

SHOP ONLINE!
www.scubagearcanada.ca
 • Snorkelling Gear • Reef-Safe Sunscreen
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
 Learn to SCUBA DIVE at our Edmonton location - call for details
 11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

FREE! *New Issue Every Week!*
Coffee News[®]
 "News To Be Enjoyed Over Coffee"
Fort Sask and Area Edition
780-220-6397

www.coffee-news.ca Est. 1988

CN-Proudly printed by One to One Mailing

Faster Internet. Unlimited data.
1-866-218-8782 Xplornet.com/fast

THIS SPACE FOR RENT
780-220-6397

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES
 SHIP BY BUS
 GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca
 TICKETS: 587-557-7719 | PARCEL: 587-557-7718
 SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Can't get to your **Coffee News**® each week?
 Check out our PDF editions online!
 New editions are posted every Monday
 Sign up here to receive email notifications of new editions.
 Now you never have to miss your weekly dose of good news!
www.coffee-news.ca/editions

Vol. 19 No. 23 June 6, 2022
Everybody's Talking

Locked-up thief: Jitendra Kumar-Sas, a clerk in a cell phone store in Philadelphia, Pennsylvania (U.S.), was going about his daily business when a customer entered, approached him aggressively, and ordered him to hand over all the money in the till. Kumar-Sas kept his cool, explained that there was no cash in the till, and said he would get some from another employee. The robber agreed to wait, which was a mistake, because the smart clerk left the store and locked the man inside. Police were called and managed to get the thief to surrender, but they credited Kimar-Sas for his calm reaction to the situation.

Southern train: Anyone who plans to visit the southern tip of South America will want to include the city of Ushuaia, Argentina. Located on the Isla Grande de Tierra del Fuego, it is known as the southernmost city in the world. The beautiful spot is backed by mountains and fronted by water. Local industries include sheep farming, fishing, lumber, and tourism. One attraction is the Southern Fuegian Railway, a steam train that tourists can take to travel along the Pico Valley. In the 19th century, the railway transported wood from the surrounding forests to be used for heating and cooking.

Potato namesake: A Copenhagen, Denmark, neighbourhood is named after what once lay under the ground: potatoes. Called Kartoffelrækkerne, which means "Potato Row," this area was named for the crop grown on the land in the 1800s. Living conditions in the city were poor at the time, so a decision was made in the 1870s to build three-story, connected homes on the land to house factory workers, one family on each floor. By the 1970s, these homes were slated to be torn down, but residents opposed this. Instead, each home was renovated into a single-family dwelling. Today, the homes on Potato Row command high prices.

Elderly climber: People who are retired and in their 70s, and who have always dreamed of climbing a mountain, could take some inspiration from Arthur Muir. The Northbrook, Illinois (U.S.), man summited Mount Everest. He is the oldest American ever to do so. Although aware of mountain climbing since he was a teenager, he never learned more about it or actually tried it when he was younger. But after he retired at the age of 68, he started to train. He attempted to climb the world's tallest peak in 2019, but an ankle injury stopped him. Therefore, it was a sweet success when, on his second attempt, he made it to the top with a team of mountaineers.

Quoteable Quotes
 "Some have too much, yet still do crave; I little have, and seek no more."
 —Sir Edward Dyer
 "Freedom of expression is the matrix, the indispensable condition, of nearly every other form of freedom."
 —Benjamin Cardozo

What's Happening

June 4-Legacy Park Family Festival Grab the fam, join them at Legacy Park in Fort Saskatchewan, and celebrate summer with local food, entertainment, community lead activities and of course, sheep! Visit www.facebook.com/cityfortsask for more info.

Jul 1 to 3-Vegreville Pysanka Festival 3 days of Cultural Immersion! Rain or Shine. Grandstand shows, Dance Competitions, Folk Art Displays, Beer Gardens and more. Visit www.pysankafestival.com or call 780-632-2777 for more info.

