

Vol. 19 No. 40 October 3, 2022

"News To Be Enjoyed

Stony Plain

Edition

780-220-6397

Over Coffee"

Everybody's Talking

Lip balm: Two young sisters from Hong Kong have a unique collection. When they were toddlers, Scarlett Ashley Cheng and Kaylyn Cheng began accumulating lip balms of all shapes, sizes, and flavours. They now own 3,388 different balms from all over the world and from numerous makers. Their interest in lip balms began when the girls were suffering with dry lips and their parents and grandmother would apply balms. At first, they used unflavoured ones, but soon the sisters discovered the large variety of lip moisteners available on the market. Friends and relatives started giving them lip balms as gifts, and soon they needed several shelves to hold them all.

Iguana tale: When taking a dog out for a walk in England, the last thing anyone expects to find is an iguana sitting on a fence. That happened near the town of Morpeth, Northumberland, when a dog walker noticed the lizard, which is definitely not native to the country. An animal rescue organization took the creature into its care. The iguana's owner may not have known how to take care of this "pet," and so they left it with a box of vegetables, hoping someone would find it and take it to safety. The animal rescue group wants to locate the owner in case other exotic pets are still in that person's care.

Cycle power: Kenneth Judd may be nearly 100, but he loves to cycle. He loves it so much, in fact, that he trained for and won second place in the Road Worlds for Seniors competition by cycling 3,779 kilometres (2,348 mi.) over 26 days. He did it all on an innovative exercise bike at his senior care home in Southam, Warwickshire, England. The annual event encourages elderly people around the world to ride specialized stationary bikes made by a Norwegian firm. A monitor linked to the bike shows customized road scenes. Judd could view Yorkshire, where he grew up. The novel idea allows older folks to get exercise, both physical and mental.

Traveling pooch: Boji the dog may occasionally sleep at the Istanbul Metropolitan Municipality animal shelter, but this Turkish canine likes to go his own way most of the time. He does so by riding around on public transit, whether that is bus, subway, or ferry. Officials know where Boji goes because they track him with a microchip, and they have discovered that this traveling animal gets on and off at various stops along his commute. Human riders have become quite accustomed to seeing Boji patiently waiting to board or curled up on a seat. Boji is a calm and friendly Sivas Kangal-Shepherd crossbreed, and he receives care and grooming at the shelter.

Quoteable Quotes

"Don't let the fear of striking out hold you back."—Babe Ruth "Have faith and pursue the unknown end." —Oliver Wendell Holmes, Jr.

What's Happening

Oct 25 - Howl Masquerade The Howl Masquerade concert is where singers, costumes and Halloween all come together in an awesome event for youth and families. Horizon Stage

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1/2 cup julienned green pepper Parmesan cheese Free TIME: 25 MIN. Bake: 20 Min Yield: 4 servings
In a large skillet, saute chicken and garlic in 2 tablespoons butter for 10-12 minutes or until chicken juices run clear. Add vegetables. Cook until crisp-tender; remove from skillet and set aside.
In the same skillet, melt remaining butter. Add flour, salt and pepper; sitr to form a smooth paste. Gradually add broth. Bring to a boil; cook and stir for 2 minutes or until thickened. Stir in cream and heat through. Add chicken and vegetables; stir until well mixed.
Place pasta in a greased 2-qt, baking dish. Prep Time: 25 min. Bake: 20 min Yield: 4 servings Pour chicken mixture over top. Sprinkle with Parmesan cheese. Cover and bake at 350° for 15 minutes uncover and bake 5 minutes

1/2 cup julienned sweet red pepper 2 tablespoons shredded

cooked and drained

lengthwise and sliced

Source: https://www.tasteofhom

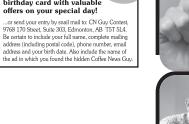
Theatre. 1001 Calahoo Rd. Spruce Grove. \$15 per ticket. All ages event.

