WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for
$3,000 YEARLY TAX CREDIT
and $30,000 LUMP SUM REFUND

FREE ASSESSMENT CALL TODAY!

BBB ACCREDITED BUSINESS

For Expert Help:
1.844.453.5372

THIS SPACE FOR RENT

780-220-6397

Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

780.421.1177
www.smallmiraclesadoption.com

Online Counselling Alberta-wide

Complimentary 15-Minute Session

INNATE FREEDOM COUNSELLING

www.innatefreedomcounselling.com | 825.250.8415

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

FROM ~~$2,549~~ $2,299* USD

YMT vacations

1-877-699-7003
promo code N7017

*Prices are per person based on double occupancy plus $299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

CARSWANTED.CA

2009-2022 MODELS

USA BUYER WANTS YOUR VEHICLE!
TRADE IN, LEASE BUYOUTS, FLEET UNITS... ANY CONDITION!
LOCAL PICKUP , INSTANT CASH OR CERTIFIED FUNDS
587-805-1500

WESTLOCK & DISTRICT CHAMBER OF COMMERCE
Our community Your business

www.westlockchamber.com

MEETINGS ON THE THIRD THURSDAY OF EVERY MONTH
Westlock Legion
10004-106 St.

Visit our website for more information

FREE! New Issue Every Week!

Coffee News®

Est. 1988

"News To Be Enjoyed Over Coffee"

Barrhead Edition

877-553-6397

www.coffee-news.ca

Vol. 19 No. 36 September 5, 2022

Everybody's Talking

Flowers in her hair: A street artist from Brazil needs more than paint to produce his creations. Fabio Gomes Trindade also requires vegetation, preferably leafy trees and flowering shrubs. That's because Trindade works natural fauna into his art. For example, if he finds a wall with a flowering tree behind it, the colourful buds may become the hair when he paints an image of a woman on the wall. In one portrait, two bushes portray the pigtails of a little girl. In another, the yellow leaves of a deciduous tree form a gold headband around a woman's head. Trindade's works look as though he and nature worked together to create the art.

Goose story: A goose may seem like an unusual pet, especially if that goose accompanies its owner to school, amusing students and teachers. One such goose, named Kirli, follows his owner, who is the grandmother of a student at a school in the Ortahisar district of Turkey's Trabzon province. The gentle brown goose visits classrooms and wanders around the garden, and is considered a welcome guest in the school. Hatice Ozkan and her goose have a close bond. They travel everywhere together, including to the market. Kirli comes when he is called and likes to snuggle.

Bus stop madness: When approaching a bus stop for the morning commute, no one expects to see a vehicle teetering on top of the shelter. But that's what residents of Plouneventer, in the Brittany region of France, encountered one morning. The vehicle was a white van, and it graced the top of the Place de l'Eglise bus shelter. Authorities managed to return the van to solid ground and find the owner. The prank was a result of a dispute between the owner of the van and another party. The culprit stole the van and used a forklift to place it atop the shelter.

Sprinkle problem: A bakery in Leeds, England, recently got into trouble for an unusual reason – its colourful sprinkles. Get Baked bakery used sprinkles on its cakes and cookies that contained a food colouring ingredient that, in Britain, is almost always illegal for use in edible items. Rich Myers, the bakery's owner, had been importing the sprinkles from the United States because he thinks they are of higher quality than the brands available in Britain. He was quite surprised to discover that he could no longer use them. Several of his popular items feature the sprinkles, and he's not sure if he'll be able to find an appropriate substitute.

Quoteable Quotes

"Always keep an open mind and a compassionate heart." —*Phil Jackson*

"Life is the art of drawing sufficient conclusions from insufficient premises." —*Samuel Butler*

What's Happening

Sep 24 - Pitch-in Morinville - Clean Sweep 9 Am to 3 PM. Lets pitch-in to help clean, restore and beautify Morinville! Register and receive a certificate, gloves and garbage bags. 780-939-7839

Sep 24 - Morinville Rendez-Vous Centre 50th Anniversary Celebration Dinner and Dance Music by the Satellites. Cost: $40person For tickets contact: Carol 780-939-2795 or Linda 780-554-2683 Everyone Welcome. 9913-104 Street.

