

Informative, insightful reading
from author **Stephen Monk**

Fascinating observations from a long time student of the workings of the human mind

Visit www.stephenmonk.ca

AVAILABLE THROUGH: AMAZON | APPLE BOOKS | BARNES AND NOBLE | KINDLE | GOOGLE PLAY | FRIENSPRESS | INDIGO and at COLES GRANDE PRAIRIE

FREE! *New Issue Every Week!*
Coffee News®
"News To Be Enjoyed Over Coffee"
Fort McMurray Edition
877-553-6397

www.coffee-news.ca

Feel free to take your Coffee News home!

RV Campout/Rally
\$135/2 person RV

• Dry Camping
• Games
• Comedian
• Magician
• Banquet
• Country Band Dance

June 22-26 • Carena Centre, Viking, AB

www.rvalberta.ca | 780.265.3913

Family Owned Local Alberta Business
Since 1986

SCAN THIS CODE TO ENTER

WIN A \$500 Gift Certificate

www.directworkwear.com

Always low prices & great deals... save money.

Can't get to your **Coffee News**® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

FREE 1/2 HOUR CONSULTATION

BUSINESS LAW, CONTRACTS, and CORPORATE SERVICES
PERSONAL INJURY, EMPLOYMENT LAW
ENVIRONMENTAL and REGULATORY LAW

BIG BUFFALO LAW

Rate: \$255 per hour* *Taxes and disbursements extra

Now serving Lac La Biche, Fort McMurray, Athabasca, Bonnyville, St. Paul, Cold Lake

587.532.9392 | www.BigBuffalo.ca

Recipe of the month

Asian-Style Salmon Packets

4 slices sweet onion
4 salmon fillets (6 ounces each)
3 tablespoons chili sauce
1 tablespoon lime juice
1 tablespoon sesame oil
1 garlic clove, minced

1 teaspoon mustard seed
1 teaspoon minced fresh gingerroot
1/2 teaspoon black sesame seeds
Chopped fresh mint
Grated lime zest

Prep/Total Time: 25 min. Yield: 4 servings

1 Preheat oven to 400°. Place each onion slice on a double thickness of heavy-duty foil (about 12 in. square). Top with salmon. Combine next seven ingredients; spoon over fillets. Fold foil around mixture; crimp edges to seal.

2 Place on a baking sheet. Bake until fish flakes easily with a fork, 15-20 minutes. Be careful of escaping steam when opening packets. Serve with mint and lime zest.

Source: <https://www.tasteofhome.com>

Vol. 19 No. 18 May 2, 2022

Everybody's Talking

Noisy home: Living beside a busy highway isn't most people's idea of peace and quiet. A woman in Guangdong province, northwest of Hong Kong, doesn't seem to care about that. Known as Ms. Liang, the woman refused to take a payout from the government to sell her house so the Haizhuyong Bridge in the city of Guangzhou could be built. Many other homeowners and businesses took the compensation, and the construction proceeded. To accommodate the house, which is located in a pit, four lanes of traffic had to be split to go around it.

Canine cruising: If you plan to park your car and run in for something at a nearby vendor, the rule is to turn off the ignition. Unfortunately, the owner of a sports utility vehicle neglected to do that when he parked and ran into a bakery in Sturgeon Bay, Wisconsin (U.S.). When he emerged with his treats, he found his vehicle had smashed into the side of a nearby building. The culprit was Callie, the man's Australian shepherd, who had accidentally put the vehicle into gear when moving around inside. Luckily, no one was hurt, and not much damage was done. It's doubtful that Callie got any of her own treats for that trick!

Cartoon cat: Khanh Lam and Xuan Khanh, an engaged Vietnamese couple, are both kids at heart, and they proved it by planning their engagement party using a Doraemon theme. Doraemon is a Japanese manga series featuring a blue robotic animated cat with the same name. Both members of the couple have been fans since they were children. They collected as much memorabilia as possible to present at the party, and they used the cat's blue colour for tablecloths, bridesmaids' dresses, centrepieces, and chair covers. The couple intend to take their love of Doraemon one step further and have their wedding themed in the same way.

Dog sense: Sgt. Charles Brooks, an off-duty police officer, was on a hunting expedition near Manchester, New Jersey (U.S.), when he noticed a lone dog in the bush. Intrigued, he followed the dog's paw prints and came across an elderly man whose car had careened off the road. The man was Fred Rapp, and he had been in the car in the woods for nine hours. Petey, his dog, wandered away to find help and came across Sgt. Brooks. The officer soon was able to walk Rapp out of the bush, where a local first aid team met them. Rapp's daughter, who had reported her father missing, was immensely relieved that he had been found and was safe.

