

2009-2022 MODELS

# CARSWANTED.CA

USA BUYER WANTS YOUR VEHICLE!  
TRADE IN, LEASE BUYOUTS, FLEET UNITS... ANY CONDITION!

LOCAL PICKUP, INSTANT CASH OR CERTIFIED FUNDS

587-805-1500

## Recipe of the month

### Chicken Garden Medley

1 pound boneless skinless chicken breasts, cut into strips	1/4 cup thinly sliced onion
1 garlic clove, minced	2 tablespoons all-purpose flour
1/4 cup butter, divided	1/2 teaspoon salt
1 small yellow squash, halved lengthwise and sliced	1/4 teaspoon pepper
1 small zucchini, halved lengthwise and sliced	3/4 cup chicken broth
1/2 cup julienned sweet red pepper	1/2 cup half-and-half cream
1/2 cup julienned green pepper	8 ounces angel hair pasta, cooked and drained
	2 tablespoons shredded Parmesan cheese

Prep Time: 25 min. Bake: 20 min Yield: 4 servings

① In a large skillet, saute chicken and garlic in 2 tablespoons butter for 10-12 minutes or until chicken juices run clear. Add vegetables. Cook until crisp-tender; remove from skillet and set aside.

② In the same skillet, melt remaining butter. Add flour, salt and pepper; stir to form a smooth paste. Gradually add broth. Bring to a boil; cook and stir for 2 minutes or until thickened. Stir in cream and heat through. Add chicken and vegetables; stir until well mixed.

③ Place pasta in a greased 2-qt. baking dish. Pour chicken mixture over top. Sprinkle with Parmesan cheese. Cover and bake at 350° for 15 minutes; uncover and bake 5 minutes longer.

Source: <https://www.tasteofhome.com>

### Pregnant? Facing Difficult Decisions?

We can help.  
Call 780.421.1177 or text 587.596.5380

*A Small Miracle Adoption*

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

# LEDUC'S BEST COUNTRY

## 93.1 FM

Machining | Welding | Fabrication

# GM

GROVE MACHINE & WELDING

- Ramps
- Flywheels
- Farming Equipment
- Gear Parts
- ...and more

780-962-1772 CALL US TO DISCUSS YOUR PROJECT!

[www.grovemachinewelding.com](http://www.grovemachinewelding.com) | 35 South Ave., Spruce Grove

First Time Customers: 10% OFF\* (to a maximum of \$300)

## Call today to book your appointment!

We only want to make you SMILE

### Millet Denture Clinic

780.387.3311 • 5022 - 50 Street, Millet  
BARB UNGER, DD • [barb@milletdenture.ca](mailto:barb@milletdenture.ca)

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

### We can save you up to 50% off your current phone rates!

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

587.760.2800  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

FREE! New Issue Every Week!

# Coffee News®

"News To Be Enjoyed Over Coffee"

Devon - Calmar Edition

780-220-6397

www.coffee-news.ca

## Stumbling Blocks Team Building Seminars

Fun, Informative and Highly Interactive

Book Barbara Today!  
780-722-3188

BARBARAMAY.COM | STUMBLING-BLOCKS.COM

## THIS SPACE FOR RENT

780-220-6397

WE DIRECT BILL YOUR INSURANCE

Come... See... Smile...

- Our fees follow the Alberta Fee Guide
- Open Wed. & Thurs. evenings and two Saturdays per month

### Devon Dental Associates

#129, 180 Miquelon Ave. Devon (beside Boston Pizza)

Dr. Maura Lavoie  
Dr. Ian Orellana-Jordan  
Dr. Darren Forst (Orthodontist)

780.987.2833  
[www.devondentalassociates.ca](http://www.devondentalassociates.ca)

Vol. 19 No. 41 October 10, 2022

## Everybody's Talking

**Locked up:** Getting a ring stuck on a finger is scary, but how about having a bicycle lock fastened around one's neck? That is what happened to a young mother from Huai'an, China, whose 4-year-old son slipped the bicycle U-lock around her neck and locked it. He did it in play, and the mom thought it was pretty funny—until she realized that neither of them knew the lock's combination. She went to the police, who didn't know what to do, so they called in the firefighters. With some fussing, they were able to cut the lock with wire cutters, protecting her neck with a towel. Everyone was greatly relieved when that lock came off!

**Empty frames:** Can two blank canvases be considered a work of art? Danish artist Jens Haaning seems to think so, because that is what he delivered to the Kunsten Museum of Modern Art in Aalborg, Denmark. The museum had loaned him 328,000 kroner and 25,000 Pounds in cash to be displayed in two pieces that would reproduce two of his past works, "An Average Danish Annual Income" and "An Average Austrian Annual Income," both of which displayed cash in a frame. When Haaning sent the empty frames to the museum, he said his new pieces were called "Take the Money and Run." So, Haaning said, he took the money and that was his work of art.

