

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

BBB

Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

780.421.1177
www.smallmiraclesadoption.com

CARSWANTED.CA

ALL MAKES AND MODELS ANY CONDITION

WE PICK UP YOUR VEHICLE ANYWHERE IN ALBERTA!

INSTANT CASH FOR ANY VEHICLE

587-805-1500

SERVING THE AREA FOR OVER 39 YEARS

Polish & Sparkle
CLEANING SERVICES

OFFICE CLEANING NOW AVAILABLE IN STONY PLAIN AND SPRUCE GROVE

Weekly • Bi-Weekly • Move Ins
Move Outs • Spring/Fall Cleans

LICENSED AND BONDED

WCB

Member, Greater Parkland Regional Chamber of Commerce

Call Sherry
780.962.4659 or 780.916.5133

LARGEST SELECTION of brother Machines and Accessories

brother at your side

802450

Come in for a test drive!

Mon-Fri, 9 am - 5 pm Sat, 9 am - 3 pm

THIS LOCATION IS MOVING

SOUTH 780.469.1147 WEST 780.486.0047

8649-63 Ave., Edmonton 18514-104 Ave., Edmonton

www.centralesewing.com

SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE

Stumbling Blocks Team Building Seminars

Build a Stronger, More Resilient Team

Book Barbara Today!
780-722-3188

BARBARAMAY.COM | STUMBLING-BLOCKS.COM

Registration for **Summer in the City** programs

from Recreation and Culture Services are **NOW OPEN!**

www.sprucegrove.org/sitc

FREE! New Issue Every Week!

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Stony Plain Edition

780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 19 No. 24 June 13, 2022

Everybody's Talking

Shoe stealer: A Japanese man has been arrested twice for stealing a peculiar kind of treasure: women's shoes. Tsunehito Isobe of the city of Murakami likes to hoard women's shoes, whether they are nurses' footwear, sandals, or high heels. His recent arrest came after the cops found almost 140 pairs of shoes in his home. An office building's surveillance camera caught him in the act, leading to his arrest. The last time he'd gotten caught was seven years earlier, when he was found with over 200 pairs of shoes that he had stolen, mostly from health institutions. However, the culprit didn't steal every pair; sometimes he bought them from used clothing stores.

Exhilarating climb: A huge, smooth, towering rock is part of the landscape near the towns of Guatapé and El Peñol in the region of Antioquia in Colombia. Situated about 70 kilometres (44 miles) east of the city of Medellín, it is called El Peñón de Guatapé or La Piedra del Peñol. (Peñón means "rock.") All around this landform are rolling hills, plains, forests, and lakes. It juts up from the land in a spectacular fashion, rising 200 metres (656 feet) high. It is possible to climb to the top on a wooden staircase constructed in a natural fissure that runs straight up the side of the rock. The climb may be a tad scary, but the views from the top are breathtaking.

Bird friend: People who live in Gommenec'h, in northwestern France, don't bat an eye when they see Xavier Bouget riding his bicycle with a pigeon resting happily on his shoulder. That's because the pigeon, named Blanchon, is Bouget's friend. The unlikely relationship started in 2019 when Bouget rescued Blanchon (then just a chick) after she fell out of her nest. The retired man used a syringe to feed the chick, and as she grew, she stayed with her rescuer, even though she is free to fly away if she wishes. Bouget believes that Blanchon trusts him, and that is why she stays around, keeping him company as he gardens, cycles, or works in his backyard workshop.

Endless books: The architects of a bookstore in Sichuan province in southwestern China must have tapped into a love of books when designing the interior space. Called Dujiangyan Zhongshuge, this store holds more than 80,000 books, but at first glance, visitors would think the collection was endless. That is because strategically placed mirrors, a black tile floor, a spiral staircase, and high archways all work together to give the illusion that the stacks of books never end. Those wandering the hallowed halls of the place know, of course, that mirrors are creating the effect. But even so, identifying the spot where the real books end and their reflections begin can be a challenge.

Quoteable Quotes

"Hope is a waking dream." —Aristotle
"The monuments of wit survive the monuments of power." —Francis Bacon

What's Happening

June 18-Lemonade Day Northern Alberta Support Lemonade Day, Support Your Local Young Entrepreneurs. Lemonade Day is June 18, 2022 and Lemonade Day kids in your town are trying their hand at running their own business - a Lemonade Stand. Registration is Open

lemonadeday.org or **northern-alberta July 15 to 17-Edmonton Carnival** a Latin festival that serves as a platform for local artists and artisan, creates spaces of culture and entertainment for the whole family. www.edmontoncarnaval.com. 9210 118 Avenue.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. Singer Perry Como was awarded the first-ever RIAA Gold Record album in 1958—T/F?
2. In the U.S., Flag Day is celebrated in May, June, or July?
3. The Overlook Hotel is the setting of what book?
4. The nickname of William Perry, Chicago Bears defensive lineman, was ___?
5. Which time traveler first appeared on BBC TV on November 23, 1963?

(Flip bottom of page for answers)

THIS SPACE FOR RENT

780-220-6397

WEBSITES From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

Let Us Handle the Dirty Work!

Cistern and Septic Installation, Inspection and Maintenance

Septic Field and Mound Design and Installation by Govt. Certified Installers

REASONABLE RATES

Family run, local business. We care!

780.668.4306
best-cistern-septic-solutions.com

BEST CISTERNS
SEPTIC SOLUTIONS

INDEPENDENT LIVING AT ITS BEST!

A Community of Vibrant, Active Seniors

three robins
ACTIVE LIVING COMMUNITY
STONY PLAIN

780.591.5700
info@threerobins.ca
threerobins.ca

Faster Internet. Unlimited data.

IMPROVED!

1-866-218-8782 Xplornet.com/fast

HAPPY **Father's DAY**

from your friends at **Coffee News**

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
https://zettatelecom.com

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Calgary & Edmonton Outlets
singlecup.ca
 Mon-Sat 9-5
500+
 K-Cups • PODS • Syrups
FREE SHIPPING \$50+
Alberta Owned!
 Every day low prices



Making peace of mind a reality
Nahachick Adult Guardianship and Trusteeship Services
 Confidential and discreet document preparation. Available services include:
 Applications for Appointment of Guardian and Trustee | Review of Guardianship and Trusteeship Order | Urgent Guardianship and Trusteeship Orders
Flexible appointments.
 For non-Edmonton residents, appointments can be held via telephone or video calls. Edmonton and area clients have the option to meet face-to-face, home visits, telephone or video calls.
 A complete list of our services is available at <https://nahachick.ca>
780.660.0649 | nahachick.agt.services@gmail.com



Machining | Welding | Fabrication
GW
 GROVE MACHINE & WELDING
 • Ramps
 • Flywheels
 • Farming Equipment
 • Gear Parts
 ...and more
780-962-1772 CALL US TO DISCUSS YOUR PROJECT!
www.grovemachnewelding.com | 35 South Ave., Spruce Grove
 First Time Customers: 10% OFF
 *In a maximum of \$200




SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com
 Enter to **WIN a \$500 Gift Certificate**
 SCAN THIS CODE TO ENTER
 Where Safety Meets Savings
 ✓ Competitive Pricing
 ✓ Knowledgeable Service
 ✓ Great Selection
 ✓ Check Out Our Sale Page For Even Better Deals



Helping you rediscover **fun** in the kitchen!
Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220
 CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove



We follow the Alberta Fee Guide
Queen Street DENTAL
 Located in Queen Street Place
 #109, 505 Queen St. Spruce Grove
 Dr. Chris Gordon • Dr. Azra Lalani • Dr. Sonia Thibault
780.960.1422 | www.queenstdental.ca




Need **ONE** More Reason to Join?
 1 You need child support enforced
 2 Your landlord raises rent in violation of your verbal agreement
 3 You adopt a child
 4 A friend owes you money and files for bankruptcy
 5 You need help with credit card liability resolution
 6 Your car is vandalized in a parking lot
 Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449





inogen
FREEDOM. TO BE YOU.
1-888-998-6714
 MKT-P0253





Your Weekly Horoscope


ARIES
(March 21 - April 20)

 Aries are often inwardly focused, but it may be time for you to consider how to direct your considerable energies and talents in service to others. A new opportunity might emerge. Lucky numbers: 4, 9, 10, 35, 42, 44.


TAURUS
(April 21 - May 21)

 You may be frustrated or angry right now about an inability to achieve your goals. Instead of getting caught up in these emotions, try reorienting your actions toward achieving success. Lucky numbers: 2, 3, 11, 17, 32, 48.


GEMINI
(May 22 - June 21)

 You may be entering a period of being busy with many texts, emails, and other communications. Your mind might be quick and clear; consider using this time to present your ideas to others. Lucky numbers: 1, 2, 6, 36, 37, 42.


CANCER
(June 22 - July 22)

 The emotions of Cancers often run deep, and expressing them may sometimes be difficult. Right now, though, you might feel confident enough to approach others in positive ways, in this regard. Lucky numbers: 9, 16, 19, 27, 28, 32.


LEO
(July 23 - Aug. 23)

 At the beginning of the week, your natural leadership abilities may be heightened. Might you be able to work with others to achieve an endeavour that could truly benefit all of you? Lucky numbers: 8, 9, 13, 29, 34, 44.


