

**THIS SPACE  
FOR RENT  
780-220-6397**

Can't get to your  
**Coffee News**  
each week?

Check out our  
**PDF editions  
online!**  
New editions are  
posted every  
Monday

Sign up here to receive  
email notifications  
of new  
editions.  
Now you  
never  
have to  
miss your  
weekly dose of good news!



[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**WINTER SPECIAL**

Complimentary Hair  
Treatment with any  
colour service,  
customized to your  
hair's needs OR  
Complimentary Paraffin,  
Scrub or Massage to your  
Manicure or Pedicure

**Clarity**  
SALON & SPA

780.761.5959  
965 James Mowatt Tr. SW  
[www.claritysalonandspa.ca](http://www.claritysalonandspa.ca)

**BETTER SERVICE. BETTER MARKETING. BETTER RESULTS.**



**JAY BERG GROUP**  
REAL ESTATE PROFESSIONALS - GETTING YOU ON THE MOVE

A PASSION FOR PEOPLE.  
A PASSION FOR REAL ESTATE.

CALL JAY  
TODAY!

**780.819.BERG (2374)**  
[www.JayBerg.com](http://www.JayBerg.com)

**FREE!**

New Issue Every Week!

**Coffee News**<sup>®</sup>

"News To Be Enjoyed  
Over Coffee"

**Ellerslie West  
Edition**

**780-220-6397**



[www.coffee-news.ca](http://www.coffee-news.ca)

Vol. 19 No. 35 August 29, 2022

**Everybody's Talking**

**Star-shaped sand:** A particular beach in Japan looks like any other beach in the country, but this one is special to those who look closely at the sand. The beach is called Hoshizuna-no-Hama, which means "Sand in the Shape of a Star." That is exactly the situation in this little slice of paradise, located on Iriomote, an island in Okinawa prefecture. The five- or six-point grains are not really sand; they are the exoskeletons of a small organism that once lived on the ocean floor. Ocean currents bring these tiny bits of shell ashore, mixing them with the "normal" sand on the beach.

**Leaning tree:** A tall tree native to New Caledonia in the South Pacific is called the Cook pine (Araucaria columnaris). Due to cultivation, these trees grow in other temperate areas of the world. An interesting phenomenon is associated with them: the trees north of the equator lean south, and those south of the equator lean north. Not only that, but the farther away from the equator they are, the more acute the angle. Trees that lean usually do so because of environmental factors, such as wind or light availability. But this is not the case with Cook pines. Scientists have not been able to explain why Cook pines exhibit this distinctive peculiarity.

**Mountain lake:** The deepest lake in the United States is Crater Lake, located in Crater Lake National Park in the state of Oregon. This body of water is interesting because at one time, it was the top of the volcanic Mount Mazama. About 7,700 years ago, the volcano erupted and the mountain collapsed inward, forming a lake that is 1,943 feet (592 metres) deep. The clear and deep blue water has accumulated through centuries of snow and rain, attracting visitors to view its beauty during all seasons. Crater Lake rarely freezes over, even during the cold and snowy Oregon winters. In the lake sits Wizard Island, which grew from numerous volcanic eruptions over the centuries.

**Grassy hill:** Icelandic artist Olof Nordal had a unique vision for a work of art. He designed and built a dome-shaped hill known as Thufa. The grass-covered hill has been sitting near the old hharbour in Iceland's capital city of Reykjavik since 2013. Thufa is made of over 4,000 tonnes of gravel and stands about eight metres (26 feet) high. The artist paid tribute to the history of the country by placing an Icelandic fishing hut on top. This type of hut is important to the country's tradition of hanging salted fish to dry. Visitors can walk a spiral path to the top, and from there they can admire views of both the city and fjords.

**Quoteable Quotes**

"Honesty... makes me feel powerful in a difficult world." —Cher  
"Do you know what my favourite part of the game is?  
The opportunity to play." —Mike Singletary

**What's Happening**

**Sept 17-Ride for Kids in Crisis** The ride is a fund raiser to support children in Ukraine, Myanmar, Congo, Yemen, Turkey and Afghanistan. You can bike, skate, run or walk to make a difference. To register go to [www.glorychurch.ca](http://www.glorychurch.ca) or call 780-428-3041

**Sept 11- 38th Annual Doll, Toy and Teddy Bear Sale** Over 50 vendors featuring antique, collectible and modern dolls and toys including accessories, clothing, patterns, supplies, furnishings, miniatures and so much more. Door prizes provided by Mastermind Toys. 10 am - 4 pm. 14230 133 Avenue.

