

Life Is Better At Home

INFINITY HEALTHCARE PROVIDES THE FOLLOWING SERVICES:

- Personal Care • Companionship • Nursing
- Meal Preparation • Light Housekeeping
- Respite Care • Palliative/End of Life

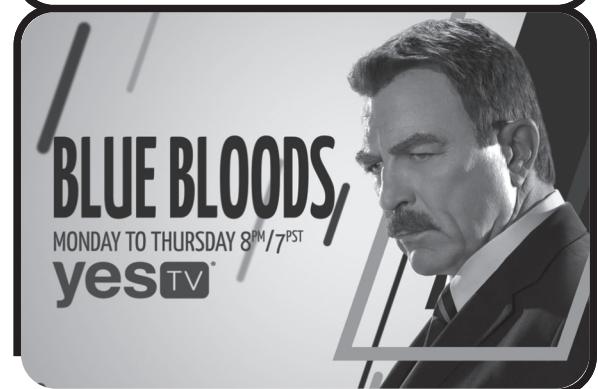
PEOPLE WHO CARE

INFINITY
HEALTHCARE

For a free assessment, contact Penny:
pphillips@infinity-8.ca
780.934.0806

780.809.7884 | www.infinity-8.ca

THIS SPACE FOR RENT
780-220-6397



**★★ OVER 50 ★★
5 STAR REVIEWS!**

INDEPENDENT AUTO REPAIR SHOP
SERVICING ALL MAKES AND MODELS
FOCUSED ON CUSTOMER SATISFACTION
EXPERIENCED TECHS
FAIR PRICING

AUTO TECH
WEST

17348-107 Ave. NW
M-F, 8 a.m.- 5 p.m.
780-448-2228

Book Your Appointment Online: www.autotechwest.ca

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician
780.932.3858 Cell
ajdeleon63@gmail.com

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton

Learn to Scuba Dive
Ask about our Buddy Special

Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

www.thediveoutfitters.ca

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there! They are the next finest candles you will EVER find!

PSC Prairie Scented Candles
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

www.scubagearcanada.ca

FREE!

New Issue Every Week!
Coffee News®
“News To Be Enjoyed Over Coffee”

West Edmonton Edition
780-220-6397

www.coffee-news.ca

Vol. 19 No. 37 September 12, 2022

Everybody's Talking

Chapel on a cliff: A certain medieval ruin in Catalonia, Spain, might make tourists' heads spin. The Hermitage of La Pertusa is perched on top of a steep cliff above the village of Corçà. Visitors can reach this centuries-old chapel by a narrow road, but the last bit requires a hike on a trail. Those who reach the ruin would be well-advised not to look down, where they would see a sheer drop to the Canelles Reservoir. The view is called amazing. For their efforts to reach the site, fans of birdlife have been rewarded with sightings of eagles, peregrine falcons, and vultures.

Better butter: Butter is one of those ubiquitous foods that most people don't think about very often. They simply smear it on bread, melt it on popcorn, add it to favourite foods, and eat it. But Sublime Butter in St Margarets, a suburb of London, England, makes a special version called "Ridiculous No55 Lobster & Crab Butter" that is renowned for its unique flavour. The makers use British Isles lobster, Devon crab, caviar, lemon, and fennel. Judges at The Guild of Fine Food named it among the world's finest foods and claimed they could eat it right off the spoon. Sublime Butter founder Chris Mair is thrilled with the accolades.

Imagining the past: A photographer from Portland, Oregon (U.S.), is interested in documenting abandoned properties. Because he uses a drone, some of Brendon Burton's photos are aerial in composition. In a series called "Thin Places," shots include dilapidated farmhouses and barns in the middle of fields, a once-elegant manor on the edge of a swamp, and an old stone home at the foot of a mountain. The collection also includes deserted churches, commercial buildings, mobile homes, and even a tree house. Abandoned places appear in other series by the photographer, prompting viewers to wonder who once used or lived in the ruined buildings and why they left.

Coffee time: A pink flamingo that lives in a zoo in Granby, Quebec (Canada), decided to stretch its wings and go for a short flight. The bird must have been thinking of breakfast, or maybe just a cup of coffee, because it headed for a donut chain a short distance from the bird's stall at the Granby Zoo. Customers spotted the bird in the parking lot at the restaurant, and they called the zookeepers to inform them of its whereabouts. The pink-feathered friend didn't flinch when its keepers arrived to help it get back home. The keepers don't know why the bird wanted to escape, but it didn't insist on staying for coffee.