> NON profit organizations may submit events for FREE at www.coffee-news.ca/whats-happening



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Trivia

- 1. New Year's Eve in Scotland is called
- 2. Hwange National Park is in what country?
- 3. This bird can migrate from the Arctic to the Antarctic.
- 4. What is the standard distance of a marathon?
- 5. The first song captured as recorded sound waves was

(Flip bottom of page for answers)

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Your Weekly Horoscope

(Sept. 24 - Oct. 23)

An old emotional wound

may resurface at this

time. In order to heal, you

might need to see and

understand how that

wound has affected your

Are you feeling frustrat-

ed right now, perhaps because of an old chal-

lenge? Reflecting on the

original cause of the issue,

and working to finally

Conversations with others

could reveal a new poten-

tial for you, but you might

need to be proactive to

initiate them. Perhaps this

opportunity may come to

You may have been feeling

stuck in an old pattern for

a while now, but that could

be about to change. Per-

haps this moment might

help you glean any remain-

Service to others can be an

important theme for an

Aquarian. The potential to

explore possible opportu-

nities in this area might be

starting now. Are there

Pisces often are naturally

skilled at intuition. This

and a connection to the

ethereal plane may be

heightened at the end of

the week, offering an

deepest sense of who you are. Lucky numbers: 8, 9, 23, 26, 33, 44.

resolve it, may be helpful. Lucky

you via a romantic partner. Lucky

ing insights about the dynamic. Lucky

ways you could take advantage of it? Lucky numbers: 9, 15, 27, 32, 34, 47.

opportunity for new insights and plans.

Lucky numbers: 11, 18, 29, 37, 41, 48.

(Feb. 20 - March 20)

numbers: 14, 23, 26, 27, 37, 42.

(Jan. 21 – Feb. 19)

numbers: 10, 14, 18, 29, 37, 40.

(Dec. 22 - Jan. 20)

CAPRICORN

AQUARIUS

PISCES

numbers: 13, 23, 28, 31, 38, 39.

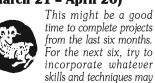
(Nov. 23 - Dec. 21)

SAGITTARIUS

(Oct. 24 - Nov. 22)

SCORPIO

ARIES (March 21 - April 20)



incorporate whatever skills and techniques may have been successful to your goals. Lucky numbers: 2, 8, 10, 18, 21, 39.

TAURUS (April 21 - May 21)

Your focus right now may be on finding and manifesting your life purpose. If you act with the highest integrity, others could respond with offers to

help you with that endeavour. Lucky numbers: 13, 24, 31, 35, 36, 45. GEMINI

(May 22 - June 21)

You may find that you have increased energy and confidence at this

help you accomplish your goals. Lucky numbers: 6, 7, 11, 16, 18, 20. CANCER

(June 22 – July 22)

situation become less murky. Lucky numbers: 4, 6, 10, 12, 20, 38. LEO

(July 23 - Aug. 23)

that such things are a rare gift. Lucky numbers: 3, 14, 16, 22, 31, 41. VIRGO

(Aug. 24 - Sept. 23)

At the end of the week, your thought processes may seem confused or not grounded. If you wait a few days before making any important decisions,

numbers: 7, 12, 17, 27, 34, 39.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 3.

Did You Know...

Famous poet: In 1917, American-English poet T.S. Eliot published Prufrock and Other Observations, his first volume of poetry. Among his famous works is The Waste Land, published in 1922. He won the 1948 Nobel Prize in Literature.

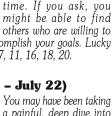
Silver shoes: In the movie *The Wizard of Oz*, Dorothy wears red shoes. However, in the original novel, Dorothy's shoes were silver. The filmmakers made them red to emphasize the advances in filmmaking from black-and-white to colour.

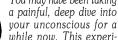
Sweet and crisp: Caramel apples have been around for a long time. The idea for this treat came from the Kastrup family of Chicago, Illinois (U.S.), in 1948. Edna, the matriarch, developed the first recipe, which is still used by the Affy Tapple company today.

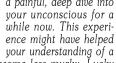
Flying creature: Quetzalcoatlus was a dinosaur in the pterosaur family, which is made up of flying reptiles. This creature was the size of a giraffe, with skinny limbs and a 40-foot wingspan. It is likely the largest creature ever to have been able to fly. Viking history: L'Anse aux Meadows, in the Canadian province of Newfoundland, is what remains of an 11th-century Viking village. In 1978, the archaeological area became a UNESCO World Heritage Site.



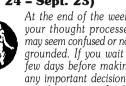








A fortunate event may happen to you now. Try to be grateful to the universe and put any potential from the event to good use. Remember



the situation might improve. Lucky

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Pencils could have erasers on both ends, but what would be the point?

Knock! Knock! Who's there? Thor. Thor who? Thor-y wrong door.

When a chicken stumbles while crossing the street, that's a road trip.

Music student: "What are those papers the orchestra leader is looking at?'

Music teacher: "That's the score." Music student: "Oh. Who won?"

What has four wheels and flies? A garbage truck.

Answers

4. 26.2 mi. (42.2 km) 5. "Au Clair de la Lune" Trivia answers: 1. Hogmanay 2. Zimbabwe 3. Arctic tern

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