

Affordable-Effective-Exclusive-CALL NOW!

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

Mon - Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

BEST IN THE CITY!

FREE! New Issue Every Week!

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Leduc - Nisku Edition

780-220-6397

www.coffee-news.ca

Est. 1988

DELIVERY PERSON NEEDED

...to deliver **Coffee News**!

- Deliver CN to restaurants and other locations
- Part-time position

Interested?
Please email your résumé to info@coffee-news.ca

Congratulations to September's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Enter today for your chance to win at www.coffee-news.ca

Marlys Zee
Marilyn Eschyshyn
Cathy Blachand
Melanie Spence

Vol. 19 No. 44 October 31, 2022

Everybody's Talking

Pet-friendly hotel: Anyone wishing to go on a holiday in Gloucester, England, who doesn't want to leave a pet canine behind, simply needs to make a reservation at the Tewkesbury Park Hotel. This hotel offers many activities for pet owners, such as playing golf, going for walks, enjoying a game of tennis, or having a spa treatment. Likewise, their canine companions can lounge in the luxurious rooms on their doggie beds, enjoy doggie treats, and wander through the gardens. Not only that, but guests are allowed to take their pet to dinner at the Piano Lounge, where both human and animal patrons can enjoy a meal of their liking.

Nap time: Folks in Hong Kong who have trouble getting a good night's sleep can try to have an extended nap on the Bus Sleeping Tour. This tour, run by Ulu Travel, encourages riders to bring their slippers and pillows so they can curl up to snooze. The double-decker bus then kicks into gear for a five-hour, 76-kilometre (47-mile) ride around the area. The idea originated with Kenneth Kong, Ulu's marketing manager, who knows people who struggle with insomnia. Since many people find they are able to sleep on public transit during their commutes, Kong thought the Bus Sleeping Tour might attract some customers. Tickets are reasonably priced, and riders get a free eye mask and earplugs.

Bad handwriting: While a retired man named Alan Slattery may have been successful at robbing a bank in England, his sloppy handwriting is the reason he was unsuccessful in his first attempt, and his lack of penmanship eventually led to his apprehension by police. Slattery walked into a bank in Eastbourne, East Sussex, and handed a threatening note to a teller, but the teller couldn't read it because of the sloppy writing. Slattery ended up running away without any stolen money. Later, with the note as evidence and video footage from another robbery, police were able to catch and arrest the thief.

Spinning house: A retired man in Srbc, Bosnia, wanted to make sure his wife would always have interesting views of the world. So Vojin Kusic decided to build a new home with a special feature: he designed it to rotate. He studied methods to bring his dream to fruition, and after six years of planning and building, the home was complete. It uses a rotating mechanism that runs on electric motors and employs wheels that were once used on a large transport vehicle. Now, Kusic's wife can choose to have the house rotate as slowly as once every 24 hours, or at the dizzying rate of once every 22 seconds.

Quoteable Quotes

"There is no joy but calm!" —Alfred, Lord Tennyson
"If you are idle, be not solitary; if you are solitary, be not idle." —Samuel Johnson

What's Happening

Wednesday's - Family Fun Nights No need to rush out of the house after a long day of work and school. Join us online for an evening of laughs and giggles. Each FREE session is 6 to 7 p.m. Visit www.leduc.ca/frn for more info

Oct 30 to 31 - Free Haunted House Come experience Nightmare on Athapaskan, 3 time Award winning Haunted House with the Canadian Haunters Association including Best Rookie Home Haunt in Canada 2019

26 Athapaskan Dr. Leduc AB, Open October 30th and 31st. 5-10pm
Vetrans Foodbank collection Nov 13 - Devon Christmas Arts Market Kicking off the x-mas season with our amazing artists and artisans. Noon to 4 pm, Devon Community Centre 20 Haven Ave. Devon

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

WHEEL OF FORTUNE

WEEKNIGHTS 7PM/6PST
yesTV

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

Happy Halloween

from your friends at **Coffee News**

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

THIS SPACE FOR RENT

780-220-6397

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:

- Your name
- Your phone number
- Your address

so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
Jessica Montgomery from Hinton

Coffee News® Fun Reading. Serious Advertising.

What's In Your Glass? HUGE SELECTION with R&R

Alberta Has It All

"Flatlands and rollin' plains, clear blue skies, prairie rains; a tapestry of colours in the fall. Snow covered mountain tops, wheat fields, canola crops; Alberta has it all." This is from our Alberta provincial anthem. That's just a smidge of it, because if we wrote the whole thing, well, you would miss our monthly wit and wisdom. Okay, maybe just our wit (haha).

There's no part in the anthem about our liquid assets. We mean of the alcohol type, of course. We make some wicked products in Alberta.

Nutri Juic'd Blood Orange/ Fruit Punch 6 pk.....	\$13.71*
Blindman Dry Hopped Kettle Sour 4 pk.....	\$14.85*
Strathcona Spirits Seaberry Gin.....	\$49.42*
White Owl Coconut Whisky.....	\$36.09*
Alberta Premium Whisky 1.14L.....	\$35.13*
Rig Hand Double Double.....	\$35.13*

* Price does not include GST or health deposit.

Come on everybody. Let's celebrate Alberta made products. We've got a ton to salute. Cheers!

www.leduccoopliquor.com

Leduc Co-op Liquor

103-100B Deer Valley Dr. • 780.980.5139

Canada's HEALTHY Choice for Pets!

GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month

Save **15%**

Restrictions may apply. Inquire in store.

1503 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com

Trivia

- Who was the original lead singer of the Byrds?
- What foreign-language film won the Best Oscar in 2020?
- Braille began as "night writing" for military communications T/F?
- What element was named for the planet Neptune?
- Guinness Book of World Records says the largest snowflake was how big?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd
(Over)

Recipe of the month

Pumpkin Lasagna

1/2 pound sliced fresh mushrooms
1 small onion, chopped
1/2 teaspoon salt, divided
2 teaspoons olive oil
1 can (15 ounces) solid-pack pumpkin
1/2 cup half-and-half cream
1 teaspoon dried sage leaves

Dash pepper
9 no-cook lasagna noodles
1 cup reduced-fat ricotta cheese
1 cup shredded part-skim mozzarella cheese
3/4 cup shredded Parmesan cheese

Prep Time: 25 min. Bake: 55 min. + standing
Yield: 6 servings

- In a small skillet, saute the mushrooms, onion and 1/4 teaspoon salt in oil until tender; set aside. In a small bowl, combine pumpkin, cream, sage, pepper and remaining salt.
- Spread 1/2 cup pumpkin sauce in an 11x7-in. baking dish coated with cooking spray. Top with 3 noodles (noodles will overlap slightly). Spread 1/2 cup pumpkin sauce to edges of noodles. Top with half of mushroom mixture, 1/2 cup ricotta, 1/2 cup mozzarella and 1/4 cup Parmesan cheese. Repeat layers. Top with remaining noodles and sauce.
- Cover and bake at 375° for 45 minutes. Uncover; sprinkle with remaining Parmesan cheese. Bake 10-15 minutes longer or until cheese is melted. Let stand for 10 minutes before cutting.

Source: <https://www.tasteofhome.com>

CN-Proudly printed by One to One Mailing

Happy Endings start here!

Wherever you are on life's journey, I am here to help. Buying, selling... for all your real estate needs, contact me today!



Doreen Noppers REAL ESTATE PROFESSIONAL
C: 780-885-7398
 doreen.noppers@royallepage.ca

ROYAL LEPAGE
 NORALTA REAL ESTATE
 O: 780.962.4950
 202 Main Street
 Spruce Grove T7X 0G2

Your Weekly Horoscope

ARIES (March 21 - April 20)
 You normal confidence level may be taking a hit right now. Perhaps consider how you might be sabotaging yourself because of an old emotional wound, and how to address it. Lucky numbers: 18, 21, 22, 27, 30, 39.

TAURUS (April 21 - May 21)
 At the end of the week, you may encounter someone whose charisma is very attractive to you. Enjoy the experience but don't make any serious decisions at this time. Lucky numbers: 9, 11, 12, 30, 32, 34.

GEMINI (May 22 - June 21)
 You may feel out of sync with others right now. Perhaps an adjustment in your view of the situation would improve your interactions with them. Avoid the temptation to argue right now. Lucky numbers: 3, 5, 15, 30, 32, 37.

CANCER (June 22 - July 22)
 Is there a goal or cause that you feel particularly passionate about achieving? Right now may be a good time to try to recruit others to assist you in this endeavour. Lucky numbers: 6, 16, 20, 33, 34, 44.

LEO (July 23 - Aug. 23)
 You may feel that others are placing obstacles in the way of what you are trying to achieve. You may want to explore what underlying dynamic is driving your belief. Lucky numbers: 17, 18, 23, 24, 27, 48.

VIRGO (Aug. 24 - Sept. 23)
 Do you have a hard time requesting assistance? Others might be more receptive right now, so this may be a good time for you to start to practice asking for help. Lucky numbers: 7, 12, 36, 38, 40, 43.

LIBRA (Sept. 24 - Oct. 23)
 You may have been trying, without success, to show the world your unique and authentic self. A deep dive into your unconscious could reveal a new opportunity to do exactly that. Lucky numbers: 2, 3, 5, 10, 15, 23.

SCORPIO (Oct. 24 - Nov. 22)
 The Sun returns to your birth sign this month, providing an opportunity to make a new plan for your life. Consider one that allows you to manifest something particularly important to you. Lucky numbers: 16, 18, 21, 32, 39, 40.

SAGITTARIUS (Nov. 23 - Dec. 21)
 Are you having trouble settling on what you want to do next in your life? An approach that might help could be to first understand what you believe in, and then move forward. Lucky numbers: 8, 10, 24, 27, 30, 46.

CAPRICORN (Dec. 22 - Jan. 20)
 Your self-confidence may receive a much needed boost right now. How do you want to use this positive energy to help you fulfill a wish or dream that you have long treasured? Lucky numbers: 10, 12, 13, 26, 44, 45.

AQUARIUS (Jan. 21 - Feb. 19)
 At the beginning of the week, your thoughts and feelings may be well balanced. You might use this time to devise a plan to address any issues you are experiencing now. Lucky numbers: 5, 8, 15, 19, 30, 33.

PISCES (Feb. 20 - March 20)
 At mid-week, you may be feeling particularly emotional. Find a positive outlet for your thoughts, so you don't wallow in them unnecessarily. If you can, postpone any important decisions now. Lucky numbers: 1, 6, 21, 38, 41, 42.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 33.

Did You Know...

Mind for chess: Zoltan Sarosy, who immigrated to Toronto, Ontario (Canada), from Hungary in the 1950s, was a chess master all his life. He was still playing the game just a couple of years before he died in 2017 at age 110.

Athletic actor: Douglas Fairbanks (1883-1939) was an American actor in the time of silent films, such as *Robin Hood*, *The Mark of Zorro*, and *The Thief of Bagdad*. He was athletic and performed most of his own stunts.

Edible weed: Plantain weed (not the banana-like fruit) is an edible weed that grows in urban environments, from pavement cracks to playgrounds. It can be eaten raw or cooked in soups and stews, and has been shown to help decrease inflammation.

Big animals: There is a breed of cattle that originated in Italy called Chianina. This breed is the largest in the world. These animals have long legs, well-defined muscles, and long, straight faces.

All lit up: Horsetail Fall in Yosemite National Park in the United States is an ephemeral waterfall. In late winter, when the snowmelt provides enough water, the setting sun causes it to light up, a phenomenon known as "firefall."

On the Lighter Side

Knock! Knock! Who's there? Max. Max who? Max no difference to me.

Why don't monkeys play cards in the jungle? Too many cheetahs.

Jeff: "Hey! I have music in my feet!"
 Joy: "Yes, two flats!"

Why was the nail so unhappy? The carpenter kept hitting it on the head.

The pilot liked to be alone. But even for him, flying a drone was too remote.

Answers

Trivia answers: 1. Jim (Roger) McGuinn 2. Parasite 3. True 4. Neptunium 5. 15" x 8"

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

GENERAC

Prepare for power outages today

WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty* An \$895 Value!

REQUEST A FREE QUOTE
 CALL NOW BEFORE THE NEXT POWER OUTAGE
(888) 688-0973

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

HOME

93.1 FM

LEDUC'S BEST COUNTRY

Stumbling Blocks Team Building Seminars

Fun, Informative and Highly Interactive

Book Barbara Today!
780-722-3188

BARBARAMAY.COM | STUMBLING-BLOCKS.COM

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
 Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Call today to book your appointment!

We only want to make you SMILE

Millet Denture Clinic

780.387.3311 • 5022 - 50 Street, Millet
 BARB UNGER, DD • barb@milletdenture.ca

Get More Traffic, Leads & Sales



SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting
 780.760.6922
frontlineconsulting.ca

Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

Make-A-Wish.
 Visit makeawish.ca

inogen

FREEDOM. TO BE YOU.

1-888-998-6714 MKT-P0253

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500** Gift Certificate

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

✓ Competitive Pricing
 ✓ Knowledgeable Service
 ✓ Great Selection
 ✓ Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD. Since 1986

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

YMT vacations

FROM \$2,549
\$2,299 USD

1-877-699-7003
 promo code N7017

* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

October is... **Dental Month**

Offering veterinary care for your pets

Dr. Sandipkumar Patel

Southfork Animal Hospital

101-102 Southfork Drive, Leduc
 587.274.0026 • clinic.southforkvets@gmail.com
www.southforkvets.com

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC
 Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

Visit us on Facebook-CoffeeNewsWeekly