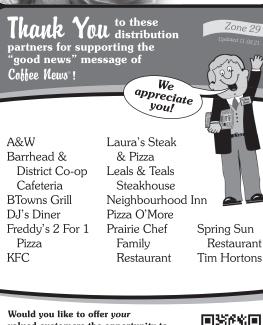




Apr 16 - Spring Market Vendors will be a collective of local artisans, small businesses, non-profits, guest speakers, a kids corner with Easter crafts, door prizes and more. Support local! PERC Building-5413 51 Street, Stony Plain.

April 23-The Alan Jackson Experience 2022 7 - 10 PM. Aaron



www.coffee-news.ca/editions weekly dose of good news.

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miss you

Halliday and his band The Longhorns, will pay tribute to Country Music Icon Alan Jackson. Along with some of Aaron's own music in the mix. St Paul Recreation Centre, 4802 53 Street.

> NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening



Freud

enough.'

\* Coffee News Bucks Over 150 participating sponsors! winners (\$100 each) will be drawn on the 15th of each month from all correct entr

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# Trivia

- 1. Aspirin was first marketed in 1899, 1900, or 1934?
- 2. According to The Guinness Book of World Records, the tallest cow on record is 74.8 in. (190 cm)-T/F?
- 3. What is a deficiency in red blood cells called?
- 4. Which actor and filmmaker directed the film A Beautiful Mind?
- 5. What type of apparatus joins together a team of oxen?

#### (Flip bottom of page for answers)

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#### is in a holding pattern right now? Perhaps this dissatisfaction can guide you to a path that is in alignment with who you truly are. Lucky numbers: 8, 16, 19, 30, 39, 45.

**TAURUS** 

ARIES

(March 21 – April 20)

This may be a good week

to focus on completion

of activities from the last

six months and preparing for the next six.

Don't allow small annoy-

Do you feel that your life

ances to stop your progress. Lucky

numbers: 13, 14, 18, 24, 36, 37.

(April 21 - May 21)

#### **GEMINI**

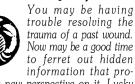
#### (May 22 – June 21)



difficulty settling on a goal and plans to achieve it. There may be an opportunity now for you to make a positive adjustment in your approach. Lucky

numbers: 2, 4, 24, 32, 33, 36. CANCER

#### (June 22 – July 22)



vides a new perspective on it. Lucky numbers: 10, 16, 25, 28, 35, 45. LEO

#### (July 23 – Aug. 23)

Certain planetary energies now may be acting as an opposing force to your plans. It would be helpful to make sure your actions are in line with your highest values. Lucky numbers: 6, 14, 18, 32, 37, 43.

#### VIRGO (Aug. 24 - Sept. 23)

Risk taking can be scary for many Virgos. There may be a potential for an unusual but positive change, if you are willing to reach for it. Think

carefully, then act. Lucky numbers: 3, 19, 26, 27, 29, 36,

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 24.

# Did You Know..

Trick or treat: Dressing in costume and going door-to-door soliciting treats has been a part of various rituals since the Middle Ages. But the phrase "trick or treat" is thought to have been first used in the town of Blackie, Alberta (Canada), in 1927.

**Invented name:** Awkwafina is an American rapper and actress who has starred in such movies as Ocean's 8 and Crazy Rich Asians. Born Nora Lum, she made up the stage name "Awkwafina" when she was a teenager.

Green soap: The term "green soap" refers to an environmentally friendly soap made from vegetable oil rather than animal fat. Other plant-sourced oils can also be used, such as coconut or olive oil. Green soap is often used by tattoo artists to soften the skin.

New pasta: Many pasta shapes are available, from spaghetti to macaroni to rigatoni. A new one on the market is cascatelli. Its name comes from the Italian word for waterfall; curved half-tubes with ruffles help hold sauce and provide texture. It was invented by Dan Pashman of New York City. **Chocolate alternative:** Fans of having a little chocolate with their fruit might want to try eating black sapote, also known as the chocolate pudding fruit. Common in Central and South America, when ripe its flesh has a texture. Some think the taste is similar to chocolate pudding.





Your Weekly Horoscope

LIRRA

(Sept. 24 - Oct. 23)

This week your mind and

emotions could be in

sync. Perhaps use this

opportunity to evaluate

and wrap up your current

endeavours and then

During the middle of the week, an old emotional

issue may resurface. This

may be an opportunity

to seek the underlying

cause, but you may want

Are you passionate about

manifesting a particular

cause? There may be an

opportunity now for you to

lead progress toward this

endeavour. Join your efforts

Is your work providing

meaning in your life? If

not, perhaps you should look for hidden opportu-

nities. These may help

you shift into a more

plan your next steps. Lucky numbers:

to wait to take action. Lucky numbers:

with others in this common cause. Lucky

positive situation. Lucky numbers: 1,

11, 16, 18, 30, 36, 42.

4, 10, 20, 25, 38, 42

**SAGITTARIUS** 

(Nov. 23 – Dec. 21)

numbers: 7, 8, 17, 18, 34, 42. **CAPRICORN** 

(Dec. 22 - Jan. 20)

(Oct. 24 - Nov. 22)

**SCORPIO** 



12, 16, 22, 29, 31.

it can help you reach your long-term goals. Lucky numbers: 9, 17, 19.23.30.46.

## **PISCES**



on getting tasks accomplished. Lucky numbers: 5, 14, 15, 31, 32, 33.

#### Making peace of mind a reality Nahachick Adult **Guardianship and** Trusteeship Services

1 garlic clove, minced

mixture; crimp edges to seal.

15-20 minutes. Be careful of

escaping steam when

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Source

Place on a baking sheet. Bake

until fish flakes easily with a fork,

opening packets. Serve with mint and lime zest

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Flexible

Grated lime zest

Prep/Total Time: 25 min. Yield: 4 servings

a double thickness of heavy-duty foil (about 12 in. square). Top with salmon. Combine next seven

ingredients; spoon over fillets. Fold foil around

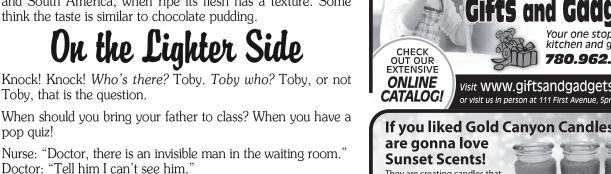
• Preheat oven to 400°. Place each onion slice on

# On the Lighter Side

Toby, that is the question.

Doctor: "Tell him I can't see him."

pop quiz!



Why did the turtle cross the road? To get to the Shell station.

Wrinkled clothing certainly is a pressing issue. It's necessary to iron out a solution.

### Answers

4. Ron Howard 5. Yolk Trivia answers: I. 1898 2. True 3. Anemia

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