

WHERE FLAME MEETS FLAVOUR



PrimeTime Donair & Poutine

— Sherwood Centre —
1020 Sherwood Drive #138
Sherwood Park
587-456-9190

— Baseline Village —
222 Baseline Rd #160
Sherwood Park
780-467-6970

OUTLOOK MOTEL

AND RV PARK

1 Bedroom Motel Unit
Monthly Rates
Seniors Welcome
RV Stalls — full hook up and power only (low rates)

780-908-6872
1850 Yellowhead Trail, Edmonton (close to Sherwood Park)

THIS SPACE FOR RENT

780-220-6397

Discover a new way to look at food and nutrition from Canada's largest and leading school of holistic nutrition!

Virtual! **Healthy Eating & Lifestyle Certificate**

Explore a variety of topics for simple, actionable nutrition information.
Classes run for a total of 21 hours over 5 weeks.

www.csn.ca/edmonton/helc

RETIREMENT LIVING CHRISTENSON

Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community
1 and 2 Bedroom suites now available

Bedford Village
Centre in the Park

Full Kitchens • Social & Recreation • U/G Parking
161 Festival Way, Sherwood Park
780-233-6077
CDLhomes.com

BUYING A NEW HOME? LOOKING TO REFINANCE? TIME TO RENEW?

Contact your **local mortgage broker** to get started **today!**

LESLIE CAIRNS 780.570.5457
ACCREDITED MORTGAGE PROFESSIONAL

leslie@joyinmortgages.ca • www.joyinmortgages.ca

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500 Gift Certificate**

Where Safety Meets Savings

Competitive Pricing
Knowledgeable Service
Great Selection
Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD.
Since 1986

FREE! *New Issue Every Week!*

Coffee News®
"News To Be Enjoyed Over Coffee"

Sherwood Park North Edition
780-220-6397

www.coffee-news.ca

Vol. 19 No. 24 June 13, 2022

Everybody's Talking

Shoe stealer: A Japanese man has been arrested twice for stealing a peculiar kind of treasure: women's shoes. Tsunehito Isobe of the city of Murakami likes to hoard women's shoes, whether they are nurses' footwear, sandals, or high heels. His recent arrest came after the cops found almost 140 pairs of shoes in his home. An office building's surveillance camera caught him in the act, leading to his arrest. The last time he'd gotten caught was seven years earlier, when he was found with over 200 pairs of shoes that he had stolen, mostly from health institutions. However, the culprit didn't steal every pair; sometimes he bought them from used clothing stores.

Exhilarating climb: A huge, smooth, towering rock is part of the landscape near the towns of Guatapé and El Peñol in the region of Antioquia in Colombia. Situated about 70 kilometres (44 miles) east of the city of Medellín, it is called El Peñón de Guatapé or La Piedra del Peñol. (Peñón means "rock.") All around this landform are rolling hills, plains, forests, and lakes. It juts up from the land in a spectacular fashion, rising 200 metres (656 feet) high. It is possible to climb to the top on a wooden staircase constructed in a natural fissure that runs straight up the side of the rock. The climb may be a tad scary, but the views from the top are breathtaking.

Bird friend: People who live in Gommenec'h, in northwestern France, don't bat an eye when they see Xavier Bouget riding his bicycle with a pigeon resting happily on his shoulder. That's because the pigeon, named Blanchon, is Bouget's friend. The unlikely relationship started in 2019 when Bouget rescued Blanchon (then just a chick) after she fell out of her nest. The retired man used a syringe to feed the chick, and as she grew, she stayed with her rescuer, even though she is free to fly away if she wishes. Bouget believes that Blanchon trusts him, and that is why she stays around, keeping him company as he gardens, cycles, or works in his backyard workshop.

Endless books: The architects of a bookstore in Sichuan province in southwestern China must have tapped into a love of books when designing the interior space. Called Dujiangyan Zhongshuge, this store holds more than 80,000 books, but at first glance, visitors would think the collection was endless. That is because strategically placed mirrors, a black tile floor, a spiral staircase, and high archways all work together to give the illusion that the stacks of books never end. Those wandering the hallowed halls of the place know, of course, that mirrors are creating the effect. But even so, identifying the spot where the real books end and their reflections begin can be a challenge.