NON profit organizations may submit events for FREE at  
[www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy**  
**ADVENTURE**  
Find the Coffee News Guy hidden in one of the ads, then enter to win!  
**\$400\* Prize Package**  
\* Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit  
[www.coffee-news.ca](http://www.coffee-news.ca)  
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!  
**NEW FEATURE!**  
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. In the TV show All in the Family, what is Archie Bunker's daughter's name?
2. Baby bats are called \_\_\_\_\_.
3. How many watts are in a kilowatt?
4. Does the warp or the weft run lengthwise (vertically) in a loom?
5. Who composed the 1962 piano tune "Alley Cat"?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Thanks For Reading  
**Coffee News**<sup>®</sup>  
Have a Pleasant Day!

Coffee News is proud to support  
Make-A-Wish<sup>®</sup> Canada

Transform lives,  
one wish at a time.

**Make-A-Wish**  
Visit [makeawish.ca](http://makeawish.ca)

**MEMBERSHIP OPPORTUNITIES**  
at  
**The Edmonton Petroleum  
Golf & Country Club**  
- EDMONTON'S PREMIER PRIVATE GOLF DESTINATION -

**NEW PRACTICE FACILITY**  
INCLUDING 3-HOLE PRACTICE LOOP

- Tee time bookings exclusively with no ballot system
- 14-day advanced shareholder bookings
- Conveniently located just 10 minutes from south Edmonton

For more information, please visit  
[epgcc.ab.ca](http://epgcc.ab.ca) **THE P CLUB**

**Congratulations**  
to June's  
**Coffee News Guy**  
contest winners!

Your prizes are in the mail!

**Karen Bobryk Beaulieu  
Jenalee Hicken  
Emile Brulotte  
Gladys Kneller**

Enter today for your chance to win at  
[www.coffee-news.ca](http://www.coffee-news.ca)

**HIP/KNEE REPLACEMENT?**  
Other medical conditions causing  
TROUBLE WALKING or DRESSING?  
The Disability Tax Credit allows for  
**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**

For Expert Help:  
**1.844.453.5372**

FREE ASSESSMENT CALL TODAY!

FROM **\$85** A MONTH  
**ONKAR** INSURANCE BROKERS  
**DRUG AND DENTAL PLANS**

LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE  
RESP PLANS (up to \$9200 grants + 15% bonus)

**Vikram Saggi**  
780-999-3000

If you liked Gold Canyon Candles, you are gonna love  
**Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

**PSC** Prairie Scented Candles  
prairiescentedcandles@gmail.com  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

Sunset Scents  
a RAY of Fragrance

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

**MILLWOODS Bottle Depot**  
2830 Parsons Road  
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca  
14 receiving stations to serve you REALLY FAST!

Mon - Sat 8:30 am - 7 pm  
Sunday 10 am - 6 pm

**BEST IN THE CITY!**

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

**Tools for School**  
United Way urgently needs school supplies for local students.

Give kids the tools they need to succeed.

**Donate Now**  
ToolsForSchool.ca

staples | United Way Alberta Capital Region

**RETIREMENT LIVING**  
**CHRISTENSON**  
Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community  
1 and 2 Bedroom suites now available

Scan QR Code

Full Kitchens • Social & Recreation • U/G Parking


1728 Rabbit Hill Road, Edmonton  
780-934-6636  
CDLhomes.com

CHRISTENSON COMMUNITIES

Visit us on Facebook-CoffeeNewsWeekly

The World's #1 Restaurant Publication!

GET THE JOB DONE RIGHT.  
HIRE AN ELECTRICIAN.



