

HAPPY
Father's DAY

from your friends at
Coffee News

ComPost Sale

Organic Soil
40 lb bag for \$10
Three for \$25 or Five for \$40

Visit one of our locations or go to cleanitgreenit.net to order bagged or bulk compost

HELP YOUR GARDEN THRIVE!
Every Friday and Saturday
9 am - 5 pm

- Duggan Community League 3728-106 St.
- Space Off Whyte - 80 Ave. 10047-80 Ave.
- St. Albert Community League 17 Perron St.
- 201 Festival Way Sherwood Park
- Edmonton Academy 810 Saddleback Rd. (S parking lot)
- Callingwood Square 6741-177 St.

SAIF's 2ND ANNUAL CAR RALLY

REGISTER @SAIFSOCIETY.CA

A FUNDRAISER FOR SAIF SOCIETY

Saturday, June 11 | 1-5 p.m.
A family-friendly scavenger hunt done in vehicles in and around St. Albert!

If you have been impacted by family violence, we offer a variety of services for residents in St. Albert, Sturgeon County and nearby rural communities.

Give us a call to discuss your options and book an appointment today.

SAIF Society Stop Abuse in Families (SAIF) Society
780.460.2195 | info@stopabuse.ca

CORY KNOTT
MORTGAGE BROKER

- ✓ Mortgages
- ✓ Refinancing
- ✓ Investment Properties
- ✓ Renewal
- ✓ Pre-Approvals

MAKING MORTGAGES EASY

780.293.9212 | cory@coryknott.ca

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
① Your name ② Your phone number and ③ Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.

Readers of the Month
from Millet, AB

WHY RENT ...when you can BUY?

You may be financially ready – and don't even know!

Call George about **real solutions** to build equity:
780.982.4247
www.georgevandewalle.com

RE/MAX

GEORGE VAN DE WALLE

FREE! **New Issue Every Week!**

Coffee News
"News To Be Enjoyed Over Coffee"

St. Albert Edition
780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 19 No. 24 June 13, 2022

Everybody's Talking

Shoe stealer: A Japanese man has been arrested twice for stealing a peculiar kind of treasure: women's shoes. Tsunehito Isobe of the city of Murakami likes to hoard women's shoes, whether they are nurses' footwear, sandals, or high heels. His recent arrest came after the cops found almost 140 pairs of shoes in his home. An office building's surveillance camera caught him in the act, leading to his arrest. The last time he'd gotten caught was seven years earlier, when he was found with over 200 pairs of shoes that he had stolen, mostly from health institutions. However, the culprit didn't steal every pair; sometimes he bought them from used clothing stores.

Exhilarating climb: A huge, smooth, towering rock is part of the landscape near the towns of Guatapé and El Peñol in the region of Antioquia in Colombia. Situated about 70 kilometres (44 miles) east of the city of Medellín, it is called El Peñón de Guatapé or La Piedra del Peñol. (Peñón means "rock.") All around this landform are rolling hills, plains, forests, and lakes. It juts up from the land in a spectacular fashion, rising 200 metres (656 feet) high. It is possible to climb to the top on a wooden staircase constructed in a natural fissure that runs straight up the side of the rock. The climb may be a tad scary, but the views from the top are breathtaking.

Bird friend: People who live in Gommenec'h, in northwestern France, don't bat an eye when they see Xavier Bouget riding his bicycle with a pigeon resting happily on his shoulder. That's because the pigeon, named Blanchon, is Bouget's friend. The unlikely relationship started in 2019 when Bouget rescued Blanchon (then just a chick) after she fell out of her nest. The retired man used a syringe to feed the chick, and as she grew, she stayed with her rescuer, even though she is free to fly away if she wishes. Bouget believes that Blanchon trusts him, and that is why she stays around, keeping him company as he gardens, cycles, or works in his backyard workshop.

Endless books: The architects of a bookstore in Sichuan province in southwestern China must have tapped into a love of books when designing the interior space. Called Dujiangyan Zhongshuge, this store holds more than 80,000 books, but at first glance, visitors would think the collection was endless. That is because strategically placed mirrors, a black tile floor, a spiral staircase, and high archways all work together to give the illusion that the stacks of books never end. Those wandering the hallowed halls of the place know, of course, that mirrors are creating the effect. But even so, identifying the spot where the real books end and their reflections begin can be a challenge.

Quoteable Quotes

"Hope is a waking dream." —Aristotle
"The monuments of wit survive the monuments of power." —Francis Bacon

What's Happening

June 18-Lemonade Day Northern Alberta Support Lemonade Day, Support Your Local Young Entrepreneurs. Lemonade Day is June 18, 2022 and Lemonade Day kids in your town are trying their hand at running their own business - a Lemonade Stand. Registration is Open

lemonadeday.orgnorthern-alberta **July 15 to 17-Edmonton Carnival** a Latin festival that serves as a platform for local artists and artisan, creates spaces of culture and entertainment for the whole family. www.edmontoncarnaval.com. 9210 118 Avenue.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Singer Perry Como was awarded the first-ever RIAA Gold Record album in 1958—T/F?
2. In the U.S., Flag Day is celebrated in May, June, or July?
3. The Overlook Hotel is the setting of what book?
4. The nickname of William Perry, Chicago Bears defensive lineman, was ___?
5. Which time traveler first appeared on BBC TV on November 23, 1963?

(Flip bottom of page for answers)

THIS SPACE FOR RENT
780-220-6397

✓ Business Immigration
✓ Skilled Trades Immigration
✓ Student Immigration
✓ Spousal Sponsorship
✓ Parents Sponsorship

MEWI
Immigration Services Inc. REGULATED CANADIAN IMMIGRATION CONSULTANTS

EMPLOYERS - NOT ABLE TO FIND EMPLOYEES? WE CAN HELP!

Phone/Whats app +1 647-702-9635 / +1 780-710-9635
info@mewiimmigration.ca | www.mewiimmigration.ca

RBC Financial Planning

Looking for investment or retirement advice? Talk to me today.

William Reid CFP®, PFP®
Financial Planner, Investment and Retirement Planning
780-720-3743
will.reid@rbc.com

RBC Financial Planning is a business name used by Royal Mutual Funds Inc. (RMFI). Financial planning services and investment advice are provided by RMFI, RMPF, RBC Global Asset Management Inc., Royal Bank of Canada, Royal Trust Corporation of Canada and the Royal Trust Company are separate corporate entities which are affiliated. RMFI is licensed as a financial services firm in the province of Quebec.
© / ™ Trademark(s) of Royal Bank of Canada.

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

BBB

Wild Earth Bakery

101 Riel Drive, St. Albert
780-651-7362
www.wildearthbakery.com

We've been around for a while and we've seen a lot over the years. The world keeps changing, but Wild Earth keeps baking.

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500 Gift Certificate**

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

Competitive Pricing
Knowledgeable Service
Great Selection
Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD.
since 1986

UH-OH!

DON'T WORRY - We repair damage to leather, vinyl, plastic and fabric.

COLORGlo
NORTH EDMONTON

For a free estimate, call **780.239.7917**

AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL

www.scubagearcanada.ca

A Home/Business Inventory
CAN PROVIDE PROTECTION & PEACE OF MIND

"When filing a claim for destroyed or stolen items, pre-recorded documentation will make a claim easier and more credible."

- ✓ Complete Documentation of Personal Property
- ✓ Recommended by Insurance Companies & Financial Planners
- ✓ Licensed and Insured

ALL CAN PROMOTIONS

825-512-5881
<https://www.assets-docs.ca/>

CONTACT US TO DISCUSS SAFEGUARDING YOUR PERSONAL EFFECTS

25 WORDS OR LESS
WEEKDAYS 3PM
yesTV

WEBSITES
From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

IS THE JOB JAR FULL?
Call your home and small job specialist!

MAN ABOUT THE HOUSE
WCB INSURED - 30 YEARS' EXPERIENCE
780-660-0023 RESIDENTIAL OR COMMERCIAL

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton
www.thediveoutfitters.ca

Learn to Scuba Dive
Ask about our Buddy Special

Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

RETIREMENT LIVING
CHRISTENSON
Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community
1+den & 2 Bedroom suites now available

CITADEL VILLAGE

Full Kitchens • Social & Recreation • U/G Parking

15 Erin Ridge Road, St. Albert
780-267-5282
CDLhomes.com

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

ETTA TELECOM
587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Aries are often inwardly focused, but it may be time for you to consider how to direct your considerable energies and talents in service to others. A new opportunity might emerge. Lucky numbers: 4, 9, 10, 35, 42, 44.

TAURUS
(April 21 - May 21)

You may be frustrated or angry right now about an inability to achieve your goals. Instead of getting caught up in these emotions, try reorienting your actions toward achieving success. Lucky numbers: 2, 3, 11, 17, 32, 48.

GEMINI
(May 22 - June 21)

You may be entering a period of being busy with many texts, emails, and other communications. Your mind might be quick and clear; consider using this time to present your ideas to others. Lucky numbers: 1, 2, 6, 36, 37, 42.

CANCER
(June 22 - July 22)

The emotions of Cancers often run deep, and expressing them may sometimes be difficult. Right now, though, you might feel confident enough to approach others in positive ways, in this regard. Lucky numbers: 9, 16, 19, 27, 28, 32.

LEO
(July 23 - Aug. 23)

At the beginning of the week, your natural leadership abilities may be heightened. Might you be able to work with others to achieve an endeavour that could truly benefit all of you? Lucky numbers: 8, 9, 13, 29, 34, 44.

VIRGO
(Aug. 24 - Sept. 23)

At the end of the week, you may find that your mind and your emotions are in conflict. If so, try waiting a few days before you act on your feelings. Lucky numbers: 7, 12, 13, 23, 35, 45.

