TheSeed.ca/donate ✓ Business Immigration ✓ Skilled Trades Immigration ✓ Student Immigration ✓ Spousal Sponsorship ✓ Parents Sponsorship

EMPLOYERS - NOT ABLE TO FIND EMPLOYEES? WE CAN HELP!

Phone/Whats app +1 647-702-9635 / +1 780-710-9635 info@mewiimmigration.ca | www.mewiimmigration.ca

Rediscover Your Youth and Vitality! PhytoZon® - Science - Nutrition ✓ Fast Results - Brain/ Body Balance ✓ Increased Strength, Energy, Vitality ✓ Joint Health, Flexibility

www.americandream4me.com/techexpert





Visit our site to book www.SunDogTours.com or call us at 1.888.786.3641

Affordable seniors' housing Apartment units · Lodges with meals and housekeeping · Clean, well maintained, secure buildings

Call 780.482.6561 or visit us

• Friendly, professional staff

Recreation activities

online at gef.org









Whyte Avenue - U of A **Edition** 780-220-6397

www.coffee-news.ca

Vol. 19 No. 33 August 15, 2022

Everybody's Talking

Running reds: If your ex-partner is mad at you, be sure they have no way to rent your car. A man from Shaoxing in Zheijang Province. China, learned that the hard way. The man, known as Qian, had broken up with his girlfriend Lou. Not happy with the situation, Lou enlisted a friend of hers named Chen to rent Qian's car, through the car-sharing app that she knew he used. She and another buddy took off in the vehicle, blasting through 49 red lights in the hopes she'd get Qian in trouble with the law. Unfortunately for her, the police caught up with Lou through the car rental agreement, and she had to face charges.

Abandoned project: Turkey is home to a ghost town like no other. The town of Burj al Babas, located between Istanbul and Ankara, is an odd sight: hundreds of "castles" sit in the hilly and forested region, but no one lives in any of them. The dwellings were supposed to become luxury vacation accommodations for rich tourists, but the developers ran out of money before the buildings were all completed. Today, the ornate facades, complete with turrets and balconies, hide many unfinished interiors. Hopefully the economy will turn, and enough of the homes will be sold to pay off the debt, which could bring some life back to this ghostly place.

Weird TV show: Everyone has a favourite television program, whether it is a sitcom, a crime drama series, or a nature documentary. For many living in Japan, that never-to-be-missed TV show lasts only six minutes, comes on well after midnight, and features one thing: a woman running up a steep hill. It's a different woman every night, and she could be someone famous. The show is called Zenryoku Zaka, which has been airing from Mondays to Thursdays on TV Asahi for 15 years. It's filmed in or around Tokyo, using various streets as the backdrop for the running woman. The show may soon start to feature men running up steep hills.

Small suite: Put a bed in a bathroom and—voila!—it's a micro studio apartment! A landlord in the city of Vancouver, British Columbia (Canada), tried to do just that. The "suite" was advertised to attract a single renter looking to live in the downtown area of the city. However, the listing didn't work out well because the floor space is only 15 square metres (about 160 sq. ft.), less than the requirement set out in the city's micro dwelling development guidelines. The guidelines also say that the bathroom must be separate from the living area. The landlord had hoped to get \$680 (CAD) per month for the unit, an indicator of the expensive housing market in this coastal city.

Quoteable Quotes

"Often continuity is visible only in retrospect." —Mary Catherine

"Our greatest glory is not in never failing, but in rising every time we fail. -Confucius

What's Happening

Aug 24-Open House, 10 AM to 3 PM Enjoy demos for pickleball, fitness, art, music, and more! Free BBQ lunch, play Bingo, Spin-the-wheel, and win prizes! Learn about our quality programming for adults 55 at www.centrallions.org. 11113 113 Street. 780-496-7369.

Sept 11- 38th Annual Doll, Toy and Teddy Bear Sale Over 50 vendors featuring antique, collectible and modern dolls and toys including accessories, clothing, patterns, supplies, furnishings miniatures and so much more. Door prizes provided by Mastermind $\,$ Toys. 10 am - 4 pm. 14230 133 Avenue.

