EMAIL DEREK TODAY:
204-900-9086
absolutetreeremoval@outlook.com

OUTSOURCE YOUR SEARCH FOR LOVE

THE OFFLINE DATING SOLUTION

Manitoba's only Matchmaker
 Turning singles into couples for 28 years

CAMELOT introductions 204-257-LOVE (5683)
Camelotintroductions.com



FOR SALE!
Business Opportunity!
Coffee News®
Top Rated International Franchise FOR SALE!
 Publish *Coffee News* in your area not currently owned by a local publisher. For more information about available franchises for sale, please call your local publisher at the number listed at the top front page of *Coffee News*.
 First come - First serve!
 This is a chance of a lifetime to work from home... **ACT NOW!**

WINNIPEG BUSINESS OWNERS!
 Connect with other businesses and customers
BizExchangeMall.com
 "Your Local Business Mall"
 REQUEST LISTING ONLINE: USE CODE **BMX 001**

Home & Office Bottled WATER DELIVERY
 ORDER 3 BOTTLES, GET A 4TH *
FREE!
 *FIRST ORDER ONLY
CALL 204.284.1704 Use promo code "Coffeenews"
WaterDirectPLUS
 More than just water!
 waterdirectplus.com

"CONNECTING THROUGH HORSES"
SAGEHILL STABLES
Horseback Riding Lessons & Birthday Parties
 • Beginners welcome!
 • Equine Assisted Learning Life Skills Programs
 ~ Develop skills to combat anxiety, bullying and addiction
 • Conference Room and Facility Rentals
AGES 4 TO 70+
1-800-217-4184
 4180 Waverley Street in Winnipeg
www.sagehillstables.com

HELPING NEWCOMERS SUCCEED THROUGH PERSONALIZED SETTLEMENT PLANS AND COMMUNITY PARTNERSHIPS
Settlement Services
Services are FREE and include:
 → Assessment and identification of clients' settlement needs
 → Referrals to support services
 → Supportive counselling, advocacy and links to community resources
 → Familiarizing newcomers to Canadian life and culture
 → Information on immigration forms
Immigrant Centre
 100 Adelaide St., Winnipeg
 204.943.9158
 icmanitoba.com

Get Coffee News® Online!
 Delivered to your inbox weekly
 Please visit **www.coffeenewswinnipeg** for details

PRE-WINTER Walker Sales Event!
 ✓ Assorted Models and Sizes
 ✓ Starting at \$50
LIVING MADE EASY
 HOME HEALTH CARE PRODUCTS • NEW & USED
665 ARCHIBALD ST. • 231-1746
COME EARLY FOR BEST SELECTION!

Your Weekly Horoscope

ARIES (March 21 - April 20)
 This week you may be provided a new opportunity for change. A teacher may appear who can help you with an issue that has been unresolved for a long time. Lucky numbers: 8, 13, 18, 31, 33, 46.

TAURUS (April 21 - May 21)
 Those born under the sign of Taurus are often concerned with the practicalities of life. Recently, however, you may be focused on a higher purpose and your role in it. Lucky numbers: 1, 10, 11, 21, 26, 45.

GEMINI (May 22 - June 21)
 Have you previously relied on your intellect and quick mind to approach life's challenges? It may now be appropriate to incorporate a more nurturing style toward yourself and others. Lucky numbers: 4, 25, 31, 32, 40, 45.

CANCER (June 22 - July 22)
 Do you feel satisfied with your work life? If not, it may be time to consider a change in job or profession that will be more in alignment with your purpose. Lucky numbers: 2, 9, 13, 16, 39, 41.

LEO (July 23 - Aug. 23)
 Are you experiencing difficulties in your relationship? You may want to examine how your work commitments are affecting your personal life. How can you achieve a better balance between the two? Lucky numbers: 3, 11, 15, 21, 33, 36.

VIRGO (Aug. 24 - Sept. 23)
 You may feel a conflict early this week between your mind and your feelings. Explore the cause of this dynamic and see how you can bridge the gap between them. Lucky numbers: 12, 15, 24, 32, 38, 43.

LIBRA (Sept. 24 - Oct. 23)
 You may find your mind and emotions are out of balance this week. Previously submerged information about an old wound may surface, helping to provide insight into the situation. Lucky numbers: 5, 17, 19, 26, 38, 40.

SCORPIO (Oct. 24 - Nov. 22)
 You may be in a period of introspection. Perhaps you should focus on your spiritual side. You may develop a deeper sense of compassion for yourself and those around you. Lucky numbers: 14, 17, 29, 39, 45, 47.

SAGITTARIUS (Nov. 23 - Dec. 21)
 Mothering may be a focus right now. This may be from your perspective as a mother or a child. Either way, being aware of it is important to help you navigate through this time. Lucky numbers: 6, 16, 17, 28, 29, 40.