**Breault**  
ELECTRICAL SERVICE

✓ 40 Years Experience  
✓ Commercial and Residential Service

780.999.0927  
Master Electrician | Licensed and Insured

REASONABLE RATES!  
SPECIALIZING IN ALL TYPES OF ELECTRICAL REPAIRS FOR YOUR HOME OR BUSINESS

STOP STREAMING!  
IT'S FUNNIER LIVE  
AT THE COMIC STRIP  
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT  
**thecomicstrip.ca**

Rick Bronson's  
**THE COMIC STRIP**  
DRINK · DINE · LAUGH

inogen  
**FREEDOM.  
TO BE YOU.**

1-888-998-6714

MKT-PO253

Every \$3.51 You Give =  
**1 MEAL FOR A  
HOMELESS NEIGHBOUR**

Give Hope. Give Today.  
**TheSeed.ca/donate**

THE MUSTARD SEED

Exclusive offer for  
Facebook and Google Ads



Get **FREE** set-up  
(up to a \$500 value!)

We are a local digital marketing  
agency specializing in paid ads.

Contact us today for your **FREE** no obligation consultation!

Frontline 780.760.6922

Don't know  
what's  
wrong...?

WE CAN HELP!  
CONTACT THE EXPERIENCED PROFESSIONALS AT

**HOME & OFFICE  
ANDYMAN  
services**

780.940.2127 | www.HOHS.ca

Give Us  
Your List.  
We'll Do  
The Rest.

**WHEEL OF FORTUNE**  
WEEKNIGHTS 7PM/6PST  
yesTV



WE CLEAN YOUR HOME  
LIKE IT'S OUR OWN!


- Weekly/Biweekly/Monthly Personalized Cleans
- Residential and Small Business
- Move In/Outs
- Pest Control Clean Up

ASK ABOUT OUR SENIORS' RATES!


**NOBODY CLEANS LIKE MOM**  
780.700.6686 • www.nobodycleanslikemom.com

# Your Weekly Horoscope


**ARIES**  
(March 21 - April 20)

 Are you feeling conflicted about what is best for you, versus what is best for someone else in your orbit? Perhaps having a discussion about it would help you find a compromise. Lucky numbers: 15, 21, 25, 31, 35, 46.


**TAURUS**  
(April 21 - May 21)

 Your thoughts and feelings may be out of sync for a few days this week. This might not be the time to stubbornly push through. Consider waiting for the situation to improve. Lucky numbers: 9, 13, 18, 28, 32, 47.


**GEMINI**  
(May 22 - June 21)

 You might have a close, personal association with a current project, and you may be proud of your efforts. But try not to let your ego get in the way. Lucky numbers: 6, 16, 22, 36, 38, 40.


**CANCER**  
(June 22 - July 22)

 At times, you may feel that you are peering out from the safety of your crab's shell. This situation could provide an opportunity to explore outside your comfort zone. Lucky numbers: 2, 12, 19, 31, 32, 34.


**LEO**  
(July 23 - Aug. 23)

 Any issues regarding nurturing, whether of yourself or others, may come to the surface right now. This might be a good time to examine how those issues impact your life and relationships. Lucky numbers: 23, 27, 31, 39, 43, 48.


**VIRGO**  
(Aug. 24 - Sept. 23)

 On the scale of results versus relationships, do you tend to focus on results? If so, an opportunity may be presented for you to forge a more empathetic connection to others. Lucky numbers: 3, 16, 20, 30, 37, 41.


**LIBRA**  
(Sept. 24 - Oct. 23)

 At the beginning of the week, you may find an emotional balance between your heart and your mind. Use this calming energy to decide what to do next. Lucky numbers: 5, 16, 18, 24, 44, 47.

**SCORPIO**  
(Oct. 24 - Nov. 22)

 Your usual ability to see the hidden truths in people and situations may be particularly strong during midweek. Consider how to be judicious and compassionate in what you say to others. Lucky numbers: 1, 3, 9, 24, 25, 42.


**SAGITTARIUS**  
(Nov. 23 - Dec. 21)

 Your innate enthusiasm may be stronger than usual at the end of the week. Try to use this energy to push past obstacles and to complete goals that may have gotten stuck. Lucky numbers: 7, 10, 12, 14, 45, 48.


**CAPRICORN**  
(Dec. 22 - Jan. 20)

 Capricorns often have a serious attitude, both toward themselves and toward life in general. If this describes you, the energy now may help you lighten up and have some fun. Lucky numbers: 4, 16, 28, 30, 34, 44.

**AQUARIUS**  
(Jan. 21 - Feb. 19)

 Perhaps you recently have felt that the world has been asking too much of you. If so, this phase may be nearing its end, but consider what you have learned during it. Lucky numbers: 11, 16, 23, 27, 29, 43.

