

Are you a business owner/office manager?  
Have 3-20 employees in your office?  
Paying too much for your current phone system?  
**We can save you up to 50% off your current phone rates!**

**How? We offer:**

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**FOR ALL YOUR SEWER, PLUMBING, HEATING & GASFITTING NEEDS**

- Plumbing Repairs, Maintenance & Renovations
- Hot Water Tanks
- Plumbing Fixtures
- Furnace Install & Repair ...and more!

**GUARANTEED EXCELLENCE and 24 HR. SERVICE BY PROFESSIONAL TRADESMEN**

**ADG KABAN SEWER & DRAIN LTD.**

Supporting and Servicing St. Albert and Surrounding Areas For Over 27 Years

Troy 780.498.6888 Cell. **LICENSED • BONDED • INSURED**  
**780.458.9778 | www.adgplumbing.com**

**Jennifer Miles, Agent**  
125-15 Circle Dr  
St. Albert AB T8N 3Y7  
780-460-2279  
[www.jmilesinsurance.com](http://www.jmilesinsurance.com)

**Desjardins Insurance**

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.  
Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

**THIS SPACE FOR RENT**  
**780-220-6397**

**Reliable Service for 25+ Years**  
Expert repairs, maintenance and installations on any residential or commercial plumbing or HVAC equipment.

**RBA MECHANICAL INC.**  
780.474.7481 | [www.rbamechanical.ca](http://www.rbamechanical.ca)

Every \$3.51 You Give = **1 MEAL FOR A HOMELESS NEIGHBOUR**

Give Hope. Give Today.  
[TheSeed.ca/donate](http://TheSeed.ca/donate)

THE MUSTARD SEED

- ✓ Business Immigration
- ✓ Skilled Trades Immigration
- ✓ Student Immigration
- ✓ Spousal Sponsorship
- ✓ Parents Sponsorship

**MEWI**  
Immigration Services Inc. REGULATED CANADIAN IMMIGRATION CONSULTANTS

**EMPLOYERS - NOT ABLE TO FIND EMPLOYEES? WE CAN HELP!**

Phone/Whats app +1 647-702-9635 / +1 780-710-9635  
[info@mewiimmigration.ca](mailto:info@mewiimmigration.ca) | [www.mewiimmigration.ca](http://www.mewiimmigration.ca)

**Congratulations** to May's **Coffee News Guy** contest winners!

Your prizes are in the mail!

**Jeffrey Smith**  
**Claire Boisvert**  
**Desiree Gauthier**  
**Linda Kondysar**

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

**FREE!** **New Issue Every Week!**

**Coffee News**  
"News To Be Enjoyed Over Coffee"

**Edmonton Northeast Edition**  
**780-220-6397**

[www.coffee-news.ca](http://www.coffee-news.ca) Est. 1988

Vol. 19 No. 32 August 8, 2022

**Everybody's Talking**

**Pebbly pictures:** Combing the beach for colourful, oddly shaped stones is always fun. For Justin Bateman, an English artist, the stones come in handy for his creations: mosaic pictures that he puts together right on the beach. He uses stones of all shapes, sizes, and colours to reproduce such masterpieces as "Mona Lisa" and "Girl With a Pearl Earring." His work is eye-catching, but viewers have to be quick because the pieces don't last long in their rugged, natural environment. Bateman can spend from one or two days to several weeks completing one of his stone works of art. He currently resides in Thailand; his artwork can be seen on beaches and surrounding areas.

**Tunnel road:** Guoliang is a remote village located high in the Taihang Mountains in China's Henan Province. People in the village had been quite isolated until the 1970s, when they decided to hand-dig a tunnel so cars could come and go from the scenic location. Using hammers and chisels, they succeeded in building a tunnel that is 1.2 kilometres (0.75 mi.) in length. The task took five years to accomplish and was completed in 1977. Before the tunnel's construction, the only way in and out of Guoliang was via the "Sky Ladder," a difficult climb up the mountain. Today, the tunnel is a tourist attraction, and the villagers are enjoying a more robust economy.