Quoteable Quotes

"Dwell on the beauty of life. Watch the stars, and see yourself running with them."
—Marcus Aurelius

"Don't be afraid to give up the good to go for the great."
—John D. Rockefeller

What's Happening

June 11 The Kidney Walk The Kidney 2 5 km Walks are the largest community fundraising event in Canada dedicated to raising awareness and funds for innovative research, and vital programs and services that support people living with kidney disease. Register @ <https://kidneywalk.ca>

Apr 29-Vegreville Legion Steak Fry The steak fry is the last Friday of every month. We start at 5:30 and shut down 7:00. Price is \$20.00 for Steak dinner, \$15.00 for burger, and \$12.00 for salad. For more information visit their Facebook page. <https://www.facebook.com/rclbr39>

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. In equine jumping, an oxer means the horse clears how many fences at once?
2. What is tsourekki?
3. A podiatrist specializes in afflictions of what part of the human body?
4. Who wrote The Scarlet Letter?
5. REO Speedwagon is a child's four-wheeled vehicle or an American rock band?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

THIS SPACE FOR RENT

780-220-6397

BLUE BLOODS

MON - THURS 9:00

yesTV

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish

Visit makeawish.ca

Coffee News®

is proudly delivered by

wjs Canada

Coffee News Part of your community.

Making peace of mind a reality

Nahachick Adult Guardianship and Trusteeship Services

Confidential and discreet document preparation. Available services include:

Applications for Appointment of Guardian and Trustee

Review of Guardianship and Trusteeship Order

Urgent Guardianship and Trusteeship Orders

A complete list of our services is available at <https://nahachick.ca>

780.660.0649 | nahachick.agt.services@gmail.com

Flexible appointments.
For non-Edmonton residents, appointments can be held via telephone or video calls. Edmonton and area clients have the option to meet face-to-face, home visits, telephone or video calls.

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

• Confidential Pregnancy Counselling
• Support and Connection to Resources
• Adoption Information and Advice

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

www.smallmiraclesadoption.com

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
Stephen Pearce, St. Albert

Coffee News Fun Reading. Serious Advertising.

The World's #1 Restaurant Publication!

Your Weekly Horoscope

ARIES

(March 21 - April 20)



You may find that others are very attracted to you now. Use this opportunity to have a heart-to-heart conversation with someone you want to be close to, or already are. Lucky numbers: 11, 13, 17, 20, 23, 46.

TAURUS

(April 21 - May 21)



The potential exists now to initiate a plan that may allow you to express yourself more authentically. Keep your eye out for an opportunity that may give you more freedom. Lucky numbers: 9, 23, 25, 27, 33, 42.

GEMINI

(May 22 - June 21)



At the beginning of the week, you may find that your mind and emotions are well balanced. Use this time to reconcile conflicts between what you want and what you need. Lucky numbers: 12, 22, 28, 29, 40, 43.

CANCER

(June 22 - July 22)



The potential exists for you to manifest a long held dream. In order to do so, you may need to release an old fear that is holding you back. Lucky numbers: 4, 12, 13, 14, 16, 26.

LEO

(July 23 - Aug. 23)



Leos are happiest when they can just go with the flow and life is easy. Right now, though, you may need to paddle upstream to stay above water. Lucky numbers: 2, 19, 21, 37, 40, 41.

VIRGO

(Aug. 24 - Sept. 23)



Relationships provide an important mirror to us as individuals. Is your partner opposed right now to some aspect of who you are or what you want? An open discussion may help. Lucky numbers: 10, 19, 35, 42, 45, 47.

LIBRA

(Sept. 24 - Oct. 23)



For the next few weeks, you may encounter opposition to your plans from those close to you. Setting clear ground rules for discussion of the matter can avoid making things worse. Lucky numbers: 6, 11, 14, 17, 21, 36.

SCORPIO

(Oct. 24 - Nov. 22)



Do you want to try your hand at something different? You may find that your confidence level is higher than usual and you have energy to pursue new endeavours. Lucky numbers: 1, 5, 6, 9, 28, 30.

SAGITTARIUS

(Nov. 23 - Dec. 21)



The glyph for Sagittarius is symbolic of a centaur, a creature who is half man and half horse. Are your mind and body in alignment? Bridging any gap between them may help. Lucky numbers: 17, 20, 34, 35, 41, 43.

CAPRICORN

(Dec. 22 - Jan. 20)



Are you finding yourself going over old territory right now? You may just want to sit with the ambiguity and wait for information that will allow you to resolve past issues. Lucky numbers: 8, 13, 19, 27, 34, 40.

AQUARIUS

(Jan. 21 - Feb. 19)



Service is an important life theme for Aquarius. Right now, putting in a serious effort may allow you to find an endeavour that serves you, as well as others. Lucky numbers: 15, 18, 20, 21, 38, 39.

PISCES

(Feb. 20 - March 20)



Pisces sometimes experience difficulties turning their ideals into concrete results. Right now, there may be plenty of energy for you to use to manifest goals, particularly those of a creative nature. Lucky numbers: 7, 11, 16, 18, 20, 35.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 5.

Did You Know...

Dancing background: British comedian and actor Sacha Baron Cohen of the movies *Borat* and *Brüno*, spent his childhood in London. As a teenager, he loved breakdancing. He later lived for a year at a kibbutz in Israel, and attended Cambridge University.

Bovine replacement: *The Wizard of Oz*, by American author L. Frank Baum, was made into a stage production in 1902. Toto the dog was not a part of this version. Instead, Dorothy, the lead character, had a cow named Imogene.

Grow it out: Human hair grows at approximately 1.2 centimetres (1/2 inch) per month, meaning that after a year without a cut, your hair would be almost 15 centimetres (6 in.) longer. Many things affect hair growth, including diet, genetics, and use of certain medications.

Bowling alternative: For those familiar with bowling, the 5- and 10-pin forms of the pastime usually come to mind. However, there are other forms of the game, including duckpin bowling, which uses 10 short, squat pins and a light ball.

Bear invasion: In 2019, about 50 polar bears invaded a community of 3,000 people who live on a chain of islands called Novaya Zemlya, a remote area in northern Russia. The bears came in search of food. A team of specialists removed the bears from the area without harming them.

On the Lighter Side

How did the scientist invent bug spray? She started from scratch! Knock! Knock! *Who's there?* Ruth. *Ruth who?* The Ruth of the matter is I like you.

What kind of soup does a student eat while studying for exams? Cram chowder.

A farmer was arrested for selling rotten fruit. He was judged by his pears.

Customer: "Waiter, there's a fly in my alphabet soup!"
Waiter: "That's no fly, that's a spelling bee."

Answers

Trivia answers: 1. Two 2. Greek Easter bread 3. Foot and ankle 4. Nathaniel Hawthorne 5. American rock band

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

CONTINUING TO BUILD OUR FOUNDATION FOR FUTURE GENERATIONS



MCMURRAY
MÉTIS

780.743.2659
www.McMurrayMetis.org



Beading - First and third Tuesday each month, 5:30-8 p.m.

Cree Coffee Chat - every Wednesday, 5-6 p.m.

Elders' Tea - second Thursday each month, 11:30 a.m.

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!



They are the next Finest candles you will EVER find!



Sunset Scents
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

For all your real estate needs!

INTEGRITY • HARD WORK • PROFESSIONALISM



Kathy Bowers
BROKER/OWNER

780.881.1649
kathymbowers@gmail.com



WEBSITES

From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot



Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449

NORTHERN LIFE
OUTDOOR & LEISURE

FEATURING ON-SITE
Embroidery Services

For Personal or Corporate Needs
FAST TURNAROUND
for Digitizing & Embroidery



587-275-9485
8130 Fraser Ave, Fort McMurray

Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.



A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart
780.421.1177
www.smallmiraclesadoption.com



inogen

FREEDOM.
TO BE YOU.

1-888-998-6714



Affordable-Effective-Exclusive-CALL NOW!

Happy Mother's Day

from your friends at Coffee News

LARGEST SELECTION of Machines and Notions

Your Sewing Superstore

Come in for a test drive!
Mon-Fri, 9 am - 5 pm Sat, 9 am - 3 pm

SOUTH 780.469.1147 WEST 780.486.0047
8649-63 Ave., Edmonton 10642-170 St., Edmonton

www.centralesewing.com

SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE

Congratulations to February's Coffee News Guy contest winners!

Your prizes are in the mail!

Odette Misiewicz
Johanna Wilson
Wally Malinowski
Katarina Penfold

Enter today for your chance to win at www.coffee-news.ca

Looking for a place to rent?
Looking for someone to manage your house?

Call us today!
780.598.1360

RESIDENTIAL REMEDIES INC.
O/A 3% Realty Fort McMurray

Helping you rediscover fun in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

SHOP ONLINE!
www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkelling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

INNATE FREEDOM COUNSELLING

Access Online Therapy at Home
AVAILABLE ALBERTA-WIDE

• Individual Therapy
• Couples Therapy

www.innatefreedomcounseling.com | 825.250.8415

Caring, supportive, online counselling tailored to your unique needs

15-MIN. COMPLIMENTARY CONSULTATION TODAY!

Calgary & Edmonton Outlets
singlecup.ca
Mon-Sat 9-5

500+
K-Cups • PODS • Syrups

FREE SHIPPING \$50+

Alberta Owned!
Every day low prices

Zone 81-Fort McMurray