**PISCES**  
(Feb. 20 - March 20)

 The deeply intuitive nature of Pisces also can be easily discouraged sometimes. Right now, though, you may have an opportunity to make an adjustment in your view, to encourage optimism. Lucky numbers: 8, 11, 13, 17, 22, 24.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 7.

## Did You Know...

**Tree rings:** The rings on a tree's trunk can indicate more than the age of the tree. They also provide information about the weather. Wide rings usually mean a year was warm and wet, while thin rings indicate a colder, drier year.

**Wear your helmet!** Wearing a helmet is important for bicyclists. Studies have shown that by taking this safety measure, riders can reduce their risk of head injury by about 50 percent.

**Long beak:** Anyone fishing should steer clear of slender fish with a beak. It could be a needlefish, with elongated, narrow jaws full of sharp teeth. These fast fish jump from water to avoid boats and other activity, and can accidentally stab humans who may be in the way.

**Don't cry!** The type of onion called Sunion does not make cooks cry when cutting them. Developed in the United States through cross-breeding, Sunions get sweeter and milder the longer they are stored.

**Corn cobs:** Popcorn is one of many types of corn. Others are field or dent corn (often used for livestock), sweet corn, flint corn (very colourful and often used for decorative purposes), flour corn, and pod corn.

## On the Lighter Side

Worms make good detectives because they know how to get to the bottom of things.

Does a roller coaster like its work? It has its ups and downs.

Lou: "I've got a cat who can say his own name."  
Joe: "That's great! What's your cat's name?"  
Lou: "Meow!"

What did the spider bride wear when she got married?  
A webbing dress.

Knock! Knock! Who's there? Catch! Catch who? Bless you!

### Answers

**Trivia answers:** 1. Gloria Stevie 2. Pups or bittens 3. 1,000 4. Warp 5. Bent Fabric

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

WE COME TO YOU!  
**NERDS2YOU**  
VIRUS REMOVAL & COMPUTER REPAIR

**ONSITE COMPUTER REPAIR**

Your on-site computer and network service specialists.  
Virus removal, network setup, repairs and more.

**587-772-NERD(6373)**

FAST, FRIENDLY AND PROFESSIONAL  
DEBIT, VISA AND MASTERCARD ACCEPTED  
**NERDS2YOU.CA**

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!  
Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**Recipe of the month**

**Summer Macaroni Salad**

1 package (16 ounces) elbow macaroni  
1 cup reduced-fat mayonnaise  
3 to 4 tablespoons water or 2% milk  
2 tablespoons red wine vinegar  
1 tablespoon sugar  
1-1/2 teaspoons salt  
1/4 teaspoon garlic powder

1/4 teaspoon pepper  
1 small sweet yellow, orange or red pepper, finely chopped  
1 small green pepper, finely chopped  
1 small onion, finely chopped  
1 celery rib, finely chopped  
2 tablespoons minced fresh parsley

Prep: 20 min. + chilling Cook: 15 min. Yield: 16 servings

- Cook macaroni according to package directions. Drain; rinse with cold water and drain again.
- In a small bowl, mix mayonnaise, water, vinegar, sugar and seasonings until blended. In a large bowl, combine macaroni, peppers, onion and celery. Add 1 cup dressing; toss gently to coat. Refrigerate, covered, until cold, about 2 hours. Cover and refrigerate remaining dressing to add just before serving.
- To serve, stir in reserved dressing. Sprinkle with parsley.

Source: <https://www.tasteofhome.com>

**BEST OF HAWAII FOUR-ISLAND TOUR**

12 days, departs year-round

FROM \$2,549  
**\$2,299** USD

**VMT vacations** 1-877-699-7003  
promo code N7017

\* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

Are you a business owner/office manager?  
Have 3-20 employees in your office?  
Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**Need ONE More Reason to Join?**

- You need child support enforced
- Your landlord raises rent in violation of your verbal agreement
- You adopt a child
- A friend owes you money and files for bankruptcy
- You need help with credit card liability resolution
- Your car is vandalized in a parking lot

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

**LegalShield** 1-877-579-9449

**Love Coffee News?**

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:

- 1 Your name
- 2 Your phone number and
- 3 Your address

so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

**Readers of the Month**  
Beau & Riley from Edmonton, AB

**Coffee News** Fun Reading. Serious Advertising.