

FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"



**Sherwood Park
South Edition
780-220-6397**

www.coffee-news.ca

Vol. 19 No. 43 October 24, 2022

Everybody's Talking

No fighting: A tiny island in a Scottish lake is, historically, a place where people would go to settle arguments. It's called Eilean a' Chòmhradh, or the "Isle of Discussion," and is situated off the south shore of Loch Leven, in the western part of the country. This was an area where the MacDonald Clan lived. If people disagreed about something, the clan's chief would send them to the island to talk it out, and they weren't allowed off the island until they'd come to an agreement. Those arguing were provided with cheese, oatcakes, and alcohol. Afterward, they were taken to Eilean na Bainne, or the "Isle of Covenant," where they put their agreement in writing.

Old vine: Slovenia is home to a very old, living entity. It is a grapevine located in the city of Maribor. This vine, which still produces fruit, is thought to be the oldest living grapevine. It was likely planted in the 1500s, and has survived many things over the centuries, including wars, fires, and pestilence. It is such a beloved item of vegetation that it has its own museum called the Old Vine House, which is a historic building itself because at one time it was the city wall. Locals find it astonishing that the grapevine still grows today, and they share grafts with other cities.

All in a name: With all the letters in the English alphabet, there is no end to the names parents could concoct for their children. But a Belgian couple decided to use only four of the available 26 letters to create names for their 12 children: A, E, L and X. Gwenny Blanckaert and Marino Vaneeno's first two kids are Alex and Axel. Then came Xela, Lexa, Xael, Xeal, Exla, Leax, Xale, Elax, Alxe, and a baby yet to be named. The parents didn't intend to do this until after Alex and Axel were born, but upon realizing they'd used the same four letters, decided to continue the tradition for their whole crew. Apparently, the couple doesn't get tongue-tied with the names, but the kids' teachers do!

Sweden in Japan: Where can you find a place that is similar to Sweden, but is not located in that northern Scandinavian nation? Some folks would pick the town of Sweden Hills near Sapporo on the island of Hokkaido, Japan. This town was the brainchild of a Swedish ambassador who thought the climate there was similar to his homeland. Developers started planning the town in 1979, and today the people who live or vacation there love the Swedish feel of the place. The place looks like it's in Sweden, with its wooden red and white houses and its Swedish customs. The residents even celebrate the midsummer festival in a landscape that mirrors the countryside in Sweden.

Quoteable Quotes

"I always wanted to be someone better the next day than I was the day before."
Sidney Poitier

"The law must be stable, but it must not stand still."
Roscoe Pound

What's Happening

Nov 5 - Fabulous Fall Market Nov 5, 2022 from 9:30am to 3pm at Our Lady of Perpetual Help Church Parish Hall, 13 Brower Dr, Sherwood Park. Vendors invited - spaces, 8ft \$40 or 5ft \$30. For more information email patkeith7@gmail.com or call 780-218-8009

SEESA Fall Rummage Sale The SEESA FALL Rummage sale is back! This popular sale offers a wide array of fabulous goods at great prices! We'll also have homemade baked goods for sale. Hope to see you there!

Saturday Oct 22 10am - 3pm. Sunday Oct 23 11am - 3pm

www.seesa.ca NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Who created the pop art sculpture of "LO" above "VE"?
2. Who plays Dracula in the 1992 film Bram Stoker's Dracula?
3. This part of Earth lies between the core and the crust.
4. What is the capital of Malaysia?
5. Scotland, Wales, Ireland—which one popularized the sport of curling?

(Flip bottom of page for answers)

NOW ACCEPTING NEW CLIENTS

THOSE GUYS

GARAGE

All services performed by qualified service technicians

587-456-0164

Family Owned and Operated

241 Portage Close, Unit 140 (across from Atco Gas)

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT

and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372

BBB

Welcoming new patients!

Offering a full line of dental services, including

- ◆ Invisible Braces
- ◆ Myofunctional Therapy
- ◆ Snore and Apnea Appliances

PARK DENTAL

WELLNESS CENTRE #302, 2018 Sherwood Dr.

780.467.2444

www.parkdentalcare.ca

We are pleased to announce that Dr. Sabrina Atwal has joined our team

TRINITY

Baptist Church

Serving the community for over 40 years.
10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca

780-464-4040

East on Baseline; First left after Hwy 21
22550 Twp Road 550, Sherwood Park, AB

We've got you covered!

CALL FOR YOUR FREE ESTIMATE TODAY

Serving Edmonton and Area for Generations

ALF'S ROOFING

780.464.6464

- ◆ Specializing in residential re-roofing
- ◆ Visit our showroom today
- ◆ In business since 1976

alfsroofing.com

Personalized Investment Advice

CALL TOM, OUR MUTUAL FUND INVESTMENT SPECIALIST

Tom Ciezki Agencies

Tom Ciezki - 780.464.3279
Tom_Ciezki_Agencies@cooperators.ca

co-operators

Investing in your future. Together.

