587.532.9392 | www.BigBuffalo.ca

**BOLTS!** 

24/7 MOBILE DELIVERY PARTS DELIVERED RIGHT TO YOUR JOBSITE - NO MORE WAITING IN AN EMERGENCY!

TOOLS WE CARRY:

· Circular Saws

Reciprocating

Rotary Saws

Hand Tools

Pumps

HILTI Trakita

WE ARE EXPANDING!

As of March 2022, you will find us at our new location

• Drills

Impact

Drivers

Grinders

Polishers

Sanders

**NORSKE** 

Grease

**Nuts & Bolts** 

Screws

**Drill Bits** 

Rigging

**Fasteners** 

BONNYVILLE SUPPLY

1 mile west of Bonnyville on Hwy 28 (near the Shaw House)

780.812.2922 | https://bbsupply.ca

# SHOP ONLI

www.scubagearcanada.ca • Snorkelling Gear • Reef-Safe Sunscreen Beach Water Shoes • Dry Bags & Wallets • UV Shirts

Scuba Diving & Snorkeling 11781-156 St., Edmonton

780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



Making peace of mind a reality

### Nahachick Adult **Guardianship and** Trusteeship Services

Confidential and discreet document preparation. Available services include: Applications for | Review of Guardianship and Trusteeship Order

A complete list of our services is available at https://nahachick.ca

appointments. For non-Edmonton residents appointments can be held ia telephone or video calls Edmonton and area clients

Flexible

780.660.0649 | nahachick.agt.services@gmail.com



**ONLINE** CATALOG!

Visit www.giftsandgadgets.ab.ca

or visit us in person at 111 First Avenue, Spruce Grove

### Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca Please put "Readers" in the subject l



780.962.5220

Stephen Pearce, St. Albert

Coffee News Fun Reading. Serious Advertising.

FREE! New Issue Every Week! "News To Be Enjoyed

Cattee News Cattee News Over Coffee" Cold Lake

**Edition** 877-553-6397 Coffee New

www.coffee-news.ca

Vol. 19 No. 17 April 25, 2022

## Everybody's Talking

Low down: Joy Chapman of British Columbia (Canada) can sing really, really low. So low, in fact, that she was named by Guinness World Records as the woman who can hit the lowest note for females. Chapman has been singing most of her life, and even when she was a little girl, she sang choir parts usually set aside for male voices. She's had different vocal teachers, and some have been quite astounded about the low notes she was able to hit. When she decided to try for the world record, she had to go through an arduous process to have her low notes recorded. It took quite a few tries over a long period to get the recording the way she wanted it to be.

Sky swim: Those who want to have an amazingly unique swimming experience will want to check out the upcoming Sky Pool at the Embassy Gardens, a condo development in the Nine Elms district of London, England. When complete, this 25-metre (82-foot) long pool will be positioned between two buildings, at a height of 35 metres (115 feet) above the ground. It will be transparent, so swimmers will feel like they are floating up in the sky. Passersby looking up at the pool from the sidewalk will be able to watch swimmers do their laps, seemingly among the clouds.

Rare plant: A greenhouse in Lovendegem, Belgium, recently had a unique plant for sale: a Monstera adansonii variegata, which sold for 1,799 Euros. The 15-centimetre (6-inch) tall plant fetched this amazing amount of money because it is a rare variant of the species. Usually available for a tiny fraction of this price, the plant that is also known as "monkey mask" usually has green leaves with holes. However, this variant's leaves are white and yellow. Garden centre worker Arne Schurmans explained that it is not possible to actually cultivate the variant because it is a mutation. Owners must be knowledgeable about plants because this one needs special care.

**Roaming boars:** The port city of Haifa in northern Israel is home not to just humans, but to roaming wild boars and their offspring. Just like raccoons in the cities of North America, the wild boars of Haifa get into people's garbage and amble down the streets, seemingly without a care in the world. They even play with pet dogs! The boars used to stay mostly in the ravines of this hilly city, but in recent years have ventured into the populated areas and have become part of the city's nature scape. They do not fear humans, and will take a nap wherever a sunbeam lands. While their presence concerns some citizens, others consider them to be part of daily life.

### Quoteable Quotes

"Truth is generally the best vindication against slander."

"A good book is the precious lifeblood of a master spirit, embalmed and treasured up on purpose to a life beyond life." — John Milton

## What's Happening

**April 23-The Alan Jackson Experience 2022** 7 - 10 PM. Aaron Halliday and his band The Longhorns, will pay tribute to Country Music Icon Alan Jackson. Along with some of Aaron's own music in the mix. St Paul Recreation Centre, 4802 53 Street.