**Pressing buttons:** Imagine a moment when a parent is not obligated to admonish children to "get your hands off the elevator buttons!" When visiting Shimada Denki Seisakusho, an elevator button factory in Tokyo, Japan, children may press all the buttons they wish. That's because a display called "1,000 Buttons" is a wall that contains elevator buttons of all shapes and sizes. Just like in a real elevator, pressing the buttons causes them to light up. The company has existed for almost 90 years, and the wall displays all the buttons the factory has ever made. The display is so popular that the factory has a waiting list for visits.

**Nutty problem:** Red squirrels get quite busy in autumn when they start hiding food for the long winter months. One of these rodents in Fargo, North Dakota (U.S.), is busier than most, at least according to Bill Fischer, a pickup truck owner in that city. Over the years, Fischer has come home on many fall days to find his truck serving as the storage container for a red squirrel's stash of walnuts. The squirrel places the nuts around the engine, in the wheel well, and inside the front bumper. Once, after being away for a few days, Fischer collected a whopping 42 gallons of nuts from the crevices of his truck.

## Quoteable Quotes

"Nothing is so fatiguing as the eternal hanging on of an uncompleted task."  
William James

"The income tax has made liars out of more Americans than golf."  
Will Rogers

## What's Happening

**Oct 19 - Coffee with a Cop** Do you have questions about crime reduction Thoughts about community engagement strategies Something on your mind 12 PM. The Devon RCMP invites community members to join them at the Community Centre Braun Hall

**Wednesday's - Family Fun Nights** No need to rush out of the house after a long day of work and school. Join us online for an evening of laughs and giggles. Each FREE session is 6 to 7 p.m. Visit [www.leduc.ca/frn](http://www.leduc.ca/frn) for more info

**Oct 25 - Howl Masquerade** The Howl Masquerade concert is where singers, costumes and Halloween all come together in an awesome event for youth and families. Horizon Stage Theatre. 1001 Calahoo Rd. Spruce Grove. \$15 per ticket. All ages event.

NON profit organizations may submit events for FREE at [www.coffee-news.ca/whats-happening](http://www.coffee-news.ca/whats-happening)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

SHOP DIRECT WORKWEAR ONLINE  
[www.directworkwear.com](http://www.directworkwear.com)

Enter to WIN a \$500 Gift Certificate

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

- Competitive Pricing
- Knowledgeable Service
- Great Selection
- Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD. since 1986

## WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040  
Main Street, Stony Plain  
[www.bluediamondjewellers.com](http://www.bluediamondjewellers.com)

## Prepare for power outages today

WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty\* An \$895 Value!

REQUEST A FREE QUOTE  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
(888) 688-0973

GENERAC

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.  
Visit [makeawish.ca](http://makeawish.ca)

## Trivia

- Who is the architect of the Sydney Opera House?
- In what city is the original Shakespeare and Company bookstore?
- When was the Eiffel Tower completed?
- What year was the Pakistan-India Partition?
- Where is Mount Kosciuszko?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)



## HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**

**FREE ASSESSMENT CALL TODAY!**

For Expert Help:  
**1.844.453.5372**



## WHEEL OF FORTUNE

WEEKNIGHTS 7PM/6PST

yesTV



## HAPPY Thanksgiving

from your friends at **Coffee News**



### BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

FROM \$2,549  
**\$2,299 USD**

**YMT vacations**

**1-877-699-7003**  
promo code N7017

\* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

## inogen

### FREEDOM. TO BE YOU.

**1-888-998-6714**

MKT-P0253



## COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

### PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

### If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

*They are the next Finest candles you will EVER find!*

**PSC**  
Prairie Scented Candles

**Sunset Scents**  
a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

## SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkelling

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)

Did an old relationship leave you with a significant emotional wound? If you are experiencing issues in your current relationship, you may want to consider how the past is affecting you now. Lucky numbers: 7, 11, 18, 22, 26, 47.

**TAURUS**  
(April 21 - May 21)

You may receive an unusual or unexpected opportunity to take on a project that aligns with a passionate interest of yours. To be successful, the project might require some adjustment on your part. Lucky numbers: 15, 16, 32, 37, 39, 46.

**GEMINI**  
(May 22 - June 21)

Geminis are known for having a sharp mind with quick insights. At mid-week, these qualities also may allow you to uncover some hidden depths, either in yourself or in others. Lucky numbers: 9, 12, 13, 31, 37, 43.

**CANCER**  
(June 22 - July 22)

At the end of the week, you may find yourself diving deeply into your emotional nature. Perhaps this might be a good time for obtaining new insights, rather than taking action. Lucky numbers: 17, 21, 24, 27, 34, 36.

**LEO**  
(July 23 - Aug. 23)

Many Leos have a natural inclination toward leadership. Right now, there may be an opportunity for you to incorporate a more nurturing and empathetic element into your leadership style. Lucky numbers: 6, 9, 11, 19, 31, 44.