CHOOSE TOM CIEZKI AGENCIES TO HELP YOU ACHIEVE YOUR FINANCIAL GOALS

Compassionate Care for Seniors

...is Just a Smile Away!

- Transportation
- Respite Care
- In-Home Help

Shelby's Simple Solutions

780.974.7541 | esheen8@gmail.com

LANDSCAPE MAINTENANCE AND INSTALLATION

Mowing, Trimming, Edging • Fertilizing
Bed Maintenance, Weeding, Enhancements
Final Grades, Paving Stones, Retaining Walls

THREE SEASONS LANDSCAPING LTD.

780-922-4619

landscape industry certified

www.ThreeSeasonsLandscaping.ca

THIS SPACE FOR RENT

780-220-6397

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.

780.962.5220

Visit www.giftsandgadgets.ab.ca
or visit us in person at 111 First Avenue, Spruce Grove

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Sonia Sells!

SONIA TARABAY

#1 AGENT

RE/MAX ELITE (2017 - 2021)

780.707.6015

SONIASELLS.COM

Avoid These Mishaps...

Safety and Customer Satisfaction Are Our Top Priorities

Book Your Fall Cleanup Now!

Limited bookings are available for October pruning

Call now for your FREE Estimate:
780.637.9680

DISCOUNTS AVAILABLE • WCB INSURED

www.seedlingtostump.com

ART CLASSES

* Drawing * Painting * Sculpture * Portfolio Preparation

#126 150 Chippewa Road (upstairs) Sherwood Park

780.449.3824

GIFT CERTIFICATES AVAILABLE! info@artfullyyoursschool.ca
artfullyyoursschool.ca

LIMITED ENROLLMENT - REGISTER TODAY

FLAT RATE ALFA TAXI®

SERVING SHERWOOD PARK AND AREA

780.410.0667

Toll Free 1.855.688.2941

Reasonable flat rate to Airport - \$50

24 HR. SERVICE

25 WORDS OR LESS

WEEKDAYS 3PM

yesTV

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

YOUR PROUDLY CANADIAN NERD STORE!

Crescent Geek

- MUGS & COASTERS
- PURSES & WALLETS
- TOQUES & HATS
- BOARD GAMES
- PLUSHIES

Free SHIPPING IN SHERWOOD PARK!

www.CrescentGeek.com

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

SAVE 15%
OFF 6 SESSION PACKAGES
AVAILABLE ON LASER SERVICES

REGAL MEDI SPA

780.922.1118
chrystal.pearson@gmail.com

- HAIR REMOVAL
- SKIN REJUVENATION (Wrinkle Reduction, Skin Tightening & Age Spot Reduction)

BUYING A NEW HOME? LOOKING TO REFINANCE? TIME TO RENEW?

Contact your **local mortgage broker** to get started **today!**

LESLIE CAIRNS 780.570.5457
ACCREDITED MORTGAGE PROFESSIONAL

leslie@joyinmortgages.ca • www.joyinmortgages.ca

Real Estate | Wills | Contracts

HOMESTEAD LAW

Tamara D. Epple B.A., J.D.

780.243.2116
www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

WHERE FLAME MEETS FLAVOUR

PrimeTime Donair & Poutine

- Sherwood Centre - 1020 Sherwood Drive #138 Sherwood Park 587-456-9190
- Baseline Village - 222 Baseline Rd #160 Sherwood Park 780-467-6970

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500** Gift Certificate

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

Competitive Pricing
Knowledgeable Service
Great Selection
Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD. Since 1986

IF WATER RUNS THROUGH IT, WE DO IT!

LUC'S PLUMBING INC.
Your Local Plumber

CERTIFIED GASFITTER

780-405-0436
lucsplumbinginc@gmail.com

Proudly Serving Sherwood Park & Surrounding Areas
NO CALL OUT FEE IN SHERWOOD PARK!

Your Weekly Horoscope

ARIES (March 21 - April 20)



Are you frustrated by opposition you may be experiencing from other people? The situation might be improved by focusing on their needs right now, rather than primarily on your own wishes. Lucky numbers: 3, 14, 37, 40, 43, 44.

TAURUS (April 21 - May 21)



At the end of the week, you may find uncomfortable emotions surfacing unbidden from your unconscious. Although this might be painful, try to do your best to navigate them. Lucky numbers: 13, 15, 17, 20, 26, 40.

GEMINI (May 22 - June 21)



Your quick mind and ability to explain complicated information may impress others. Now might be a time to practice incorporating more empathetic diplomacy into your communication style. Lucky numbers: 1, 4, 6, 10, 42, 47.

CANCER (June 22 - July 22)



Those who are Cancer-born often are very connected to their emotions, which sometimes weighs them down. But toward the end of this week, you may find your feelings are more subdued. Lucky numbers: 8, 12, 14, 26, 32, 34.

LEO (July 23 - Aug. 23)



You may be tempted right now to just skim the surface of important matters in your life. The energy of the coming month, however, could require you to respond more deeply. Lucky numbers: 10, 17, 23, 25, 36, 42.

VIRGO (Aug. 24 - Sept. 23)



Many Virgos have a very practical and meticulous approach to life. But now might be a moment to seek out beauty, simply for the pleasure that it can bring to you. Lucky numbers: 9, 12, 13, 16, 19, 28.

LIBRA (Sept. 24 - Oct. 23)



Libras can easily fall into a pattern of focusing on the needs of others, rather than their own. The beginning of this week may be a good time to concentrate on self-care. Lucky numbers: 4, 13, 15, 18, 28, 41.

SCORPIO (Oct. 24 - Nov. 22)



Your mind and heart may be fully aligned right now. Try to use this time to review the last six months and to plan how to achieve your goals for the next six. Lucky numbers: 2, 7, 9, 10, 17, 27.

SAGITTARIUS (Nov. 23 - Dec. 21)



Your enthusiasm and optimism may receive a good boost during the middle of the week. How might you be able to use this energy to further your endeavours in a positive direction? Lucky numbers: 6, 12, 14, 17, 34, 39.

CAPRICORN (Dec. 22 - Jan. 20)



You may be experiencing anxiety from a busy schedule right now. Be careful; try not to let the stress cause you to get into an unnecessary argument with someone else. Lucky numbers: 15, 16, 21, 28, 29, 45.

AQUARIUS (Jan. 21 - Feb. 19)



You may be feeling discouraged now and might want to give up on your current endeavours. Perhaps try to be patient and trust that your hard work could pay off in time. Lucky numbers: 7, 16, 18, 30, 39, 43.

PISCES (Feb. 20 - March 20)



Now may not be the right time to rely on good fortune to manifest an untested opportunity. Asking others for advice on the matter might lead you to adjust your plan. Lucky numbers: 11, 13, 19, 26, 34, 40.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 7.

Did You Know...

Leafy green: Watercress is a leafy green that has lots of nutrients. A town called Alresford in Hampshire, England, is known for it. There it grows wild and has been cultivated since the mid-1800s.

Tiny strings: The ukulele, or "uke," is part of the guitar family. This musical instrument, which has Hawaiian roots, has four strings and a body that looks like a small guitar. There are four sizes: soprano, concert, tenor, and baritone.

Umbrella trap: Black egrets, which live in Africa, hunt by spreading their wings into an umbrella shape while wading. This reduces the glare on the water and helps lure fish into the trap. The technique is called "canopy feeding."

Hair colour: When describing hair colour, people are accustomed to using such terms as blond, brunette, brown, or gray. Hair is often called "chestnut" when it is brown, but tinged with a little bit of red. The colour can be popular among celebrities.

Wire art: Ruth Asawa (1926-2013) was a Japanese American sculptor whose interesting and renowned works included some in which she used wire as her medium. In 2020, some of her works were featured on U.S. postage stamps.

On the Lighter Side

Biff: "I heard a new joke the other day. I wonder if I told it to you."

Boff: "If it was funny, then you didn't."

How was the skunk revived after fainting? With smelling salts.

My spouse accused me of being immature. I said to get out of my fort.

Knock! Knock! *Who's there?* Rowan. *Rowan who?* Rowan a boat is hard work!

How did Pat pass the geometry test without studying? By knowing all the angles.

Answers

Trivia answers: 1. Robert Indiana 2. Gary Oldman 3. Mantle 4. Kuala Lumpur 5. Scotland

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

RETIREMENT LIVING
CHRISTENSON
Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community
1 and 2 Bedroom suites now available

Bedford Village
Centre in the Park

Scan QR Code

Full Kitchens • Social & Recreation • U/G Parking
161 Festival Way, Sherwood Park
780-233-6077
CDLhomes.com

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

"A Proven Leader in Digital Security"

- Commercial CCTV Surveillance Solutions
- Commercial Access Control Solutions
- Commercial Alarm Solutions
- Rural Farm and Acreage Solutions

EAGLE EYE SECURITY SOLUTIONS LTD.

780.570.5974 | eecuritysolutions.ca

FREE ROLLING TRAY
- WHEN YOU PRESENT THIS COUPON -
LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

99 WYE ROAD 420 SHERWOOD PARK
BUBONIC KRONIK
ECIGS VAPORIZORS BONGS

Exclusive offer for Facebook and Google Ads

Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

SCAN ME

Contact us today for your FREE no obligation consultation!

Frontline 780.760.6922

ASTER GARDENS
An OPENIA LIVING Community

Come and thrive in our Memory Care program, designed with you in mind.

Take our two minute assessment. Just scan the code below!

Call us to ask questions or take a tour.

astergardens.ca/memory-care
7 Brower Dr, Sherwood Park, AB 780.902.7837