NON profit organizations may submit events for FREE at



To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST 51.4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy

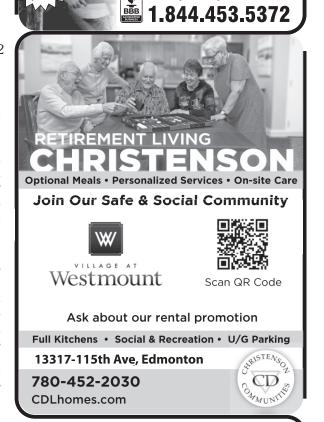
Trivia

- 1. Giant sequoia trees can live to be as much as 1,000, 2,000, or 3,000
- 2. Which U.S. president publicly shared his dislike of broccoli?
- 3. The capital of Bhutan is what?
- 4. Who invented the first remote-controlled boat?
- 5. What is the name of the dog on the box of Cracker Jacks?

(Flip bottom of page for answers) © Published with Permission by Capital Marketing Ltd (Over)

The World's #1 Restaurant Publication!





THIS SPACE **FOR RENT** 780-220-6397



Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca Please put "Readers" in the subject line

Your name ② Your phone manned
d ③ Your address
that we can send you some **cool prizes**to appear in the paper!



Coffee News Fun Reading. Serious Advertising.



Check out our **PDF** editions online! New editions are osted every Monday

Sign up here to receive

Exclusive offer for Facebook and Google Ads



Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

Contact us today for your FREE no obligation consultation!

Frontline

780.760.6922



Parcel Website: www.coldshotca.com Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

ELECTRICIAN

FOR HIRE

Residential

Light Commercial

Electrical Repairs and Renovations

Art de Leon // Master Electrician

780.932.3858 cell

ajdeleon63@gmail.com

Karen Bobryk Beaulieu

Jenalee Hicken

Emile Brulotte

Gladys Kneller

FLAT RATE

ALFA TAXI

Airport - \$40. Anywhere in Sherwood Park - up to \$10.*

Except weekends and evenings

Reasonable flat rate anywhere • 24 Hr. Service.

Toll Free 1.855.688.2941

Congratulations

Coffee News Guy

are in the mail!

your chance to win at

www.coffee-news.ca

Discover a new way to look at food and nutrition from

Canada's largest and leading school of holistic nutrition!

nutrition information.

Classes run for a total of 21 hours

Lifestyle Certificate

www.csnn.ca/edmonton/helc

VOIP Solutions at a fraction

Long distance rates

587.760.2800 https://zettatelecom.com

month 🏿

1/4 teaspoon pepper 1 small sweet yellow, orange

or red pepper, finely chopped

small green pepper, finely chopped

small onion, finely chopped

1 celery rib, finely chopped 2 tablespoons minced

fresh parsley

Summer

Macaroni Salad

Prep: 20 min. + chilling Cook: 15 min. Yield: 16 servings Cook macaroni according to package directions.

Drain; rinse with cold water and drain again.

 In a small bowl, mix mayonnaise, water, vinegar, sugar and

seasonings until blended. In a large bowl, combine macaroni,

peppers, onion and celery. Add 1 cup dressing; toss gently to

at. Refrigerate, covered, until cold, about 2 hours. Cover and refrigerate remaining dressing to add just before serving.

To serve, stir in reserved

To serve, stir in reserved dressing. Sprinkle with

parsley.

https://www.tasteofhome.com

pete the competition

Explore a variety of topics for simple, actionable

//intual! Healthy Eating &

Are you a business owner/office manager?

Have 3-20 employees in your office?

Paying too much for your

We can save you

phone rates!

package (16 ounces)

3 to 4 tablespoons water or 2% milk 2 tablespoons red wine

1 tablespoon sugar 1-1/2 teaspoons salt 1/4 teaspoon garlic powder

1 cup reduced-fat

vinegar

current phone system?

up to 50% off

your current

Enter today for

contest winners!

Your prizes

(March 21 - April 20)



You may want to impulsively jump into a new love connection. Feel free to enjoy the moment, but also consider whether you have enough shared val-

ues to support a long-term relationship. Lucky numbers: 7, 9, 21, 43, 44, 47.

TAURUS (April 21 - May 21)



In the midst of recent changes in your life, you may feel that you are existing on constantly shifting sands right now. This week could provide

some much-needed relief. Lucky numbers: 6, 14, 21, 27, 28, 43.

GEMINI

(May 22 - June 21)



Late this week, your emotions may heighten your quick and intellectual nature. The next several weeks might be fast

paced and busy. Try to be sensitive to the feelings of others. Lucky numbers: 18, 21, 26, 30, 31, 34.