**Apr 27-Family Fun Night** Family Fun Night is an evening of dinner and themed activities for the entire family! Register for one, or all of these fun-tastic Wednesday nights! Cold Lake Family Connections. 5220 54 Street Cold Lake. 780-594-4495

Apr 29-Vegreville Legion Steak Fry The steak fry is the last Friday of every month. We start at 5:30 and shut down 7:00. Price is \$20.00 for Steak dinner, \$15.00 for burger, and \$12.00 for salad. For more information visit their Facebook page. https://www.facebook. comrclbr39

> NON profit organizations may submit events for FREE at www. coffee-news.ca/whats-happening



To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST 51.4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy

### Trivia

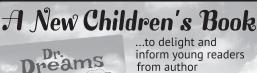
- 1. Does spinach contain iron?
- 2. What phylum do insects, crabs, and arachnids belong to?
- 3. A baby whale is called a calf, a pup, or a cub?
- 4. What does the Japanese word karaoke literally mean?
- 5. Is a gaffe a social blunder or a metal hook?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)

The World's #1 Restaurant Publication!





Stephen Monk Dr. Dreams celebrates family, dreams, sharing and learning helpful skills

www.stephenmonk.ca

from author

AVAILABLE THROUGH:

AMAZON | BARNES AND NOBLE | KINDLE | GOOGLE PAY | APPLE BOOKS
FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE



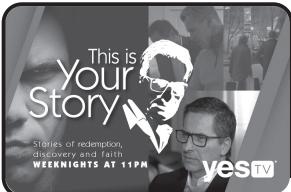
Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive 

www.coffee-news.ca/editions

miss your weekly dose of good news!

## THIS SPACE **FOR RENT** 780-220-6397





### Get More Traffic, Leads & Sales



- Website Development Google Ads
- · Facebook Advertising
- · Social Media Management
- · SEO & Content Marketing
- Reporting & Analytics

780.760.6922 frontlineconsulting.ca



Affordable-Effective-Exclusive-CALL NOW!

### Concerned about costs? No repayment

for one year: www.funeralpaid.ca

Serving Bonnyville & Cold Lake since 1997

### IORTHERN LIGHTS FUNERAL CHAPEL LTD.

780.826.6083 780.594.6083

info@northernlightsfs.ca

#### e of the Asian-Style Salmon Packets 1 teaspoon mustard seed slices sweet onion 1 teaspoon minced fresh salmon fillets (6 ounces each) gingerroot ½ teaspoon black tablespoons chili sauce 1 tablespoon lime juice sesame seeds tablespoon sesame oil Chopped fresh mint 1 garlic clove, minced Grated lime zest Prep/Total Time: 25 min. Yield: 4 servings • Preheat oven to 400°. Place each onion slice on a double thickness of heavy-duty foil (about 12 in. square). Top with salmon. Combine next seven ingredients; spoon over fillets. Fold foil around mixture; crimp edges to seal. 2 Place on a baking sheet. Bake until fish flakes easily with a fork, 15-20 minutes. Be careful of escaping steam when opening packets. Serve with mint and lime zest



https://www.tasteofhome.com



780.594.7539 | 102, 5605-55 St., PO Box 179 Cold Lake | BrokerLink.ca



Parcel Website: www.coldshotca.com Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

#### If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!** They are creating candles that have a strong scent throw and

CN-Proudly printed by One to One Mailing

the cleanest burning scented candles



www.prairiescentedcandles.com

## Your Weekly Horoscope

(March 21 - April 20)



This may be a quiet week for you, with your mind and emotions well balanced. If so, use this time to recharge and get ready for the next challenge. Lucky numbers: 3, 4, 26,

37, 38, 39. **TAURUS** 



(April 21 - May 21) This week offers the potential to start a new phase of activities. If you are unsure of what to focus on next, explore how you can be of ser-

vice to others. Lucky numbers: 5, 6, 12, 15, 27, 38.

**GEMINI** 

(May 22 - June 21)



The natural quickness of your Gemini mind may be enhanced for the next two months. You sometimes may feel nervous or twitchy. Avoid gossip;

it may come back to haunt you. Lucky numbers: 7, 8, 13, 14, 25, 39.

CANCER (June 22 - July 22)



You may be at a stalemate, having opposing thoughts about an issue involving someone else. Setting boundaries with others may be a hard but

necessary truth at this time. Lucky numbers: 11, 13, 25, 28, 29, 41.

**LEO** (July 23 - Aug. 23)



You may have experienced a rough period recently. As that dynamic recedes, look for a hidden opportunity and gear your efforts toward the project

that best aligns with your values. Lucky numbers: 1, 9, 15, 27, 38, 48.

**VIRGO** 

(Aug. 24 - Sept. 23)



Are you feeling lazy? The planetary energies this week may exacerbate this feeling. Be careful that it doesn't cause trouble for you at work

or with your partner. Lucky numbers: 8, 9, 17, 29, 34, 35.