**Unique pizza oven:** Those wanting to enjoy a unique pizza might want to head to the Pacaya Volcano in Guatemala, where Chef Mario David García Mansilla uses lava from the active volcano to cook his gourmet pizzas. His restaurant is called Pizza Pacaya, and it moves according to where cooling lava can be found. The lava forms a kind of cave as it cools, creating a sort of oven where the chef can bake his pies. He also cooks the pizza directly on top of molten rocks. In either case, he wears protective gear while at work. Patrons can make a reservation for their slice of volcano-cooked pizza. Mansilla got the idea for his restaurant when he saw tourists roasting marshmallows over lava.

**Two heads:** The diamondback terrapin turtle is a threatened species in the United States, so researchers were excited when a two-headed specimen was born. Now in the care of the Birdsey Cape Wildlife Center in Massachusetts, the turtle is doing well. It has six legs instead of the usual four, along with two heads that move in and out of the shell independently. A barium test revealed that each head has its own gastrointestinal system, and scientists are looking for ways to learn more about this interesting creature. The turtle is growing well, with the heads seeming to work together to swim and find food.

**Quoteable Quotes**

"Resolve never to quit, never to give up, no matter what the situation." —Jack Nicklaus

"Long after an experience...it is seen quite differently." —Doris Lessing

**What's Happening**

**Aug 24-Open House, 10 AM to 3 PM** Enjoy demos for pickleball, fitness, art, music, and more! Free BBQ lunch, play Bingo, Spin-the-wheel, and win prizes! Learn about our quality programming for adults 55 at [www.centrallions.org](http://www.centrallions.org). 11113 113 Street. 780-496-7369.

**NON profit organizations may submit events for FREE at**  
[www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks Over 150 participating sponsors!

**To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

**NEW FEATURE!**

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

**Trivia**

1. What is the only even prime number?
2. The Argentine flag has these two colours and this celestial body.
3. Who wrote the novel Breakfast at Tiffany's?
4. What shape depicts psychologist Abraham Maslow's hierarchy of needs?
5. What Mexican holiday originally celebrated the Battle of Puebla in 1862?

(Flip bottom of page for answers)  
© Published with Permission by Capital Marketing Ltd  
**(Over)**

**Recipe of the month**

**Strawberry-Rhubarb Pops**

3 cups chopped fresh or frozen rhubarb (½ inch) 1/4 cup finely chopped fresh strawberries  
1/4 cup sugar 2 drops red food colouring, optional  
3 tablespoons water  
1 cup strawberry yogurt 8 freezer pop molds or 8 paper cups (3 ounces each and wooden pop sticks)  
½ cup unsweetened applesauce

Prep: 10 min. + freezing Cook: 15 min. + cooling Yield: 8 pops

- 1 Place rhubarb, sugar and water in a large saucepan; bring to a boil. Reduce heat; simmer, uncovered, until thick and blended, 10-15 minutes. Remove 3/4 cup mixture to a bowl; cool completely. (Save remaining rhubarb for another use.)
- 2 Add yogurt, applesauce and strawberries to bowl; stir until blended. If desired, tint with food colouring. Fill each mold or cup with about 1/4 cup rhubarb mixture. Top molds with holders; top cups with foil and insert sticks through foil. Freeze until firm.

Source: <https://www.tasteofhome.com>

**PROVIDING THE GREATEST RETURN ON YOUR GREATEST INVESTMENT!**

**SELLING YOUR HOME?**

Invite me over for a coffee. I'll give you real estate advice and a **FREE** market evaluation.

Your Community Realtor  
**GEORGE VAN DE WALLE**  
780.982.4247 **RE/MAX**

**Love Coffee News?**

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

**Please include:**

- 1 Your name
- 2 Your phone number
- and 3 Your address

so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

**Coffee News** Fun Reading. Serious Advertising.

**Reader of the Month**  
Drina P. (age 8) from Edmonton, AB

**WHEEL OF FORTUNE**  
WEEKNIGHTS 7PM/6PST  
**yesTV**

**Come and enjoy rural Alberta!**

Tired of waiting for high cost accommodation in the big city?  
We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1986.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive.

Experience fresh air and country living.

