

**ADMISSION AND PARKING ARE FREE!**

## FALL AUCTION

presented by the **EDMONTON Stamp CLUB**

**Sat., Nov. 5 | 1:30-4:30 p.m.**  
Central Lions Rec Centre (11113-13 St.)

Just \$2 will provide you with a "one day" Edmonton Stamp Club Membership to attend the ESC Fall auction. It will also buy you a "bidding" card, to participate in the auctioning of over 200 stamp, postcard and cover related lots. This includes Canada, Worldwide and Topical collections.

**1/2 PRICE MEMBERSHIPS TO ESC**

Full details at [www.edmontonstampclub.ca](http://www.edmontonstampclub.ca)

**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Ellerslie East Edition**

**780-220-6397**

[www.coffee-news.ca](http://www.coffee-news.ca)

Est. 1988

**WINTER SPECIAL**  
Complimentary Hair Treatment with any colour service, customized to your hair's needs OR Complimentary Paraffin, Scrub or Massage to your Manicure or Pedicure

## Clarity

SALON & SPA

780.761.5959  
965 James Mowatt Tr. SW  
[www.claritysalonandspa.ca](http://www.claritysalonandspa.ca)

**WE COME TO YOU!**

## NERDS2YOU

VIRUS REMOVAL & COMPUTER REPAIR

**ONSITE COMPUTER REPAIR**

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

**587-772-NERD(6373)**

FAST, FRIENDLY AND PROFESSIONAL  
DEBIT, VISA AND MASTERCARD ACCEPTED

[NERDS2YOU.CA](http://NERDS2YOU.CA)

Are you a business owner/office manager?  
Have 3-20 employees in your office?  
Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

## TRINITY Baptist Church

Serving the community for over 40 years.  
10:30 AM Sunday Worship Service

[www.tbcsherwoodpark.ca](http://www.tbcsherwoodpark.ca)

**780-464-4040**

East on Baseline; First left after Hwy 21  
22550 Twp Road 550, Sherwood Park, AB

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

Mon - Sat 8:30 am - 7 pm  
Sunday 10 am - 6 pm

## MILLWOODS Bottle Depot

2830 Parsons Road  
(south extension of 99th St. above South Edmonton Common)

[mybottledepot.ca](http://mybottledepot.ca)

**14 receiving stations to serve you REALLY FAST!**

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

**BETTER SERVICE. BETTER MARKETING. BETTER RESULTS.**

## JAY BERG GROUP

REAL ESTATE PROFESSIONALS - GETTING YOU ON THE MOVE

A PASSION FOR PEOPLE.  
A PASSION FOR REAL ESTATE.

CALL JAY TODAY!  
**780.819.BERG (2374)**  
[www.JayBerg.com](http://www.JayBerg.com)

## COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

### PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Don't know where to start...?

**WE CAN HELP!**  
CONTACT THE EXPERIENCED PROFESSIONALS AT

## HOME & OFFICE HANDYMAN services

780.940.2127 | [www.HOHS.ca](http://www.HOHS.ca)

Give Us Your List. We'll Do The Rest.

## Everybody's Talking

**Pet-friendly hotel:** Anyone wishing to go on a holiday in Gloucester, England, who doesn't want to leave a pet canine behind, simply needs to make a reservation at the Tewkesbury Park Hotel. This hotel offers many activities for pet owners, such as playing golf, going for walks, enjoying a game of tennis, or having a spa treatment. Likewise, their canine companions can lounge in the luxurious rooms on their doggie beds, enjoy doggie treats, and wander through the gardens. Not only that, but guests are allowed to take their pet to dinner at the Piano Lounge, where both human and animal patrons can enjoy a meal of their liking.

**Nap time:** Folks in Hong Kong who have trouble getting a good night's sleep can try to have an extended nap on the Bus Sleeping Tour. This tour, run by Ulu Travel, encourages riders to bring their slippers and pillows so they can curl up to snooze. The double-decker bus then kicks into gear for a five-hour, 76-kilometre (47-mile) ride around the area. The idea originated with Kenneth Kong, Ulu's marketing manager, who knows people who struggle with insomnia. Since many people find they are able to sleep on public transit during their commutes, Kong thought the Bus Sleeping Tour might attract some customers. Tickets are reasonably priced, and riders get a free eye mask and earplugs.