LIBRA
(Sept. 24 - Oct. 23)

Are your current efforts being stymied by an issue from the past? If so, you may need to take action to resolve that problem before you move forward with your goals. Lucky numbers: 12, 15, 16, 17, 30, 48.

SCORPIO
(Oct. 24 - Nov. 22)

Scorpions often have an ability to see what others hide about themselves. Right now, you may have an opportunity to experience compassion that will help you deal with a particular situation. Lucky numbers: 10, 12, 38, 46, 47, 48.

SAGITTARIUS
(Nov. 23 - Dec. 21)

This week there may be an opportunity to complete a project that you have been working on for a while. You might also want to begin planning for your next goal. Lucky numbers: 13, 14, 17, 18, 34, 44.

CAPRICORN
(Dec. 22 - Jan. 20)

Capricorns are usually practical thinkers, but right now your emotions may be in the driver's seat. An adjustment in how you view yourself and your life might be helpful. Lucky numbers: 6, 32, 33, 34, 36, 45.

AQUARIUS
(Jan. 21 - Feb. 19)

This might be a good week to examine whether what you are working toward is in alignment with your values. If not, consider calling a timeout and creating a plan for change. Lucky numbers: 5, 14, 15, 18, 30, 42.

PISCES
(Feb. 20 - March 20)

For a few days this week, you might feel discouraged or lacking in ambition. If you tend to abuse food or substances, you may want to be especially conscious of making good choices. Lucky numbers: 11, 18, 24, 26, 27, 39.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 17.

Did You Know...

Spacewoman: On June 18, 1983, Sally Ride became the first American woman and, at 32, the youngest American to fly in space. She applied to the U.S. National Aeronautics and Space Administration (NASA) in 1977, and received training before her flights in 1983 and 1984.

Going hungry: Those with mageirocophobia have a fear of cooking. People with this condition may fear one or more of the elements of cooking, or they may fear the possible outcomes of their attempts at the task.

Powerful bite: A human's teeth are strong enough to exert 200 pounds (90 kg) of pressure. Also, the enamel is so strong that teeth can last hundreds of years after a person dies.

Reindeer beards: Men aren't the only ones who grow beards. Reindeer, native to Arctic and subarctic regions, grow beards in the winter to help protect their muzzles from a buildup of frost when they graze in the snow.

Who are they? According to the International Playing Card Society and other researchers, the kings in a deck of cards are thought to be David, King of Israel (spades), Alexander the Great (clubs), Charlemagne, King of France (hearts), and Caesar Augustus (diamonds).

On the Lighter Side

Knock! Knock! *Who's there?* Morris. *Morris who?* Morris in the pot, so help yourself.

How did the captain know when his ship was going down? He had a sinking feeling.

Patient: "Doctor, I keep dreaming my eyes change colours."
Doctor: "It's just a pigment of your imagination."

Becoming a cosmetologist is simple. Just take a makeup test.

What did Barbie do when she directed the hens in a play? Barbie cued the chickens.

Answers

Trivia answers: 1. True 2. June 14 3. The Shining by Stephen King 4. The Refrigerator 5. Dr. Who

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

inogen
FREEDOM. TO BE YOU.

1-888-998-6714

Recipe of the month

Grilled Huli Huli Chicken

1 cup packed brown sugar 2-1/2 teaspoons minced fresh gingerroot
3/4 cup ketchup 1-1/2 teaspoons minced soy sauce
1/3 cup sherry or chicken broth 24 boneless skinless chicken thighs (about 6 pounds)

Prep: 15 min. + marinating Grill: 15 min. Yield: 12 servings

- In a small bowl, mix the first 6 ingredients. Reserve 1-1/3 cups for basting; cover and refrigerate. Divide remaining marinade between two large shallow dishes. Add 12 chicken thighs to each; turn to coat. Refrigerate, covered, for eight hours or overnight.
- Drain chicken, discarding marinade.
- Grill chicken, covered, on an oiled rack over medium heat for 6-8 minutes on each side or until a thermometer inserted into chicken reads 170°; baste occasionally with reserved marinade during the last five minutes.

An ideal recipe to try during May, Barbecue Month!

Source: <https://www.tasteofhome.com>

Need ONE More Reason to Join?

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

INTERESTED IN CRYPTO
...BUT DON'T KNOW WHERE TO START?

- ✓ The easiest way to buy cryptocurrencies!
- ✓ Simple, safe and secure - purchase the most popular cryptocurrencies with ease

CASH2CRYPTO
1.888.909.2833 | info@cash2Crypto.ca

Jennifer Miles, Agent
125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products. Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

like us

- Mac & PC Repair, Tech Support
- iPhone & iPad Repair
- Used Apple Device Sales
- Upgrades, Repairs, and (Used) Sales

We are your Apple experts!

one bite technology

587.290.0200
www.onebitetechnology.ca

Retail store now open!
22A Muir Drive, St. Albert

Are your ducks all in a row...?

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

RATES AS LOW AS \$150 FOR WILLS

WILLPOWER WILLS
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.
780-418-7611
Call Terri today for a FREE consult.

TERRI BRUNNING