Jul 14 to 17 Grand North American Old Time Fiddle Championship 38th Annual Fiddling contest for All Ages: Junior, Youth, Senior, Golden, Novice. Traditional Fiddlers Compete. Over \$16,000 in Prizes! Dancing Dinner. Camping Jul14-17. <https://www.wildrosefiddlers.org/fiddle-contest-gna>

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE
 To enter, visit www.coffee-news.ca
 Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
\$400* Prize Package
 Find the Coffee News Guy hidden in one of the ads, then enter to win!
 *Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

Real Estate | Wills | Contracts
HOMESTEAD
 L A W
 Tamara D. Epple B.A., J.D.
 780.243.2116
www.homesteadlaw.ca
 "OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"
 CONVENIENTLY LOCATED JUST OFF THE YELLOWHEAD IN SHERWOOD PARK

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!
 How? We offer:
 ✓ VOIP Solutions at a fraction of the traditional carrier cost
 ✓ Long distance rates that outcompete the competition
587.760.2800
<https://zettatelecom.com>
 DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Love Coffee News?
 Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!
 Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.
 We always read your news. We love the Did You Know and the Trivia. Great paper!
Readers of the Month
 Ian & Emma from Edmonton, AB
 Please include:
 ① Your name ② Your phone number and ③ Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!
Coffee News® Fun Reading. Serious Advertising.

WHEEL OF FORTUNE
 WEEKNIGHTS 7PM/6PST
yesTV

Pregnant? Facing Difficult Decisions?
 We can help.
 Call 780.421.1177 or text 587.596.5380
A Small Miracle Adoption
 Adoption is the ultimate expression of a committed heart
 • Confidential Pregnancy Counselling • Support and Connection to Resources • Adoption Information and Advice
www.smallmiraclesadoption.com

HIP/KNEE REPLACEMENT?
 Other medical conditions causing TROUBLE WALKING or DRESSING?
The Disability Tax Credit allows for \$3,000 YEARLY TAX CREDIT and \$30,000 LUMP SUM REFUND
 FREE ASSESSMENT CALL TODAY!
For Expert Help: 1.844.453.5372

BEST OF HAWAII FOUR-ISLAND TOUR
 13 days, departs year-round
1-855-209-2894
 Promo code N7017
 FROM \$2,249 USD to \$1,999* USD
 *Prices are per person based on double occupancy plus \$299 taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 3/31/20. Other terms and conditions may apply. Ask your Travel Consultant for details.

Online Counselling Alberta-wide
 Complimentary 15-Minute Session
INNATE FREEDOM COUNSELLING
www.innatefreedomcounselling.com | 825.250.8415

Helping you rediscover **fun** in the kitchen!
Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220
 CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

LANDSCAPE MAINTENANCE AND INSTALLATION
 Mowing, Trimming, Edging • Fertilizing Bed Maintenance, Weeding, Enhancements Final Grades, Paving Stones, Retaining Walls
THREE SEASONS LANDSCAPING LTD.
780-922-4619 landscape industry certified
www.ThreeSeasonsLandscaping.ca

Get More Traffic, Leads & Sales
 • Website Development
 • Google Ads
 • Facebook Advertising
 • Social Media Management
 • SEO & Content Marketing
 • Reporting & Analytics
Frontline web consulting 780.760.6922 frontlineconsulting.ca

Trivia

1. What is a merswine?
2. This U.S. state is known as the Sunflower State.
3. The acronym "yuppie" stands for what?
4. The first modern skyscraper in the U.S. was built in what city in 1885?
5. What mountain range is also the name of a breed of dog?

(Flip bottom of page for answers)
 © Published with Permission by Capital Marketing Ltd
(Over)

Turn your dog in to one classy Mother pupper!

Try some of our "pawfect" pet services:
Full Grooming | Tidy Ups | Dematting
Nail Trimming & Filing | Tooth Brushing
C02 Hydrotherapy | ...and more!

Dainty Dogs Spa

Kassandra Keating
Professional Groomer, CPPS Certified Pet Stylist
PIJAC Certified K9 Specialist

Text/Phone: 780.243.7701
daintydogsspa@gmail.com
www.daintydogsspa.com

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC
Prairie Scented Candles
a RAY of Fragrance

Sunset Scents
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

SOLD!

Ryley Trenchuk
REALTOR®

MaxWell
Devonshire Realty
Where Real Estate Happens™

780.945.0090
RyleyRealty@gmail.com
RyleyTrenchuk.com

A Proven System That Will Sell Your Home

Calgary & Edmonton Outlets

singlecup.ca™
Mon-Sat 9-5

500+
K-Cups • PODS • Syrups

FREE SHIPPING \$50+
Alberta Owned!
Every day low prices

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

TRINITY
AUTOMOTIVE

OFFERING YOU THE BEST SOLUTION FOR YOUR VEHICLE

COURTESY CARS AVAILABLE

780-953-9795
TRINITYAUTO9795GMAIL.COM
#120, 11870 88 AVE. FORT SASK.