VIRGO
(Aug. 24 - Sept. 23)

 At the end of the week, you may find that your mind and your emotions are in conflict. If so, try waiting a few days before you act on your feelings. Lucky numbers: 7, 12, 13, 23, 35, 45.


LIBRA
(Sept. 24 - Oct. 23)

 Are your current efforts being stymied by an issue from the past? If so, you may need to take action to resolve that problem before you move forward with your goals. Lucky numbers: 12, 15, 16, 17, 30, 48.

SCORPIO
(Oct. 24 - Nov. 22)

 Scorpions often have an ability to see what others hide about themselves. Right now, you may have an opportunity to experience compassion that will help you deal with a particular situation. Lucky numbers: 10, 12, 38, 46, 47, 48.

SAGITTARIUS
(Nov. 23 - Dec. 21)

 This week there may be an opportunity to complete a project that you have been working on for a while. You might also want to begin planning for your next goal. Lucky numbers: 13, 14, 17, 18, 34, 44.

CAPRICORN
(Dec. 22 - Jan. 20)

 Capricorns are usually practical thinkers, but right now your emotions may be in the driver's seat. An adjustment in how you view yourself and your life might be helpful. Lucky numbers: 6, 32, 33, 34, 36, 45.

AQUARIUS
(Jan. 21 - Feb. 19)

 This might be a good week to examine whether what you are working toward is in alignment with your values. If not, consider calling a timeout and creating a plan for change. Lucky numbers: 5, 14, 15, 18, 30, 42.

PISCES
(Feb. 20 - March 20)

 For a few days this week, you might feel discouraged or lacking in ambition. If you tend to abuse food or substances, you may want to be especially conscious of making good choices. Lucky numbers: 11, 18, 24, 26, 27, 39.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 17.

Did You Know...

Spacewoman: On June 18, 1983, Sally Ride became the first American woman and, at 32, the youngest American to fly in space. She applied to the U.S. National Aeronautics and Space Administration (NASA) in 1977, and received training before her flights in 1983 and 1984.

Going hungry: Those with mageirocophobia have a fear of cooking. People with this condition may fear one or more of the elements of cooking, or they may fear the possible outcomes of their attempts at the task.

Powerful bite: A human's teeth are strong enough to exert 200 pounds (90 kg) of pressure. Also, the enamel is so strong that teeth can last hundreds of years after a person dies.

Reindeer beards: Men aren't the only ones who grow beards. Reindeer, native to Arctic and subarctic regions, grow beards in the winter to help protect their muzzles from a buildup of frost when they graze in the snow.

Who are they? According to the International Playing Card Society and other researchers, the kings in a deck of cards are thought to be David, King of Israel (spades), Alexander the Great (clubs), Charlemagne, King of France (hearts), and Caesar Augustus (diamonds).

On the Lighter Side

Knock! Knock! *Who's there?* Morris. *Morris who?* Morris in the pot, so help yourself.

How did the captain know when his ship was going down? He had a sinking feeling.

Patient: "Doctor, I keep dreaming my eyes change colours."
 Doctor: "It's just a pigment of your imagination."

Becoming a cosmetologist is simple. Just take a makeup test.

What did Barbie do when she directed the hens in a play? Barbie cued the chickens.

Answers

Trivia answers: 1. True 2. June 14 3. The Shining by Stephen King 4. The Refrigerator 5. Dr. Who

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

I BUY GUN COLLECTIONS and WW II COLLECTIBLES

 Call Jay:
780-686-1350

Bras Briefs Boxers Bikinis
Romantic Notions inc.
 Visit us on **f** for promotions and gift ideas!
780.962.4944
1.855.962.4944
www.romanticnotions.ca | #30, 210 McLeod Ave., Spruce Grove
 30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE




IS ADVENTURE ON YOUR BUCKET LIST?
The Dive Outfitters
 Scuba Diving & Snorkeling
780.483.0044
 11781-156 St., Edmonton
www.thediveoutfitters.ca
 SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Learn to Scuba Dive
 Ask about our Buddy Special

Discover Snorkeling
 1-Hour Lesson at the Pool!
 Snorkeling Sets for the Family



25 WORDS OR LESS
WEEKDAYS 3PM
yesTV



THE ONE
88.1FM
PARKLAND'S BEST COUNTRY

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**
 They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
 They are the next Finest candles you will EVER find!
PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



Online Counselling Alberta-wide
 Complimentary 15-Minute Session
INNATE FREEDOM COUNSELLING
www.innatefreedomcounselling.com | 825.250.8415



BUSINESS IT SUPPORT, COMPUTER SALES & REPAIRS
ISP COMPUTERS
 ISP COMPUTERS - Your Tech 911
780-960-2150
 Email: iainispcomputers.ca
 Website: www.ispcomputers.ca
124B South Ave., Spruce Grove, AB T7X 3A9

