



A wish begins with HOPE

Hope begins with you.
Donate at makeawish.ca/createhope

Make-A-Wish.

Coffee News is proud to support Make-A-Wish Northern Alberta

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

South East Edmonton Edition

780-220-6397

www.coffee-news.ca

Est. 1988

Visit us on Facebook-CoffeeNewsWeekly

ComPost Sale

HELP YOUR GARDEN THRIVE!
Every Friday and Saturday 9 am - 5 pm

- Duggan Community League 3728-106 St.
- Space Off Whyte - 80 Ave. 10047-80 Ave.
- St. Albert Community League 17 Perron St.
- 201 Festival Way Sherwood Park
- Edmonton Academy 810 Saddleback Rd. (S parking lot)
- Callingwood Square 6741-177 St.

Organic Soil™
40 lb bag for \$10
Three for \$25 or Five for \$40

Visit one of our locations or go to cleanitgreenit.net to order bagged or bulk compost

Recipe of the month


Grilled Huli Huli Chicken

1 cup packed brown sugar 2-1/2 teaspoons minced fresh gingerroot
3/4 cup ketchup 1-1/2 teaspoons minced garlic
3/4 cup reduced-sodium soy sauce 24 boneless skinless chicken thighs (about 6 pounds)
1/3 cup sherry or chicken broth

Prep: 15 min. + marinating Grill: 15 min. Yield: 12 servings

- 1 In a small bowl, mix the first 6 ingredients. Reserve 1-1/3 cups for basting; cover and refrigerate. Divide remaining marinade between two large shallow dishes. Add 12 chicken thighs to each; turn to coat. Refrigerate, covered, for eight hours or overnight.
- 2 Drain chicken, discarding marinade.
- 3 Grill chicken, covered, on an oiled rack over medium heat for 6-8 minutes on each side or until a thermometer inserted into chicken reads 170°; baste occasionally with reserved marinade during the last five minutes.

An ideal recipe to try during May, Barbecue Month!



Source:
<https://www.tasteofhome.com>

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for
\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372

BBB ACCREDITED BUSINESS

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC *Prairie Scented Candles*

Sunset Scents *a RAY of Fragrance*

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Congratulations

to March's **Coffee News® Guy** contest winners!

Your prizes are in the mail!

Enter today for your chance to win at www.coffee-news.ca

Patrick Cole
Colton Huber
Maureen Johnson
Graham Harbak



Sonia Sells!

SONIA TARABAY
#1 AGENT
RE/MAX ELITE (2017 - 2020)

780.707.6015
SONIASSELLS.COM



Vol. 19 No. 22 May 30, 2022

Everybody's Talking

Power outage: At one time, Austria intended to provide some of its electricity through nuclear power plants. Plans were in the making for three plants, and one was built in the 1970s. Called the Zwentendorf Nuclear Power Plant, it is approximately 32 kilometres (20 miles) from Vienna, on the Danube River. The only problem is that the plant was never turned on. That's because of a public outcry over the use of this kind of energy. The government never opened the plant, nor did it build the other two. Today, the plant is used as a security training centre and has been rented out for events and movie shoots.

Icy roads: In winter, people converge on a small, remote town in northern Sweden, a strange thing considering the icy cold temperatures in the region. The town is called Arjeplog, and the seasonal population surge occurs because the area has become a testing ground for European automakers. The frozen lakes allow brakes to be tested, and if they don't work very well, there is no chance the car will careen into rocks or mountainsides. Miles of specially groomed tracks are available for testing. The conditions are extremely snowy and icy, making it the ideal location for this purpose.

Peaky place: Someone traveling to Spain might want to consider a side trip to the city of Segovia, which is about 90 kilometres (56 miles) north of Madrid. Among the alluring architecture found there is one building not to be missed, called the Casa de los Picos, or the "House of Peaks." Built in the 1400s, its walls are covered with row upon row of small, granite, pyramid-shaped peaks that stick out far enough to be used as perches for pigeons. Over the centuries, the Casa de los Picos has been owned both privately and publicly. Currently, it is the home of the Segovia School of Art.

Unique home: Building a 16-sided house is unusual, but that is just what two cousins did in 18th-century England. Jane and Mary Parminter, who had been traveling with other female friends and relatives, came home to England and erected their house, known as A La Ronde, in Lymptone, Devon. Historical notes indicate that the cousins liked to move around the house for their meals, following the ample sunlight that came in through the various windows. The house changed hands over the years, and alterations were made, but today it is taken care of by the National Trust, which reverted it back to its original design.

Quoteable Quotes

"Certain things catch your eye, but pursue only those that capture the heart."
—Proverb

"Steady as a clock, busy as a bee, and cheerful as a cricket."
—Martha Washington

What's Happening

July 15 to 17-Edmonton Carnaval a Latin festival that serves as a platform for local artists and artisan, creates spaces of culture and entertainment for the whole family. www.edmontoncarnaval.com. 9210 118 Avenue.

