

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.  
Visit [makeawish.ca](http://makeawish.ca)

**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Athabasca Edition**

**877-553-6397**

www.coffee-news.ca Est. 1988

The World's #1 Restaurant Publication!

**Faster Internet. Unlimited data.**

**1-866-218-8782 Xplornet.com/fast**

## THIS SPACE FOR RENT

**780-220-6397**

**BrokerLink Insurance**

HOME AUTO BUSINESS FARM

780.675.2241 | 4801-49 St. Athabasca | [BrokerLink.ca](http://BrokerLink.ca)

Helping you rediscover **fun** in the kitchen!

## Gifts and Gadgets

Your one stop kitchen and gift shop.

**780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

## Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

### microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7

**780.482.4462 | [www.microbusiness.ca](http://www.microbusiness.ca)**

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

## PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

*They are the next Finest candles you will EVER find!*

**PSC Prairie Scented Candles**  
a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

## Congratulations

to May's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Jeffrey Smith  
Claire Boisvert  
Desiree Gauthier  
Linda Kondysar

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

Vol. 19 No. 27 July 4, 2022

## Everybody's Talking

**Shark-infested:** When golfing on courses in southern climates, players may be accustomed to signs warning that alligators live in the water hazards. At the Carbrook Golf Club in Brisbane, Australia, signs warn of a more unusual water pond danger: bull sharks. About six specimens are thought to have been trapped in the course's fairly large lake during a flood in the 1990s, and they have since reproduced. Today, about a dozen of these dangerous fish live in the pond. This type of shark is able to live in both saltwater and freshwater. Of course, no one goes looking for wayward golf balls in that water hazard!

**Big birds:** The largest chicken breed is the Jersey Giant, whose origins were in Burlington County, New Jersey (U.S.), in the late 1800s. These birds are big, as chickens go, with roosters weighing in at about 13 pounds (5.9 kg) and hens generally tipping the scale at 10 pounds (4.5 kg). The breed was developed by the brothers John and Thomas Black as an alternative to turkey. Jersey Giants are friendly, and hens lay extra-large brown eggs. They are also raised for their meat, although they take a while to reach market weight. Black Jersey Giants are the most common; two other varieties of the breed are White and Blue.

**Dead Sea tree:** The Dead Sea in the Middle East cannot support life because it is so salty. However, in this sea, a tree grows. Located opposite Israel's Ein Bokek Beach, which boasts many hotels of the Dead Sea coastline, there is an island of white salt. Out of that small island, a tree grows. It's quite a sight: a white salt islet surrounded by blue-green clear water, with a tree that is not supposed to be able to grow there. But it doesn't really belong there. A local artist set up the tree as an art installation and visits the tree on a daily basis, bringing soil from which the tree can obtain nutrients. Guests of nearby resorts have been known to swim to the islet to bask in its small pond and admire the tree.

**Cute little spot:** A tiny house in Toronto, Ontario (Canada), has stood since 1912 on a tiny lot that was meant to be a driveway between the houses located on either side. Known by locals as the "Little House," it was built at 128 Day Avenue by a contractor named Arthur Weeden, who erected the house, lived in it with his wife for 20 years, and stayed six more years after she passed away. The home is only 27.9 square metres (300 sq. ft.), but has an open concept with a living room, kitchen, and small sleeping spot. A hatch door in the kitchen floor leads to a small basement. There's even a small backyard.

## Quoteable Quotes

"An expert is one who knows more and more about less and less."  
—Nicholas Murray Butler

"A bore is a man who, when you ask him how he is, tells you."  
—Bert Leston Taylor

## What's Happening

**July 16 to 17- Cold Lake Air Show** a not-to-be-missed event of the summer, kicking off with the Full Throttle Festival on Friday, July 15th, which will showcase family activities, live entertainment, beer gardens, and a fly past. CFB Cold Lake. [www.coldlakeairshow.com](http://www.coldlakeairshow.com) for more info

**Jul 1 to 3-Vegreville Pysanka Festival** 3 days of Cultural Immersion! Rain or Shine. Grandstand shows, Dance Competitions, Folk Art Displays, Beer Gardens and more. Visit [www.pysankafestival.com](http://www.pysankafestival.com) or call 780-632-2777 for more info.