Quoteable Quotes

"Hope is a waking dream." —Aristotle
"The monuments of wit survive the monuments of power." —Francis Bacon

What's Happening

Jul 1 - Annual Canada Day celebration Strathcona County hosts a family-friendly Canada Day celebration at Broadmoor Lake Park. Events vary each year, but activities often include fireworks, live entertainment, scavenger hunts, food courts, canoeing and more. recreation@strathcona.ca

July 15 to 17-Edmonton Carnaval a Latin festival that serves as a platform for local artists and artisan, creates spaces of culture and entertainment for the whole family. www.edmontoncarnaval.com. 9210 118 Avenue.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Singer Perry Como was awarded the first-ever RIAA Gold Record album in 1958—T/F?
2. In the U.S., Flag Day is celebrated in May, June, or July?
3. The Overlook Hotel is the setting of what book?
4. The nickname of William Perry, Chicago Bears defensive lineman, was ___?
5. Which time traveler first appeared on BBC TV on November 23, 1963?

(Flip bottom of page for answers)

Affordable-Effective-Exclusive-CALL NOW!

Real Estate | Wills | Contracts

HOMESTEAD
..... L A W

Tamara D. Epple B.A., J.D.

780.243.2116
www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

Do you worry about your elderly parents living alone?

Dedicated to helping seniors stay safe in their homes for as long as possible

FOREVER HOME SENIOR CARE

We provide: • Ongoing Home Care Services
• Dementia Care or Alzheimer's Care
• Respite Care/Relief Care
• Palliative Care

To book your Free Consultation, visit: www.foreverhomeseniorcare.com | 780.245.1499

Sonia Sells!

SONIA TARABAY
#1 AGENT
RE/MAX ELITE (2017 - 2021)
780.707.6015
SONIASSELLS.COM

ComPost Sale

Organic Soil™
40 lb bag for \$10
Three for \$25 or Five for \$40

HELP YOUR GARDEN THRIVE!
Every Friday and Saturday 9 am - 5 pm

- Duggan Community League 3728-106 St.
- Space Off Whyte - 80 Ave. 10047-80 Ave.
- St. Albert Community League 17 Perron St.
- 201 Festival Way Sherwood Park
- Edmonton Academy 810 Saddleback Rd. (5 parking lot)
- Callingwood Square 6741-177 St.

Visit one of our locations or go to cleanitgreen.net to order bagged or bulk compost

We've got you covered!

CALL FOR YOUR FREE ESTIMATE TODAY

Serving Edmonton and Area for Generations

ALF'S ROOFING 464.6464

- ◆ Specializing in residential re-roofing
- ◆ Visit our showroom today
- ◆ In business since 1976

alfsroofing.com

FREE ROLLING TRAY

- WHEN YOU PRESENT THIS COUPON -

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

99 WYE ROAD 420 **BUBONIC KRONIK** SHERWOOD PARK
ECIGS • VAPORIZORS • BONGS

TRINITY Baptist Church

Serving the community for over 40 years.
10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca
780-464-4040

East on Baseline; First left after Hwy 21
22550 Twp Road 530, Sherwood Park, AB

HAPPY Father's DAY

from your friends at **Coffee News**®

CALL NOW TO BOOK YOUR APPOINTMENT!

THOSE GUYS

• GARAGE •

Come visit our new location!
587-456-0164 Family Owned and Operated
 241 Portage Close, Unit 140 (across from Atco Gas)

IF WATER RUNS THROUGH IT, WE DO IT!

LUC'S PLUMBING INC.

CERTIFIED GASFITTER
 Your Local Plumber

780-405-0436
 lucsplumbinginc@gmail.com

Proudly Serving Sherwood Park & Surrounding Areas
NO CALL OUT FEE IN SHERWOOD PARK!

Let Us Handle the Dirty Work!

Cistern and Septic Installation, Inspection and Maintenance

Septic Field and Mound Design and Installation by Govt. Certified Installers

REASONABLE RATES

Family run, local business. We care!

780.668.4306
 best-cistern-septic-solutions.com

BEST CISTERN
 SEPTIC SOLUTIONS

EAGLE EYE SECURITY SOLUTIONS LTD.

"A Proven Leader in Digital Security"

- Commercial CCTV Surveillance Solutions
- Commercial Access Control Solutions
- Commercial Alarm Solutions
- Rural Farm and Acreage Solutions

LOCALLY OWNED AND OPERATED

EAGLE EYE
 SECURITY SOLUTIONS LTD.
 780.570.5974 | eesecuritysolutions.ca

Personalized Home Insurance

CALL CANDACE, OUR HOME SPECIALIST, TODAY!

