

Participants are Needed for a Wellness Study

Adults 18+ Contact us to determine if you are eligible to participate: Phone: 431-478-0983 Email: info@sniclinic.com www.sniclinic.com An honorarium will be provided. WELLNESS TRANSFORMATION NETWORK

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Get Coffee News[®] Online! Delivered to your inbox weekly Please visit www.coffeenewswinnipeg for details **Hip or Knee Replacement?** The disability tax credit allows for a





Everybody's Talking

Edition

Cat walk: Pet kitties are usually of the house cat variety, those furry felines that like to purr and cuddle on their owners' beds. But two folks from Penza, Russia, have a different kind of feline companion. Maria and Aleksandr Dmitriev heard the news that a newborn cougar named Messi, at the Penza zoo, was sick. The couple offered to buy the little (at the time) critter, and they took him home. He's grown to be a big cat now, and has had specialized training by a dog trainer. Messi knows a number of commands, such as "sit" and "stay," and his owners can take him for a walk using a leash. What a sight that would be!

Mango mania: A young woman from Dimbulah, Queensland, Australia, wanted to prove that food waste is not necessary. Jessica Collins lives on her family's mango farm. Her chores include getting the fruit packed and ready for market, but she hates the fact that many mangos are rejected by stores because they aren't perfect. So for a high school project, she dried 1,400 mango seeds, cut them in half, and sewed them together to make a ball gown. The whole process took over four months. While it's unlikely that mango-seed dresses will catch on as a new fashion, Collins believes her project shows that imperfect produce may have alternate uses.

Lucky model: Even if you think your luck is running out, you never know what may lie around the next corner. A homeless man in Nigeria was definitely not out of luck in his life, even though he slept under a bridge. Ali Olakunmi was approached by a creative director, Afolabi, who was getting ready for a fashion shoot at the same bridge. When the model whom Afolabi had hired did not show up on time, he asked the sleepy Olakumni if he would mind trying on some of the clothes and posing. The young man did so, and the rest is history. Now, this newly minted, once-homeless model has his own social media account and a management company to help him.

Trail dog: If you don't have a dog, but would like to go on a hike with one, then a visit to the Equinox Golf Resort and Spa is in order. Located in Manchester Village, Vermont (U.S.), guests can book a "Golden Hike" with a golden retriever named Cooper, for free. This friendly pooch is owned by Jay Sheldon, the resort's general manager. Sheldon realized that Cooper makes people happy, so the dog is allowed to roam the grounds to visit guests. If they wish, guests can attend the weekly Golden Hike, with Cooper in the lead. Needless to say, this resort is pet-friendly, and guests are encouraged to bring their own pets along for their vacation.

Quoteable Quotes

"The trick for grown-ups is to make the effort to recapture what we knew automatically as children." -Carol Lawrence "One changes from day to day...every few years one becomes a new being. —George Sand

What's Happening

Make a great Save! Free Stereo E-Waste Collection Days. Old or new, working or not, recycle your Stereo stuff with savingaudiorecycling.ca We fix up radios, speakers, amplifiers, cd players etc., then give it to local not-for-profit record organizations! Free pu drop-off. Visit our website for details.

Anavets Assiniboia Unit 283 3584 Portage Ave. April Bands April 1st - Geoff Rockets - April 8th Karaoke with Band, Second Time Around. April 14th, Thursday befor Good Friday



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DMG Band, April 22 dance with Marvels - april 29th Destiny. Check out the Website for changes. Meat Draw 6-8 PM.

204 837 -6708Getting Started in Your Family History Want to get started on your family history We can Help you tell your Story at Manitoba Genealogical Society. Our 3-evening workshop will get you going on the right path. Details at:

https:mbgenealogy.com20220217april-2022-beginninggenealogy-worksGentle Yoga Class with Doreen Deer Lodge CC, 323 Bruce Ave

Mondays to June 13th 7pm' cost \$10 registered, \$12 drop in

dwuckert@shaw.ca for detailsNON profit organizations may submit events for FREE at https://coffeenewswinnipeg.com/whats-happening



- 1. By elevation, what is the highest capital city in the world?
- 2. An Appaloosa is what type of animal?
- 3. What type of crime does an arsonist commit?
- . The Macarena is a South American cookie, song, or dance?

5. According to the song he made famous, where was Bruce Springsteen born?

(Flip bottom of page for answers)

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Your Weekly Horoscope

(Sept. 24 – Oct. 23)

You may be focused on

your public persona now.

