

Real Estate | Wills | Contracts



HOMESTEAD
..... L A W

Tamara D. Eppe B.A., J.D.

780.243.2116
www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

If WATER RUNS THROUGH IT, WE DO IT!

LUC'S PLUMBING INC.
Your Local Plumber

CERTIFIED GASFITTER

780-405-0436
lucsplumbinginc@gmail.com



Proudly Serving Sherwood Park & Surrounding Areas
NO CALL OUT FEE IN SHERWOOD PARK!

OUTLOOK MOTEL
AND RV PARK

1 Bedroom Motel Unit
Monthly Rates
Seniors Welcome
RV Stalls — full hook up and power only (low rates)

780-908-6872
1850 Yellowhead Trail, Edmonton (close to Sherwood Park)

THIS SPACE FOR RENT

780-220-6397

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500** Gift Certificate

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

Competitive Pricing
Knowledgeable Service
Great Selection
Check Out Our Sale Page For Even Better Deals



FLAT RATE ALFA TAXI
SERVING SHERWOOD PARK AND AREA

780.410.0667

Airport - \$40. Anywhere in Sherwood Park - up to \$10.*
*Except weekends and evenings.

Reasonable flat rate anywhere • 24 Hr. Service.
Toll Free 1.855.688.2941

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!



PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

We've got you covered!

CALL FOR YOUR FREE ESTIMATE TODAY

Serving Edmonton and Area for Generations

ALF'S ROOFING
780.464.6464

Specializing in residential re-roofing
Visit our showroom today
In business since 1976

alfsroofing.com



FREE! New Issue Every Week!

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Sherwood Park South Edition
780-220-6397



www.coffee-news.ca Est. 1988

Vol. 19 No. 27 July 4, 2022

Everybody's Talking

Shark-infested: When golfing on courses in southern climates, players may be accustomed to signs warning that alligators live in the water hazards. At the Carbrook Golf Club in Brisbane, Australia, signs warn of a more unusual water pond danger: bull sharks. About six specimens are thought to have been trapped in the course's fairly large lake during a flood in the 1990s, and they have since reproduced. Today, about a dozen of these dangerous fish live in the pond. This type of shark is able to live in both saltwater and freshwater. Of course, no one goes looking for wayward golf balls in that water hazard!

Big birds: The largest chicken breed is the Jersey Giant, whose origins were in Burlington County, New Jersey (U.S.), in the late 1800s. These birds are big, as chickens go, with roosters weighing in at about 13 pounds (5.9 kg) and hens generally tipping the scale at 10 pounds (4.5 kg). The breed was developed by the brothers John and Thomas Black as an alternative to turkey. Jersey Giants are friendly, and hens lay extra-large brown eggs. They are also raised for their meat, although they take a while to reach market weight. Black Jersey Giants are the most common; two other varieties of the breed are White and Blue.

Dead Sea tree: The Dead Sea in the Middle East cannot support life because it is so salty. However, in this sea, a tree grows. Located opposite Israel's Ein Bokek Beach, which boasts many hotels of the Dead Sea coastline, there is an island of white salt. Out of that small island, a tree grows. It's quite a sight: a white salt islet surrounded by blue-green clear water, with a tree that is not supposed to be able to grow there. But it doesn't really belong there. A local artist set up the tree as an art installation and visits the tree on a daily basis, bringing soil from which the tree can obtain nutrients. Guests of nearby resorts have been known to swim to the islet to bask in its small pond and admire the tree.

Cute little spot: A tiny house in Toronto, Ontario (Canada), has stood since 1912 on a tiny lot that was meant to be a driveway between the houses located on either side. Known by locals as the "Little House," it was built at 128 Day Avenue by a contractor named Arthur Weeden, who erected the house, lived in it with his wife for 20 years, and stayed six more years after she passed away. The home is only 27.9 square metres (300 sq. ft.), but has an open concept with a living room, kitchen, and small sleeping spot. A hatch door in the kitchen floor leads to a small basement. There's even a small backyard.

Quoteable Quotes

"An expert is one who knows more and more about less and less."
—Nicholas Murray Butler

"A bore is a man who, when you ask him how he is, tells you."
—Bert Leston Taylor

What's Happening

Jul 1 - Annual Canada Day celebration Strathcona County hosts a family-friendly Canada Day celebration at Broadmoor Lake Park. Events vary each year, but activities often include fireworks, live entertainment, scavenger hunts, food courts, canoeing and more. recreation@strathcona.ca

Jul 22 to 24-Sherwood Park Highland Gathering We are an annual Celtic festival in Sherwood Park at Broadmoor Lake and Sports Fields. Come and enjoy the pipes, dancing and athletic games. Kid Zone, Art Walk, vendors, agility dogs, beer garden, family Ceilidh. Free admission. For more info www.sphg.ca

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit **www.coffee-news.ca**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!


NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. The moon is a satellite, asteroid, or planet?
2. Margaret Hamilton played Glinda the Good Witch in The Wizard of Oz movie—T/F?
3. The longest river in the U.S. is the Missouri, the Colorado, or the Mississippi?
4. Who ran the 100-metre dash in 9.58 seconds in 2009?
5. Who directed the movies Grapes of Wrath and The Quiet Man?

(Flip bottom of page for answers)

25 WORDS OR LESS
WEEKDAYS 3PM
yesTV



WHERE FLAME MEETS FLAVOUR



PrimeTime Donair & Poutine

— Sherwood Centre — 1020 Sherwood Drive #138 Sherwood Park 587-456-9190

— Baseline Village — 222 Baseline Rd #160 Sherwood Park 780-467-6970

Sonia Sells!

SONIA TARABAY
#1 AGENT
RE/MAX ELITE (2017 - 2021)

780.707.6015
SONIASSELLS.COM



THOSE GUYS
GARAGE

Now Accepting New Clients

All services performed by qualified service technicians

587-456-0164 Family Owned and Operated

241 Portage Close, Unit 140 (across from Atco Gas)

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit **www.giftsandgadgets.ab.ca** or visit us in person at 111 First Avenue, Spruce Grove



ART CLASSES

Artfully Yours School of Fine Art

* Drawing * Painting * Sculpture * Portfolio Preparation

#126 150 Chippewa Road (upstairs) Sherwood Park

780.449.3824

GIFT CERTIFICATES AVAILABLE! info@artfullyyourschool.ca artfullyyourschool.ca

LIMITED ENROLLMENT - REGISTER TODAY

SAVE 15% OFF 6 SESSION PACKAGES
AVAILABLE ON LASER SERVICES

REGAL MEDI SPA

780.922.1118
chrystal.pearson@gmail.com

HAIR REMOVAL
SKIN REJUVENATION (Wrinkle Reduction, Skin Tightening & Age Spot Reduction)



TRINITY
Baptist Church

Serving the community for over 40 years.
10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca
780-464-4040

East on Baseline; First left after Hwy 21
22550 Twp Road 530, Sherwood Park, AB

Affordable-Effective-Exclusive-CALL NOW!

Can't get to your **Coffee News**® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

INTERESTED IN CRYPTO
...BUT DON'T KNOW WHERE TO START?

- ✓ Trusted cryptocurrency experts in Edmonton
- ✓ Education and support for our customers
- ✓ Easy buying and selling
- ✓ Secure storage setup

CASH2CRYPTO
1.888.909.2833 | info@cash2crypto.ca

ComPost Sale
Organic Soil™

40 lb bag for \$10
Three for \$25 or Five for \$40

Visit one of our locations or go to cleanitgreenit.net to order bagged or bulk compost

HELP YOUR GARDEN THRIVE!
Every Friday and Saturday 9 am - 5 pm

- Duggan Community League 3728-106 St.
- Space Off Whyte - 80 Ave. 10047-80 Ave.
- St. Albert Community League 17 Perron St.
- 201 Festival Way Sherwood Park
- Callingwood Square 6741-177 St.

Let Us Handle the Dirty Work!

Cistern and Septic Installation, Inspection and Maintenance

Septic Field and Mound Design and Installation by Govt. Certified Installers

REASONABLE RATES

Family run, local business. We care!

780.668.4306
best-cistern-septic-solutions.com

BEST CISTERN SEPTIC SOLUTIONS

"A Proven Leader in Digital Security"

- Commercial CCTV Surveillance Solutions
- Commercial Access Control Solutions
- Commercial Alarm Solutions
- Rural Farm and Acreage Solutions

LOCALLY OWNED AND OPERATED

EAGLE EYE SECURITY SOLUTIONS LTD.
780.570.5974 | eecuritysolutions.ca

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372

Get More Traffic, Leads & Sales

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

SCAN ME

Frontline 780.760.6922
frontlineconsulting.ca

Buy back your time and your mental health!

- ✓ Home cleaning you can trust
- ✓ Green, family-friendly products
- ✓ No surprise bills

www.sparklingspaces.ca

Sparkling Spaces
MAKING THE WORLD SPARKLE ONE SPACE AT A TIME

780.233.8560 | info@sparklingspaces.ca

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Your thoughts may be racing, and perhaps you are of two minds, not sure where to focus. If you are extraordinarily optimistic, it may be prudent to consider tempering your efforts. Lucky numbers: 11, 22, 24, 31, 35, 37.

TAURUS
(April 21 - May 21)

You might be entering a period where stability may be very appealing. But it also could seem restrictive. Perhaps ask yourself how you might use this dynamic to confidently pursue your dreams. Lucky numbers: 13, 15, 24, 26, 30, 36.

GEMINI
(May 22 - June 21)

Many Geminis have a quick mind that can readily access information and communicate it to others. You may be an agent of positive change through effective use of these skills. Lucky numbers: 10, 12, 14, 35, 39, 45.

CANCER
(June 22 - July 22)

The astrological environment now highlights the nurturing qualities of Cancer energy. Your ability to pick up emotional perceptions from others may allow you to show them how to nurture themselves. Lucky numbers: 3, 15, 23, 31, 44, 46.

LEO
(July 23 - Aug. 23)

Are you having trouble focusing on one good idea to manifest? This situation may provide you with an opportunity to make an adjustment in your view of what success means. Lucky numbers: 7, 12, 14, 16, 24, 33.

VIRGO
(Aug. 24 - Sept. 23)

Your mind and heart may be fully in sync at the beginning of the week. How could you use this balance to think outside your box and reach for something new? Lucky numbers: 5, 13, 27, 35, 40, 42.

LIBRA
(Sept. 24 - Oct. 23)

You may be in an emotional tug of war with yourself. This might be a sign that an old wound is surfacing, and you could be able to focus on finally healing it. Lucky numbers: 9, 15, 31, 33, 36, 40.

SCORPIO
(Oct. 24 - Nov. 22)

Does someone seem to be standing in the way of what you want to achieve? While you may be tempted to retaliate, perhaps just refocusing your efforts toward success would be best. Lucky numbers: 6, 7, 12, 17, 28, 29.

SAGITTARIUS
(Nov. 23 - Dec. 21)

At the end of the week, your natural optimism may be reinforced. How could you use this energy for an emotional reset, to move forward and achieve your next goal? Lucky numbers: 1, 13, 27, 31, 32, 40.

CAPRICORN
(Dec. 22 - Jan. 20)

Capricorns can sometimes be very hard on themselves. If this sounds like you, try to seek out someone who might be able to help teach you to be more gentle with yourself. Lucky numbers: 5, 8, 22, 31, 38, 39.

AQUARIUS
(Jan. 21 - Feb. 19)

Perhaps you are no longer certain of who you truly are. This happens to everyone at some point or other. A change in perspective might encourage you to make a positive adjustment. Lucky numbers: 2, 11, 12, 13, 26, 43.

PISCES
(Feb. 20 - March 20)

How much does your life include being of service to others? Now may be a time to review the past in this regard, and to see what changes you might want to make. Lucky numbers: 4, 10, 17, 19, 30, 48.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 12.

Did You Know...

Honey colour: Honeybees in some apiaries in France were in the news a few years ago when they started producing blue and green honey. Beekeepers learned the honeybees had been feasting on residue left in containers of a nearby candy processor business.

Sparse meal: Today, astronauts can eat fairly well in space. But in 1962, when John Glenn became the first American to eat in space, his menu consisted of applesauce, beef, and pureed vegetables, all packed in toothpaste-like tubes.

Finicky plant: Houseplant lovers often choose the popular fiddle-leaf fig tree. However, these large-leaved plants can be tricky to care for, as they are finicky about the amount of sunlight, water, and humidity they need to stay healthy.

Colourful critters: Chameleons can change their colour, but it's not for camouflage. It's their way of communicating their intentions, such as to fight or to mate. It's also a way of controlling their temperature; they can turn dark to absorb more heat, for example.

Scary word: One of the longest words in an English dictionary is *hippopotomonstrosesquippedaliophobia*. Ironically, it means a fear of long words. The phobia is also known as *sesquipedalophobia*.

On the Lighter Side

Jaime: "What car does your dad have?"
Jane: "I can't remember but I think it starts with a T."
Jaime: "Really? Ours starts with gas."

What do you get when you cross a bed with a kitchen appliance? A four-poster toaster.

How do the three men in the tub sign their love letters?
"I lub-a-dub-dub you."

Did you hear the one about the unstamped letter? Never mind, you won't get it.

Knock! Knock! *Who's there?* Wayne. *Wayne who?* Wayne drops keep falling on my head.

Answers
Trivia answers: 1. Satellite 2. False, the Wicked Witch 3. Missouri River 4. Usain Bolt 5. John Ford

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

RETIREMENT LIVING
CHRISTENSON
Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community
1 and 2 Bedroom suites now available

Bedford Village
Centre in the Park

Scan QR Code

Full Kitchens • Social & Recreation • U/G Parking
161 Festival Way, Sherwood Park
780-233-6077
CDLhomes.com

**BUYING A NEW HOME?
LOOKING TO REFINANCE?
TIME TO RENEW?**

Contact your local mortgage broker to get started today!

LESLIE CAIRNS 780.570.5457
ACCREDITED MORTGAGE PROFESSIONAL

Joy MORTGAGES KEYSTONE @JoyInMortgages
leslie@joyinmortgages.ca • www.joyinmortgages.ca

FREE ROLLING TRAY
- WHEN YOU PRESENT THIS COUPON -
LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

NO PURCHASE NECESSARY

99 WYE ROAD 420 SHERWOOD PARK
BUBONIC KRONIK
ECIGS VAPORIZORS BONGS

Personalized Home Insurance
CALL CANDACE, OUR HOME SPECIALIST, TODAY!

Tom Ciezki Agencies (BNI)
Candace Johnston - 780.464.3279
candace_johnston@cooperators.ca
Aspen Plaza - 260 - 3820 Sherwood Dr., Sherwood Park

co-operators
Investing in your future. Together.™

DISCOVER THE MANY REASONS TO CHOOSE TOM CIEZKI AGENCIES FOR HOME INSURANCE

Welcoming new patients!
Offering a full line of dental services, including
◆ Invisible Braces ◆ Myofunctional Therapy
◆ Snore and Apnea Appliances

PARK DENTAL
WELLNESS CENTRE #302, 2018 Sherwood Dr.
780.467.2444
www.parkdentalcare.ca

We are pleased to announce that Dr. Sabrina Atwal has joined our team

LANDSCAPE MAINTENANCE AND INSTALLATION
Mowing, Trimming, Edging • Fertilizing
Bed Maintenance, Weeding, Enhancements
Final Grades, Paving Stones, Retaining Walls

THREE SEASONS LANDSCAPING LTD.
780-922-4619 landscape industry certified
www.ThreeSeasonsLandscaping.ca

Compassionate Care for Seniors
...is Just a Smile Away!

- Transportation
- Respite Care
- In-Home Help

Shelby's Simple Solutions

780.974.7541 | esheen8@gmail.com

Visit us on Facebook-CoffeeNewsWeekly