CAPRICORN (Dec. 22 - Jan. 20)
 Work and career are important considerations for many Capricorns. The potential exists right now that you may be able to advance in or plan a change to your current profession. Lucky numbers: 11, 17, 19, 29, 43, 45.

AQUARIUS (Jan. 21 - Feb. 19)
 Are you feeling a conflict between a desire for fun and pleasure, versus the weight of your responsibilities? It may be helpful to give some attention to each of these needs. Lucky numbers: 7, 12, 24, 32, 36, 48.

PISCES (Feb. 20 - March 20)
 At the beginning of the week, you may feel out of balance between your head and heart. Wait a few days and the feeling should pass. A new perspective is possible. Lucky numbers: 9, 13, 15, 19, 23, 40.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 17.

Did You Know...

Simple stage: If a troupe puts on a play in a black box theatre, the space is a simple, flexible one with few adornments. Usually it is painted black. Generally, black box-type theatres are used for more intimate productions that don't have many technical requirements.

Chef's hat: It's easy to picture a French chef in a kitchen, wearing a tall white hat. Known as a chef's toque, it has 100 pleats. That number is said to represent the 100 methods that can be used to cook an egg.

Braiding techniques: Many different types of braids can be used to adorn hair. Beginners can try the easy three-strand braid and move on to more complicated styles, such as the French braid, the fishtail braid, and the lattice braid.

Red means stop: The ubiquitous stop sign, that red placard with the word "STOP" in the middle, was once coloured yellow in the U.S. With the development of more durable coatings, these signs were changed to red in 1954.

Bringing home the bacon: Male lions, with their amazing manes, are impressive to look at. However, when it comes to bringing food back to the pride, female lions take on 90% of the work.

On the Lighter Side

How does the solar system hold up its pants? With an asteroid belt!

Wise man says, "An apple a day keeps the doctor away... if it's aimed right."

Child: "My teacher can't read my handwriting."
 Parent: "That's bad. Write more clearly from now on."
 Child: "But then she'll find out that I can't spell."

Knock! Knock! Who's there? Earwig. Earwig who? Earwig go again!

How does a snake navigate the forest? He uses his GPHiss system.

Answers

Trivia answers: 1. Onions 2. A white whale 3. Albania 4. Dachshund 5. Fluffernutter

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Winnipeg Coffee News

Recipe of the month
Easter Bunny Treats
 1/3 cup vanilla frosting
 36 large marshmallows
 36 miniature marshmallows
 Red and pink heart-shaped decorating sprinkles
 Small black nonpareils
 White sprinkles
 Pink coloured sugar
 Total Time: 15 min. Yield: 1 dozen
 1 Place frosting in piping bag.
 2 For each bunny, cut 2 mini marshmallows in half and use frosting to attach them to a large marshmallow to form arms and legs. For the face, attach 2 mini marshmallow halves for cheeks. Use white sprinkles, black nonpareils and heart-shaped sprinkles to form whiskers, eyes and nose.
 3 For the ears, cut a large marshmallow in half diagonally. Dip each sticky side in coloured sugar and use frosting to attach the ears to the top of the large marshmallow.
 4 Use frosting to connect the 2 large marshmallows; let stand until dry.
 Source: <https://www.fastofhome.com>

Do you want your TV on the wall?
Give us a call - as low as \$99!
 We are experts in home and business theatre, automation, alarm, voice controlled lighting and blinds.
 Contact one of our experts today!
 InterFusion MEDIA
204.505.1840 • interfusionmedia.ca

QUIT SMOKING TODAY!!!
95% Success Rate!
LASER THERAPY
 can also help you with:
 Drug & Alcohol Abuse ~ Stress/Depression
 Weight Management ~ And Much More...
SMARTCHOICE LASER CENTRE
 204-795-6300 WWW.SMARTCHOICELASER.COM

GET LEADS + RUN YOUR BUSINESS ALL ON ONE APP!
GetAssist
 CONNECT WITH PURPOSE
www.getassist.com
 Let's remember and appreciate our favourite companies we rely on! Whether you're shopping locally or requesting a local service through the GetAssist app, we've got your back!
 204.410.0461
 Winnipeg GetAssist Network Centre - 3-236 Osborne St.

Support Canada and Canadian workers!
 Check our superior quality **BSTsecurity** BST Surveillance products

When Quality and Reliability Are Required
CLEARLY INSIGHT SECURITY SOLUTIONS
204-414-2590
 Camera@ClearlyInSightIP.com | ClearlyInSightIP.com

GRAND ALASKAN CRUISE & TOUR
 12 days, departs May - Sep 2022
FROM \$1,949 \$1,699 USD
1-888-618-1836
 promo code N7017
 *Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Onboard Credit requires purchase of Ocean View or Balcony Cabin. Offers apply to new bookings only, made by 3/31/22. Other terms & conditions may apply. Ask your Travel Consultant for details.