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!  
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. The moon is a satellite, asteroid, or planet?
2. Margaret Hamilton played Glinda the Good Witch in The Wizard of Oz movie—T/F?
3. The longest river in the U.S. is the Missouri, the Colorado, or the Mississippi?
4. Who ran the 100-metre dash in 9.58 seconds in 2009?
5. Who directed the movies Grapes of Wrath and The Quiet Man?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd  
(Over)

## Online Counselling Alberta-wide

Complimentary 15-Minute Session

**INNATE FREEDOM COUNSELLING**

[www.innatefreedomcounselling.com](http://www.innatefreedomcounselling.com) | 825.250.8415

## Recipe of the month

### Strawberry-Rhubarb Pops

3 cups chopped fresh or frozen rhubarb (½ inch)  
1/4 cup sugar  
3 tablespoons water  
1 cup strawberry yogurt  
½ cup unsweetened applesauce

1/4 cup finely chopped fresh strawberries  
2 drops red food colouring, optional  
8 freezer pop molds or 8 paper cups (3 ounces each and wooden pop sticks)

Prep: 10 min. + freezing Cook: 15 min. + cooling  
Yield: 8 pops

- 1 Place rhubarb, sugar and water in a large saucepan; bring to a boil. Reduce heat; simmer, uncovered, until thick and blended, 10-15 minutes. Remove 3/4 cup mixture to a bowl; cool completely. (Save remaining rhubarb for another use.)
- 2 Add yogurt, applesauce and strawberries to bowl; stir until blended. If desired, tint with food colouring. Fill each mold or cup with about 1/4 cup rhubarb mixture. Top molds with holders; top cups with foil and insert sticks through foil. Freeze until firm.

Source: <https://www.tasteofhome.com>

## Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

**Frontline** web consulting

780.760.6922  
[frontlineconsulting.ca](http://frontlineconsulting.ca)

## Pregnant? Facing Difficult Decisions?

We can help.  
Call **780.421.1177** or text **587.596.5380**

**A Small Miracle Adoption**

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

## Coffee News®

is proudly delivered by

**Blue Heron Support Services Association**

Coffee News® Part of your community.

## HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help: **1.844.453.5372**

FREE ASSESSMENT CALL TODAY!

Affordable-Effective-Exclusive-CALL NOW!

**25 WORDS OR LESS**  
WEEKDAYS 3PM  
yesTV

**QUALITY WORK. REASONABLE RATES.**

**RRC**

- 5" Continuous Eavestrough
- Decks
- Asphalt Roofing
- Siding ■ Soffit ■ Fascia

CALL RYAN TODAY FOR YOUR FREE ESTIMATE:  
**780.519.1335**  
Serving Athabasca/Slave Lake and area

Home is Where **Your Story Begins.**  
Let Me Help You Finance Your Dream Home!

**Debbie Jacobsen, AMP**  
780.805.8840  
deb@dlc1st.ca | www.dlc1st.ca

DOMINION LENDING CENTRES  
Mortgage Mentors

**inogen**  
**FREEDOM. TO BE YOU.**

1-888-998-6714  
MKT-P0253

**Love Coffee News?**

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

**Please include:**  
 1 Your name 2 Your phone number and 3 Your address  
 so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

**Coffee News** Fun Reading. Serious Advertising.

**Reader of the Month**  
Drina P. (age 8) from Edmonton, AB

**Need ONE More Reason to Join?**

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!  
**LegalShield 1-877-579-9449**

**Thank You** to these distribution partners for supporting the "good news" message of **Coffee News!**

Zone 37 Updated 01.30.22

**We appreciate you!**

49 Street Grill	Mike's Pizza & Restaurant
Domino's	Sal's Famous Pizza and Donair
Golden Fountain Restaurant	Subway
Grande River Saloon Café	Tim Hortons
Happy Garden	

**Coffee News**

Would you like to offer your valued customers the opportunity to read and enjoy **Coffee News**?  
 For more information on becoming a distribution partner, call us at 780.220.6397 or scan the QR code at right.

# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)

Your thoughts may be racing, and perhaps you are of two minds, not sure where to focus. If you are extraordinarily optimistic, it may be prudent to consider tempering your efforts. Lucky numbers: 11, 22, 24, 31, 35, 37.

**TAURUS**  
(April 21 - May 21)

You might be entering a period where stability may be very appealing. But it also could seem restrictive. Perhaps ask yourself how you might use this dynamic to confidently pursue your dreams. Lucky numbers: 13, 15, 24, 26, 30, 36.

**GEMINI**  
(May 22 - June 21)

Many Geminis have a quick mind that can readily access information and communicate it to others. You may be an agent of positive change through effective use of these skills. Lucky numbers: 10, 12, 14, 35, 39, 45.

**CANCER**  
(June 22 - July 22)

The astrological environment now highlights the nurturing qualities of Cancer energy. Your ability to pick up emotional perceptions from others may allow you to show them how to nurture themselves. Lucky numbers: 3, 15, 23, 31, 44, 46.

**LEO**  
(July 23 - Aug. 23)

Are you having trouble focusing on one good idea to manifest? This situation may provide you with an opportunity to make an adjustment in your view of what success means. Lucky numbers: 7, 12, 14, 16, 24, 33.

**VIRGO**  
(Aug. 24 - Sept. 23)

Your mind and heart may be fully in sync at the beginning of the week. How could you use this balance to think outside your box and reach for something new? Lucky numbers: 5, 13, 27, 35, 40, 42.

**LIBRA**  
(Sept. 24 - Oct. 23)

You may be in an emotional tug of war with yourself. This might be a sign that an old wound is surfacing, and you could be able to focus on finally healing it. Lucky numbers: 9, 15, 31, 33, 36, 40.

**SCORPIO**  
(Oct. 24 - Nov. 22)

Does someone seem to be standing in the way of what you want to achieve? While you may be tempted to retaliate, perhaps just refocusing your efforts toward success would be best. Lucky numbers: 6, 7, 12, 17, 28, 29.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)

At the end of the week, your natural optimism may be reinforced. How could you use this energy for an emotional reset, to move forward and achieve your next goal? Lucky numbers: 1, 13, 27, 31, 32, 40.

**CAPRICORN**  
(Dec. 22 - Jan. 20)

Capricorns can sometimes be very hard on themselves. If this sounds like you, try to seek out someone who might be able to help teach you to be more gentle with yourself. Lucky numbers: 5, 8, 22, 31, 38, 39.

**AQUARIUS**  
(Jan. 21 - Feb. 19)

Perhaps you are no longer certain of who you truly are. This happens to everyone at some point or other. A change in perspective might encourage you to make a positive adjustment. Lucky numbers: 2, 11, 12, 13, 26, 43.

**PISCES**  
(Feb. 20 - March 20)

How much does your life include being of service to others? Now may be a time to review the past in this regard, and to see what changes you might want to make. Lucky numbers: 4, 10, 17, 19, 30, 48.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 12.

## Did You Know...

**Honey colour:** Honeybees in some apiaries in France were in the news a few years ago when they started producing blue and green honey. Beekeepers learned the honeybees had been feasting on residue left in containers of a nearby candy processor business.

**Sparse meal:** Today, astronauts can eat fairly well in space. But in 1962, when John Glenn became the first American to eat in space, his menu consisted of applesauce, beef, and pureed vegetables, all packed in toothpaste-like tubes.

**Finicky plant:** Houseplant lovers often choose the popular fiddle-leaf fig tree. However, these large-leaved plants can be tricky to care for, as they are finicky about the amount of sunlight, water, and humidity they need to stay healthy.

**Colourful critters:** Chameleons can change their colour, but it's not for camouflage. It's their way of communicating their intentions, such as to fight or to mate. It's also a way of controlling their temperature; they can turn dark to absorb more heat, for example.

**Scary word:** One of the longest words in an English dictionary is *hippopotomonstrosesquippedaliophobia*. Ironically, it means a fear of long words. The phobia is also known as sesquipedalophobia.

## On the Lighter Side

Jaime: "What car does your dad have?"  
Jane: "I can't remember but I think it starts with a T."  
Jaime: "Really? Ours starts with gas."

What do you get when you cross a bed with a kitchen appliance? A four-poster toaster.

How do the three men in the tub sign their love letters? "I lub-a-dub-dub you."

Did you hear the one about the unstamped letter? Never mind, you won't get it.

Knock! Knock! *Who's there?* Wayne. *Wayne who?* Wayne drops keep falling on my head.

### Answers

**Trivia answers:** 1. Satellite 2. False, the Wicked Witch 3. Missouri River 4. Usain Bolt 5. John Ford

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

Family Owned Local Alberta Business Since 1986

SCAN THIS CODE TO ENTER

**WIN A \$500**  
www.directworkwear.com Gift Certificate

Always low prices & great deals... save money.

**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

Can't get to your **Coffee News** each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

Making peace of mind a reality

**Nahachick Adult Guardianship and Trusteeship Services**

Confidential and discreet document preparation. Available services include:

- Applications for Appointment of Guardian and Trustee
- Review of Guardianship and Trusteeship Order
- Urgent Guardianship and Trusteeship Orders

**Flexible appointments.**  
For non-Edmonton residents, appointments can be held via telephone or video calls. Edmonton and area clients have the option to meet face-to-face, home visits, telephone or video calls.

A complete list of our services is available at <https://nahachick.ca>  
**780.660.0649 | nahachick.agt.services@gmail.com**

**Stumbling Blocks Team Building Seminars**

**Build a Stronger, More Resilient Team**

Book Barbara Today!  
**780-722-3188**

[BARBARAMAY.COM](http://BARBARAMAY.COM) | [STUMBLING-BLOCKS.COM](http://STUMBLING-BLOCKS.COM)

**Like us on Facebook**  
Coffee News

...to keep updated on **WEEKLY** contests in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!

<https://www.facebook.com/CoffeeNewsWeekly>

**Cedar Manor** Upgraded apartments starting at \$660!

Save \$100!

780-575-5181  
[cedarmanor.com](http://cedarmanor.com)

**Tesla Estates** Luxury apartments starting at \$1,105!

\$399 Security Deposits

780-214-1300

**Northview** APARTMENT REIT

\*On approved application, while promotion lasts.