**Bad handwriting:** While a retired man named Alan Slattery may have been successful at robbing a bank in England, his sloppy handwriting is the reason he was unsuccessful in his first attempt, and his lack of penmanship eventually led to his apprehension by police. Slattery walked into a bank in Eastbourne, East Sussex, and handed a threatening note to a teller, but the teller couldn't read it because of the sloppy writing. Slattery ended up running away without any stolen money. Later, with the note as evidence and video footage from another robbery, police were able to catch and arrest the thief.

**Spinning house:** A retired man in Srbc, Bosnia, wanted to make sure his wife would always have interesting views of the world. So Vojin Kusic decided to build a new home with a special feature: he designed it to rotate. He studied methods to bring his dream to fruition, and after six years of planning and building, the home was complete. It uses a rotating mechanism that runs on electric motors and employs wheels that were once used on a large transport vehicle. Now, Kusic's wife can choose to have the house rotate as slowly as once every 24 hours, or at the dizzying rate of once every 22 seconds.

## Quoteable Quotes

"There is no joy but calm!" —Alfred, Lord Tennyson  
"If you are idle, be not solitary; if you are solitary, be not idle." —Samuel Johnson

## What's Happening

**Nov 5 - Fabulous Fall Market** Nov 5, 2022 from 9:30am to 3pm at Our Lady of Perpetual Help Church Parish Hall, 13 Brower Dr, Sherwood Park. Vendors invited - spaces, 8ft \$40 or 5ft \$30. For more information email [patkeith7@gmail.com](mailto:patkeith7@gmail.com) or call 780-218-8009

**Nov 18 - Classic Albums Live** and its roster of A-list musicians from across the country will be performing Billy Joel's The Stranger exactly as you remember hearing it, note for note, cut for cut. 7:30 PM. Shell Theatre, 8700 - 84 Street Fort Saskatchewan

**Oct 29 - 2022 Firefighters Ball** Westlock Memorial Hall, 9903106 Street. Cocktails: 5 p.m. Dinner: 6:30 p.m. [hhowey@westlock.ca](mailto:hhowey@westlock.ca) or 780-350-2112 for tickets

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

- Who was the original lead singer of the Byrds?
- What foreign-language film won the Best Oscar in 2020?
- Braille began as "night writing" for military communications T/F?
- What element was named for the planet Neptune?
- Guinness Book of World Records says the largest snowflake was how big?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

## THIS SPACE FOR RENT

**780-220-6397**

FROM **\$85** A MONTH

## ONKAR INSURANCE BROKERS

**DRUG AND DENTAL PLANS**

LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE  
RESP PLANS (up to \$9200 grants + 15% bonus)

**Vikram Saggi**  
780-999-3000

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:  
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Reader of the Month**  
Bibian Lloren from Edmonton

**Coffee News®** Fun Reading. Serious Advertising.

**Exclusive Offer!**

Coffee News Readers - Receive **\$100 OFF** their Website Development!

\*Mention this ad to redeem!

SCAN ME

**Frontline**  
web consulting  
(780) 760-6922  
[FRONTLINECONSULTING.CA](http://FRONTLINECONSULTING.CA)

**BEST OF HAWAII FOUR-ISLAND TOUR**

12 days, departs year-round

FROM \$2,549  
**\$2,299** USD

**VMT vacations** 1-877-699-7003  
promo code N7017

\* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

**PSC Prairie Scented Candles**

**Sunset Scents**  
a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)


**WE CLEAN YOUR HOME LIKE IT'S OUR OWN!**

- Weekly/Biweekly/Monthly Personalized Cleans
- Residential and Small Business
- Move In/Outs
- Pest Control Clean Up

**ASK ABOUT OUR SENIORS' RATES!**


**NOBODY CLEANS LIKE MOM**  
780.700.6686 • [www.nobodycleanslikemom.com](http://www.nobodycleanslikemom.com)

**MEMBERSHIP OPPORTUNITIES**  
at  
**The Edmonton Petroleum Golf & Country Club**  
- EDMONTON'S PREMIER PRIVATE GOLF DESTINATION -



- Tee time bookings exclusively with no ballot system
- 14-day advanced shareholder bookings
- Conveniently located just 10 minutes from south Edmonton

**NEW PRACTICE FACILITY INCLUDING 3-HOLE PRACTICE LOOP**



For more information, please visit  
**epgcc.ab.ca** **THE P CLUB**

**Congratulations**  
to August's  
**Coffee News Guy**  
contest winners!



**Andrew Ong**  
**Joyce Wieler**  
**Brenda Moore**  
**Lacie Beck**

Your prizes are in the mail!