Sep 10 - Large Item Drop-Off Public Works Parking Lot - 7 Chevigny Street. 8 am to 2 pm. This event is for residents of St. Albert only; non-residents and contractors will be turned away by on-site staff.

Oct 1 - Support to Ride for Refuge 3 PM. Cold Lake Food Bank, 5216 55A Street.

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

$400* Prize Package
* Coffee News Bucks
Over 150 participating sponsors!

4 winners ($100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

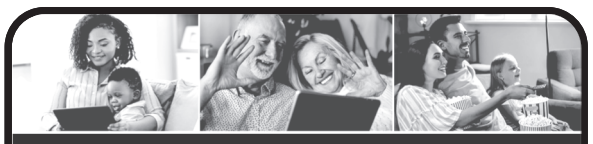
Trivia

1. Which Greek hero retrieved the Golden Fleece?
2. The highest peak in Japan is _____.
3. Lines that intersect at a right angle are _____ to each other.
4. Who was the first person to receive two Nobel Prizes?
5. The Falkland Islands are located in the Atlantic, Pacific, or Indian Ocean?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)



Fast and Reliable Wireless Home Internet

Starting at only $59.99/month

Price guaranteed for 1 year!*

*Offer subject to change. Tax extra. Price guaranteed for duration of 1-year term

Lock in these low prices now before they're gone!
Call 1-866-218-8782 now!

XPLORNET

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish

Visit makeawish.ca

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

ZETTA TELECOM

587.760.2800
https://zettatelecom.com

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Can't get to your Coffee News® each week?

Check out our PDF editions online!

New editions are posted every Monday

***Sign up here** to receive email notifications of new editions.*

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Recipe of the month

Fresh Corn and Tomato Fettucine

8 ounces uncooked whole wheat fettuccine
2 medium ears sweet corn, husked
2 teaspoons plus 2 tablespoons olive oil, divided
½ cup chopped sweet red pepper
4 green onions, chopped
2 medium tomatoes, chopped
½ teaspoon salt
1/2 teaspoon pepper
1 cup crumbled feta cheese
2 tablespoons minced fresh parsley

Prep/Total Time: 30 min. Yield: 4 servings

❶ In a Dutch oven, cook fettuccine according to package directions, adding corn during the last 8 minutes of cooking.

❷ Meanwhile, in a small skillet, heat 2 teaspoons oil over medium-high heat. Add red pepper and green onions; cook and stir until tender.

❸ Drain pasta and corn; transfer pasta to a large bowl. Cool corn slightly; cut corn from cob and add to pasta. Add tomatoes, salt, pepper, remaining oil and the pepper mixture; toss to combine. Sprinkle with cheese and parsley.

Source: https://www.tasteofhome.com

WEBSITES
From $129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

Need ONE More Reason to Join?

1. You need child support enforced
2. Your landlord raises rent in violation of your verbal agreement
3. You adopt a child
4. A friend owes you money and files for bankruptcy
5. You need help with credit card liability resolution
6. Your car is vandalized in a parking lot

Call Lloyd Kenney, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449

Westlock Ford
BUILT Ford PROUD
FORD EMPLOYEE PRICING ON NOW
UNTIL THE END OF SEPTEMBER 2020
westlockford.com
780-349-3361 | 10835-100 Street, Westlock

Start Your Own Business!
FREE government funded Self-Employment Training
NOW ONLINE
microbusiness TRAINING CENTRE INC
Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

Congratulations to July's Coffee News® Guy contest winners!
Your prizes are in the mail!
Michael MacKinnon
Shawna Zaychuk
Sandra Werner
Elizabeth Ashley
Enter today for your chance to win at www.coffee-news.ca

