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Everybody's Talking

Foxy pet: A family in Peru purchased a dog they believed was a purebred husky, but had to give up their pet pooch because the animal turned out to be an Andean fox. Bought from a store in the city of Lima, the "puppy," named Run Run, had been settling in nicely. Owner Maribel Sotelo insisted that Run Run seemed the same as any other new pup: he played happily and was not aggressive. That is, until he got old enough to be interested in nearby chicken coops! After the neighbours complained, Sotelo called a wildlife service to investigate. Identifying the animal as a fox, authorities decided to release Run Run into the wild.

Mystery spring: Fosse Dionne is an ancient spring in the Burgundy region of France. Located in the small town of Tonnerre, Fosse Dionne has been used for various purposes since Roman times, such as a drinking water source or as a public bath. Each second, 311 litres (82 gallons) of water flow from it, and even more at rainy times. A stone rim, built in the 1700s, surrounds a pit fed by the spring. Something unique about Fosse Dionne is that its source is unknown, despite several unsuccessful attempts to trace it. In recent years, a professional diver managed to get further into the spring's limestone depths than anyone before him, but still could not locate the source.

Scottish culture: On the Isle of Lewis, the northernmost of Scotland's Outer Hebrides islands off the country's west coast, is a fellow known on social media as the "Hebridean Baker." A few years ago, the baker, whose real name is Coinneach MacLeod, began posting videos of himself making family recipes, such as hot toddy choux buns, haggis bon bons, cupcakes, and cookies. He also adds stories and music to accompany the process, and sometimes his pet, a Westie named Seòras, makes an appearance. His goal is to introduce the world to the best Hebrides customs and to the food of his home.

Book return: When the Baltimore County Public Library system in Maryland (U.S.) decided to abolish late fees for unreturned books, a surprising number of overdue tomes started arriving in its book shoot. When library users knew they wouldn't have to pay fines, they came out in droves, with books in hand. One returned book, Jubilee Trail by Gwen Bristow, even had a due date of 1957, and another book had been due in 1983. Fines were deemed unfair to users who may not be able to afford them. Plus, having a fine due on an unreturned book could cause folks to refrain from using the library for study or leisure reading.

Quoteable Quotes

"Nothing great was ever achieved without enthusiasm." —Ralph Waldo Emerson

"Our plans and designs should be so perfect in truth and beauty, that in touching them the world could only mar."

—Johann Wolfgang von Goethe

What's Happening

Thursdays - Rhyme Time Sessions are held on Thursdays from 10:30-11:30am in the Wild Rose Room at the Lac La Biche Library. Designed for ages 0 to 5 and they must be accompanied by a caregiver. Call 780-623-7467 for more details. No registration required.

Oct 1 - Support to Ride for Refuge 3 PM. Cold Lake Food Bank, 5216 55A Street.

Sep 24 - Pitch-in Morinville - Clean Sweep 9 Am to 3 PM. Lets pitch-in to help clean, restore and beautify Morinville! Register and receive a certificate, gloves and garbage bags. 780-939-7839

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www.coffee-news.ca/whats-happening

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Trivia

1. A dandelion's white fluff is called _____?
2. What is the only sea without a land boundary?
3. The Sami people live in this northern region.
4. Who was Farrokh Bulsara?
5. What is the highest active volcano in the world?

(Flip bottom of page for answers)

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Recipe of the month

Chicken Garden Medley

1 pound boneless skinless chicken breasts, cut into strips
1 garlic clove, minced
1/4 cup butter, divided
1 small yellow squash, halved lengthwise and sliced
1 small zucchini, halved lengthwise and sliced
1/2 cup julienned sweet red pepper
1/2 cup julienned green pepper

1/4 cup thinly sliced onion
2 tablespoons all-purpose flour
1/2 teaspoon salt
1/4 teaspoon pepper
3/4 cup chicken broth
1/2 cup half-and-half cream
8 ounces angel hair pasta, cooked and drained
2 tablespoons shredded Parmesan cheese

Prep Time: 25 min. Bake: 20 min Yield: 4 servings

- In a large skillet, saute chicken and garlic in 2 tablespoons butter for 10-12 minutes or until chicken juices run clear. Add vegetables. Cook until crisp-tender; remove from skillet and set aside.
- In the same skillet, melt remaining butter. Add flour, salt and pepper; stir to form a smooth paste. Gradually add broth. Bring to a boil; cook and stir for 2 minutes or until thickened. Stir in cream and heat through. Add chicken and vegetables; stir until well mixed.
- Place pasta in a greased 2-qt. baking dish. Pour chicken mixture over top. Sprinkle with Parmesan cheese. Cover and bake at 350° for 15 minutes; uncover and bake 5 minutes longer.

Source: <https://www.tasteofhome.com>

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- 2 You don't understand the difference between a trust and a will
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- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

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Your Weekly Horoscope

ARIES (March 21 - April 20)

You may be feeling particularly confident right now. If this is the case, you might want to look for an opportunity to capitalize on it, but carefully weigh the pros and cons first. Lucky numbers: 1, 13, 17, 25, 33, 35.

TAURUS (April 21 - May 21)

Many people born under this sign are cautious about taking risks. Now may be the time to reach beyond your comfort zone and look for an unusual opportunity with hidden potential. Lucky numbers: 5, 8, 14, 22, 33, 36.

GEMINI (May 22 - June 21)

At midweek, you may feel frustrated by not achieving what you want. Waiting a few days could give the situation time to improve. Try to avoid conflict with others in the meantime. Lucky numbers: 2, 9, 11, 16, 25, 27.

CANCER (June 22 - July 22)

You may find others challenging right now. Try not to let any insecurity on your part result in an impulsive response. This particular situation could pass within a few weeks. Lucky numbers: 7, 8, 22, 29, 35, 45.

LEO (July 23 - Aug. 23)

For the next few weeks, you may feel a boost in confidence and energy. You may wish to consider how to use this time to improve your life and your image with others. Lucky numbers: 9, 17, 30, 35, 42, 45.

VIRGO (Aug. 24 - Sept. 23)

Now may be a good time to consider how well you nurture yourself and others. This pattern may be connected to your relationship with your mother or with your children. Lucky numbers: 8, 13, 14, 19, 32, 45.

LIBRA (Sept. 24 - Oct. 23)

Libras often strive for smooth relationships with colleagues, friends, and romantic partners. This may be particularly important for you right now, but try to be sure you consider your own needs as well. Lucky numbers: 13, 15, 17, 19, 21, 44.

SCORPIO (Oct. 24 - Nov. 22)

Your thoughts and feelings might be in sync now, perhaps giving you the potential for an emotional reset. Just try to be aware of any obsessive thinking that could create obstacles to progress. Lucky numbers: 6, 7, 12, 14, 26, 35.

SAGITTARIUS (Nov. 23 - Dec. 21)

The astrological energy toward the end of this week may heighten any natural Sagittarius optimism and enthusiasm. Are there ways that you could use these few days in a positive manner? Lucky numbers: 10, 18, 22, 34, 42, 43.

CAPRICORN (Dec. 22 - Jan. 20)

You may find yourself going back over old emotional territory right now. This could provide an opportunity for you to dig for new insights about how to resolve any lingering issues. Lucky numbers: 4, 5, 17, 29, 34, 47.

AQUARIUS (Jan. 21 - Feb. 19)

This may be a good time to start a project that could highlight your unique talents. This might encourage you to work extra hard to see that the outcome is successful. Lucky numbers: 14, 15, 21, 38, 39, 45.

PISCES (Feb. 20 - March 20)

Your relationship with your romantic partner may be your focus right now. Clearly communicating your needs and not letting your ego get in the way of compromise could be very important. Lucky numbers: 3, 6, 11, 19, 23, 30.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 33.

Did You Know...

Avocado sprout: To grow an avocado plant, wash and dry a pit. With its wide end pointing down, jab the pit with three toothpicks, and suspend it from the rim of a water-filled jar. Placed in a sunny spot, it might sprout roots in a few weeks; add water as needed.

Toothy grin: A fish called the Pacific lingcod (*Ophiodon elongatus*) has about 500 teeth. Found in the Pacific Ocean, this predatory fish loses—and grows back—roughly 20 of these very sharp teeth every day.

No worries: Children and even adults in Guatemala use “worry dolls” (*Muñeca quitapenas* in Spanish) made of yarn and wood or wire. To relieve stress, people tell their worries to the small dolls, then tuck them under their pillows at night.

Safely stuck: When a female butterfly lays her eggs, she picks a spot on a leaf that is protected from predators. She secretes a special sticky fluid to ensure the eggs remain adhered to the leaf until they hatch.

Spot of tea: Earl Grey tea and English Breakfast tea are both black teas. Earl Grey stands out because it is flavoured with bergamot oil, giving it a mild citrus flavour. The oil comes from the skin of the bergamot orange.

On the Lighter Side

Who did the TV station send to see the baby panda born at the zoo? A cub reporter.

In a job search, the trick is to look inside yourself. It's all about an inner view.

Knock! Knock! Who's there? Tree. Tree who? Tree more days until vacation!

What is a turtle's favourite game? The old shell game.

Customer: “Waiter, this coffee tastes like mud.”
Waiter: “Of course it does, it was freshly ground.”

Answers

Trivia answers: 1. Pappus 2. Sargasso 3. Sâpmî 4. Singer Freddie Mercury 5. Ojos del Salado

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