(Sept. 24 - Oct. 23)



Perhaps you are feeling discouraged right now, with little energy for moving forward. Your vision for your life may need adjustment to help

get you back on track. Lucky numbers: 9, 14, 21, 29, 30, 43.

#### **SCORPIO**

(Oct. 24 - Nov. 22)



This week may be frustrating if you are trying to start something new. It may be best to wait so that you can get a good start in the near

future. Lucky numbers: 2, 4, 10, 20,

### **SAGITTARIUS**

(Nov. 23 - Dec. 21)



You may have a feeling of opposing viewpoints, either within yourself or with others. In communicating with others, present your ideas from a position of

strength, without being argumentative. Lucky numbers: 10, 22, 28, 35, 41, 47.

#### **CAPRICORN** (Dec. 22 - Jan. 20)



Old traumas have been compared to layers of an onion. Peeling back one layer invariably leads you to the next one. Unearthing buried information may

help you continue your healing process. Lucky numbers: 6, 16, 17, 18, 30, 36.

#### **AQUARIUS** (Jan. 21 - Feb. 19)



Your opportunities may not be obvious at this time. For what or whom are you willing to sacrifice? When you can answer that question.

your path may become clear. Lucky numbers: 4, 12, 13, 34, 42, 44.

#### **PISCES** (Feb. 20 - March 20)



Pisces are naturally empathetic. This week you may also be feeling sociable and diplomatic, which attracts others to you. This may initiate a new

romance or strengthen an existing one. Lucky numbers: 1, 12, 13, 41, 42, 43.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 42.

# Did You Know...

Rare sauce: People who live in the province of Manitoba (Canada) are very familiar with a delicious dipping sauce for chicken fingers that was invented by a local diner chef. Honey dill sauce is hard to find outside of this Canadian province.

**Salt rinse:** If the toothpaste tube is empty, an alternative way to have clean teeth and fresh breath is by rinsing with saltwater, which works as a disinfectant. One teaspoon dissolved in a cup of water will suffice.

**Cute marsupial:** Australia may be home to kangaroos and koalas, but another marsupial unique to the country is the quokka. These cute little animals live in Western Australia, as well as on Rottnest Island near Perth, and on Bald Island near Albany.

**Movie site:** A Moroccan desert landform has been used in movies like Spectre, the 2015 James Bond flick. Called Gara Medouar, this erosional crater of limestone rises 50 metres above the sand, with a collapsed interior valley and a ravine that provides natural access to the interior.

**Love those spuds:** The province of Prince Edward Island, off the east coast of Canada, is home to a huge potato industry. The island's potato farms provide the entire country with an estimated one-quarter to one-third of its potatoes.

# On the Lighter Side

What goes bonk, bonk, bonk, bonk, bonk, bonk? A rubbernosed clown falling down a flight of stairs.

Knock! Knock! Who's there? Poodle. Poodle who? Poodle a little mustard on my hot dog.

Patient: "I think I am a dog."

Doctor: "How long has this been going on?"

Patient: "Since I was a puppy."

What do you call a group of mice in disguise? A mousequerade

Did you read the book about how to put a boat together? It was riveting. Auswers

orchestra 5. Social blunder

Trivia answers: 1. Yes 2. Arthropoda 3. Calf 4. Empty For available franchise opportunities – visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd

Visit us on Facebook-CoffeeNewsWeekly





SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE

Is your business looking to address labour and skill

shortages?

https://www.cufoundation.ca

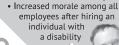
at right to donate

What you can expect from our employees as a business owner:

• Employees eager to learn and able to contribute to the success of your business • Support by Dove Centre staff to

ensure proper training and monitoring is in place to meet your expectations Growth of employee's self-confidence and financial independence

Recognition as an inclusive employer committed to our community





Contact your local Dove Centre Employment Agency office to see what we can do for you:

780-812-2270 Cold Lake 780-594-2659





· Common Law · Restraining orders

Emergency

• Criminal Defence • Driving Offences

Renée L.T. Moore B.A., B.Comm.(Co-op), J.D. Barrister & Solicitor Jerred L.T.T. Moore

780.645.0050 | www.newbeginninglaw.ca



Your landlord raises rent in violation

of your verbal agreement

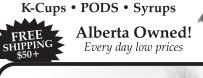
You adopt a child

A friend owes you money and files for bankruptcy

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

Calgary & Edmonton Outlets

K-Cups • PODS • Syrups





4802-49 Avenue, St. Paul (Located behind ATB)

You need child support enforced

6 You need help with credit card liability resolution Your car is vandalized in a parking lot

LegalShield

1-877-579-9449

21-Cold Lake

Bonnyville

 Separation Agreements Divorces

**Protection Orders**