

**Something to sell?**

Post up to **30** FREE ads per month

- Clothes • Housing • Cars
- Jobs • Furniture • Services
- Free Items ...and more!

Visit our website or scan QR Code

**PLUGMONSTER**  
THE HUB OF CLASSIFIED ADS  
BUY | SELL | RENT

[plugmonster.ca](http://plugmonster.ca)

**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Whyte Avenue - U of A Edition**

**780-220-6397**

[www.coffee-news.ca](http://www.coffee-news.ca)

Est. 1988

Feel free to take your Coffee News home!

# Coffee News®

is proudly delivered by

**McMan**

Coffee News® Part of your community.

## THIS SPACE FOR RENT

**780-220-6397**

**Congratulations** to February's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

**Odette Misiewicz**  
**Johanna Wilson**  
**Wally Malinowski**  
**Katarina Penfold**

**ELECTRICIAN FOR HIRE**

Residential  
Light Commercial  
Electrical Repairs and Renovations

Art de Leon **Master Electrician**

**780.932.3858** Cell  
ajdeleon63@gmail.com

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

*They are the next Finest candles you will EVER find!*

**PSC** Prairie Scented Candles

**Sunset Scents** a RAY of Fragrance

[priariescentedcandles@gmail.com](mailto:priariescentedcandles@gmail.com)  
[www.priariescentedcandles.com](http://www.priariescentedcandles.com)

## Recipe of the month

### Easter Bunny Treats

1/3 cup vanilla frosting  
36 large marshmallows  
36 miniature marshmallows  
Red and pink heart-shaped decorating sprinkles

Small black nonpareils  
White sprinkles  
Pink coloured sugar

Total Time: 15 min. Yield: 1 dozen

- Place frosting in piping bag.
- For each bunny, cut 2 mini marshmallows in half and use frosting to attach them to a large marshmallow to form arms and legs. For the face, attach 2 mini marshmallow halves for cheeks. Use white sprinkles, black nonpareils and heart-shaped sprinkles to form whiskers, eyes and nose.
- For the ears, cut a large marshmallow in half diagonally. Dip each sticky side in coloured sugar and use frosting to attach the ears to the top of the large marshmallow.
- Use frosting to connect the 2 large marshmallows; let stand until dry.

Source: <https://www.tasteofhome.com>

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

## Everybody's Talking

**Hair colours:** When people go to the hairdresser to have their hair dyed, it's often to cover up gray roots or to change from brunette to blond. However, those who let Ksenia Kisavna do the dye work might just end up with multi-coloured locks. Kisavna works at Cosmos Hair Lab in Moscow, Russia. She uses a rainbow of colours in streaks, stripes, and layers to turn her clients' hair into brilliant headpieces. She taught herself how to achieve the effects she wanted by first working on the hair of friends and family members, who were willing guinea pigs.

**Sinking feeling:** Farmers are facing quite a problem in the Konya Province farming area of Turkey. That problem is sinkholes. The area is known for its vast wheat fields, but because of lack of rain in recent years, the growers have been using groundwater. Thus, underground water caves are collapsing. Some of these sinkholes are quite large, deep, and dangerous, while others are shallow. Experts haven't been able to come up with a solution, so farmers have been advised to mark them with fencing so a tractor won't fall in. Experts and farmers alike are keeping a close watch on the situation.

**Chicken and cash:** Getting angry if your takeout chicken order isn't ready on time is not a good idea. A woman from Frederick, Maryland (U.S.), can attest to that. Instead of raising a ruckus with the restaurant staff, this customer decided to pass the time playing Keno, a lottery game she had never played before. Turns out she'd picked the right numbers to win an \$80,000 (USD) jackpot. She chose her numbers by using personal favourites, such as family members' birth dates. She arrived home not only with chicken wings, but with a side of extra cash! She said she wouldn't spend the money carelessly and instead would pay off some bills.

**Sign war:** Puns are fun, and business people in Listowel, Ontario (Canada), know how to use them to elicit laughter. They did it through a sign war, initiated by two businesses, Speedy Glass and Dairy Queen. The former started it all by posting on its outdoor sign: "Hey DQ wanna have a sign war?" Dairy Queen responded with: "You bet your glass we do." From there, many businesses got into the game. A church responded to Dairy Queen with: "Hey DQ, our Sundays are the best," while a funeral home warned: "Sign war with us? Grave mistake!" It was all in good fun!

