

**Stumbling Blocks**  
Team Building Seminars

**Build a Stronger, More Resilient Team**

Book Barbara Today!  
780-722-3188



BARBARAMAY.COM | STUMBLING-BLOCKS.COM

**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Slave Lake Edition**

**877-553-6397**



www.coffee-news.ca Est. 1988

**BLUE BLOODS**  
MONDAY TO THURSDAY 8PM/7PST

**yesTV**



## Recipe of the month

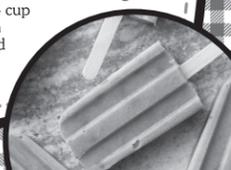
### Strawberry-Rhubarb Pops

3 cups chopped fresh or frozen rhubarb (½ inch) | 1/4 cup finely chopped fresh strawberries  
1/4 cup sugar | 2 drops red food colouring, optional  
3 tablespoons water | 8 freezer pop molds or 8 paper cups (3 ounces each and wooden pop sticks)  
1 cup strawberry yogurt | 8 freezer pop molds or 8 paper cups (3 ounces each and wooden pop sticks)  
½ cup unsweetened applesauce

Prep: 10 min. + freezing | Cook: 15 min. + cooling  
Yield: 8 pops

- Place rhubarb, sugar and water in a large saucepan; bring to a boil. Reduce heat; simmer, uncovered, until thick and blended, 10-15 minutes. Remove 3/4 cup mixture to a bowl; cool completely. (Save remaining rhubarb for another use.)
- Add yogurt, applesauce and strawberries to bowl; stir until blended. If desired, tint with food colouring. Fill each mold or cup with about 1/4 cup rhubarb mixture. Top molds with holders; top cups with foil and insert sticks through foil. Freeze until firm.

Source: <https://www.tasteofhome.com>



Vol. 19 No. 28 July 11, 2022

## Everybody's Talking

**Grilled gold:** If a grilled cheese sandwich needs to be ordered two days in advance, chances are good that it's not a normal grilled cheese sandwich. A restaurant in New York City (U.S.) called Serendipity 3 sells its "Quintessential Grilled Cheese Sandwich" for a whopping \$214 (USD). The reason for the high price is the amazing ingredients in what otherwise would be standard fare at a lunch joint. The restaurant uses bread that has champagne and edible gold flakes baked into it. The cheese is a rare Italian type called cacioavallo podolico, which is savory and complex. The dipping sauce served with the sandwich is South African Lobster Tomato Bisque. Mmmm!

**Art alternative:** A business in Japan lets people rent paintings for as long or short a period as desired. Called Casie, the service has become popular, especially for people who cannot afford to buy expensive works of art. Instead, they can pay by the month to have a painting in their home or office, and they can change it when they get tired of it, or if they want to seasonally alter their décor. The founder of the company, Sho Fujimoto, got the idea from seeing his artist father struggle to make a living selling his art. He figured that by offering paintings for rent, both the renter and the artist would benefit. Casie delivers the paintings to the renter's doorstep.

**Not just a babysitter:** Parents who want to hire a nanny to look after their children might want to consider a graduate of Norland College in Bath, England. One word of warning: these nannies cost a lot of money—somewhere in the vicinity of £78,000 or more per year—because of the special training they receive. Norland College began in the late 1800s, at a time when there was little to no official training for childcare providers. The high-quality education continues today; graduates are capable of teaching manners, various languages, and athletic pursuits, and they do all this with loving affection, in a fair, firm way. Norland nannies often find jobs with wealthy, well-known families.

**Clear and blue:** Anyone who wants to visit a lake with clear water should consider New Zealand's Blue Lake. Located in the Nelson Lakes National Park conservation area on the country's South Island, Blue Lake is said to have the clearest water of any freshwater lake in the world. The Maori name is Rotomairewhenua, meaning "Lake of Peaceful Lands." Its spring-fed water is naturally filtered through a dam formed by a landslide, so particles suspended in the water get filtered out as they pass through. Like other mountain lakes with clear water, this one has a beautiful blue hue, hence its English name.

**Online Counselling Alberta-wide**  
Complimentary 15-Minute Session

**INNATE FREEDOM COUNSELLING**

www.innatefreedomcounselling.com | 825.250.8415



**THIS SPACE FOR RENT**

**780-220-6397**

**Can't get to your Coffee News® each week?**

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

**SHOP ONLINE!**  
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling

Learn to SCUBA DIVE at our Edmonton location - call for details  
1781-156 St., Edmonton 780.483.0044



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**RE/MAX Slave Lake Realty**

**Katee Nelson**  
780-805-4425

**Steve Adams**  
780-516-9000

*With You Every Step of the Way*

## Quoteable Quotes

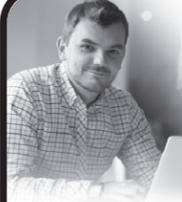
"Every day we choose who we are by how we define ourselves."  
—Angelina Jolie

"To live happily with other people, ask of them only what they can give."  
—Tristan Bernard

**Start Your Own Business!**  
FREE government funded Self-Employment Training

**NOW ONLINE**

**microbusiness TRAINING CENTRE INC**  
Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7  
780.482.4462 | www.microbusiness.ca



Coffee News is proud to support Make-A-Wish® Canada

**Transform lives, one wish at a time.**

**Make-A-Wish**  
Visit [makeawish.ca](http://makeawish.ca)



## What's Happening

**July 16 to 17- Cold Lake Air Show** a not-to-be-missed event of the summer, kicking off with the Full Throttle Festival on Friday, July 15th, which will showcase family activities, live entertainment, beer gardens, and a fly past. CFB Cold Lake. [www.coldlakeairshow.com](http://www.coldlakeairshow.com) for more info

**Aug 2 to Aug 3 - High Prairie Rodeo** West Coast Amusements is on location next to the Rodeo Grounds, nightly dancing on location and beer gardens round out the fun. High Prairie Elks Campground, 5211 49 Street. [www.hpelks.carodeo](http://www.hpelks.carodeo) for more info.

**July 14-22nd Annual Infinity Metis Golf Tournament** in support of their Bursary Program. Signup, sponsorship and volunteer information can be sent to [golf@mcmurraymetis.org](mailto:golf@mcmurraymetis.org)

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

**FREE ASSESSMENT CALL TODAY!**

For Expert Help: **1.844.453.5372**



**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Love Coffee News?®**

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:  
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Reader of the Month**  
Drina P. (age 8) from Edmonton, AB

**Coffee News®** Fun Reading. Serious Advertising.



**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



## Trivia

1. Where is the easternmost point of the famous U.S. Rt. 66?
2. What year did the first Barbie doll debut?
3. Who is the author of the novel Alaska?
4. What battle did Napoleon fight on Sunday, June 18, 1815?
5. A baby alpaca is called what?

**unleash YOUR RADIANCE**  
Laser Hair Removal • IPL Services

**Splash of Pretty**  
FULL DAY SPA

780.523.3096 | [splashofpretty.ca](http://splashofpretty.ca)  
4929-51 Avenue, High Prairie #SharpLight



**Congratulations**  
to May's Coffee News® Guy contest winners!

Your prizes are in the mail!

**Jeffrey Smith  
Claire Boisvert  
Desiree Gauthier  
Linda Kondysar**

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)



# WEBSITES

From \$129/Month

**(780) 760-6922**

FRONTLINECONSULTING.CA



"By working together, we are building a better community"

## PUBLIC WORKS OPERATOR

The Town of Slave Lake has an opening for a dynamic self starter to join our Public Works team.

Reporting to the Public Works Lead (or designate), the Public Works Operator performs various duties including manual labour and operations of equipment used in the maintenance of streets, utilities and any other facility under Town responsibility.

### GENERAL DUTIES OF THIS POSITION:

- Displays effective communication (verbal and written), customer service and interpersonal skills to effectively maintain professional relationships and communications with management, coworkers, internal customers and the public.

- Has a clear understanding of departmental operations and has experience carrying out all tasks and functions of this position.

- Performs daily safety and maintenance checks, minor repairs and maintains logs. Advises supervisor of any mechanical or safety issues.

- Fit and capable to perform manual labour tasks such as shovelling, lifting heavy objects, trimming bushes or trees, steaming culverts, installing fences, potholing, line painting, etc.

- Operates heavy equipment in a safe and effective manner following all applicable legislation, policies, and procedures. (for example: Town of Slave Lake Municipal Bylaws and Regulations, Traffic Safety Act, Alberta OH&S Act, Regulations and Codes, etc.)

- Willing to work in all types of weather conditions.

- Cleans equipment as scheduled or required and ensures equipment is safely stored.

- Installs or removes special equipment and attachments.

- Performs other duties as required.

- Attends All-Staff Meetings.

- Reports any health and safety related concerns promptly to the Health & Safety Coordinator.

- Reports all damages and accidents immediately in a written incident report to the Public Works Lead Hand or the Operations Department Health & Safety Representative.

### WORK SCHEDULE:

Days and hours of work may vary. A work week will consist of forty hours per week with a requirement to be on-call on a regular basis. Subject to call-out in an emergency.

### EDUCATION AND REQUIREMENTS FOR THIS POSITION:

- Grade 12 Diploma, or equivalent
- Valid Alberta Class 3 Driver's License
- Experience Operating Heavy Equipment Certificate is an asset

► We offer a competitive salary and benefits package.

### Application Instructions:

Send cover letter (indicating position you are applying for) and your resumé to:

Human Resources,  
Town of Slave Lake  
10 Main Street S.W.  
Box 1030, Slave Lake T0G 2A0

Fax: (780) 849-4883  
E-mail: HR@slavelake.ca

The position will remain open until a suitable candidate is found

We thank all applicants for their interest; however, only candidates invited for interviews will be contacted.

# Your Weekly Horoscope

## ARIES

(March 21 - April 20)



You may be feeling even more ambitious than usual. Look for a hidden gem of an opportunity that, along with hard work and a little luck, may allow you to succeed. Lucky numbers: 12, 19, 34, 35, 37, 45.

## TAURUS

(April 21 - May 21)



Those born under the sign of the bull value the stability of the known. Now, however, there may be a potential to develop the ability to be open to seeing new possibilities. Lucky numbers: 3, 4, 8, 41, 46, 48.

## GEMINI

(May 22 - June 21)



Have your relationships recently been based more on intellect than on feeling? You may be entering a period where this dynamic could shift to a more intuitive and emotional bent. Lucky numbers: 10, 17, 23, 32, 44, 47.

## CANCER

(June 22 - July 22)



During the middle of this week, you may receive practical information that could aid you in accomplishing your objectives. The potential also exists for you to improve communications with others. Lucky numbers: 9, 13, 16, 18, 21, 43.

## LEO

(July 23 - Aug. 23)



Are you in a phase where hard work doesn't bring rewards? Perhaps a better course would be acting from what you feel, rather than from what you think you should want. Lucky numbers: 8, 15, 17, 31, 33, 46.

## VIRGO

(Aug. 24 - Sept. 23)



Virgos sometimes pursue a fruitless search for the perfect job, partner, and so forth. You may be entering a period that heightens your long-term efforts to develop more empathy toward yourself and others. Lucky numbers: 13, 19, 21, 27, 34, 41.

## LIBRA

(Sept. 24 - Oct. 23)



Libras value smooth relationships, sometimes to the detriment of achieving their own goals. But your ambitions may be highlighted right now. Try to carefully weigh the pros and cons of potential endeavours. Lucky numbers: 6, 18, 23, 29, 31, 36.

## SCORPIO

(Oct. 24 - Nov. 22)



Scorpios often have an uncanny ability to see the underlying truth in people and circumstances. Right now you may want to weigh the risks of acting on any unexpected information you might receive. Lucky numbers: 1, 11, 20, 24, 44, 47.

## SAGITTARIUS

(Nov. 23 - Dec. 21)



Enthusiasm and optimism are hallmarks of Sagittarius. At the start of the week, these traits may be highlighted, perhaps giving you the opportunity to dissipate any obstacles in your current situation. Lucky numbers: 14, 15, 31, 32, 40, 43.

## CAPRICORN

(Dec. 22 - Jan. 20)



The beginning of the week includes a potential to bring current projects to completion. However, you may need to adjust your viewpoint regarding new items on the horizon. Lucky numbers: 17, 23, 30, 33, 35, 42.

## AQUARIUS

(Jan. 21 - Feb. 19)



An ability to quickly glean and process information in one's environment is a common Aquarius trait. The question now is this: toward what endeavour do you want to apply this knowledge? Lucky numbers: 4, 12, 22, 26, 31, 44.

## PISCES

(Feb. 20 - March 20)



You may find that your Pisces empathy is enhanced right now. If this energy starts to become an emotional burden, how can you focus it instead on your spiritual development? Lucky numbers: 7, 10, 33, 39, 43, 48.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 15.

## Did You Know...

**Night vision:** Vitamin A in carrots is good for eye health, but doesn't improve night vision. To get people to eat more carrots due to a surplus during World War II, the United Kingdom Ministry of Food claimed consuming carrots improved pilots' night vision.

**Bridge city:** Venice, Italy, is known by several names, including City of Canals, Floating City, and City of Bridges. At least 400 bridges crisscross its canals. The widest is the stone arch Rialto Bridge. With footpaths and a striking view, it measures 22.9 metres (75 ft.) wide.

**Funny ears:** Grasshoppers' ears aren't on their heads, but on their bellies. Auditory organs encased in membranes are located on either side of a grasshopper's abdomen, tucked under their wings, where they vibrate in response to sound waves.

**Lots of letters:** English speakers and writers need to know 26 letters in the alphabet, but people using the Cambodian language must learn many more. The Khmer alphabet has 74 letters, the most of any language in the world.

**Hiking surprise:** In 1991, German hikers exploring the Similaun Glacier in the Alps discovered the mummified body of an estimated 5,300-year-old man. The Iceman, dubbed "Ötzi" for the area of the Alps where he was found, was very well preserved.

## On the Lighter Side

Knock! Knock! Who's there? Rhoda. Rhoda who? Rhoda horse all the way through town.

What kind of train do ballerinas ride? A tutu train.

A ship wrecked while carrying red paint. It marooned all the sailors.

Customer: "Waiter, what is this insect in my soup?"  
Waiter: "I wish you wouldn't ask me. I don't know one bug from another."

Why did the cucumber need a lawyer? It was in a pickle.

## Answers

Trivia answers: 1. Chicago 2. 1959 3. James A. Michener 4. Waterloo 5. Chia

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

## BrokerLink Insurance



HOME



AUTO



BUSINESS



FARM

780.849.3941 | PO Box 329, 105-6 Ave. NW, Slave Lake | BrokerLink.ca



Family Owned  
Local Alberta  
Business

Since 1986

SCAN THIS CODE  
TO ENTER



We ship across Canada  
Huge Women's Selection  
XXS up to 7XL Sizing

WIN A \$500  
www.directworkwear.com Gift Certificate

Always low prices & great deals... save money.

## Chapel of Memories Funeral Home

Serving the entire Lakeland  
Kinuso to Slave Lake to Wabasca

"Your family care provider offering assistance with Personalized  
Funerals, Memorials, Cremations, Cremation Jewelry & Monuments"

601 - 1A St. S.E. Slave Lake, Alberta  
Phone: 780.849.5433

## If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!



They are the next Finest candles you will EVER find!



prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com

## QUALITY WORK. REASONABLE RATES.



- 5" Continuous Eavestrough
- Decks
- Asphalt Roofing
- Siding ■ Soffit ■ Fascia

CALL RYAN TODAY FOR YOUR FREE ESTIMATE:  
**780.519.1335**

Serving Athabasca/Slave Lake and area

## Home is Where Your Story Begins.

Let Me Help You Finance Your Dream Home!



Debbie Jacobsen, AMP

780.805.8840  
deb@dlc1st.ca | www.dlc1st.ca

DOMINION LENDING CENTRES  
Mortgage Mentors

Making peace of mind a reality

## Nahachick Adult Guardianship and Trusteeship Services

Confidential and discreet document preparation. Available services include:  
Applications for Appointment of Guardian and Trustee | Review of Guardianship and Trusteeship Order | Urgent Guardianship and Trusteeship Orders

A complete list of our services is available at <https://nahachick.ca>

780.660.0649 | [nahachick.agt.services@gmail.com](mailto:nahachick.agt.services@gmail.com)

**Flexible appointments.**  
For non-Edmonton residents, appointments can be held via telephone or video calls. Edmonton and area clients have the option to meet face-to-face, home visits, telephone or video calls.

## Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call LLOYD KENNEY,  
Independent Associate, to find out  
how LegalShield can help you!

LegalShield 1-877-579-9449