If you face a challenge

in that regard, work to

ease any conflicts with

others who could unfair-

You may be feeling pes-

simistic and annoyed

with the view of others regarding your plans or actions. Be patient right

now and this pattern

This week you may hit

the reset button on your

current situation. Your head and heart are in

sync, which may give

you the ability to see

You may have been

through a roller coaster

of emotions recently.

During this week, you

may experience a calm period that will allow you

Do you feel like Sisyphus

pushing that rock up the

mountain one more time?

Moving past obstacles

may require more hard

work. In the meantime,

You may be of two minds

right now. You may re-

ceive clear information,

or it may seem too ideal-

istic and imaginative.

ly damage your reputation. Lucky

may shift in the near future. Lucky numbers: 3, 9, 14, 26, 27, 48.

things in a new light. Lucky numbers:

to evaluate where you are now. Lucky

avoid arguing with others. Lucky numbers: 1, 9, 11, 28, 33, 43.

(Feb. 20 – March 20)

numbers: 10, 14, 15, 19, 22, 33.

(Jan. 21 – Feb. 19)

numbers: 7, 15, 22, 30, 31, 38.

(Oct. 24 - Nov. 22)

SAGITTARIUS

9, 10, 17, 20, 23, 38.

(Dec. 22 - Jan. 20)

CAPRICORN

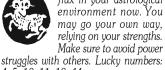
AQUARIUS

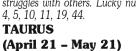
PISCES

(Nov. 23 - Dec. 21)

SCORPIO







The Sun is moving into your sign, which may allow you to feel more optimistic. You may also have sudden or unexpected insights on how to

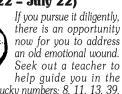
proceed with an important matter. Lucky numbers: 5, 6, 12, 15, 28, 46. **GEMINI**

(May 22 – June 21)

Are you passionate about a project, but haven't been able to bring it to fruition? Understanding the conflict that could

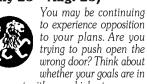
be holding you back may help you move forward. Lucky numbers: 12, 23, 31, 40, 41, 43. CANCER

(June 22 – July 22)



process. Lucky numbers: 8, 11, 13, 39, 41, 48.

(July 23 – Aug. 23)



alignment with your highest purpose. Lucky numbers: 6, 9, 10, 22, 26, 47. VIRGO

(Aug. 24 - Sept. 23)

At this time, your thought processes may be quicker than normal, allowing you to clearly communicate with others. However, you may need to be proactive

Choose how to forge a middle path. Lucky numbers: 2, 7, 10, 14, 34, 44.

with the luckiest number being 15.

Did You Know...

Big eyes: Giant squids are huge creatures, and their eyes are thought to be the largest of any in the animal kingdom. They can be as big as 27 centimetres (11 in.) wide. Their eyes help them see well when they are deep in the ocean.

Close up and personal: Many concert fans and theatregoers have seen a show that uses a thrust stage. This type of stage sticks out into the main audience area, with three sides surrounded by viewers.

Irish band: An alternative rock band that came out of Dublin, Ireland, in 2001 is The Script. The band is comprised of Danny O'Donoghue, Mark Sheehan, and Glen Power. One of their hit songs is "Hall of Fame."

Hairbrush trivia: A brush that is specifically designed to be used with short hair is called a military hairbrush. It is round or oval, has no handle, and is therefore considered more compact for travel. These have been made since the 1700s, often with wild boar bristles. **Long time running:** Siegfried and Roy was a performing duo that put on many shows in Las Vegas, Nevada (U.S.). They were Siegfried Fischbacher (1939-2021) and Roy Horn (1944-2020). The pair met while working on an ocean liner in 1957.

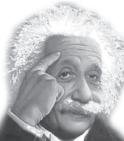








TEST YOUR MEMORY



After reading Coffee News, put it aside for a moment. Then challenge yourself or a friend to remember as many ads as you can.

Your Score: Less than 6 – Keep trying 7-10 - Getting better 11-15 - Excellent 16 or more - Genius!



to successfully apply these benefits. Lucky numbers: 11, 28, 32, 33, 43, 45.

Lucky numbers this week: This week's odds favour Taurus winners

On the Lighter Side

Iggy: "Where do all the bugs go in the winter?" Ziggy: "Search me." Iggy: "No, thanks. I just wanted to know."

Why can you always tell what Dick and Jane are going to do next? They're easy to read.

Pat got into a car and forgot how to buckle the seatbelt... until it finally clicked.

What is a shark's favourite game? Swallow the reader.

Knock! Knock! Who's there? Pecan. Pecan who? Pecan on someone your own size.

Answers

3. Deliberately sets fires 4. Dance 5. The USA Trivia answers: J. La Paz, Bolivia 2. Spotted breed of horse

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