**780.853.5706**  
Contact our office at [admin@vdhf.ca](mailto:admin@vdhf.ca)  
[www.vdhf.ca](http://www.vdhf.ca)  
5401-46 St., Vermilion

**Vermilion & District Housing Foundation**

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**They are the next Finest candles you will EVER find!**

**PSC Prairie Scented Candles**

**Sunset Scents**  
a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

**Creating Smiles That Last A Lifetime...**  
**BECAUSE YOUR SMILE DESERVES IT!**

- General Dentistry • Cosmetic Dentistry
- Restorative Dentistry • Botox Treatments

**Dr. Derek Fika Family Dentistry**  
Call today to book your appointment:  
**587-760-4227**  
[www.drderekfika.com](http://www.drderekfika.com)  
Visit us at 12943-97 Street NW, Edmonton

**FREE TAKE HOME WHITENING KITS**  
WITH EVERY ANNUAL EXAM AND MAINTENANCE VISIT



## ELECTRICIAN FOR HIRE

Residential  
Light Commercial  
Electrical Repairs and Renovations

Art de Leon  Master Electrician

**780.932.3858** Cell  
ajdeleon63@gmail.com

# FREE ROLLING TRAY

- WHEN YOU PRESENT THIS COUPON -

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

NO PURCHASE NECESSARY

420  
**BUBONIC KRONIK** EDMONTON  
ECIGS - VAPORIZERS - BONGS 780.371.0106

8060 - 167 AVE. NW



## Transport our future. Become a school bus driver.

**S** **SOUTHLAND**  
safely home

Apply now @ [southland.ca](http://southland.ca)



Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

**Make-A-Wish.**  
Visit [makeawish.ca](http://makeawish.ca)

## Buy back your time and your mental health!

- ✓ Home cleaning you can trust
- ✓ Green, family-friendly products
- ✓ No surprise bills

[www.sparklingspaces.ca](http://www.sparklingspaces.ca)

# Sparkling Spaces

MAKING THE WORLD SPARKLE ONE SPACE AT A TIME

**780.233.8560 | info@sparklingspaces.ca**

## Your Feet Come First!



Lacey MacMillan  
Advanced Foot Care Nurse

**Therapeutic Foot Care for Seniors and All Ages**

- ✦ Nail Cutting and Filing
- ✦ Corn and Callus Reduction
- ✦ Management of Ingrown Toenails
- ✦ Skin Care and more!

**CLARAS FOOTCARE**

Specializing in diabetic foot care

**780.399.2655 | clarasfootcare@gmail.com**



**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

## PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!


Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005


# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)




You may want to consider making an adjustment in your style of communicating with others. This could change the way that people see you, and eventually might lead to new opportunities. Lucky numbers: 4, 5, 14, 15, 26, 33.

**TAURUS**  
(April 21 - May 21)




An unusual or unexpected event in your life may be frustrating to you right now. Taking a deep breath and reflecting on your next steps before acting may be helpful. Lucky numbers: 14, 17, 24, 25, 33, 37.

**GEMINI**  
(May 22 - June 21)




Are you willing to fight for some specific issue? Gemini's ability to integrate information that may be conflicting can be useful in presenting a convincing argument on the matter. Lucky numbers: 17, 21, 22, 31, 37, 46.

**CANCER**  
(June 22 - July 22)




This week your heart may be in one place and your head in a different one. Waiting to act on anything until this dynamic passes by may be helpful. Lucky numbers: 3, 15, 19, 20, 41, 42.

**LEO**  
(July 23 - Aug. 23)




During the next month, the potential exists to reassess your values. What type of legacy do you want to leave for others, and what can you do to manifest it? Lucky numbers: 5, 7, 12, 25, 27, 48.

**VIRGO**  
(Aug. 24 - Sept. 23)




Are you having difficulty clearly communicating with your partner right now? If so, initiating a discussion about it between the two of you may be helpful in moving forward. Lucky numbers: 8, 17, 19, 33, 37, 43.

**LIBRA**  
(Sept. 24 - Oct. 23)




Libras often prefer for others to be in the limelight, rather than themselves. Right now, though, stepping into the spotlight yourself may be more comfortable than standing in the wings for others. Lucky numbers: 7, 10, 12, 14, 23, 40.

**SCORPIO**  
(Oct. 24 - Nov. 22)




An old, karmic issue may be resurfacing in your life right now. What might be helpful would be to resolve the prior consequences of this matter before trying to move forward. Lucky numbers: 12, 16, 18, 28, 29, 41.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)




Right now, there may be an opportunity to light a fire under the plans to achieve your life's dreams and wishes. However, you may need to proactively reach for it. Lucky numbers: 1, 4, 6, 16, 20, 27.