Quoteable Quotes

"Creativity can be described as letting go of certainties." —Gail Sheehy

"Perseverance is not a long race; it is many short races, one after another." —Walter Elliott

What's Happening

Sept 11- 38th Annual Doll, Toy and Teddy Bear Sale
Over 50 vendors featuring antique, collectible and modern dolls and toys including accessories, clothing, patterns, supplies, furnishings, miniatures and so much more. Door prizes provided by Mastermind Toys. 10 am - 4 pm. 14230 133 Avenue.

Sept 17-Ride for Kids in Crisis The ride is a fund raiser to support children in Ukraine, Myanmar, Congo, Yemen, Turkey and Afghanistan. You can bike, skate, run or walk to make a difference. To register go to www.glorychurch.ca or call 780-428-3041

NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening

Hidden Coffee News Guy ADVENTURE
Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package *Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

1. Mauritius is one of the _____ Islands.
2. Which prime minister oversaw Canada's constitutional independence?
3. Charles Darwin sailed around the world on this ship.
4. What is Reginald Kenneth Dwight's stage name?
5. The scientific name for near-microscopic water bears is _____.

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

The World's #1 Restaurant Publication!

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round



VMT
vacations

1-877-699-7003
promo code N7017

* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

Recipe of the month

Fresh Corn and Tomato Fettuccine

4 green onions, chopped
2 medium tomatoes, chopped
½ teaspoon salt
1/2 teaspoon pepper
1 cup crumbled feta cheese
2 tablespoons minced fresh parsley

Prep/Total Time: 30 min. Yield: 4 servings

- In a Dutch oven, cook fettuccine according to package directions, adding corn during the last 8 minutes of cooking.
- Meanwhile, in a small skillet, heat 2 teaspoons oil over medium-high heat. Add red pepper and green onions; cook and stir until tender.
- Drain pasta and corn; transfer pasta to a large bowl. Cool corn slightly; cut corn from cob and add to pasta. Add tomatoes, salt, pepper, remaining oil and the pepper mixture; toss to combine. Sprinkle with cheese and parsley.

Source: <https://www.tasteofhome.com>

NOW OPEN!

Direct access to affordable dental hygiene care has arrived in west central Edmonton!

All Prices Below AB Dental Fee Guide

FREE Oral Health exams at every cleaning appointment

Grin Dental Hygiene Centre 780.488.0344
14620 Stony Plain Rd. – Parking available in back

Book online at grindentalhygiene.ca

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?
The Disability Tax Credit allows for
\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372

Every \$3.51 You Give =
1 MEAL FOR A HOMELESS NEIGHBOUR

Give Hope. Give Today.
TheSeed.ca/donate

THE MUSTARD SEED

STOP STREAMING!
IT'S FUNNIER LIVE
AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT
thecomicstrip.ca

Rick Bronson's
THE COMIC STRIP
DRINK · DINE · LAUGH

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

ZETTA TELECOM

587.760.2800
[https://zettatelecom.com](http://zettatelecom.com)

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Affordable-Effective-Exclusive-CALL NOW!

WEST EDMONTON jiffy lube®

OPEN
Mon - Fri, 8-6
Sat, 9-4
Sun, 10-4

■ OIL CHANGES ■ CABIN FILTERS
■ TRANSMISSION AND DRIVELINE SERVICE
■ AIR FILTERS ■ FUEL FILTERS
WARRANTY APPROVED
NO APPOINTMENT NECESSARY!
780.483.2281
17771 - 98A Avenue, Edmonton (beside the Domo)

\$10 OFF
ANY OIL CHANGE PACKAGE (WITH THIS AD)

RETIREMENT LIVING CHRISTENSON
Optional Meals • Personalized Services • On-site Care
Join Our Safe & Social Community

VILLAGE AT Westmount

Ask about our rental promotion
Full Kitchens • Social & Recreation • U/G Parking
13317-115th Ave, Edmonton
780-452-2030
CDLhomes.com

Scan QR Code

WE COME TO YOU!

NERDS2YOU
VIRUS REMOVAL & COMPUTER REPAIR
ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists.
Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED
NERDS2YOU.CA

QUIT SMOKING TODAY!

Free juice bar with over 200 flavours to sample
Incredibly helpful staff who will set up your new device and teach you how to use it

Liberty Vape
eCig • eJuice • Tech
Located in West Edmonton Mall
Phase 1, Lower Level, next to The Bay

• Salt Nic
• Starter Kits
• Top Brands

780.893.1838
libertyvape.ca

Exclusive offer for Facebook and Google Ads

Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

SCAN ME

Contact us today for your FREE no obligation consultation!
Frontline web consulting
780.760.6922

Need ONE More Reason to Join?

