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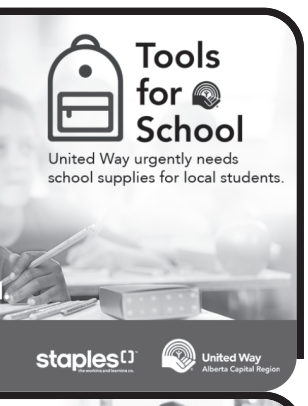

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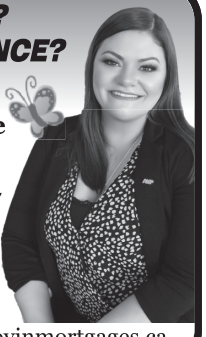

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Everybody's Talking

Flowers in her hair: A street artist from Brazil needs more than paint to produce his creations. Fabio Gomes Trindade also requires vegetation, preferably leafy trees and flowering shrubs. That's because Trindade works natural fauna into his art. For example, if he finds a wall with a flowering tree behind it, the colourful buds may become the hair when he paints an image of a woman on the wall. In one portrait, two bushes portray the pigtails of a little girl. In another, the yellow leaves of a deciduous tree form a gold headband around a woman's head. Trindade's works look as though he and nature worked together to create the art.

Goose story: A goose may seem like an unusual pet, especially if that goose accompanies its owner to school, amusing students and teachers. One such goose, named Kirli, follows his owner, who is the grandmother of a student at a school in the Ortahisar district of Turkey's Trabzon province. The gentle brown goose visits classrooms and wanders around the garden, and is considered a welcome guest in the school. Hatice Ozkan and her goose have a close bond. They travel everywhere together, including to the market. Kirli comes when he is called and likes to snuggle.

Bus stop madness: When approaching a bus stop for the morning commute, no one expects to see a vehicle teetering on top of the shelter. But that's what residents of Plouneventer, in the Brittany region of France, encountered one morning. The vehicle was a white van, and it graced the top of the Place de l'Eglise bus shelter. Authorities managed to return the van to solid ground and find the owner. The prank was a result of a dispute between the owner of the van and another party. The culprit stole the van and used a forklift to place it atop the shelter.

Sprinkle problem: A bakery in Leeds, England, recently got into trouble for an unusual reason – its colourful sprinkles. Get Baked bakery used sprinkles on its cakes and cookies that contained a food colouring ingredient that, in Britain, is almost always illegal for use in edible items. Rich Myers, the bakery's owner, had been importing the sprinkles from the United States because he thinks they are of higher quality than the brands available in Britain. He was quite surprised to discover that he could no longer use them. Several of his popular items feature the sprinkles, and he's not sure if he'll be able to find an appropriate substitute.

Quoteable Quotes

"Always keep an open mind and a compassionate heart." —*Phil Jackson*

"Life is the art of drawing sufficient conclusions from insufficient premises." —*Samuel Butler*

What's Happening

Sept 17-Ride for Kids in Crisis The ride is a fund raiser to support children in Ukraine, Mynmar, Congo, Yemen, Turkey and Afghanistan. You can bike, skate, run or walk to make a difference. To register go to www.glorychurch.ca or call 780-428-3041

Saturdays - Market Garden Every Saturday from 10:00 until supplies last, Market Garden will be selling fresh, organic produce outside of the North West Edmonton Seniors Society 12963-120 ST NW until mid-October. Come shopping for potatoes, swiss chard, peas, tomatoes, and more.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

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Trivia

1. Which Greek hero retrieved the Golden Fleece?
2. The highest peak in Japan is _____.
3. Lines that intersect at a right angle are _____ to each other.
4. Who was the first person to receive two Nobel Prizes?
5. The Falkland Islands are located in the Atlantic, Pacific, or Indian Ocean?

(Flip bottom of page for answers)

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Recipe of the month

Summer Macaroni Salad

1 package (16 ounces) elbow macaroni
1 cup reduced-fat mayonnaise
3 to 4 tablespoons water or 2% milk
2 tablespoons red wine vinegar
1 tablespoon sugar
1-1/2 teaspoons salt
1/4 teaspoon garlic powder
1/4 teaspoon pepper
1 small sweet yellow, orange or red pepper, finely chopped
1 small green pepper, finely chopped
1 small onion, finely chopped
1 celery rib, finely chopped
2 tablespoons minced fresh parsley

Prep: 20 min. + chilling Cook: 15 min. Yield: 16 servings

❶ Cook macaroni according to package directions. Drain; rinse with cold water and drain again.
❷ In a small bowl, mix mayonnaise, water, vinegar, sugar and seasonings until blended. In a large bowl, combine macaroni, peppers, onion and celery. Add 1 cup dressing; toss gently to coat. Refrigerate, covered, until cold, about 2 hours. Cover and refrigerate remaining dressing to add just before serving.
❸ To serve, stir in reserved dressing. Sprinkle with parsley.

Source: https://www.tasteofhome.com

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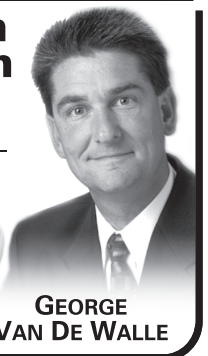

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Your Weekly Horoscope

ARIES
(March 21 – April 20)

Your leadership abilities may be highlighted, and you might be able to use them to accomplish much right now. Consider, though, how your talents can also be of service to others. Lucky numbers: 4, 7, 10, 24, 38, 40.

TAURUS
(April 21 – May 21)

Your personality may be naturally grounded, and the energy this week might be compatible with it. An unexpected opportunity could come along. Carefully examine it before deciding if and how to proceed. Lucky numbers: 1, 9, 17, 19, 44, 47.

GEMINI
(May 22 – June 21)

You may find yourself in the public eye this week. If so, be careful to make sure it is a positive experience. You might want to enhance your image, not diminish it. Lucky numbers: 10, 11, 29, 30, 37, 41.

CANCER
(June 22 – July 22)

The symbol for Cancer is the Crab. Many people of this sign peek out at the world from their shells, but now you may emerge willing to fight for a cause. Lucky numbers: 11, 13, 22, 27, 28, 33.

LEO
(July 23 – Aug. 23)

At midweek, you may find your thoughts and feelings are not in sync. Should this be the case, perhaps waiting a few days before taking any action might be best. Lucky numbers: 3, 17, 22, 29, 38, 45.

VIRGO
(Aug. 24 – Sept. 23)

This month you may feel very constrained. This might not be helpful to the Virgos who have a perfectionist streak. Try not to be too hard on yourself or others. Lucky numbers: 8, 11, 14, 15, 21, 37.

LIBRA
(Sept. 24 – Oct. 23)

Many Libras have a graceful and diplomatic nature that allows them to help negotiate solutions for other people. However, this ability may be disrupted or confused for the next few weeks. Lucky numbers: 5, 7, 14, 15, 20, 38.

SCORPIO
(Oct. 24 – Nov. 22)

You may find that you are swimming in deep waters. Perhaps you should look for what has been your Achilles heel in past events, and determine the best way to heal it. Lucky numbers: 13, 22, 32, 37, 42, 44.

SAGITTARIUS
(Nov. 23 – Dec. 21)

For the next few weeks, try to be aware of when your ego might be getting in the way of your interactions with others. Perhaps compromising with people could avoid unnecessary conflict. Lucky numbers: 14, 16, 20, 25, 31, 34.

CAPRICORN
(Dec. 22 – Jan. 20)

At the beginning of the week, you may feel especially well-grounded. This might be a good time to tackle a thorny emotional issue that has eluded resolution in the past. Lucky numbers: 12, 17, 18, 20, 21, 36.

AQUARIUS
(Jan. 21 – Feb. 19)

This week you may find that your heart and mind are well-balanced about what you want. Thus, it might be a good time to plan how to go forward. Lucky numbers: 9, 16, 24, 27, 33, 42.

PISCES
(Feb. 20 – March 20)

You may be in a good emotional space to complete a cycle, perhaps finally closing the door on a long-term issue. Consider how you would like the next six months to unfold. Lucky numbers: 21, 23, 25, 31, 45, 46.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 7.

Did You Know...

Healthy grain: Farro is a whole grain common in the Mediterranean diet. It is larger and more oblong than barley, and has a chewier texture which it retains when cooked.

Artsy competitions: The Olympics brings athletes together to compete in a variety of sporting events. Between 1912 and 1948, people skilled in the arts were also awarded medals. Areas of competition included painting, sculpture, architecture, literature, and music.

Piano player: Oscar Peterson (1925-2007), the world-renowned jazz pianist, comes from Montréal, Québec (Canada). By the time he was 5, he was playing both trumpet and piano. At 7, he focused on piano, practicing many hours per day, even as a child.

Meaningful rocks: An inukshuk, or inuksuk, is a structure of piled-up stones traditionally made by the Inuit and other Arctic peoples for many purposes, such as navigation. Custom says an inukshuk, when spotted, is left untouched for the next passerby.

Starfish pasta: A species of starfish, known scientifically as *Plinthaster dentatus*, lives in the Atlantic Ocean. It is called "ravioli" starfish because its appearance resembles the pasta of the same name.

On the Lighter Side

Knock! Knock! *Who's there?* Censor? *Censor who?* Censor so smart, you tell me!

What happens when silkworms race? They usually end up in a tie.

Tip: "I wish I had the money to buy an elephant."
Top: "What do you want with an elephant?"
Tip: "Nothing, I just want the money."

How does an angel answer the phone? "Halo?"

The only reason cows wear bells is that their horns don't work.

Answers

Trivia answers: 1. Jason 2. Mount Fuji 3. Perpendicular 4. Marie Curie 5. Atlantic Ocean

Congratulations

to June's **Coffee News® Guy** contest winners!

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Karen Bobryk Beaulieu
Jenalee Hicken
Emile Brulotte
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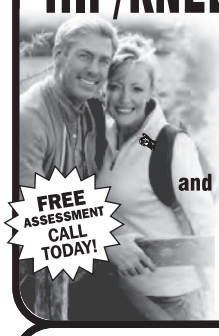

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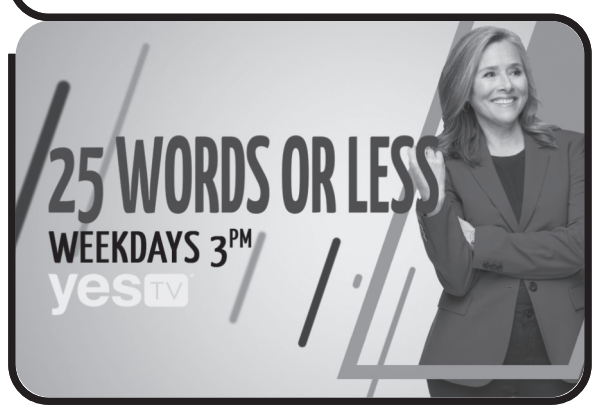

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