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Recipe of the month

Summer Macaroni Salad

1 package (16 ounces) elbow macaroni	1/4 teaspoon pepper
1 cup reduced-fat mayonnaise	1 small sweet yellow, orange or red pepper, finely chopped
3 to 4 tablespoons water or 2% milk	1 small green pepper, finely chopped
2 tablespoons red wine vinegar	1 small onion, finely chopped
1 tablespoon sugar	1 celery rib, finely chopped
1-1/2 teaspoons salt	2 tablespoons minced fresh parsley
1/4 teaspoon garlic powder	

Prep: 20 min. + chilling Cook: 15 min. Yield: 16 servings

- Cook macaroni according to package directions. Drain; rinse with cold water and drain again.
- In a small bowl, mix mayonnaise, water, vinegar, sugar and seasonings until blended. In a large bowl, combine macaroni, peppers, onion and celery. Add 1 cup dressing; toss gently to coat. Refrigerate, covered, until cold, about 2 hours. Cover and refrigerate remaining dressing to add just before serving.
- To serve, stir in reserved dressing. Sprinkle with parsley.

Source: <https://www.tasteofhome.com>

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Everybody's Talking

Running reds: If your ex-partner is mad at you, be sure they have no way to rent your car. A man from Shaoxing in Zhejiang Province, China, learned that the hard way. The man, known as Qian, had broken up with his girlfriend Lou. Not happy with the situation, Lou enlisted a friend of hers named Chen to rent Qian's car, through the car-sharing app that she knew he used. She and another buddy took off in the vehicle, blasting through 49 red lights in the hopes she'd get Qian in trouble with the law. Unfortunately for her, the police caught up with Lou through the car rental agreement, and she had to face charges.

Abandoned project: Turkey is home to a ghost town like no other. The town of Burj al Babas, located between Istanbul and Ankara, is an odd sight: hundreds of "castles" sit in the hilly and forested region, but no one lives in any of them. The dwellings were supposed to become luxury vacation accommodations for rich tourists, but the developers ran out of money before the buildings were all completed. Today, the ornate facades, complete with turrets and balconies, hide many unfinished interiors. Hopefully the economy will turn, and enough of the homes will be sold to pay off the debt, which could bring some life back to this ghostly place.

Weird TV show: Everyone has a favourite television program, whether it is a sitcom, a crime drama series, or a nature documentary. For many living in Japan, that never-to-be-missed TV show lasts only six minutes, comes on well after midnight, and features one thing: a woman running up a steep hill. It's a different woman every night, and she could be someone famous. The show is called Zenryoku Zaka, which has been airing from Mondays to Thursdays on TV Asahi for 15 years. It's filmed in or around Tokyo, using various streets as the backdrop for the running woman. The show may soon start to feature men running up steep hills.

Small suite: Put a bed in a bathroom and—voilà!—it's a micro studio apartment! A landlord in the city of Vancouver, British Columbia (Canada), tried to do just that. The "suite" was advertised to attract a single renter looking to live in the downtown area of the city. However, the listing didn't work out well because the floor space is only 15 square metres (about 160 sq. ft.), less than the requirement set out in the city's micro dwelling development guidelines. The guidelines also say that the bathroom must be separate from the living area. The landlord had hoped to get \$680 (CAD) per month for the unit, an indicator of the expensive housing market in this coastal city.

Quoteable Quotes

"Often continuity is visible only in retrospect." —Mary Catherine Bateson
"Our greatest glory is not in never failing, but in rising every time we fail." —Confucius

What's Happening

Sept 7 - Orchard Tour - Dalen Park The City of Grande Prairie is hosting Community Orchard Tours to show residents the benefits of having over 15 orchards in our community. Dalen Park 76A Avenue and 98 Street in North Patterson 6 pm to 7 pm.

Aug 11 to 14 - Extreme Mudfest Extreme Mudfest is a 4-day mud and music festival located in Cold Lake Alberta, Canada. In addition to nightly performers, we bring you a beer fest, Slow-pitch soft ball tournament, Extreme MudRun, and of course lots of Mud! 825 459-7645

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Trivia

- Giant sequoia trees can live to be as much as 1,000, 2,000, or 3,000 years old?
- Which U.S. president publicly shared his dislike of broccoli?
- The capital of Bhutan is what?
- Who invented the first remote-controlled boat?
- What is the name of the dog on the box of Cracker Jacks?

(Flip bottom of page for answers)

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Congratulations to June's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Karen Bobryk Beaulieu
Jenalee Hicken
Emile Brulotte
Gladys Kneller

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