HONEST. RELIABLE. INCLUSIVE. AUTOMOTIVE SERVICE

CARSWANTED.CA

ALL MAKES AND MODELS ANY CONDITION

WE PICK UP YOUR VEHICLE ANYWHERE IN ALBERTA!

INSTANT CASH FOR ANY VEHICLE

587-805-1500

ART CLASSES

Artfully Yours
School of Fine Art

- * Drawing
- * Painting
- * Sculpture
- * Portfolio Preparation

#126
150 Chippewa Road (upstairs)
Sherwood Park

LIMITED ENROLMENT - REGISTER TODAY

780.449.3824
info@artfullyyoursschool.ca
artfullyyoursschool.ca

GIFT CERTIFICATES AVAILABLE!

Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may be affected now by someone or something from your past. Any traces of an old wound might need to be healed in order to resolve any current issues in your relationship. Lucky numbers: 5, 24, 27, 35, 41, 47.

TAURUS
(April 21 - May 21)

Those born under Taurus often are talented in practical arts, such as crafting, woodworking, and the like. Right now, you may find a sudden or unusual opportunity to manifest such a skill. Lucky numbers: 13, 17, 20, 29, 40, 45.

GEMINI
(May 22 - June 21)

Are you having trouble getting past a difficult emotional issue? There may be an opportunity now to more easily address it. Finding a new viewpoint on the matter may be productive. Lucky numbers: 11, 13, 22, 31, 32, 48.

CANCER
(June 22 - July 22)

Have you struggled to understand how you can be of service to others and to the world in general? Perhaps an adjustment in your definition of service would be helpful in this regard. Lucky numbers: 7, 19, 32, 40, 41, 42.

LEO
(July 23 - Aug. 23)

You may have a lot of energy and confidence right now. Perhaps use it to develop your goals, and maybe look for opportunities to fulfill them. You might consider a creative endeavour. Lucky numbers: 1, 6, 19, 20, 30, 38.

VIRGO
(Aug. 24 - Sept. 23)

Perhaps you are feeling frustrated in your romantic relationship. It may be time to talk through the issue, if you can do so calmly. If not, consider waiting a few days. Lucky numbers: 2, 8, 17, 18, 31, 43.

LIBRA
(Sept. 24 - Oct. 23)

You may find yourself pulled in many different directions right now. If you are disciplined and work hard, you might be able to cut through the chatter and accomplish quite a bit. Lucky numbers: 3, 7, 11, 27, 33, 40.

SCORPIO
(Oct. 24 - Nov. 22)

Scorpios often are sensitive to the feelings of others, and sometimes have trouble separating their emotions from those around them. At week's end, try to focus on discerning the difference between the two. Lucky numbers: 6, 17, 23, 28, 29, 31.

SAGITTARIUS
(Nov. 23 - Dec. 21)

As the week begins, you may feel a conflict between your mind and your emotions. You might want to wait a few days to see if the situation starts to ease. Lucky numbers: 4, 7, 14, 24, 32, 46.

CAPRICORN
(Dec. 22 - Jan. 20)

This may be a good time to communicate your ideas in a way that will attract others to your side. They might provide insight into, or help you with, an obstacle. Lucky numbers: 9, 12, 16, 33, 34, 39.

AQUARIUS
(Jan. 21 - Feb. 19)

You may be feeling that there is a different and higher purpose to your life. Keep your eyes and ears open for information that might point you in the right direction. Lucky numbers: 11, 19, 22, 25, 26, 31.

PISCES
(Feb. 20 - March 20)

You may be feeling discouraged right now about the state of the world. Finding your inner warrior may help you to dispel the negativity and initiate positive change. Lucky numbers: 8, 10, 28, 30, 35, 36.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 33.

Did You Know...

Young artist: One of the world's most famous artists started developing his painting and sculpting skills early. Trained by his father, Pablo Picasso sketched from a very young age, and entered art school in Barcelona around age 14.

