

Stumbling Blocks
Team Building Seminars

Build a Stronger, More Resilient Team

Book Barbara Today!
780-722-3188




BARBARAMAY.COM | STUMBLING-BLOCKS.COM


FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Whitecourt Edition

877-553-6397



www.coffee-news.ca

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!



THIS SPACE FOR RENT

780-220-6397

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Readers of the Month
from Millet, AB



Coffee News Fun Reading. Serious Advertising.

Faster Internet. Unlimited data.

1-866-218-8782 Xplornet.com/fast



Calgary & Edmonton Outlets

singlecup.ca
Mon-Sat 9-5

500+

K-Cups • PODS • Syrups

FREE SHIPPING \$50+

Alberta Owned!
Every day low prices



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

780.421.1177
www.smallmiraclesadoption.com



WE'RE HIRING

McMan Youth, Family and Community Services

IN EDSON

Visit our website for details on various opportunities at www.mcman.ca

...or send your résumé to Edson.careers@mcman.ca

We want to hear from you!



Vol. 19 No. 19 May 9, 2022

Everybody's Talking

Cowboy hat: An armed thief in Monterrey, Nuevo León, Mexico, got quite a bit more than he expected while attempting to rob a neighbourhood butcher shop. He entered the store, pointing his pistol at the clerk. However, distracted by a customer, he turned his head in her direction. That was just enough time for a gentleman in a cowboy hat to wrestle the robber, who dropped the gun. From the back of the store, a butcher ran over, scooped up the gun, and took it away. Another butcher helped the man in the cowboy hat keep the thief under control. Meanwhile, the clerk had called police, who soon arrived and arrested the robber.

Town monument: Someone traveling around Australia might want to stop in Gundagai, a small town about halfway between Sydney and Melbourne. Located here is a famous pioneer monument called "Dog on the Tucker Box." In Australia, a lunchbox is called a tucker box, which the monument depicts. Erected in 1932, the monument was inspired by a poem about "Bullocky Bill," a fictional bullock driver – one of the men who, in pioneer days, drove wagons pulled by oxen. Before railroads, bullock carts hauled building materials, food, and supplies to remote areas of the country. Bullocky Bill's team got bogged down at a creek. To make matters worse, his dog sat upon his tucker box, amusing the other drivers.

Bear sighting: For a close-up look at wild polar bears, take a trip to Churchill, a remote town on Hudson Bay in Manitoba (Canada). Known as the Polar Bear Capital of the World, it is on the animals' migration route to hunt for seals. Depending on the season, anywhere from 800 to 10,000 bears live in the area. Therefore, town folk must stay vigilant. A polar bear patrol program captures errant bears and takes them to a holding facility in an old airplane hangar that some call Bear Jail, until they are released in a location far away. Tourists wanting a glimpse of these magnificent creatures can go on guided tours in large, high tundra vehicles.

Haystack curiosity: When many people think of haystacks, what probably comes to mind is a field full of big piles of hay, or perhaps round bales of the stuff piled up in rows. A region in India uses a different approach. In Rishikesh, in the northern part of the country near the Himalayas, hay left on the ground doesn't dry very well because the area gets so much rain. To lift the hay up from the waterlogged ground, the people in this region make their haystacks in the branches of trees, letting the hay stay reasonably dry. In Rishikesh, it's common to see mounds of hay way up in the branches of trees in villages and fields, and along roadways.

Quoteable Quotes

"Things do change, if you let them." —Patricia MacLachlan

"It is not enough to have a good mind. The main thing is to use it well." —Rene Descartes

What's Happening

June 18-Lemonade Day Northern Alberta Support Lemonade Day, Support Your Local Young Entrepreneurs. Lemonade Day is June 18, 2022 and Lemonade Day kids in your town are trying their hand at running their own business - a Lemonade Stand. Registration is Open

lemonadeday.org/northern-alberta **May 8-Devon Arts Market** Spring Arts Market. Join the myriad of creative souls featuring their hand-made arts, crafts, home decor and jewelry.

Noon to 4 pm. Devon Community Centre. 20 Haven St., Devon. **NON profit organizations may submit events for FREE** at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

\$400* Prize Package

Find the Coffee News Guy hidden in one of the ads, then enter to win!

Over 150 participating sponsors! 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Le Mans, the French motor race, lasts how many hours—12, 24, or 36?
2. What is rosacea?
3. Botany is the study of plants or watercraft?
4. Which mammal is considered the world's slowest moving?
5. Maritime, or admiralty law, pertains to domestic and international issues in what area?