CANADA'S #1 RETAIL WINDOW COVERING FACTORY
real blinds
FREE DESIGN CONSULTATION
COMMERCIAL • RESIDENTIAL • WHOLESALE
780.741.2376
Toll Free 1.855.846.7325
REALBLINDS.CA
Made in Canada SINCE 1985

inogen
FREEDOM. TO BE YOU.
1-888-998-6714
MKT-P0253

SOLVING TOOTH LOSS PROBLEMS SINCE 1993
Barrhead DENTURE CLINIC
Marcel Turenne, Denturist
For a NATURAL LOOK, there are a wide variety of tooth moulds and shades available to INDIVIDUALIZE your smile
DIRECT BILLING to insurance companies upon pre-determination of benefits
INQUIRE ABOUT ALBERTA SENIORS DENTAL BENEFIT ELEGIBILITY
5122-49A Street, Barrhead
Mon-Fri, 8:30 a.m.-4 p.m.
780.674.4348
www.barrheaddentures.ca

SHOP ONLINE!
www.scubagearcanada.ca
• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts
SNORKELLING AND SCUBA DIVING LESSONS
The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton
Learn to SCUBA DIVE at our Edmonton location – call for details
780.483.0044
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Your Weekly Horoscope

ARIES
(March 21 – April 20)

Your leadership abilities may be highlighted, and you might be able to use them to accomplish much right now. Consider, though, how your talents can also be of service to others. Lucky numbers: 4, 7, 10, 24, 38, 40.

TAURUS
(April 21 – May 21)

Your personality may be naturally grounded, and the energy this week might be compatible with it. An unexpected opportunity could come along. Carefully examine it before deciding if and how to proceed. Lucky numbers: 1, 9, 17, 19, 44, 47.

GEMINI
(May 22 – June 21)

You may find yourself in the public eye this week. If so, be careful to make sure it is a positive experience. You might want to enhance your image, not diminish it. Lucky numbers: 10, 11, 29, 30, 37, 41.

CANCER
(June 22 – July 22)

The symbol for Cancer is the Crab. Many people of this sign peek out at the world from their shells, but now you may emerge willing to fight for a cause. Lucky numbers: 11, 13, 22, 27, 28, 33.

LEO
(July 23 – Aug. 23)

At midweek, you may find your thoughts and feelings are not in sync. Should this be the case, perhaps waiting a few days before taking any action might be best. Lucky numbers: 3, 17, 22, 29, 38, 45.

VIRGO
(Aug. 24 – Sept. 23)

This month you may feel very constrained. This might not be helpful to the Virgos who have a perfectionist streak. Try not to be too hard on yourself or others. Lucky numbers: 8, 11, 14, 15, 21, 37.

LIBRA
(Sept. 24 – Oct. 23)

Many Libras have a graceful and diplomatic nature that allows them to help negotiate solutions for other people. However, this ability may be disrupted or confused for the next few weeks. Lucky numbers: 5, 7, 14, 15, 20, 38.

SCORPIO
(Oct. 24 – Nov. 22)

You may find that you are swimming in deep waters. Perhaps you should look for what has been your Achilles heel in past events, and determine the best way to heal it. Lucky numbers: 13, 22, 32, 37, 42, 44.

SAGITTARIUS
(Nov. 23 – Dec. 21)

For the next few weeks, try to be aware of when your ego might be getting in the way of your interactions with others. Perhaps compromising with people could avoid unnecessary conflict. Lucky numbers: 14, 16, 20, 25, 31, 34.

CAPRICORN
(Dec. 22 – Jan. 20)

At the beginning of the week, you may feel especially well-grounded. This might be a good time to tackle a thorny emotional issue that has eluded resolution in the past. Lucky numbers: 12, 17, 18, 20, 21, 36.

AQUARIUS
(Jan. 21 – Feb. 19)

This week you may find that your heart and mind are well-balanced about what you want. Thus, it might be a good time to plan how to go forward. Lucky numbers: 9, 16, 24, 27, 33, 42.

PISCES
(Feb. 20 – March 20)

You may be in a good emotional space to complete a cycle, perhaps finally closing the door on a long-term issue. Consider how you would like the next six months to unfold. Lucky numbers: 21, 23, 25, 31, 45, 46.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 7.

Did You Know...

Healthy grain: Farro is a whole grain common in the Mediterranean diet. It is larger and more oblong than barley, and has a chewier texture which it retains when cooked.

Artsy competitions: The Olympics brings athletes together to compete in a variety of sporting events. Between 1912 and 1948, people skilled in the arts were also awarded medals. Areas of competition included painting, sculpture, architecture, literature, and music.

Piano player: Oscar Peterson (1925-2007), the world-renowned jazz pianist, comes from Montréal, Québec (Canada). By the time he was 5, he was playing both trumpet and piano. At 7, he focused on piano, practicing many hours per day, even as a child.

Meaningful rocks: An inukshuk, or inuksuk, is a structure of piled-up stones traditionally made by the Inuit and other Arctic peoples for many purposes, such as navigation. Custom says an inukshuk, when spotted, is left untouched for the next passerby.

Starfish pasta: A species of starfish, known scientifically as *Plinthaster dentatus*, lives in the Atlantic Ocean. It is called "ravioli" starfish because its appearance resembles the pasta of the same name.

On the Lighter Side

Knock! Knock! *Who's there?* Censor? *Censor who?* Censor so smart, you tell me!

What happens when silkworms race? They usually end up in a tie.

Tip: "I wish I had the money to buy an elephant."
Top: "What do you want with an elephant?"
Tip: "Nothing, I just want the money."

How does an angel answer the phone? "Halo?"

The only reason cows wear bells is that their horns don't work.

Answers

Trivia answers: 1. Jason 2. Mount Fuji 3. Perpendicular 4. Marie Curie 5. Atlantic Ocean

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Family Owned Local Alberta Business Since 1986
DIRECT WORKWEAR LTD. since 1986
SCAN THIS CODE TO ENTER
We ship across Canada
Huge Women's Selection
XXS up to 7XL Sizing
WIN A $500 Gift Certificate
www.directworkwear.com
Always low prices & great deals... save money.

25 WORDS OR LESS
WEEKDAYS 3PM
yes tv

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.
SHIP BY BUS
PASSENGER & PARCEL SERVICES
GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Stumbling Blocks Team Building Seminars
Build a Stronger, More Resilient Team
Book Barbara Today!
780-722-3188
BARBARAMAY.COM | STUMBLING-BLOCKS.COM

Helping you rediscover fun in the kitchen!
Gifts and Gadgets
Your one stop kitchen and gift shop.
780.962.5220
CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Love Coffee News®?
Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!
Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.
Please include:
1. Your name 2. Your phone number and 3. Your address
so that we can send you some cool prizes if your photo is chosen to appear in the paper!
Reader of the Month
Steph Seidel from Fort McMurray
Coffee News® Fun Reading. Serious Advertising.

Bras Briefs Boxers Bikinis
Romantic Notions inc.
Visit us on Facebook for promotions and gift ideas!
780.962.4944
1.855.962.4944
www.romanticnotions.ca | #30, 210 McLeod Ave., Spruce Grove
30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

Barrhead Dental Clinic
Dr. Krishna Mudaliar | Dr. David Hamilton
We look forward to meeting you and your family!
Direct billing to insurance companies
We offer: • Emergency Treatment • Fillings • Same Day Treatment • Root Canals • Extractions • Crowns/Bridges
NOW ACCEPTING NEW PATIENTS!
OUR HYGIENIST FOLLOWS THE 2020 ADA&C FEE GUIDE
780.674.3161
barrheaddentalclinic@gmail.com | #4, 4923-50 Ave., Barrhead