Tom Ciezki Agencies **BNi**

Candace Johnston — 780.464.3279
 candace_johnston@cooperators.ca
 Aspen Plaza — 260 - 3820 Sherwood Dr., Sherwood Park

co-operators
 Investing in your future. Together.™

DISCOVER THE MANY REASONS TO CHOOSE TOM CIEZKI AGENCIES FOR HOME INSURANCE

Turn your dog in to one classy Mother pupper!

Try some of our "pawfect" pet services:
 Full Grooming | Tidy Ups | Dematting
 Nail Trimming & Filing | Tooth Brushing
 CO2 Hydrotherapy | ...and more!

Dainty Dogs Spa

Kassandra Keating
 Professional Groomer, CPPS Certified Pet Stylist
 PUAC Certified K9 Specialist

Text/Phone: **780.243.7701**
 daintydogsspa@gmail.com
 www.daintydogsspa.com

ART CLASSES

Artfully Yours School of Fine Art

- Drawing
- Painting
- Sculpture
- Portfolio Preparation

#126
 150 Chippewa Road (upstairs)
 Sherwood Park

LIMITED ENROLLMENT - REGISTER TODAY

780.449.3824
 info@artfullyyoursschool.ca
 artfullyyoursschool.ca

GIFT CERTIFICATES AVAILABLE!

"The Happiest Sound in all the World"

SCA EAGLES THEATRE PRESENTS

The SOUND of MUSIC

June 2 | 7 p.m.
 June 3 | 12 & 7 p.m.
 June 4 | 11 a.m.
 June 5 | 2 & 7 p.m.

Sherwood Park Alliance Church
 1011 Clover Bar Rd., Sherwood Park

Tickets \$10 + tax
 Purchase at www.eventbrite.ca

Your Weekly Horoscope

ARIES
 (March 21 - April 20)

Aries are often inwardly focused, but it may be time for you to consider how to direct your considerable energies and talents in service to others. A new opportunity might emerge. Lucky numbers: 4, 9, 10, 35, 42, 44.

TAURUS
 (April 21 - May 21)

You may be frustrated or angry right now about an inability to achieve your goals. Instead of getting caught up in these emotions, try reorienting your actions toward achieving success. Lucky numbers: 2, 3, 11, 17, 32, 48.

GEMINI
 (May 22 - June 21)

You may be entering a period of being busy with many texts, emails, and other communications. Your mind might be quick and clear; consider using this time to present your ideas to others. Lucky numbers: 1, 2, 6, 36, 37, 42.

CANCER
 (June 22 - July 22)

The emotions of Cancers often run deep, and expressing them may sometimes be difficult. Right now, though, you might feel confident enough to approach others in positive ways, in this regard. Lucky numbers: 9, 16, 19, 27, 28, 32.

LEO
 (July 23 - Aug. 23)

At the beginning of the week, your natural leadership abilities may be heightened. Might you be able to work with others to achieve an endeavour that could truly benefit all of you? Lucky numbers: 8, 9, 13, 29, 34, 44.

VIRGO
 (Aug. 24 - Sept. 23)

At the end of the week, you may find that your mind and your emotions are in conflict. If so, try waiting a few days before you act on your feelings. Lucky numbers: 7, 12, 13, 23, 35, 45.

LIBRA
 (Sept. 24 - Oct. 23)

Are your current efforts being stymied by an issue from the past? If so, you may need to take action to resolve that problem before you move forward with your goals. Lucky numbers: 12, 15, 16, 17, 30, 48.

SCORPIO
 (Oct. 24 - Nov. 22)

Scorpios often have an ability to see what others hide about themselves. Right now, you may have an opportunity to experience compassion that will help you deal with a particular situation. Lucky numbers: 10, 12, 38, 46, 47, 48.

SAGITTARIUS
 (Nov. 23 - Dec. 21)

This week there may be an opportunity to complete a project that you have been working on for a while. You might also want to begin planning for your next goal. Lucky numbers: 13, 14, 17, 18, 34, 44.

CAPRICORN
 (Dec. 22 - Jan. 20)

Capricorns are usually practical thinkers, but right now your emotions may be in the driver's seat. An adjustment in how you view yourself and your life might be helpful. Lucky numbers: 6, 32, 33, 34, 36, 45.

AQUARIUS
 (Jan. 21 - Feb. 19)

This might be a good week to examine whether what you are working toward is in alignment with your values. If not, consider calling a time-out and creating a plan for change. Lucky numbers: 5, 14, 15, 18, 30, 42.

PISCES
 (Feb. 20 - March 20)

For a few days this week, you might feel discouraged or lacking in ambition. If you tend to abuse food or substances, you may want to be especially conscious of making good choices. Lucky numbers: 11, 18, 24, 26, 27, 39.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 17.

Did You Know...

Spacewoman: On June 18, 1983, Sally Ride became the first American woman and, at 32, the youngest American to fly in space. She applied to the U.S. National Aeronautics and Space Administration (NASA) in 1977, and received training before her flights in 1983 and 1984.

Going hungry: Those with mageirocophobia have a fear of cooking. People with this condition may fear one or more of the elements of cooking, or they may fear the possible outcomes of their attempts at the task.

Powerful bite: A human's teeth are strong enough to exert 200 pounds (90 kg) of pressure. Also, the enamel is so strong that teeth can last hundreds of years after a person dies.

Reindeer beards: Men aren't the only ones who grow beards. Reindeer, native to Arctic and subarctic regions, grow beards in the winter to help protect their muzzles from a buildup of frost when they graze in the snow.

Who are they? According to the International Playing Card Society and other researchers, the kings in a deck of cards are thought to be David, King of Israel (spades), Alexander the Great (clubs), Charlemagne, King of France (hearts), and Caesar Augustus (diamonds).

On the Lighter Side

Knock! Knock! Who's there? Morris. Morris who? Morris in the pot, so help yourself.

How did the captain know when his ship was going down? He had a sinking feeling.

Patient: "Doctor, I keep dreaming my eyes change colours."
 Doctor: "It's just a pigment of your imagination."

Becoming a cosmetologist is simple. Just take a makeup test.

What did Barbie do when she directed the hens in a play? Barbie cued the chickens.

Answers

Trivia answers: 1. True 2. June 14 3. The Shining by Stephen King 4. The Refrigerator 5. Dr. Who

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

LANDSCAPE MAINTENANCE AND INSTALLATION

Mowing, Trimming, Edging • Fertilizing
 Bed Maintenance, Weeding, Enhancements
 Final Grades, Paving Stones, Retaining Walls

THREE SEASONS LANDSCAPING LTD.
 780-922-4619
 www.ThreeSeasonsLandscaping.ca

FLAT RATE ALFA TAXI

SERVING SHERWOOD PARK AND AREA

780.410.0667

Airport - \$40. Anywhere in Sherwood Park - up to \$10.*
 * Except weekends and evenings.

Reasonable flat rate anywhere • 24 Hr. Service.
 Toll Free 1.855.688.2941

Buy back your time and your mental health!

- ✓ Home cleaning you can trust
- ✓ Green, family-friendly products
- ✓ No surprise bills

www.sparklingspaces.ca

Sparkling Spaces
 MAKING THE WORLD SPARKLE ONE SPACE AT A TIME

780.233.8560 | info@sparklingspaces.ca

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
 and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

25 WORDS OR LESS
 WEEKDAYS 3PM
 yesTV

FIRST AID MEDICAL COURSES SAFETY COURSES

PROFESSIONALS TRAINING PROFESSIONALS

EMR - Emergency Medical Responder
 BLS - Basic Life Support
 ACLS - Advanced Cardiovascular Life Support
 SFA - Standard First Aid

AFA/MFR - Advanced First Aid/Medical First Responder
 PALS - Paediatric Advanced Life Support
 RFA - Remote First Aid

232-2755 Broadmoor Blvd. Sherwood Park
780.643.6163 | www.emergencyed.ca

Welcoming new patients!

Offering a full line of dental services, including

- Invisible Braces
- Myofunctional Therapy
- Snore and Apnea Appliances

PARK DENTAL
 WELLNESS CENTRE #302, 2018 Sherwood Dr.
780.467.2444
 www.parkdentalcare.ca

We are pleased to announce that Dr. Sabrina Atwal has joined our team

Helping you rediscover fun in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca
 or visit us in person at 111 First Avenue, Spruce Grove

The World's #1 Restaurant Publication!