Apr 23 to Jun 19-5050 Playground Fundraiser! The St. Elizabeth Seton K-9 School is currently raising funds for a NEW PLAYGROUND! Our outdated playground is falling apart, and we need your help to make it shine again! Sales end Sunday, June 19, 2021. Go to rafflebox.carafflesesfa to buy tickets.

June 5- Kidney Walk Taking place at Rundle Park Family Centre, Kidney Walks are the largest community fundraising event in Canada dedicated to raising awareness and funds for kidney disease. Register @ <https://kidneywalk.ca>

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
* Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Affordable seniors' housing

- Apartment units
- Lodges with meals and housekeeping
- Clean, well maintained, secure buildings
- Friendly, professional staff
- Recreation activities

Call **780.482.6561** or visit us online at gef.org

Seniors Housing

THIS SPACE FOR RENT

780-220-6397

Love Coffee News®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News® Fun Reading. Serious Advertising.

Readers of the Month
from Millet, AB



ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com



come and enjoy rural Alberta!

Tired of waiting for high cost accommodation in the big city?

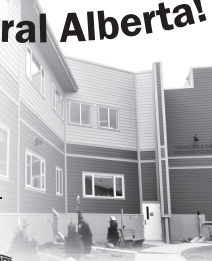
► We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1986.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive.

Experience fresh air and country living.

780.853.5706
Contact our office at admin@vdhf.ca
www.vdhf.ca
5401-46 St., Vermilion

Vermilion & District Housing Foundation



FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you **REALLY FAST!**

Mon - Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

BEST IN THE CITY!

Bring in your bottles for a chance to win in our regular **Customer Appreciation Draws!**



WINTER SPECIAL
Complimentary Hair Treatment with any colour service, customized to your hair's needs OR Complimentary Paraffin, Scrub or Massage to your Manicure or Pedicure

Clarity
SALON & SPA

780.761.5959
965 James Mowatt Tr. SW
www.claritysalonandspa.ca



(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

CN-Proudly printed by One to One Mailing

✓ Business Immigration
✓ Skilled Trades Immigration
✓ Student Immigration
✓ Spousal Sponsorship
✓ Parents Sponsorship

MEWI
Immigration Services Inc. REGULATED CANADIAN IMMIGRATION CONSULTANTS

EMPLOYERS - NOT ABLE TO FIND EMPLOYEES? WE CAN HELP!

Phone/Whats app +1 647-702-9635 / +1 780-710-9635
info@mewiimmigration.ca | www.mewiimmigration.ca

BLUE BLOODS
MONDAY TO THURSDAY 8PM/7PST
yesTV

Every \$3.51 You Give =
1 MEAL FOR A HOMELESS NEIGHBOUR

Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES
SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY,
Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

Thank You to these distribution partners for continuing to support **Coffee News** through these unprecedented times...

Zone 8
Updated 04/04/21

We appreciate you!

A&W	Koffee Kafé	Pho Vietnamese	
Aapna Pizza	Magna Donair	Noodles	
AF Chicken	Manila Grill Express	Pizza 73	
BD Donair	Mary Brown's Chicken	Pizza Hut	
Bollywood Indian	Masala Wok	Pizza Unlimited	
Cuisine	McDonald's	Prime Time Donair	
Booster Juice	McDonald's	and Kabab	
Carl's Jr.	Memphis Blues	Punjab Chaat Room	
Checker Pizza	MTC - 6th Sense Café	Royal Pizza	
Chopped Leaf	-605A	Sandwich and	
Classic Pizza	MTC - Rogers Chicken	Burger Patch	
Dairy Queen	MTC - Sizzling Wok	South Point Pizza	
Delicious Pho	MTC - Smitty's	Swiss Chalet	
Edo	Mudpot	The Tandoor	
Emilio's Inasal	New Asian Village	Tasty World	
Freshii	Noodle Xtreme	Tim Hortons	
Harvey's	Ooodle Noodle	Top Donair	
Homestyle Donair	Pan's Fish and Chips	Wendy's	
and Subs	Papa John's	Wok Box	
Jumbo Donair	Pho 4 Me	Wok This Way	
KFC			

Would you like to offer your customers the opportunity to enjoy the "good news" message of **Coffee News**?

► For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.

INTERESTED IN CRYPTO
...BUT DON'T KNOW WHERE TO START?

✓ The easiest way to buy cryptocurrencies!
✓ Simple, safe and secure – purchase the most popular cryptocurrencies with ease

CASH2CRYPTO
1.888.909.2833 | info@cash2Crypto.ca

Your Weekly Horoscope

ARIES

(March 21 – April 20)



You may continue to be in a period where possible opportunities could be hidden and need to be proactively sought out. Be aware of how well they might align with your values. Lucky numbers: 15, 22, 38, 43, 44, 47.

TAURUS

(April 21 – May 21)



Have you recently been encountering some obstacles in your day-to-day life, especially concerning cars, computers, and the like? The situation may begin to ease at the end of the week. Lucky numbers: 8, 11, 16, 17, 42, 43.