## Quoteable Quotes

"Being entirely honest with oneself is a good exercise." —Sigmund Freud

"Be thankful for what you have. You'll end up having more. If you concentrate on what you don't have, you will never, ever have enough." —Oprah Winfrey

## What's Happening

**May 19-Career Fair and Training Expo** Get in front of hiring managers! Network and apply with Employer Exhibitors. Build meaningful rapport you need to advance your career in the direction that you want. Edmonton Convention Centre. 10 Am - 2 PM

**Jul 15 to Jul 17-Edmonton Carnival** Edmonton Carnival - It is a Latin festival that serves as a platform for local artists and artisan, creates spaces of culture and entertainment for the whole family. 9210 118 Ave. [www.edmontoncarnaval.com](http://www.edmontoncarnaval.com)

**Apr 9 to 10-Bonnie Doon Easter Market** Over 20 vendors with lots of goodies for Easter lots of crafters and some of your favorite MLM companies. Come check us out! 11 Am to 5 PM. 9240 93 Street.

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

## Trivia

1. Aspirin was first marketed in 1899, 1900, or 1934?
2. According to The Guinness Book of World Records, the tallest cow on record is 74.8 in. (190 cm)—T/F?
3. What is a deficiency in red blood cells called?
4. Which actor and filmmaker directed the film A Beautiful Mind?
5. What type of apparatus joins together a team of oxen?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.  
[TheSeed.ca/donate](http://TheSeed.ca/donate)

THE MUSTARD SEED

WE COME TO YOU!

**NERDS2YOU**  
VIRUS REMOVAL & COMPUTER REPAIR

**ONSITE COMPUTER REPAIR**

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

**587-772-NERD(6373)**

FAST, FRIENDLY AND PROFESSIONAL  
DEBIT, VISA AND MASTERCARD ACCEPTED  
[NERDS2YOU.CA](http://NERDS2YOU.CA)

**Brilliant Beauty Outlook**

Non-invasive treatment for beauty enhancement, boosts confidence. Outstanding results for women and men who look for shiny splendor in their life.

- Scalp Micropigmentation (SMP) • Lash Lift & Tint
- Brow Lamination • Eyebrow Tinting • BB GLOW Luxury Facial
- Eyebrows (permanent make-up)
- Lip Blush (permanent make-up)
- Hair Cuts/Colours

AND MORE!

Contact me to book your appointment:  
**780.908.2178 | [www.brilliantbeautyoutlook.com](http://www.brilliantbeautyoutlook.com)**  
@ Brilliantbeauty\_outlook

**THE LAST CANTICLE CONSUMMATION**

It all begins after the Atomic War...  
*A spiritual romance novel in a time when all technology has been demolished or melted.*

Available on **amazon kindle**

in eBook and Paperback Versions\* or visit <https://www.facebook.com/Consummation-The-Last-Canticle-107531471773567/>

\* 2nd edition 8x10 | 3rd edition 6x9

## New Year's Special!

**SOCIAL MEDIA**  
1-2 Posts/Week (on 2-3 Platforms)  
Unique Content Creation & Calendar  
#Hashtag Strategy  
Monthly Reporting

**SEARCH ENGINE OPTIMIZATION**  
Keyword Research & Tracking  
Content Marketing  
Google My Business Optimization  
Technical SEO  
Monthly Reporting

**\$799/MONTH - REG. \$1000/MONTH**  
NEED MORE SOCIAL MEDIA OR SEO? INQUIRE ABOUT A CUSTOM PACKAGE!

**Frontline** web consulting  
780.760.6922  
[info@frontlineconsulting.ca](mailto:info@frontlineconsulting.ca)  
[frontlineconsulting.ca](http://frontlineconsulting.ca)

Discover a new way to look at food and nutrition from Canada's largest and leading school of holistic nutrition!

**Virtual! Healthy Eating & Lifestyle Certificate**

Explore a variety of topics for simple, actionable nutrition information.

Classes run for a total of 21 hours over 5 weeks.

FULL DETAILS AT [www.csn.ca/edmonton/helc](http://www.csn.ca/edmonton/helc)

Canadian School of Natural Nutrition

## HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help: **1.844.453.5372**

RECEIVE YOUR REFUND BY CHRISTMAS!

BBB

The World's #1 Restaurant Publication!

A wish begins with **HOPE**

Hope begins with you.  
Donate at [makeawish.ca/createhope](http://makeawish.ca/createhope)

★ **Make-A-Wish**  
Coffee News is proud to support Make-A-Wish Northern Alberta

**JEOPARDY!**  
WEEKNIGHTS 7:30  
yes TV

Can't get to your **Coffee News** each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP**  
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT [thecomicstrip.ca](http://thecomicstrip.ca)

Rick Bronson's **THE COMIC STRIP**  
DRINK · DINE · LAUGH

**Learn to Earn Online with a Digital Business**  
Join the biggest and best global online business!

- ✓ Freedom
- ✓ Flexibility
- ✓ Fun

Register for a **FREE** info session here:  
(Scan this code for info)

NO EXPERIENCE NEEDED - WE TRAIN & MENTOR!  
or visit [www.susandeveney.net](http://www.susandeveney.net)

**Dementia and Continence Study**

Dr. Adrian Wagg's research team at the University of Alberta is recruiting participants for a research study to understand self-management of urinary incontinence with containment products by community dwelling older people living with dementia.

You will be in the study for approximately 10 weeks. During this time, the researcher will call or visit you five times. You will be asked to fill out questionnaires, maintain a bladder diary and take part in two interviews. The study visits or calls will last between 1 to 2 hours.

**UNIVERSITY OF ALBERTA**

If you want to learn more about this study, please contact Dr. Wagg's research office at **780-492-6855** (24-hour confidential voicemail). University of Alberta Ethics approval Ref.: Pro00094514

**Affordable seniors' housing**

- Apartment units
- Lodges with meals and housekeeping
- Clean, well maintained, secure buildings
- Friendly, professional staff
- Recreation activities

Call **780.482.6561** or visit us online at [gef.org](http://gef.org)

**Need ONE More Reason to Join?**

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

**LegalShield** 1-877-579-9449

# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)

This may be a good week to focus on completion of activities from the last six months and preparing for the next six. Don't allow small annoyances to stop your progress. Lucky numbers: 13, 14, 18, 24, 36, 37.

**TAURUS**  
(April 21 - May 21)

Do you feel that your life is in a holding pattern right now? Perhaps this dissatisfaction can guide you to a path that is in alignment with who you truly are. Lucky numbers: 8, 16, 19, 30, 39, 45.

**GEMINI**  
(May 22 - June 21)

Gemini sometimes have difficulty settling on a goal and plans to achieve it. There may be an opportunity now for you to make a positive adjustment in your approach. Lucky numbers: 2, 4, 24, 32, 33, 36.

**CANCER**  
(June 22 - July 22)

You may be having trouble resolving the trauma of a past wound. Now may be a good time to ferret out hidden information that provides a new perspective on it. Lucky numbers: 10, 16, 25, 28, 35, 45.

**LEO**  
(July 23 - Aug. 23)

Certain planetary energies now may be acting as an opposing force to your plans. It would be helpful to make sure your actions are in line with your highest values. Lucky numbers: 6, 14, 18, 32, 37, 43.

**VIRGO**  
(Aug. 24 - Sept. 23)

Risk taking can be scary for many Virgos. There may be a potential for an unusual but positive change, if you are willing to reach for it. Think carefully, then act. Lucky numbers: 3, 19, 26, 27, 29, 36.

**LIBRA**  
(Sept. 24 - Oct. 23)

This week your mind and emotions could be in sync. Perhaps use this opportunity to evaluate and wrap up your current endeavours and then plan your next steps. Lucky numbers: 11, 16, 18, 30, 36, 42.

**SCORPIO**  
(Oct. 24 - Nov. 22)

During the middle of the week, an old emotional issue may resurface. This may be an opportunity to seek the underlying cause, but you may want to wait to take action. Lucky numbers: 4, 10, 20, 25, 38, 42.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)

Are you passionate about manifesting a particular cause? There may be an opportunity now for you to lead progress toward this endeavour. Join your efforts with others in this common cause. Lucky numbers: 7, 8, 17, 18, 34, 42.

**CAPRICORN**  
(Dec. 22 - Jan. 20)

Is your work providing meaning in your life? If not, perhaps you should look for hidden opportunities. These may help you shift into a more positive situation. Lucky numbers: 1, 12, 16, 22, 29, 31.

**AQUARIUS**  
(Jan. 21 - Feb. 19)

You may find that responsibility is weighing heavily on your shoulders right now. While this is difficult, stay the course if you feel it can help you reach your long-term goals. Lucky numbers: 9, 17, 19, 23, 30, 46.

**PISCES**  
(Feb. 20 - March 20)

Pisces sometimes have difficulties in turning lofty goals and plans into concrete results. However, the next month may bring an energy that lets you focus on getting tasks accomplished. Lucky numbers: 5, 14, 15, 31, 32, 33.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 24.

## Did You Know...

**Trick or treat:** Dressing in costume and going door-to-door soliciting treats has been a part of various rituals since the Middle Ages. But the phrase "trick or treat" is thought to have been first used in the town of Blackie, Alberta (Canada), in 1927.

**Invented name:** Awkwafina is an American rapper and actress who has starred in such movies as *Ocean's 8* and *Crazy Rich Asians*. Born Nora Lum, she made up the stage name "Awkwafina" when she was a teenager.

**Green soap:** The term "green soap" refers to an environmentally friendly soap made from vegetable oil rather than animal fat. Other plant-sourced oils can also be used, such as coconut or olive oil. Green soap is often used by tattoo artists to soften the skin.

**New pasta:** Many pasta shapes are available, from spaghetti to macaroni to rigatoni. A new one on the market is cascatelli. Its name comes from the Italian word for waterfall; curved half-tubes with ruffles help hold sauce and provide texture. It was invented by Dan Pashman of New York City.

**Chocolate alternative:** Fans of having a little chocolate with their fruit might want to try eating black sapote, also known as the chocolate pudding fruit. Common in Central and South America, when ripe its flesh has a texture. Some think the taste is similar to chocolate pudding.

## On the Lighter Side

Knock! Knock! *Who's there?* Toby. *Toby who?* Toby, or not Toby, that is the question.

When should you bring your father to class? When you have a pop quiz!

Nurse: "Doctor, there is an invisible man in the waiting room."  
Doctor: "Tell him I can't see him."

Why did the turtle cross the road? To get to the Shell station.

Wrinkled clothing certainly is a pressing issue. It's necessary to iron out a solution.

### Answers

**Trivia answers:** 1. 1899 2. True 3. Anemia 4. Ron Howard 5. York

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

www.scubagearcanada.ca

- ✓ Business Immigration
- ✓ Skilled Trades Immigration
- ✓ Student Immigration
- ✓ Spousal Sponsorship
- ✓ Parents Sponsorship

**MEWI**  
Immigration Services Inc. REGULATED CANADIAN IMMIGRATION CONSULTANTS

EMPLOYERS - NOT ABLE TO FIND EMPLOYEES? WE CAN HELP!

Phone/Whats app +1 647-702-9635 / +1 780-710-9635  
info@mewiimmigration.ca | www.mewiimmigration.ca

**inogen**

**FREEDOM. TO BE YOU.**

1-888-998-6714

Thank You to these distribution partners for supporting the "good news" message of Coffee News!

Zone 17 Updated 08.14.21

We appreciate you!

A&W	La Poutine	Roasti Coffee Co.
Ace Coffee	McDonalds	Rooster Café & Kitchen
Roasters	Mike's Famous	Route 99 Diner
Breadland Bakery	Donair	Second Cup
Café Mosaics	Mucho Burrito	Shimiaodao
Canadian Pizza	Nhon Hoa	Yunnan Rice Noodle
Checkers Pizza	Sandwich Bar	Spice Grill
Chicago Deep Dish Pizza	Oodle Noodle	Tacos on Whyte
Corner Hub	Papa Murphy's	Taste of Lebanon
Cosmic Pizza	Phobulous	Tasty Tom's
Duke's Diner	Pita Pit x 2	Tim Hortons/ Wendy's
Famosa	Presotea	Transcend Coffee
Neapolitan Pizza	Press'd	Vegas Donair
Flirt Cupcakes	Quesada Tacos	Whyte House Café
Freshii	Red Swan Pizza	Yeg Donair
It' Dog	Remedy Café x 2	Yoshi's
	Ripe Tomato Pizza	Shop

Would you like to offer your valued customers the opportunity to read and enjoy Coffee News?  
► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.

**RETIREMENT LIVING CHRISTENSON**  
Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community

**VILLAGE AT Westmount**

Scan QR Code

Ask about our rental promotion

Full Kitchens • Social & Recreation • U/G Parking

13317-115th Ave, Edmonton

780-452-2030  
CDLhomes.com

happy Easter

from your friends at **Coffee News**

**Love Coffee News?**

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:  
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Reader of the Month**  
Stephen Pearce, St. Albert

**Coffee News** Fun Reading. Serious Advertising.