**VIRGO**  
(Aug. 24 - Sept. 23)

Virgos often focus on the practical realities of life. However, if you reflect deeply right now, you might find an opportunity that could help you expand your view of the world. Lucky numbers: 14, 17, 19, 23, 31, 42.

**LIBRA**  
(Sept. 24 - Oct. 23)

Relationships are an important theme for Libras. For the next several weeks, deeper communications with those close to you may be your focus. Try to use your natural diplomatic skills in those conversations. Lucky numbers: 18, 21, 29, 34, 42, 48.

**SCORPIO**  
(Oct. 24 - Nov. 22)

If you have a normally intuitive nature, you may not feel like yourself right now because astrological energy might be suppressing it. Waiting a few days could help the situation improve. Lucky numbers: 2, 13, 25, 27, 29, 37.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)

Try to take advantage of this period by reviewing successes and failures during the last year. The Sun will return to your birth sign next month, initiating a new cycle. Lucky numbers: 5, 9, 14, 23, 35, 41.

**CAPRICORN**  
(Dec. 22 - Jan. 20)

You may find that there are obstacles in your path right now. You might need to work harder or perhaps change your strategy in order to help yourself get back on track. Lucky numbers: 3, 11, 19, 26, 33, 42.

**AQUARIUS**  
(Jan. 21 - Feb. 19)

Are you frustrated by a setback in a project that you may have been working hard to bring to a successful conclusion? Any frustration might be reminding you why something is important to you. Lucky numbers: 1, 10, 19, 28, 31, 39.

**PISCES**  
(Feb. 20 - March 20)

Pisces have a natural empathy for the plight of others. This quality may be heightened at the end of this week. If your helping nature drains you, consider adjusting this pattern. Lucky numbers: 4, 7, 12, 15, 16, 32.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 15.

## Did You Know...

**Helping paws:** Service dogs are highly trained to help owners who have disabilities live more independent lives. They are chosen for their temperaments, including focus, affection, gentleness, and willingness to please.

**Interesting ecosystem:** An estuary is a spot where a freshwater river meets the ocean. The fresh and salt waters mingle, with the fresh water flowing on top because it is lighter. These ecosystems are fertile grounds for plant growth.

**Cold facts:** When someone is out in cold weather, the body works to keep internal organs warm by lessening the flow of blood to the fingers and toes. That's why these digits quickly feel cold if they're not protected by warm mitts and boots!

**Reaching upward:** When it opens in late 2022, the world's second tallest building will be a 118-story skyscraper known as Merdeka 118. Located in Kuala Lumpur, Malaysia, it stands 678.8 metres (2,227 feet) high.

**Animal lover:** When American actress Julia Roberts was a child, she loved animals and wanted to become a veterinarian. However, she followed her brother Eric Roberts to Hollywood. One of her early roles was playing "Daisy" in the 1988 movie, *Mystic Pizza*.

## On the Lighter Side

Knock! Knock! Who's there? Omelet. Omelet who? Omelet smarter than I sound.

What part of a keyboard do the astronauts like best? The space bar.

Larry: "I wrote a book about rating basements."  
Barry: "What's it called?"  
Larry: "The Best Cellar List."

When you cross a rooster with yeast, you get an early riser.

I recently purchased a microwave bed. Eight hours sleep in 10 minutes!

## Answers

**Trivia answers:** 1. Lem Utzon 2. Paris 3. March 31, 1889 4. 1947 5. New South Wales, Australia

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

Locally Owned.  
Genuinely Canadian.

**Home hardware**

Al & Claire Emerson  
Dealer-Owners

780.987.3325 | 24 Athabasca Ave., Devon

Helping you rediscover **fun** in the kitchen!

## Gifts and Gadgets

Your one stop kitchen and gift shop.

**780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

## Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

**microbusiness TRAINING CENTRE INC**

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7

**780.482.4462 | www.microbusiness.ca**

Canada's HEALTHY Choice for Pets!

**GLOBAL PET FOODS**

**SENIORS' DAY** last Tuesday of every month

Save **15%**

Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc  
780-980-8711 • [www.globalpetfoods.com](http://www.globalpetfoods.com)

October is... **Dental Month**

Offering veterinary care for your pets

Dr. Sandipkumar Patel

**Southfork Animal Hospital**

101-102 Southfork Drive, Leduc  
587.274.0026 • [clinic.southforkvets@gmail.com](mailto:clinic.southforkvets@gmail.com)  
[www.southforkvets.com](http://www.southforkvets.com)

## Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

**Frontline** 780.760.6922  
frontlineconsulting.ca

## Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

**LegalShield** 1-877-579-9449

## Fast wireless home Internet with truly unlimited data.

Call 1-866-218-8782 to sign up

Go beyond. **xplore.ca** Xplore **X**