(Flip bottom of page for answers)

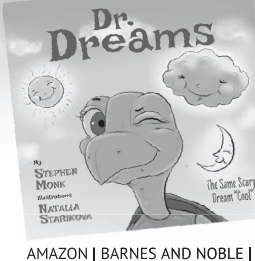
A New Children's Book

...to delight and inform young readers from author **Stephen Monk**

Dr. Dreams celebrates family, dreams, sharing and learning helpful skills

Visit www.stephenmonk.ca

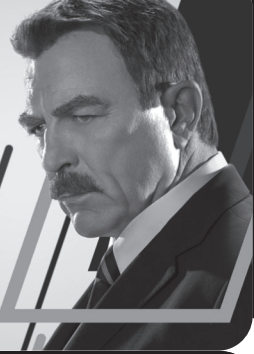
AVAILABLE THROUGH:
AMAZON | BARNES AND NOBLE | KINDLE | GOOGLE PAY | APPLE BOOKS
FRIESENPRESS | INDIGO and at COLES GRANDE PRAIRIE



BLUE BLOODS

MONDAY TO THURSDAY 8PM/7PST

yesTV



Helping you rediscovers **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.

780.962.5220

Visit www.giftsandgadgets.ab.ca
or visit us in person at 111 First Avenue, Spruce Grove

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!



Get Your Meters' Calibrations Right

We are committed to proving your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.

— RELAX WHEN YOU GET AUDITED!
MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it."
— Jerry Greiner

MEASUREMENT INC.

780-621-2555
www.MeasurementInc.ca


PORTABLE TEST SEPARATOR RENTALS

- Mobile Bench™
- Field Provers
- High Sour/ Pressure
- Chart Calibration
- Zedi Calibration

BrokerLink Insurance

HOME AUTO BUSINESS FARM

780.778.3000 | #1, 5024-51 Ave., Whitecourt Box 1978 | BrokerLink.ca



Get your refund instantly.

Walk in with your taxes and walk out with your refund.

Open year round. Personal, small business, corporate income tax, bookkeeping, GST and payroll services.

H&R BLOCK

780.778.3030
New address:
4723-50 Ave., Whitecourt



Family Owned Local Alberta Business Since 1986

SCAN THIS CODE TO ENTER

WIN A \$500

www.directworkwear.com Gift Certificate

Always low prices & great deals... save money.

Direct Workwear Ltd. since 1986

We ship across Canada Huge Women's Selection XXS up to 7XL Sizing



Bras Briefs Boxers Bikinis

Romantic Notions inc.

Visit us on **f** for promotions and gift ideas! **780.962.4944**
1.855.962.4944
www.romanticnotions.ca | #30, 210 McLeod Ave., Spruce Grove
30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

NORTH WEST FUNERAL CHAPEL LTD.

Serving in the Peace County.
Our Family Serving Yours
www.nwfuneralchapel.ca
Valleyview: 1-780-524-2388 | [f](https://www.facebook.com/nwfuneralchapel) | [i](https://www.instagram.com/nwfuneralchapel)

Making peace of mind a reality

Nahachick Adult Guardianship and Trusteeship Services

Confidential and discreet document preparation. Available services include:
Applications for Appointment of Guardian and Trustee | Review of Guardianship and Trusteeship Order | Urgent Guardianship and Trusteeship Orders

Flexible appointments.
For non-Edmonton residents, appointments can be held via telephone or video calls. Edmonton and area clients have the option to meet face-to-face, home visits, telephone or video calls.

A complete list of our services is available at <https://nahachick.ca>
780.660.0649 | nahachick.agt.services@gmail.com

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers
780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

Recipe of the month

Grilled Huli Huli Chicken

1 cup packed brown sugar | 2-1/2 teaspoons minced fresh gingerroot
3/4 cup ketchup | 1-1/2 teaspoons minced garlic
3/4 cup reduced-sodium soy sauce | 24 boneless skinless chicken thighs (about 6 pounds)
1/3 cup sherry or chicken broth

Prep: 15 min. + marinating Grill: 15 min. Yield: 12 servings

- In a small bowl, mix the first 6 ingredients. Reserve 1-1/3 cups for basting; cover and refrigerate. Divide remaining marinade between two large shallow dishes. Add 12 chicken thighs to each; turn to coat. Refrigerate, covered, for eight hours or overnight.
- Drain chicken, discarding marinade.
- Grill chicken, covered, on an oiled rack over medium heat for 6-8 minutes on each side or until a thermometer inserted into chicken reads 170°; baste occasionally with reserved marinade during the last five minutes.

An ideal recipe to try during May, Barbecue Month!

Source: <https://www.tasteofhome.com>

inogen

FREEDOM. TO BE YOU.

1-888-998-6714
MKT-P0253

Your Weekly Horoscope

ARIES (March 21 - April 20)
You may be entering a period of high energy that could improve issues in your life. Institute any needed changes to help make sure the improvement continues after this period ends. Lucky numbers: 18, 25, 26, 41, 45, 47.

TAURUS (April 21 - May 21)
Is there a creative endeavour you haven't found the time or courage to pursue yet? Look for a hidden opportunity that may allow you to change this dynamic. Lucky numbers: 8, 22, 27, 32, 41, 46.

GEMINI (May 22 - June 21)
You may find the next few weeks very busy, with lots of calls and other communications. These may be good for wrapping up projects, but be cautious about starting new ones. Lucky numbers: 10, 13, 15, 27, 29, 30.

CANCER (June 22 - July 22)
Nurturing oneself and others is a life theme for those born under your sign. You may be entering a period where this area could be highlighted and any issues may surface. Lucky numbers: 6, 9, 19, 27, 31, 32.

LEO (July 23 - Aug. 23)
Are you having an inner battle now between what you want to do vs. what you need to do? For this week, you may want to lean toward the latter. Lucky numbers: 1, 8, 22, 25, 38, 39.

VIRGO (Aug. 24 - Sept. 23)
At the beginning of the week, you may find that your mind and emotions are balanced. Develop a plan, but you may want to wait to execute it. Lucky numbers: 16, 17, 23, 25, 31, 47.

LIBRA (Sept. 24 - Oct. 23)
A new period could begin for you, during which you may be ambitious to accomplish a lot. In the process, be careful not to ignore the needs of others in your life. Lucky numbers: 4, 6, 7, 10, 11, 16.

SCORPIO (Oct. 24 - Nov. 22)
What are your ground rules for relationships and are they working right now? If not, you may want to consider places where an adjustment in your viewpoint may be helpful. Lucky numbers: 2, 7, 18, 19, 21, 36.

SAGITTARIUS (Nov. 23 - Dec. 21)
You may find yourself frustrated for a few weeks. There may be delays in your projects or a breakdown of equipment, such as cars or computers. Just be patient for a while. Lucky numbers: 15, 18, 32, 34, 36, 40.

CAPRICORN (Dec. 22 - Jan. 20)
Are you questioning your career or role in the world right now? If so, you may want to think about whether it is in line with who you truly are. Lucky numbers: 9, 11, 14, 18, 28, 37.

AQUARIUS (Jan. 21 - Feb. 19)
Obstacles may be getting in the way of your efforts right now. Just keep focused on your end goal and keep working toward it. Avoid conflicts with those who stymie you. Lucky numbers: 3, 8, 11, 17, 26, 34.

PISCES (Feb. 20 - March 20)
Many Pisces are highly intuitive and this may be heightened now. Before acting on any new information you receive, you may want to consult someone with a grounded mindset. Lucky numbers: 7, 12, 14, 19, 24, 38.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 25.

Did You Know...

Long french fry: A patron at Taffy's Hot Dog Stand in Buffalo, New York (U.S.), uncurled his curly fry and discovered that it was much longer than usual. To be exact, it was 34 inches (86 cm) long!

Early artist: U.S. film pioneer and entrepreneur Walt Disney, known for the animated movies he produced, loved drawing from a very young age and was the cartoonist for his school newspaper. He went on to study at the Kansas City Art Institute and the Art Institute of Chicago.

Big eyes: The ostrich is the largest bird in the world, so it makes sense that they'd have big eyes. This bird's eyes are five times the size of a human eye and can measure 5 centimetres (2 in.) in diameter.

Biggest island: Greenland tops the list for largest island in the world. Located between the Arctic and the North Atlantic oceans, it is 2,130,800 square kilometres (822,706 sq. mi.) in area and contains the world's second-largest ice sheet.

Fluffy presence: There's nothing like fluffy white clouds against a blue sky. Clouds appear white because the sunlight that shines through them contains the entire spectrum of light. The cloud's water droplets scatter all the colours evenly, making the cloud appear white.

On the Lighter Side

What accidents happen every 24 hours? Day breaks and night falls.

Knock! Knock! Who's there? Lee King. Lee King who? Lee King bucket.

Catching a rabbit is easy. Just hide behind a tree and make carrot noises.

Parent: "How do you like learning addition in school?"
Child: "Every day it's the sum old story."

Why was everyone worried about the small bucket? It was a little pail.

Answers

Trivia answers: 1. 24 2. Skin condition 3. Plants 4. The three-toed sloth 5. Navigable waters

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

It's Sooooo Big!
(The selection)

Open 10 a.m. - 10 p.m., 7 days a week

ALTERNATIVE GREENS

B, 5016-50 Avenue, Whitecourt | 780-779-3333

HAPPY Mother's DAY

...from your friends at **Coffee News**

WEBSITES

From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

15-MIN. COMPLIMENTARY CONSULTATION TODAY!

INNATE FREEDOM COUNSELLING

Access Online Therapy at Home
AVAILABLE ALBERTA-WIDE

- Individual Therapy
- Couples Therapy

www.innatefreedomcounseling.com | 825.250.8415 [f](https://www.facebook.com/innatefreedomcounseling)
Caring, supportive, online counselling tailored to your unique needs

Alberta Good Sam

RV Campout/Rally

\$135/2 person RV

- Dry Camping
- Games
- Comedian
- Magician
- Banquet
- Country Band Dance

June 22-26 • Carena Centre, Viking, AB

www.rvalberta.ca | 780.265.3913

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions