

My office is always available to connect you to government services and to provide information on local initiatives.

Dale Nally, MLA
MORINVILLE - ST. ALBERT



780-572-6161
Morinville.Stalbert@assembly.ab.ca

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Sturgeon County Edition
780-220-6397



www.coffee-news.ca Est. 1988

Dare To Be Plastic-Free!

Vegan products in compostable or recyclable packaging

AM SOAPS Sustainable Products

Shop now at amsosaps.com

or at Tilley Auctions: 4728-50 Avenue, Redwater
Phone 780-201-8585

Zero Waste Vegan:

- Solid Dish Soap
- Solid Shampoo
- Solid Body and Face Soaps
- Aluminum-free, baking soda-free Deodorant
- Solid Lotions



HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372

BBB



IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton

Learn to Scuba Dive
Ask about our Buddy Special

Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



Your Favourite Auction House

NOW SERVING STURGEON COUNTY

View and bid at our upcoming auctions online! Links at:
www.tilleyauctions.com

Find us live at 4728-50 Avenue, Redwater

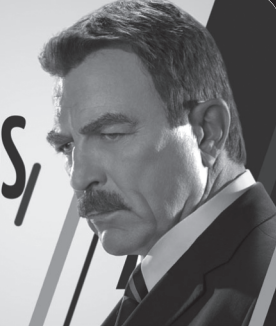
Tilley Auctions

Phone Aaron Tilley with all inquiries or to consign at 780-792-8679

PROUDLY SERVING NORTHERN AB: Cold Lake • Bonnyville • Fort McMurray • Lac La Biche • St. Paul • Elk Point • Sturgeon County



BLUE BLOODS
MONDAY TO THURSDAY 8PM/7PST
yesTV



SAIF's 2ND ANNUAL CAR RALLY

REGISTER @SAIFSOCIETY.CA

A FUNDRAISER FOR SAIF SOCIETY

Saturday, June 11 | 1-5 p.m.
A family-friendly scavenger hunt done in vehicles in and around St. Albert!

If you have been impacted by family violence, we offer a variety of services for residents in St. Albert, Sturgeon County and nearby rural communities.

Give us a call to discuss your options and book an appointment today.

SAIF Society Stop Abuse in Families (SAIF) Society
780.460.2195 | info@stopabuse.ca




If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



SAIF's 2ND ANNUAL CAR RALLY

REGISTER @SAIFSOCIETY.CA

A FUNDRAISER FOR SAIF SOCIETY

Saturday, June 11 | 1-5 p.m.
A family-friendly scavenger hunt done in vehicles in and around St. Albert!

If you have been impacted by family violence, we offer a variety of services for residents in St. Albert, Sturgeon County and nearby rural communities.

Give us a call to discuss your options and book an appointment today.

SAIF Society Stop Abuse in Families (SAIF) Society
780.460.2195 | info@stopabuse.ca



Vol. 19 No. 25 June 20, 2022

Everybody's Talking

Low bridge: There is a "hungry" bridge in Durham, North Carolina (U.S.), that tends to take the top off high trucks. In fact, it has been dubbed, "The Can Opener." The reason is that, until recently, the bridge's clearance was only 11'8" (3.56 metres). Although many highway signs indicate this, dozens of truckers seem to miss them and end up with the top sheared off their vehicles. This happened so often that Jürgen Henn, whose office window overlooks the bridge, started posting videos, making it famous. Finally, authorities did something about the problem, raising the bridge so the clearance is now 8" (0.2 metres) higher.

Heart-shaped: On the Japanese island of Hokkaido, a body of water called Lake Toyoni is a freshwater lake that is shaped exactly like a heart. Easily seen from above, the heart is surrounded by lush forest that is green in the summer or orange and red in the fall. The lake became suddenly popular after it was used in a commercial a few years ago. Once people knew it was heart-shaped, they wanted to see it. Now, there are helicopter tours for the curious, and photographers bring their drones to the lake to try to capture the perfect aerial angle. Lake Toyoni was once known as Kamuito, which means "A Marsh Where a God Lives."