Enter today for your chance to win at  
[www.coffee-news.ca](http://www.coffee-news.ca)

**inogen**

**FREEDOM. TO BE YOU.**



1-888-998-6714 MKT-P0253

Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

**Make-A-Wish.**  
Visit [makeawish.ca](http://makeawish.ca)

**Need ONE More Reason to Join?**

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!  
**1-877-579-9449**

**LegalShield**

**RETIREMENT LIVING**  
**CHRISTENSON**  
Optional Meals • Personalized Services • On-site Care

**Join Our Safe & Social Community**  
1 and 2 Bedroom suites now available



**DEVONSHIRE VILLAGE**

Scan QR Code

Full Kitchens • Social & Recreation • U/G Parking

1728 Rabbit Hill Road, Edmonton  
**780-934-6636**  
CDLhomes.com



# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)

Your normal confidence level may be taking a hit right now. Perhaps consider how you might be sabotaging yourself because of an old emotional wound, and how to address it. Lucky numbers: 18, 21, 22, 27, 30, 39.

**TAURUS**  
(April 21 - May 21)

At the end of the week, you may encounter someone whose charisma is very attractive to you. Enjoy the experience but don't make any serious decisions at this time. Lucky numbers: 9, 11, 12, 30, 32, 34.

**GEMINI**  
(May 22 - June 21)

You may feel out of sync with others right now. Perhaps an adjustment in your view of the situation would improve your interactions with them. Avoid the temptation to argue right now. Lucky numbers: 3, 5, 15, 30, 32, 37.

**CANCER**  
(June 22 - July 22)

Is there a goal or cause that you feel particularly passionate about achieving? Right now may be a good time to try to recruit others to assist you in this endeavour. Lucky numbers: 6, 16, 20, 33, 34, 44.

**LEO**  
(July 23 - Aug. 23)

You may feel that others are placing obstacles in the way of what you are trying to achieve. You may want to explore what underlying dynamic is driving your belief. Lucky numbers: 17, 18, 23, 24, 27, 48.

**VIRGO**  
(Aug. 24 - Sept. 23)

Do you have a hard time requesting assistance? Others might be more receptive right now, so this may be a good time for you to start to practice asking for help. Lucky numbers: 7, 12, 36, 38, 40, 43.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 33.

**LIBRA**  
(Sept. 24 - Oct. 23)

You may have been trying, without success, to show the world your unique and authentic self. A deep dive into your unconscious could reveal a new opportunity to do exactly that. Lucky numbers: 2, 3, 5, 10, 15, 23.

**SCORPIO**  
(Oct. 24 - Nov. 22)

The Sun returns to your birth sign this month, providing an opportunity to make a new plan for your life. Consider one that allows you to manifest something particularly important to you. Lucky numbers: 16, 18, 21, 32, 39, 40.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)

Are you having trouble settling on what you want to do next in your life? An approach that might help could be to first understand what you believe in, and then move forward. Lucky numbers: 8, 10, 24, 27, 30, 46.

**CAPRICORN**  
(Dec. 22 - Jan. 20)

Your self-confidence may receive a much needed boost right now. How do you want to use this positive energy to help you fulfill a wish or dream that you have long treasured? Lucky numbers: 10, 12, 13, 26, 44, 45.

**AQUARIUS**  
(Jan. 21 - Feb. 19)

At the beginning of the week, your thoughts and feelings may be well balanced. You might use this time to devise a plan to address any issues you are experiencing now. Lucky numbers: 5, 8, 15, 19, 30, 33.

**PISCES**  
(Feb. 20 - March 20)

At mid-week, you may be feeling particularly emotional. Find a positive outlet for your thoughts, so you don't wallow in them unnecessarily. If you can, postpone any important decisions now. Lucky numbers: 1, 6, 21, 38, 41, 42.

## Did You Know...

**Mind for chess:** Zoltan Sarosy, who immigrated to Toronto, Ontario (Canada), from Hungary in the 1950s, was a chess master all his life. He was still playing the game just a couple of years before he died in 2017 at age 110.

**Athletic actor:** Douglas Fairbanks (1883-1939) was an American actor in the time of silent films, such as *Robin Hood*, *The Mark of Zorro*, and *The Thief of Bagdad*. He was athletic and performed most of his own stunts.

**Edible weed:** Plantain weed (not the banana-like fruit) is an edible weed that grows in urban environments, from pavement cracks to playgrounds. It can be eaten raw or cooked in soups and stews, and has been shown to help decrease inflammation.

**Big animals:** There is a breed of cattle that originated in Italy called Chianina. This breed is the largest in the world. These animals have long legs, well-defined muscles, and long, straight faces.