Space house: Tucked into the woods near Signal Mountain, Tennessee (U.S.), the Space House is shaped like a flying saucer and is supported by six concrete beams. Curtis King built it in 1972 for his son, who was interested in all things extraterrestrial.

Long beach: Those traveling to New Zealand can visit Ninety Mile Beach, which is actually only 55 miles (88 km) long. The beach is also a highway suitable only for four-wheel-drive vehicles.

Pandas are property: China owns all but two of the pandas in the world (Mexico owns those two) and loans them to zoos, sanctuaries, and breeding centres in other countries. In 2004, the World Wildlife Fund reported a total of 1,600 pandas; only 50 could be found outside China.

Floating fruit: Ever wonder why apples can float? It's because about a quarter of their volume is air. That means they're less dense than water, which makes them able to float.

On the Lighter Side

A musician's favourite cereal is Flute Loops.
Ned: "Did you hear the story about the man who lives on onions alone?"
Fred: "No. But anyone who lives on onions ought to live alone."

Why do elephants have trunks? Because they don't have glove compartments.

Knock! Knock! Who's there? Dragon. Dragon who? Dragon armchair over here and let's talk.

What did the corn give his fiancée when he proposed? An ear ring.

Answers

Trivia answers: 1. A dolphin or porpoise. 2. Kansas. 3. Young urban professional. 4. Chicago. 5. Pyrenees.

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Recipe of the month

Fish Tacos With Guacamole

2 cups angel hair coleslaw mix
1-1/2 teaspoons canola oil
1-1/2 teaspoons lime juice
GUACAMOLE:
1 medium ripe avocado, peeled and quartered
2 tablespoons fat-free sour cream
1 tablespoon finely chopped onion
1 tablespoon minced fresh cilantro
1/8 teaspoon salt
dash pepper

TACOS:
1 pound tilapia filets, cut into 1-inch pieces
1/4 teaspoon salt
1/8 teaspoon pepper
2 teaspoons canola oil
8 corn tortillas (6 inches), warmed
Optional toppings: Hot pepper sauce, chopped tomatoes, green onions and jalapeno pepper

Prep: 25 min. + marinating Cook: 10 min. Yield: 4 servings

1 In a small bowl, toss coleslaw mix with oil and lime juice; refrigerate until serving. In another bowl, mash avocado with a fork; stir in sour cream, onion, cilantro, salt and pepper.
2 Sprinkle tilapia with salt and pepper. In a large nonstick skillet, heat oil over medium-high heat. Add tilapia; cook until fish just begins to flake easily with a fork, 3-4 minutes on each side. Serve in tortillas with coleslaw, guacamole and desired toppings.

Source: <https://www.tasteofhome.com>

FREE ROLLING TRAY

- WHEN YOU PRESENT THIS COUPON -

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

NO PURCHASE NECESSARY

8060 - 167 AVE. NW

420
BUBONIC KRONIK
CIGS VAPORIZORS BONDS

EDMONTON
780.371.0106

Making peace of mind a reality

Nahachick Adult Guardianship and Trusteeship Services

Confidential and discreet document preparation. Available services include:
Applications for Appointment of Guardian and Trustee
Review of Guardianship and Trusteeship Order
Urgent Guardianship and Trusteeship Orders

Flexible appointments. For non-Edmonton residents, appointments can be held via telephone or video calls. Edmonton and area clients have the option to meet face-to-face, home visits, telephone or video calls.

A complete list of our services is available at <https://nahachick.ca>

780.660.0649 | nahachick.agt.services@gmail.com

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500 Gift Certificate**

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

Competitive Pricing
Knowledgeable Service
Great Selection
Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD. since 1986

Does your financial advisor know your life goals?

Mary Rogers
Financial Advisor
117 Town Crest Rd
Suite 201
Fort Saskatchewan, AB T8L 0G7
780-992-8440

Edward Jones®
www.edwardjones.ca

Stumbling Blocks Team Building Seminars

Build a Stronger, More Resilient Team

Book Barbara Today!
780-722-3188

BARBARAMAY.COM | STUMBLING-BLOCKS.COM

IF WATER RUNS THROUGH IT, WE DO IT!

LUC'S PLUMBING INC.
Your Local Plumber

CERTIFIED GASFITTER

780-405-0436
lucsplumbinginc@gmail.com

Proudly Serving Fort Saskatchewan & Surrounding Areas