Lonely bird: Every morning for the last 20 years, zookeepers in Rio de Janeiro have watched a beautiful wild macaw named Juliet stop by to play grooming games with the macaws that live behind the zoo's fences. Thought to be the last wild macaw in this Brazilian city, the bird obviously misses the companionship of others of her kind, and comes to the zoo to get her dose of companionship. Juliet's plight is not lost on the experts. An initiative called Refauna is hoping to raise some macaw chicks and train them to live in the wild. If that works, perhaps Juliet will one day find her Romeo away from the zoo.

Love letters: Gregory and Sarah Coombs, a couple from Huntsville, Ontario (Canada), were surprised when a contractor found dozens of 75-year-old love letters in their attic. The letter writer was William T. Copping who, in 1944, was overseas during World War II. The recipient of the letters was his new wife Marion. In one letter, William wishes her a happy 16-month anniversary. In another, he reminisces about their happy times together. William and Marion were reunited after the war, had three children, and lived into their 90s. The Coombs hope to find William and Marion's descendants so they can return the letters to the family.

Quoteable Quotes

"Do you wish people to think well of you? Don't speak well of yourself."
—Blaise Pascal

"Humility is a virtue all preach, none practice; and yet everybody is content to hear."
—John Selden

What's Happening

June 18-Lemonade Day Northern Alberta Support Lemonade Day, Support Your Local Young Entrepreneurs. Lemonade Day is June 18, 2022 and Lemonade Day kids in your town are trying their hand at running their own business - a Lemonade Stand. Registration is Open

lemonadeday.org/northern-alberta **July 1 to 3-Vegreville Pysanka Festival** 3 days of Cultural Immersion! Rain or Shine. Grandstand shows, Dance Competitions, Folk Art Displays, Beer Gardens and more. Visit www.pysankafestival.com or call 780-632-2777 for more info.

July 15 to 17-Edmonton Carnival a Latin festival that serves as a platform for local artists and artisan, creates spaces of culture and entertainment for the whole family. www.edmontoncarnaval.com. 9210 118 Avenue.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries


To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Happy Canada Day!

from your friends at **Coffee News®**



Helping you rediscover fun in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove



Stumbling Blocks Team Building Seminars

Build a Stronger, More Resilient Team

Book Barbara Today! 780-722-3188

BARBARAMAY.COM | STUMBLING-BLOCKS.COM



Trivia

1. Facebook was founded in 1999, 2004, or 2009?
2. Chicago's Wrigley Field is named after whom?
3. Writer Barbara Cartland is famous for what type of novel?
4. What is a gillygaupus?
5. How many squares are in a tic-tac-toe grid?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd
(Over)

CARSWANTED.CA

ALL MAKES AND MODELS ANY CONDITION

INSTANT CASH FOR ANY VEHICLE

587-805-1500

WE PICK UP YOUR VEHICLE ANYWHERE IN ALBERTA!



THIS SPACE FOR RENT

780-220-6397

Let Us Handle the Dirty Work!

Cistern and Septic Installation, Inspection and Maintenance

Septic Field and Mound Design and Installation by Govt. Certified Installers

REASONABLE RATES

Family run, local business. We care!

780.668.4306
best-cistern-septic-solutions.com

BEST CISTERN SEPTIC SOLUTIONS



Helping you rediscover fun in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove



Stumbling Blocks Team Building Seminars

Build a Stronger, More Resilient Team

Book Barbara Today! 780-722-3188


BARBARAMAY.COM | STUMBLING-BLOCKS.COM



Jennifer Miles, Agent
125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.
Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.



Visit us on Facebook-CoffeeNewsWeekly

PRAIRIE SUNSET
Funeral Home and Cremation Services
A DIVISION OF THE CARINGROUP INC.



780-470-5005 780-349-5006
St. Albert Westlock
www.psfh.ca

Family Owned Local Alberta Business
Since 1986



SCAN THIS CODE TO ENTER

We ship across Canada
Huge Women's Selection
XXS up to 7XL Sizing

WIN A \$500
www.directworkwear.com Gift Certificate

Always low prices & great deals... save money.

Online Counselling Alberta-wide
Complimentary 15-Minute Session



INNATE FREEDOM
COUNSELLING

www.innatefreedomcounselling.com | 825.250.8415

like us

- Mac & PC Repair, Tech Support
- iPhone & iPad Repair
- Used Apple Device Sales
- Upgrades, Repairs, and (Used) Sales

one bite technology

We are your Apple experts!

587.290.0200
www.onebitetechnology.ca

Retail store now open!
22A Muir Drive, St. Albert

Pregnant? Facing Difficult Decisions?
We can help.
Call 780.421.1177 or text 587.596.5380



A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

Get More Traffic, Leads & Sales



- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922
www.frontlineconsulting.ca

Are your ducks all in a row...?
Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

WILLPOWER WILLS
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.

780-418-7611
TERRI BRUNNING
Call Terri today for a FREE consult.

ET Calls You Home!
780.907.2537 | ericathiering@hotmail.com
Call or text Erica and let me bring you to your new home.



Erica Thiering
ASSOCIATE

NOW REAL ESTATE GROUP

Interest rates are low – now is the time to buy.
Affordable-Effective-Exclusive-CALL NOW!


Your Weekly Horoscope

ARIES
(March 21 – April 20)




You may be seeking to expand your opportunities, at this time, to show off to others who you truly are. Scanning your environment for information might help you find good ideas. Lucky numbers: 15, 19, 30, 33, 37, 43.

TAURUS
(April 21 – May 21)




For a few days this week, your feelings and thoughts may be fully aligned. If so, this might be the time to start new activities that you previously may have hesitated to begin. Lucky numbers: 9, 13, 15, 17, 29, 45.

GEMINI
(May 22 – June 21)




For the next several weeks, your romantic interactions may be influenced by your mind more than by your heart. Try to be conscious of this dynamic, and perhaps adjust your interactions accordingly. Lucky numbers: 5, 14, 20, 29, 39, 46.

CANCER
(June 22 – July 22)




The Sun is returning to your birth sign. Cancers often are reserved, but this may be a good time to step out of your shell and engage more fully with others. Lucky numbers: 1, 2, 21, 32, 34, 40.

LEO
(July 23 – Aug. 23)



On a team, Leos are often the people who generate many ideas. Right now, however, some unexpected events might require you to work extra hard to try to ensure everyone's success. Lucky numbers: 6, 17, 19, 26, 27, 47.

VIRGO
(Aug. 24 – Sept. 23)



Has the time come to try to find a good way for you to serve others? Looking to the past may provide clues. You might discover a way to balance a karmic debt. Lucky numbers: 4, 11, 13, 21, 35, 42.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 33.

Did You Know...

No McDonald's: Travelers can visit a McDonald's restaurant on every continent in the world, except one. Antarctica is the only place where this franchise is not available, in part because there is no market for commercial restaurants there.

Hard to believe: The gauzy, spun-sugar confection known as cotton candy was invented by a dentist. William James Morrison of Nashville, Tennessee (U.S.), is credited with inventing the first cotton candy machine with co-creator John C. Wharton, a local candymaker.

Interesting resume: Sylvester Stallone is best known as an actor, particularly for his Rocky movies. But before his success in show business, he had a variety of odd jobs, including cleaning lion cages at Central Park Zoo in New York City.

Blond Elvis: Most people know Elvis as the handsome, dark-haired singer who made ladies swoon back in his day. But Elvis actually had blond hair as a kid, and although it gradually grew darker as he got older, he started to dye it black as a young adult.

Fruit flies in space: The first animal in space was the fruit fly, launched into space in 1947 by a rocket with a separating capsule that parachuted to earth to bring them back alive. They were chosen for the trip because, genetically, they have a lot in common with humans.

On the Lighter Side

Girl: "Have you ever seen a cat fish?"
Boy: "No, but I have seen a hunting dog."

Why did the ham go see a doctor? To see if it could be cured.
I just read a book about anti-gravity. I couldn't put it down.

Why didn't the opera singer get the job on the cruise ship? Because she was afraid of the high Cs.


Knock! Knock! Who's there? Necklace. Necklace who? Necklace people don't get sore throats.

Answers

Trivia answers: 1. 2004 2. Cubs owner William Wrigley, Jr. 3. Romance 4. A silly or awkward person 5. Nine

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

LIBRA
(Sept. 24 – Oct. 23)




Right now you may have more complications thrown at you than you feel you can handle. Try to take a deep breath and keep going. Things might improve in a couple of weeks. Lucky numbers: 3, 5, 7, 17, 28, 40.

SCORPIO
(Oct. 24 – Nov. 22)




In the middle of the week, your mind and emotions may be conflicted about what you should do. Waiting a few days before you act might be the best course. Lucky numbers: 12, 17, 19, 21, 22, 33.

SAGITTARIUS
(Nov. 23 – Dec. 21)




Your confidence level may receive a boost at this time. Looking for opportunities to expand your horizons might be prudent, along with taking advantage of increased optimism to achieve your goals. Lucky numbers: 14, 19, 28, 30, 42, 44.

CAPRICORN
(Dec. 22 – Jan. 20)




What values are you passionate about and would like to see manifested in the world? Now may be a good time to incorporate those into your everyday life and activities. Lucky numbers: 2, 3, 9, 10, 18, 48.

AQUARIUS
(Jan. 21 – Feb. 19)



Picking up information from out in the ether can be a natural Aquarian trait. At the end of the week, consider watching for a tidbit of data that may signal a new opportunity. Lucky numbers: 7, 11, 16, 17, 26, 29.

PISCES
(Feb. 20 – March 20)



This week may start on an energetic note, which might lighten your mood after a stressful period. You could uncover a hidden opportunity to reset your emotional state and begin anew. Lucky numbers: 8, 11, 18, 26, 37, 41.

Making peace of mind a reality

Nahachick Adult Guardianship and Trusteeship Services



Confidential and discreet document preparation. Available services include:

- Applications for Appointment of Guardian and Trustee
- Review of Guardianship and Trusteeship Order
- Urgent Guardianship and Trusteeship Orders

Flexible appointments.
For non-Edmonton residents, appointments can be held via telephone or video calls. Edmonton and area clients have the option to meet face-to-face, home visits, telephone or video calls.

A complete list of our services is available at <https://nahachick.ca>

780.660.0649 | nahachick.agt.services@gmail.com

NOW ACCEPTING ARI CARDS
Auto • Commercial • Residential



Advanced Glass Inc.
CALL MARC CLOUTIER TODAY:
780-961-2276

advancedglassinc.ca • 5514 - 50 Avenue, Legal AB

Morinville Location: Bay #2, 9702-90 Ave. Call 587-985-4427

inogen

FREEDOM. TO BE YOU.



1-888-998-6714
MKT-P0253

Western Equine Facility
BOARDING | LESSONS



KG COUNTRY STABLES

A "Bit" On The Side... Struggling with brain fog, tiredness, or lack of dieting will power? We might have a solution!

Lessons ranging from beginner and up, tailored to your specific needs and offered in a beautiful outdoor setting, providing therapy for your soul through horses and nature...

780.265.4371 | kgcountry@gmail.com

5120-41 Street
(Located in Gibbons Industrial Park)



GIBBONS MINI STORAGE

STORAGE UNITS STARTING AT \$85 PER MONTH

- 24 HR. SURVEILLANCE
- KEYPAD ACCESS
- LOCALLY OWNED AND OPERATED

Country Pricing... with City Service!

O: 780-271-0469
C: 780-916-5843
www.gibbonsministorage.ca

Faster Internet. Unlimited data.



IMPROVED!

1-866-218-8782 Xplornet.com/fast

INDEPENDENT LIVING AT ITS BEST!



three robins
ACTIVE LIVING COMMUNITY
STONY PLAIN

A Community of Vibrant, Active Seniors



780.591.5700
info@threerobins.ca
threerobins.ca