**CAPRICORN**  
(Dec. 22 - Jan. 20)




A trait of many Capricorns is to just keep putting one foot in front of the other until they get where they are going. Events this week may reinforce that pattern. Lucky numbers: 2, 4, 8, 17, 21, 31.

**AQUARIUS**  
(Jan. 21 - Feb. 19)



The full moon in your sign may provide a strong potential for you to bring a project to completion. Then you might be able to begin planning for the next six months. Lucky numbers: 22, 25, 36, 39, 40, 44.

**PISCES**  
(Feb. 20 - March 20)



Have you been in a pattern of having a difficult time getting out of your own way? You may find more endurance now to break through the obstacles that have impeded your progress. Lucky numbers: 15, 16, 19, 28, 29, 38.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 7.

## Did You Know...

**Couples only:** Switzerland has many laws in place to protect animals, even guinea pigs. It's illegal to own only one. These mammals are highly social, so having only one lone(ly) guinea pig is considered animal abuse.

**Waiting until the end:** Going to the movies means sitting through lots of movie previews, so why are they called "trailers"? In the early days of showing movies, these film clips were shown after the main show, therefore they trailed it.

**Living on air:** Air plants come in many shapes and sizes, but the common denominator is that they don't need soil to grow. Just submerge and soak them for a while to water them, and mist them between soaks.

**Spectacular falls:** The Zambezi River flows between the borders of Zambia and Zimbabwe, and its claim to fame is the magnificent Victoria Falls. The water cascades down a ledge that is 1,708 metres (5,640 ft.) wide, into a gorge 108 metres (354 ft.) below.

**Fastest man:** A rare genetic disorder caused Zion Clark to be born without legs. In February 2021, he broke the Guinness World Record for the fastest 20 meter (65 ft.) walk on hands alone, finishing in under 4.8 seconds. His triumph took place at his former high school gym in Massillon, Ohio (U.S.).

## On the Lighter Side

Did you hear that the fire-eater got engaged? He ran into an old flame.

I was accused of being a plagiarist. Their words, not mine.

Waiter: "What's the matter with the soup?"  
Customer: "I asked for barley soup, not barely soup!"

What goes trot-dash-trot-dash-dash? Horse code.

Knock! Knock! Who's there? Decay. Decay who? Decay is after the J in the alphabet!

## Answers

**Trivia answers:** 1. Two 2. Blue, white, sun 3. Truman Capote 4. Pyramid 5. Cinco de Mayo

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

## Need ONE More Reason to Join?

- 1 You need child support enforced
- 2 Your landlord raises rent in violation of your verbal agreement
- 3 You adopt a child
- 4 A friend owes you money and files for bankruptcy
- 5 You need help with credit card liability resolution
- 6 Your car is vandalized in a parking lot

Call **LOYD KENNEY**,  
Independent Associate, to find out  
how LegalShield can help you!

**LegalShield** 1-877-579-9449

## HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**

For Expert Help:  
**1.844.453.5372**

FREE ASSESSMENT CALL TODAY!




## Calling all Fishermen

50 YEARS & OVER

Come find fishing buddies at  
THE EDMONTON  
*Old Timers'*  
FISHING CLUB

Monthly meetings Monthly newsletter

...with guest speaker, free coffee & donuts.

For more info, call or text Gary Preece at 780.940.6679



## Exclusive Offer!

Coffee News Readers - Receive \$100 OFF their Website Development!

\*Mention this ad to redeem!

**Frontline**  
web consulting  
(780) 760-6922  
FRONTLINECONSULTING.CA




## Can't get to your Coffee News® each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)




**IS ADVENTURE ON YOUR BUCKET LIST?**

**Learn to Scuba Dive**  
Ask about our Buddy Special

**Discover Snorkeling**  
1-Hour Lesson at the Pool!  
Snorkeling Sets for the Family

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
**780.483.0044**  
11781-156 St., Edmonton

**www.thediveoutfitters.ca**

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA




**inogen**

## FREEDOM. TO BE YOU.

**1-888-998-6714**



STOP STREAMING!  
**IT'S FUNNIER LIVE**  
AT THE COMIC STRIP  
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT  
**thecomicrostrip.ca**

Rick Bronson's  
**THE COMIC STRIP**  
DRINK · DINE · LAUGH

