

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
They are the next Finest candles you will EVER find!



PSC
Prairie Scented Candles
a RAY of Fragrance
Sunset Scents
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Every \$3.51 You Give = 1 MEAL FOR A HOMELESS NEIGHBOUR



Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

THIS SPACE FOR RENT
780-220-6397

Come and enjoy rural Alberta!

Tired of waiting for high cost accommodation in the big city? We have vacancies to offer residents living outside of town!
Studio suites, all inclusive \$1986.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

780.853.5706
Contact our office at admin@vdhf.ca
www.vdhf.ca
5401-46 St., Vermilion

Vermilion & District Housing Foundation

FREE ROLLING TRAY
- WHEN YOU PRESENT THIS COUPON -
LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

NO PURCHASE NECESSARY

8060 - 167 AVE. NW
420 **BUBONIC KRONIK** EDMONTON
ECIGS • VAPORIZERS • BONGS
780.371.0106

Your Feet Come First!

Lacey MacMillan
Advanced Foot Care Nurse

CLARAS FOOTCARE

Therapeutic Foot Care for Seniors and All Ages

- Nail Cutting and Filing
- Corn and Callus Reduction
- Management of Ingrown Toenails
- Skin Care and more!

Specializing in diabetic foot care

780.399.2655 | clarasfootcare@gmail.com

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton
www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Learn to Scuba Dive
Ask about our Buddy Special


Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

Jennifer Miles, Agent
125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.
Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

FREE! **New Issue Every Week!**
Coffee News[®]
"News To Be Enjoyed Over Coffee"
North Central
Edmonton
Edition
780-220-6397
www.coffee-news.ca



Est. 1988

Vol. 19 No. 32 August 8, 2022

Everybody's Talking

Pebbly pictures: Combing the beach for colourful, oddly shaped stones is always fun. For Justin Bateman, an English artist, the stones come in handy for his creations: mosaic pictures that he puts together right on the beach. He uses stones of all shapes, sizes, and colours to reproduce such masterpieces as "Mona Lisa" and "Girl With a Pearl Earring." His work is eye-catching, but viewers have to be quick because the pieces don't last long in their rugged, natural environment. Bateman can spend from one or two days to several weeks completing one of his stone works of art. He currently resides in Thailand; his artwork can be seen on beaches and surrounding areas.

Tunnel road: Guoliang is a remote village located high in the Taihang Mountains in China's Henan Province. People in the village had been quite isolated until the 1970s, when they decided to hand-dig a tunnel so cars could come and go from the scenic location. Using hammers and chisels, they succeeded in building a tunnel that is 1.2 kilometres (0.75 mi.) in length. The task took five years to accomplish and was completed in 1977. Before the tunnel's construction, the only way in and out of Guoliang was via the "Sky Ladder," a difficult climb up the mountain. Today, the tunnel is a tourist attraction, and the villagers are enjoying a more robust economy.

Unique pizza oven: Those wanting to enjoy a unique pizza might want to head to the Pacaya Volcano in Guatemala, where Chef Mario David García Mansilla uses lava from the active volcano to cook his gourmet pizzas. His restaurant is called Pizza Pacaya, and it moves according to where cooling lava can be found. The lava forms a kind of cave as it cools, creating a sort of oven where the chef can bake his pies. He also cooks the pizza directly on top of molten rocks. In either case, he wears protective gear while at work. Patrons can make a reservation for their slice of volcano-cooked pizza. Mansilla got the idea for his restaurant when he saw tourists roasting marshmallows over lava.

Two heads: The diamondback terrapin turtle is a threatened species in the United States, so researchers were excited when a two-headed specimen was born. Now in the care of the Birdsey Cape Wildlife Center in Massachusetts, the turtle is doing well. It has six legs instead of the usual four, along with two heads that move in and out of the shell independently. A barium test revealed that each head has its own gastrointestinal system, and scientists are looking for ways to learn more about this interesting creature. The turtle is growing well, with the heads seeming to work together to swim and find food.

Quoteable Quotes

"Resolve never to quit, never to give up, no matter what the situation."
—Jack Nicklaus
"Long after an experience...it is seen quite differently."
—Doris Lessing

What's Happening

Aug 24-Open House, 10 AM to 3 PM Enjoy demos for pickleball, fitness, art, music, and more! Free BBQ lunch, play Bingo, Spin-the-wheel, and win prizes! Learn about our quality programming for adults 55 at www.centrallions.org. 11113 113 Street. 780-496-7369.

NON profit organizations may submit events for FREE at
www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit **www.coffee-news.ca**
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What is the only even prime number?
2. The Argentine flag has these two colours and this celestial body.
3. Who wrote the novel Breakfast at Tiffany's?
4. What shape depicts psychologist Abraham Maslow's hierarchy of needs?
5. What Mexican holiday originally celebrated the Battle of Puebla in 1862?

(Flip bottom of page for answers)

Recipe of the month

Strawberry-Rhubarb Pops

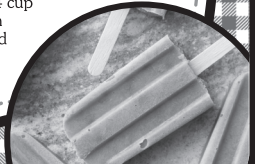
3 cups chopped fresh or frozen rhubarb (½ inch)
1/4 cup sugar
3 tablespoons water
1 cup strawberry yogurt
½ cup unsweetened applesauce

1/4 cup finely chopped fresh strawberries
2 drops red food colouring, optional
8 freezer pop molds or 8 paper cups (3 ounces each and wooden pop sticks)

Prep: 10 min. + freezing Cook: 15 min. + cooling
Yield: 8 pops

- 1 Place rhubarb, sugar and water in a large saucepan; bring to a boil. Reduce heat; simmer, uncovered, until thick and blended, 10-15 minutes. Remove 3/4 cup mixture to a bowl; cool completely. (Save remaining rhubarb for another use.)
- 2 Add yogurt, applesauce and strawberries to bowl; stir until blended. If desired, tint with food colouring. Fill each mold or cup with about 1/4 cup rhubarb mixture. Top molds with holders; top cups with foil and insert sticks through foil. Freeze until firm.

Source: <https://www.tasteofhome.com>



PROVIDING THE GREATEST RETURN ON YOUR GREATEST INVESTMENT!

SELLING YOUR HOME?

Invite me over for a coffee. I'll give you real estate advice and a FREE market evaluation.

Your Community Realtor
GEORGE VAN DE WALLE
780.982.4247 RE/MAX



FOR ALL YOUR SEWER, PLUMBING, HEATING & GASFITTING NEEDS

- Plumbing Repairs, Maintenance & Renovations
- Hot Water Tanks
- Plumbing Fixtures
- Furnace Install & Repair ...and more!

ADG KABAN SEWER & DRAIN LTD.
Supporting and Servicing St. Albert and Surrounding Areas For Over 27 Years
Troy 780.498.6888 Cell. LICENSED • BONDED • INSURED
780.458.9778 | www.adgplumbing.com

GUARANTEED EXCELLENCE and 24 HR. SERVICE BY PROFESSIONAL TRADESMEN

OPEN HOUSE • AUG. 24 • 10 am-3 pm
Come see what we're all about!

- Enjoy demos for pickleball, fitness, art, music, and more
- Free BBQ lunch, play Bingo, Spin-the-Wheel, win prizes
- Share hobbies with "like-interested" people or try something new
- Affordable, quality recreational programming for adults 55+

Central Lions
Seniors Association 11113-113 St., Edmonton
780.496.7369 | Info@CentralLions.org | www.CentralLions.org

COME FOR THE PROGRAMS, STAY FOR THE PEOPLE!



HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?
The Disability Tax Credit allows for \$3,000 YEARLY TAX CREDIT and \$30,000 LUMP SUM REFUND

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!



Exclusive Offer!

Coffee News Readers - Receive \$100 OFF their Website Development!

Frontline web consulting
(780) 760-6922
FRONTLINECONSULTING.CA

SCAN ME



*Mention this ad to redeem!

Calling all Fishermen
50 YEARS & OVER

Come find fishing buddies at
THE EDMONTON **Old Timers' FISHING CLUB**

Monthly meetings Monthly newsletter

...with guest speaker, free coffee & donuts. For more info, call or text Gary Preece at 780.940.6679



Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

Legal Services You Can Trust

COOPER REGEL
LAWYERS



- Wills, Enduring Powers of Attorney and Personal Directives
- Probate & Administration • Estate Litigation
- Real Estate Sales, Purchases and Refinance

Shantelle Smith | 780.570.8453

77 Chippewa Road, Sherwood Park AB

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

ETTA TELECOM

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

- ✓ Business Immigration
- ✓ Skilled Trades Immigration
- ✓ Student Immigration
- ✓ Spousal Sponsorship
- ✓ Parents Sponsorship

MEWI
Immigration Services Inc. REGULATED CANADIAN IMMIGRATION CONSULTANTS

EMPLOYERS - NOT ABLE TO FIND EMPLOYEES? WE CAN HELP!

Phone/Whats app +1 647-702-9635 / +1 780-710-9635
info@mewiimmigration.ca | www.mewiimmigration.ca

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Bronson's
THE COMIC STRIP
DRINK • DINE • LAUGH



Transport our future. Become a school bus driver.

S SOUTHLAND
safely home

Apply now @ southland.ca



Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

Make-A-Wish
Visit makeawish.ca

Your Weekly Horoscope

ARIES (March 21 - April 20)

You may want to consider making an adjustment in your style of communicating with others. This could change the way that people see you, and eventually might lead to new opportunities. Lucky numbers: 4, 5, 14, 15, 26, 33.

TAURUS (April 21 - May 21)

An unusual or unexpected event in your life may be frustrating to you right now. Taking a deep breath and reflecting on your next steps before acting may be helpful. Lucky numbers: 14, 17, 24, 25, 33, 37.

GEMINI (May 22 - June 21)

Are you willing to fight for some specific issue? Gemini's ability to integrate information that may be conflicting can be useful in presenting a convincing argument on the matter. Lucky numbers: 17, 21, 22, 31, 37, 46.

CANCER (June 22 - July 22)

This week your heart may be in one place and your head in a different one. Waiting to act on anything until this dynamic passes by may be helpful. Lucky numbers: 3, 15, 19, 20, 41, 42.

LEO (July 23 - Aug. 23)

During the next month, the potential exists to reassess your values. What type of legacy do you want to leave for others, and what can you do to manifest it? Lucky numbers: 5, 7, 12, 25, 27, 48.

VIRGO (Aug. 24 - Sept. 23)

Are you having difficulty clearly communicating with your partner right now? If so, initiating a discussion about it between the two of you may be helpful in moving forward. Lucky numbers: 8, 17, 19, 33, 37, 43.

LIBRA (Sept. 24 - Oct. 23)

Libras often prefer for others to be in the limelight, rather than themselves. Right now, though, stepping into the spotlight yourself may be more comfortable than standing in the wings for others. Lucky numbers: 7, 10, 12, 14, 23, 40.

SCORPIO (Oct. 24 - Nov. 22)

An old, karmic issue may be resurfacing in your life right now. What might be helpful would be to resolve the prior consequences of this matter before trying to move forward. Lucky numbers: 12, 16, 18, 28, 29, 41.

SAGITTARIUS (Nov. 23 - Dec. 21)

Right now, there may be an opportunity to light a fire under the plans to achieve your life's dreams and wishes. However, you may need to proactively reach for it. Lucky numbers: 1, 4, 6, 16, 20, 27.

CAPRICORN (Dec. 22 - Jan. 20)

A trait of many Capricorns is to just keep putting one foot in front of the other until they get where they are going. Events this week may reinforce that pattern. Lucky numbers: 2, 4, 8, 17, 21, 31.

AQUARIUS (Jan. 21 - Feb. 19)

The full moon in your sign may provide a strong potential for you to bring a project to completion. Then you might be able to begin planning for the next six months. Lucky numbers: 22, 25, 36, 39, 40, 44.

PISCES (Feb. 20 - March 20)

Have you been in a pattern of having a difficult time getting out of your own way? You may find more endurance now to break through the obstacles that have impeded your progress. Lucky numbers: 15, 16, 19, 28, 29, 38.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 7.

Did You Know...

Couples only: Switzerland has many laws in place to protect animals, even guinea pigs. It's illegal to own only one. These mammals are highly social, so having only one lone(ly) guinea pig is considered animal abuse.

Waiting until the end: Going to the movies means sitting through lots of movie previews, so why are they called "trailers"? In the early days of showing movies, these film clips were shown after the main show, therefore they trailed it.

Living on air: Air plants come in many shapes and sizes, but the common denominator is that they don't need soil to grow. Just submerge and soak them for a while to water them, and mist them between soaks.

Spectacular falls: The Zambezi River flows between the borders of Zambia and Zimbabwe, and its claim to fame is the magnificent Victoria Falls. The water cascades down a ledge that is 1,708 metres (5,640 ft.) wide, into a gorge 108 metres (354 ft.) below.

Fastest man: A rare genetic disorder caused Zion Clark to be born without legs. In February 2021, he broke the Guinness World Record for the fastest 20 meter (65 ft.) walk on hands alone, finishing in under 4.8 seconds. His triumph took place at his former high school gym in Massillon, Ohio (U.S.).

On the Lighter Side

Did you hear that the fire-eater got engaged? He ran into an old flame.

I was accused of being a plagiarist. Their words, not mine.

Waiter: "What's the matter with the soup?"
Customer: "I asked for barley soup, not barely soup!"

What goes trot-dash-trot-dash-dash? Horse code.

Knock! Knock! Who's there? Decay. Decay who? Decay is after the J in the alphabet!

Answers

Trivia answers: 1. Two 2. Blue, white, sun 3. Truman Capote 4. Pyramid 5. Cinco de Mayo

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com



Reliable Service for 25+ Years

Expert repairs, maintenance and installations on any residential or commercial plumbing or HVAC equipment.

RBA MECHANICAL INC.

780.474.7481 | www.rbamechanical.ca



inogen

FREEDOM. TO BE YOU.

1-888-998-6714



COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Creating Smiles That Last A Lifetime...

BECAUSE YOUR SMILE DESERVES IT!

- General Dentistry • Cosmetic Dentistry
- Restorative Dentistry • Botox Treatments

Dr. Derek Fika
Family Dentistry

Call today to book your appointment:
587-760-4227
www.drderekfika.com

Visit us at 12943-97 Street NW, Edmonton

FREE TAKE HOME WHITENING KITS
WITH EVERY ANNUAL EXAM AND MAINTENANCE VISIT

WHEEL OF FORTUNE

WEEKNIGHTS 7PM/6PST

yesTV



Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield **1-877-579-9449**

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:

- 1 Your name
- 2 Your phone number and
- 3 Your address

so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Reader of the Month
Drina P. (age 8) from Edmonton, AB

Coffee News Fun Reading. Serious Advertising.