**All lit up:** Horsetail Fall in Yosemite National Park in the United States is an ephemeral waterfall. In late winter, when the snowmelt provides enough water, the setting sun causes it to light up, a phenomenon known as "firefall."

## On the Lighter Side

Knock! Knock! Who's there? Max. Max who? Max no difference to me.

Why don't monkeys play cards in the jungle? Too many cheetahs.

Jeff: "Hey! I have music in my feet!"  
Joy: "Yes, two flats!"

Why was the nail so unhappy? The carpenter kept hitting it on the head.


The pilot liked to be alone. But even for him, flying a drone was too remote.

## Answers

**Trivia answers:** 1. Jim (Roger) McGinn 2. Parasite 3. True 4. Neptunium 5. 15" x 8"

For available franchise opportunities - visit [coffeeneWSCanada.com](http://coffeeneWSCanada.com)  
© Published with Permission by Capital Marketing Ltd

**BLUE BLOODS**  
MON - THURS 9:00  
yesTV



**ELECTRICIAN FOR HIRE**  
Residential  
Light Commercial  
Electrical Repairs and Renovations

Art de Leon Master Electrician

**780.932.3858** Cell  
[ajdeleon63@gmail.com](mailto:ajdeleon63@gmail.com)



**Happy Halloween**

from your friends at  
**Coffee News**



**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**

For Expert Help:  
**1.844.453.5372**

FREE ASSESSMENT CALL TODAY!



Call today and receive a  
**FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445



**Recipe of the month**

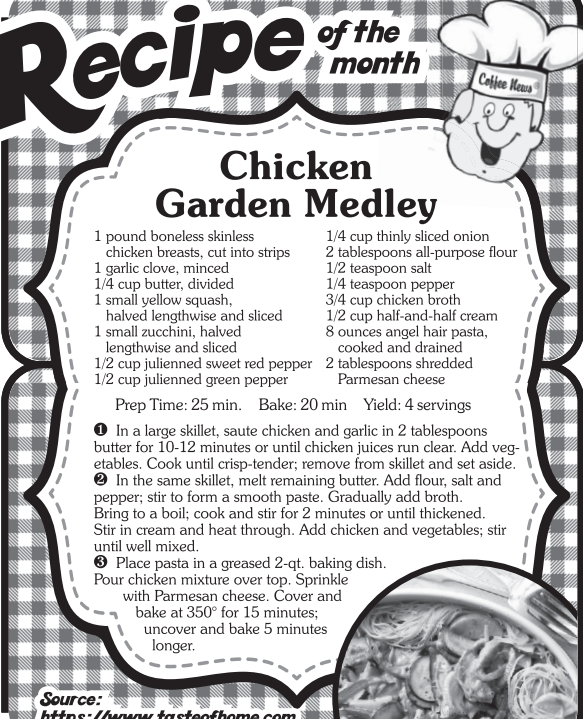
**Chicken Garden Medley**

1 pound boneless skinless chicken breasts, cut into strips  
1 garlic clove, minced  
1/4 cup butter, divided  
1 small yellow squash, halved lengthwise and sliced  
1 small zucchini, halved lengthwise and sliced  
1/2 cup julienned sweet red pepper  
1/2 cup julienned green pepper  
2 tablespoons all-purpose flour  
1/2 teaspoon salt  
1/4 teaspoon pepper  
3/4 cup chicken broth  
1/2 cup half-and-half cream  
8 ounces angel hair pasta, cooked and drained  
2 tablespoons shredded Parmesan cheese

Prep Time: 25 min. Bake: 20 min Yield: 4 servings

- 1 In a large skillet, saute chicken and garlic in 2 tablespoons butter for 10-12 minutes or until chicken juices run clear. Add vegetables. Cook until crisp-tender; remove from skillet and set aside.
- 2 In the same skillet, melt remaining butter. Add flour, salt and pepper; stir to form a smooth paste. Gradually add broth. Bring to a boil; cook and stir for 2 minutes or until thickened. Stir in cream and heat through. Add chicken and vegetables; stir until well mixed.
- 3 Place pasta in a greased 2-qt. baking dish. Pour chicken mixture over top. Sprinkle with Parmesan cheese. Cover and bake at 350° for 15 minutes; uncover and bake 5 minutes longer.

Source: <https://www.tasteofhome.com>



**STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP**  
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT  
**thecomicrostrip.ca**

Rick Bronson's  
**THE COMIC STRIP**  
DRINK • DINE • LAUGH