GEMINI

(May 22 – June 21)



This week may be a good time to consider what you want to do next with your life. Try developing your plans, but perhaps wait until next week to begin initiating them. Lucky numbers: 5, 14, 26, 33, 36, 39.

CANCER

(June 22 – July 22)



Those born under the sign of Cancer are especially sensitive to the Moon. This may be a good week to become aware of how the movements of the Moon might affect you. Lucky numbers: 4, 17, 39, 40, 41, 48.

LEO

(July 23 – Aug. 23)



You may be entering a period of several months where discipline and extra hard work might be required to keep things on track and going smoothly. This could be frustrating, but necessary. Lucky numbers: 6, 10, 15, 21, 24, 26.

VIRGO

(Aug. 24 – Sept. 23)



Your practical nature may be enhanced right now. However, you might need to resolve an issue from the past that could be acting as an obstacle to manifesting your current goals. Lucky numbers: 3, 23, 25, 34, 39, 43.

LIBRA

(Sept. 24 – Oct. 23)



Libras often focus on pleasing others. If you find yourself doing a lot of this right now, you may want to consider making an adjustment in how you approach such interactions. Lucky numbers: 2, 13, 16, 19, 22, 26.

SCORPIO

(Oct. 24 – Nov. 22)



Have you been struggling when communicating with others, perhaps with regard to what you know about a particular situation? You may want to wait a week or so before trying again. Lucky numbers: 9, 10, 17, 31, 46, 48.

SAGITTARIUS

(Nov. 23 – Dec. 21)



Perhaps your mind and feelings are not in agreement right now about what you want or how to proceed. You may want to give favour to what your spirit values most. Lucky numbers: 1, 2, 4, 11, 25, 43.

CAPRICORN

(Dec. 22 – Jan. 20)



You may be undergoing a long period of transformation. Right now, though, the rough waters might be calmer. You could use this period to determine any needed course correction and implement it. Lucky numbers: 11, 14, 21, 29, 39, 47.

AQUARIUS

(Jan. 21 – Feb. 19)



Aquarius is the sign of the humanitarian. Over the next few months, you may discover that you have the discipline and rigour to carry out a plan that will highlight that trait. Lucky numbers: 7, 9, 13, 25, 32, 44.

PISCES

(Feb. 20 – March 20)



Pisces folks are often busy with grand dreams. This may be the right time to look for a more practical opportunity, in order to put a solid foundation under your dreams. Lucky numbers: 12, 14, 18, 19, 34, 39.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 43.

Did You Know...

Many marriages: King Henry VIII is famous for having a number of wives: six to be exact. The ruler of England from 1491 to 1547, he created the Church of England so he could annul his first marriage without papal approval.

Coin custom: People from all over the world visit the Trevi Fountain in Rome, Italy, and most honour the custom of throwing money into it. The money collected is used to support good causes.

Stormy weather: Even on sunny, calm days with no sign of rain in the immediate vicinity, a thunderstorm is happening somewhere in the world. In fact, at any given time, an estimated 1,800 to 2,000 thunderstorms are happening around the globe.

Black tongue: A giraffe's tongue can be 45-50 cm (17.7-19.6 inches) in length, and is usually black, dark blue, or purple in colour, with a pink base or back. Scientists think it might be black to avoid sunburn when the giraffe extends it to eat leaves from the tops of trees.

Heavy cake: When it first became popular in 18th-century Europe, the pound cake was aptly named. Its recipe called for a pound of butter, a pound of flour, a pound of sugar, and a pound of eggs. Today's recipe is a little lighter on the ingredients!

On the Lighter Side

Jill: "I bent down to smell a brose in my garden and hurt my nose."

Jack: "Not brose, rose. There is no B in rose."

Jill: "There was in this one!"

Why did the pie crust go to the dentist? It needed a filling.

Knock! Knock! *Who's there?* Spider. *Spider who?* In spider everything, I still like you.

A sheep from outer space must be a Ewe-F-O.

What do you get when you cross a crow with dynamite? Caw-boom!

Answers

Trivia answers: 1. Mario Puzo 2. Spiro Agnew 3. False, sixth 4. Indonesia 5. Linus

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

STOP STREAMING!
IT'S FUNNIER LIVE
AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT
thecomicstrip.ca

Rich Bronson's
THE COMIC STRIP
DRINK • DINE • LAUGH

Like us on Facebook
...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

You never listen to me, you only hear what you want to hear

Sure, I'll have a beer

Communication not what it once was?

Call us today!
frequency HEARING

4920-50 Avenue, Beaumont • 780.900.6178

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

TRINITY
Baptist Church

Serving the community for over 40 years.
10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca
780-464-4040

East on Baseline; First left after Hwy 21
22550 Twp Road 530, Sherwood Park, AB

FROM **\$85** A MONTH
DRUG AND DENTAL PLANS

LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE
RESP PLANS (up to \$9200 grants + 15% bonus)

Vikram Saggu
780-999-3000

WEBSITES
From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA