





What's Happening

Tuesdays-Dementia Care Partner Support Group If you are caring for someone living with Dementia, come join our Dementia Care Partner Support Group, Tuesdays, from 7 to 9 p.m., at BRIDGES 102, 111 Government Road, Hinton, AB. For more information, please call 780-223-8009.

Jul 22 to 24-Grove Rotary Ribfest Free to attend and fun for the whole family. BBQ ribs, food trucks, live music, family fair, car show, skateboard, scooter BMX competitions Central Park on

King St. in Spruce Grove. Fri 3 PM - 10 PM, Sat Sun 10 AM - 10 PM. www.sgribfest.com

> NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening



Over 150 pa

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

... or send your entry by snall mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST ELA. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. ABso include the name of the ad in which you found the hidden Coffee News Guy



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Trivia

- 1. In military lingo, what does the acronym MASH stand for?
- 2. The hottest planet in our solar system is Venus, Jupiter, or Neptune?
- 3. May Day is celebrated on what day?
- 4. This is the longest golf club in a golf set.

5. The state flower of Wisconsin (U.S.) is the wood violet, daisy, or buttercup?

(Flip bottom of page for answers)

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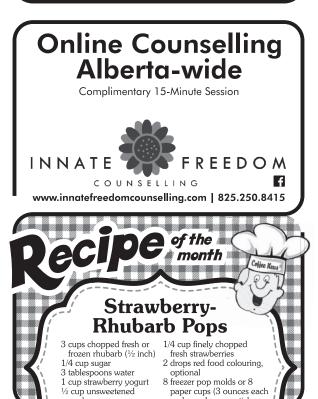
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Your Weekly Horoscope

(Sept. 24 - Oct. 23)

Issues may arise in your

relationships right now.

Try to take a deep breath

and step back. How could

you create a dialogue,

rather than digging in

You may experience unex-

pected or unusual events

that could cause you to

rethink your direction in

life. This might help to

release your perspective

Right now you may find

yourself going over old

ground again. Try to be

aware of allowing your reaction to grow out of

proportion to the reality

your heels about your viewpoint? Lucky

and seek to understand the message.

of the situation. Lucky numbers: 4, 11,

Lucky numbers: 10, 18, 22, 26, 30, 48.

SAGITTARIUS

(Nov. 23 - Dec. 21)

numbers: 7, 10, 19, 37, 44, 45.

(Oct. 24 - Nov. 22)

SCORPIO

ARIES



now, before striking out into new territory. Lucky numbers: 2, 31, 36, 40, 41, 47, **TAURUS**

(April 21 - May 21)

This week you may find that the pace of activity in your day-to-day routine significantly increases. If you dig in, you might find the energy to successfully

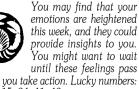
work through this period. Lucky numbers: 3, 8, 13, 22, 26, 28. GEMINI

(May 22 - June 21)

Try looking for an opportunity to express yourself in a new way. This may allow you to show others your ability to create progress on an

issue of great importance to you. Lucky numbers: 5, 10, 17, 40, 41, 46. CANCER

(June 22 – July 22)



before you take action. Lucky numbers: 9, 11, 15, 24, 41, 42. LEO

(July 23 - Aug. 23)

This week holds the potential for you to enter a new phase of your life. Try to look for an opportunity to do so, but be careful not to

overreach in risk taking. Lucky numbers: 6, 8, 9, 25, 30, 35. VIRGO

(Aug. 24 - Sept. 23)

Are you encountering opposition from your partner? If you look to a past issue, you might find the source of the problem. This information could point the way to a solution.

Lucky numbers: 8, 11, 15, 20, 36, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 17.

Did You Know...

Nose print: Humans leave fingerprints on everything they touch, and because these are unique, fingerprints can be used to identify people. A dog's nose print is the same: its lines and patterns can be used to prove the canine's identity.

Tasty stamps: In 2013, Belgium issued a half million stamps with glue that smelled and tasted like chocolate. This was not a surprising move, since Belgium is known for producing some of the world's most delicious chocolate.

Soothing gel: The houseplant aloe vera can be used to heal scrapes and burns. A gel found inside the fleshy leaves of this succulent can be used as an ointment. Aloe vera plants are easy to care for.

Ticklish situation: Humans can have many types of phobias. One type is pteronophobia, which is the fear of feathers or of being tickled by feathers. Merely thinking of the possibility of such a thing can cause someone with the phobia



At the beginning of the week, you may find that your mind and emotions are out of sync. Perhaps you could wait a few days before making any significant decisions. Lucky numbers: 1, 21, 26, 37, 38, 39. **AQUARIUS** (Jan. 21 - Feb. 19) Are you discouraged about a particular situation in

16, 20, 34, 36.

CAPRICORN

(Dec. 22 - Jan. 20)

your life right now? If so, reaching out to others may help provide you with a more positive perspective about things. Lucky numbers: 12, 22,

26, 34, 37, 38. **PISCES**

(Feb. 20 - March 20)

Service to others is often an important consideration for Pisces. At this time, finding a form of service that you feel you can personally identify

with may be important for you. Lucky numbers: 21, 29, 31, 32, 40, 43.

applesauce

and wooden pop sticks

 $Prep: 10 \text{ min.} + freezing \quad Cook: 15 \text{ min.} + cooling$ Yield: 8 pops

 Place rhubarb, sugar and water in a large saucepan; bring to a boil. Reduce heat; simmer, uncovered, until thick and blended, 10-15 minutes. Remove 3/4 cup mixture to a bowl; cool completely. (Save remaining rhubarb for another use.)

Photoro for another use.) © Add yogurt, applesauce and strawberries to bowl; stir until blended. If desired, tint with food colouring. Fill each mold or cup with about 1/4 cup rhubarb mixture. Top molds with belden tan unreading for finand holders: top cups with foil and insert sticks through foil.

Freeze until firm.

Source https://www.tasteofhome.com

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to teel anxious.

Skinny house: A one-time hat shop is now billed as the skinniest house in London, England. Its 96 square metres (1,034 sq. ft.) have three bedrooms and one bathroom. The catch is that most of the five-story house is only 1.8 metres (6 ft.) wide.

On the Lighter Side

Why couldn't the Tin Man join in the card game? They were playing Hearts.

Knock! Knock! Who's there? Butter. Butter who? Butter late than never.

Why couldn't the sailors play cards? Because they were standing on the deck.

Veterinarian: "Has your dog ever had fleas?" Child: "No, only puppies."

Being kissed by a vampire is a real pain in the neck.

Answers

3. May 1 4. Driver 5. Wood violet Trivia answers: 1. Mobile Army Surgical Unit 2. Venus

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