CANCER

(June 22 - July 22)



Nurturing yourself and others can be a major life theme for those born under your sign. Perhaps if you focus on this now, a hidden potential or

opportunity may surface for you. Lucky numbers: 4, 17, 19, 24, 33, 39.

LEO

(July 23 - Aug. 23)



In a world that is often chaotic, you may be feeling a moment of considerable optimism. Try to take advantage of it to add more joy into

your life in the near future. Lucky numbers: 20, 27, 33, 41, 43, 44.

VIRGO

(Aug. 24 - Sept. 23)



Virgos often strive for logical, grounded arguments, and this may be particularly_true for you this week. Try to remember to have sympathy for

those who don't share your skills. Lucky numbers: 3, 9, 11, 25, 32, 37.

(Sept. 24 - Oct. 23)



At the beginning of the week, you may find that your thoughts and feelings are not in sync. Waiting a few days before acting on your emotions

might be the best choice. Lucky numbers: 9, 10, 21, 30, 33, 35.

SCORPIO

(Oct. 24 - Nov. 22)



You may want to carefully evaluate any information you receive now. Consider how you might be able to use it positively to help you deal with

your fears, rather than adding to them. Lucky numbers: 5, 8, 14, 15, 20, 45.

SAGITTARIUS

(Nov. 23 - Dec. 21)



Sagittarians often hold strong beliefs about philosophical questions of how the world operates. Perhaps now is a good time to avoid arguing with others

whose world views conflict with yours. Lucky numbers: 2, 13, 21, 23, 31, 42.

CAPRICORN

(Dec. 22 - Jan. 20)



You still may be in a period of transformation, tearing down and rebuilding your sense of who you are. This week could provide a moment of strong

encouragement about your progress. Lucky numbers: 10, 12, 22, 35, 38, 40.

AQUARIUS (Jan. 21 - Feb. 19)



Are you trying to accomplish something that requires a cooperative effort with others? If so, you might want to consider an adjustment in your

approach to those whose help you need. Lucky numbers: 8, 10, 16, 17, 21, 25.

PISCES (Feb. 20 - March 20)



You may find your interactions with others are confused this week. Your intuitive qualities might be out of sync with their more grounded nature.

Try not to let that disturb you. Lucky numbers: 1, 12, 16, 29, 32, 48

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 33.

Did You Know...

House in a barn: On a property near Bay Port, Michigan (U.S.), a couple built a house inside their grandfather's dairy barn, and they run it as a vacation rental. On display in this unique house are many old farm relics.

Real name: He is known as the Wizard of Oz, but in the book by Frank Baum, his legal name is Oscar Zoroaster Phadrig Isaac Norman Henkel Emmannuel Ambroise Diggs. The character says he only uses his first two initials because the rest of them together spell "Pinhead."

Ham and pineapple: Those who like ham and pineapple pizza can thank Sam Panopoulos, a Greek-born, Canadian restaurateur. In the 1960s, he added pineapple to a ham and bacon pizza because he thought the sweet and savoury mix would taste good.

Holding a grudge: Don't do anything to anger a crow! Biologists have figured out that crows are smart enough to recognize human taces, and it someone annoys them, crows can hold a grudge for years.

Northern lights: Sleeping through a chance to see aurora borealis, or the northern lights, would be disappointing. That's why some hotels in Iceland offer an optional wake-up service to customers in case the spectacular event appears after they have gone to sleep.

On the Lighter Side

Knock! Knock! Who's there? Sizzle. Sizzle who? Sizzle hurt you more than it will hurt me.

Someone stole my mood ring. I don't know how I feel about that. Why do kings have royal seals? Because royal walruses eat too much.

A witch published a book of potion recipes, but it was useless. She forgot to spell-check.

Nit: "Haven't I seen your face before?"

Wit: "I don't think so. It's always been between my ears."

Answers

4. Nikola Tesla 5. Bingo

Trivia answers: 1. 3,000 2. George H.W. Bush 3. Thimphu

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd

Visit us on Facebook-CoffeeNewsWeekly

We hear you. We see you. We support you. We focus on providing a safe space for you to be heard and understood without judgment, advice or criticism.

TOLL FREE: **1.877.757.0350** ilisten@mail.com

www.ilistencanada.com



iListen ...

ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL DEBIT, VISA AND MASTERCARD ACCEPTED **NERDS2YOU.CA**











Need ONE More Reason to Join?

- You need child support enforced Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- 6 You need help with credit card liability resolution Your car is vandalized in a parking lot



Zone 17-Whyte Avenue/University