1 You don't have an up to date will
2 You don't understand the difference between a trust and a will
3 The CRA selects you for an audit
4 You need a letter written on your behalf by a lawyer
5 You receive a speeding ticket
6 You need a lawyer's advice on any matter

LegalShield
Call LLOYD KENNEY,
Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

Don't know what's wrong...?

WE CAN HELP!
CONTACT THE EXPERIENCED PROFESSIONALS AT
HOME & OFFICE HANDYMAN SERVICES
780.940.2127 | www.HOHS.ca

Give Us Your List.
We'll Do The Rest.

CN-Proudly printed by One to One Mailing

Your Weekly Horoscope

ARIES

(March 21 - April 20)

An unresolved issue from the past may resurface right now. Resolving it may require a change in your attitude, especially if you feel like you've been banging your head against the wall. Lucky numbers: 5, 13, 16, 31, 41, 42.

TAURUS

(April 21 - May 21)

Those born under Taurus are happy when they feel grounded. Early this week, your thoughts and emotions may be more fully in sync, which could help you feel more stable. Lucky numbers: 7, 8, 10, 19, 25, 28.

GEMINI

(May 22 - June 21)

Geminis often see all aspects of a situation and thus can sympathize with all parties involved. You may be asked to make a definitive choice. Try to choose what aligns with your values. Lucky numbers: 11, 16, 20, 22, 28, 31.

CANCER

(June 22 - July 22)

Toward the end of the week, you may feel that your heart and mind are well-balanced. This might be a good time to develop a plan to move forward. Lucky numbers: 6, 17, 22, 31, 41, 48.

LEO

(July 23 - Aug. 23)

Nurturing and the role of mother may be an important focus for you now. This might apply to you either as a mother or as a child, especially if you are a daughter. Lucky numbers: 9, 11, 12, 19, 21, 38.

VIRGO

(Aug. 24 - Sept. 23)

If you look deeply, you may see a hidden opportunity. You might need to use your skills to focus on the details, to help you decide if something is worth pursuing. Lucky numbers: 10, 13, 16, 36, 44, 45.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 17.

Did You Know...

Easy plant: An easy-care houseplant is a snake plant. The stiff, vertical leaves can be 6 inches (15 cm) to 8 feet (2.4 m) high. Snake plants don't need water often and are very forgiving about the amount of light they require.

Not just pink: While most people are familiar with watermelon that is pink inside (some with seeds and some without), other types look the same on the outside, but are yellow or orange on the inside.

Norwegian roots: Well-known children's writer Roald Dahl grew up in Llandaff, Cardiff, Wales. His parents were Norwegian, and thus he spent many summers in Oslo. One of his most famous books is *Charlie and the Chocolate Factory*.

Puzzle pieces: Jigsaw puzzles have been around since 1766. That's when an English cartographer named John Spilsbury glued a map onto wood, cut it into pieces, and asked his students to put it back together.

Lucky cat: A certain figurine of a cat, called *maneki neko* in Japanese, is considered a lucky charm. The cat's right paw may be raised to attract good fortune, or a left paw raised to welcome people. Both paws raised indicate it is protecting the premises.

On the Lighter Side

What did the fisherman say to the magician? "Pick a cod, any cod."

Judy: "A man was here to see you this morning."

Boss: "With a bill?"

Judy: "No, with a regular nose."

What happened to the house built of cymbals? It came crashing down.

Two fish sat in a tank. One asked the other, "How do you drive this thing?"

Knock! Knock! Who's there? Topic. Topic who? Topic a wildflower is against the law.

Answers

3. H.M.S. Beagle 4. Elton John 5. Tardigrades
Trivia answers: 1. Mascarene 2. Pierre Trudeau

For available franchise opportunities – visit coffeeenewscanada.com
© Published with Permission by Capital Marketing Ltd

COLD SHOT
A DIVISION OF BALWARI EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Call today and receive a
FREE SHOWER PACKAGE
PLUS \$1600 OFF

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase! Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

Inogen
FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

Jennifer Miles, Agent
125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com

Desjardins
Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.
Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

MEMBERSHIP OPPORTUNITIES
at
The Edmonton Petroleum Golf & Country Club
- EDMONTON'S PREMIER PRIVATE GOLF DESTINATION -

121999CN1

• Tee time bookings exclusively with no ballot system
• 14-day advanced shareholder bookings
• Conveniently located just 10 minutes from south Edmonton

For more information, please visit
epgcc.ab.ca

THE P CLUB

Coffee News is proud to support Make-A-Wish Canada

Transform lives, one wish at a time.

Make-A-Wish
Visit makeawish.ca

Romantic Notions inc.

Visit us on **f**
for promotions and gift ideas!
780.962.4944
1.855.962.4944

www.romanticnotions.ca | #30, 210 McLeod Ave., Spruce Grove

30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE