

www.sellerdirectnorthernhomes.com

FIND OUT HOW YOU CAN
SAVE UP TO 50%!
ON COMMISSIONS
WHEN YOU **SELL**
with Seller Direct Northern Homes Realty

How We Get Your House SOLD:

- ✓ 300+ Websites
- ✓ Social Media Ads
- ✓ QR Code to all your home's features right on your For Sale Sign
- ✓ 3D Tours & Professional Photos

WE HELP BUYERS, TOO!

AND MORE!

At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About **OPTIONS!**

sellerdirect
Northern Homes Realty

Diana Noble
Owner/Broker

780.638.4800

PROUDLY SERVING EDMONTON & SURROUNDING AREAS

Fast wireless home Internet with **truly unlimited data.**

Call 1-866-218-8782 to sign up

Go beyond. xplora.ca xplora

Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

780.421.1177

www.smallmiraclesadoption.com

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

FROM \$2,549
\$2,299*
USD

1-877-699-7003
promo code N7017

YMT vacations

* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7

780.482.4462 | www.microbusiness.ca

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500** Gift Certificate

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

- ✓ Competitive Pricing
- ✓ Knowledgeable Service
- ✓ Great Selection
- ✓ Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD.
Since 1986

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Fort Sask and Area Edition

780-220-6397

www.coffee-news.ca

Est. 1988

BLUE BLOODS

MON - THURS 9:00

yesTV

Vol. 19 No. 45 November 7, 2022

Everybody's Talking

Winning ticket: Brian Woodle always wanted to own and operate an automobile repair shop, so while he and his wife were raising their family, he scrimped and saved to make his dream come true. But, as it turned out, he didn't really need to do that. On the very day he opened his shop in Callahan, Florida (U.S.), Woodle discovered that he'd bought a winning lottery ticket. Purchased at a convenience store for a mere \$5, the ticket wound up being worth \$1 million (USD). While the hard work of saving money will always be worthwhile, having this much of a head start on a new business venture always helps.

Snake catcher: Fortunately, Helaina Alati knows a few things about snakes. A wildlife rescuer in Australia, the young woman has helped to round up about 20 of these reptiles over the course of her career. So it was quite fortuitous that she was the shopper who came face-to-face with a python lurking in the spice aisle of a supermarket in Sydney. Remaining calm, Alati was immediately able to identify the type of snake and knew it was not venomous. She let the store's staff know the location of the snake, and then went home to fetch a snake bag. It only took a few minutes for the python to slither into the bag, after which Alati released him into the bush. No harm done!

A calm place: At the Jewel Changi Airport in Singapore, travelers can spend their time between flights at a unique attraction: an indoor garden called Shiseido Forest Valley. The forest has over 900 trees and 60,000 shrubs, spread out over four levels. The area has a display of changing lights of different colours that illuminate the vegetation, making the whole environment seem magical, which is calming to weary travelers. The installation is also linked to sounds that help visitors ignore outside noise and, instead, relax into the depths of the forest. Scent also plays a part in the experience, with the aromas of rose and lotus wafting through the branches.

Elevator elevation: Hunan Province in China is home to the world's tallest outdoor elevator. This feat of engineering is located in the Wulingyuan Scenic area, which offers breathtaking mountain views, including columns of sandstone formations. The elevator was built by a German company and dozens of local contractors. It's known as the Bailong Elevator or the Hundred Dragons Elevator. It rises up a sheer cliff to a height of approximately 330 metres (1,070 feet). Before the elevator was completed in 2002, visitors seeking the expansive vistas had to drive for hours on treacherous roads to reach this scenic viewing area.

Quoteable Quotes

"I just make it my business to get along with people so I can have fun. It's that simple."
—Betty White

"Give me again my hollow tree, A crust of bread, and liberty."
—Alexander Pope

What's Happening

Nov 18 - Classic Albums Live and its roster of A-list musicians from across the country will be performing Billy Joel's The Stranger exactly as you remember hearing it, note for note, cut for cut. 7:30 PM. Shell Theatre, 8700 - 84 Street Fort Saskatchewan

Nov 5 - Fabulous Fall Market Nov 5, 2022 from 9:30am to 3pm at Our Lady of Perpetual Help Church Parish Hall, 13 Brower Dr, Sherwood Park. Vendors invited - spaces, 8ft \$40 or 5ft \$30. For more information email patkeith7@gmail.com or call 780-218-8009

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

* Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

THIS SPACE FOR RENT

780-220-6397

Avoid These Mishaps...

Safety and Customer Satisfaction Are Our Top Priorities

Book Your Fall Cleanup Now!

Limited bookings are available for October pruning

Tree & Garden Service

Seedling to STUMP

Call now for your FREE Estimate:
780.637.9680

DISCOUNTS AVAILABLE • WCB INSURED

www.seedlingstostump.com

OFFERING YOU THE BEST SOLUTION FOR YOUR VEHICLE

TRINITY AUTOMOTIVE

COURTESY CARS AVAILABLE

780-953-9795
TRINITYAUTO9795GMAIL.COM
#120, 11870 88 AVE FORT SASK.

HONEST, RELIABLE, INCLUSIVE AUTOMOTIVE SERVICE

Lest We Forget

Coffee News® remembers and honours our heroes

WEBSITES From \$129/Month

(780) 760-6922

FRONTLINECONSULTING.CA

GENERAC

Prepare for power outages today

WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty* An \$895 Value!

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(888) 688-0973

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

Trivia

1. What year was Charles de Gaulle elected president of France?
2. The dune buggy was invented by ____.
3. On which continent is the mountain range Annamese Cordillera?
4. Which flying bird has the largest wingspan?
5. Niagara Falls is located in New York (U.S.) and what Canadian province?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.

Visit makeawish.ca

Visit us on Facebook-CoffeeNewsWeekly

IF WATER RUNS THROUGH IT, WE DO IT!
LUC'S PLUMBING INC.
Your Local Plumber
 CERTIFIED GASFITTER
780-405-0436
 lucsplumbinginc@gmail.com
 Proudly Serving Fort Saskatchewan & Surrounding Areas



Love Coffee News?
 Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!
 Send your selfie to contests@coffee-news.ca
 Please put "Readers" in the subject line.
 Please include:
 • Your name • Your phone number and • Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!
Reader of the Month
 Jessica Montgomery from Hinton
Coffee News Fun Reading. Serious Advertising.



Real Estate | Wills | Contracts
HOMESTEAD
 L A W
 Tamara D. Epple B.A., J.D.
 780.243.2116
www.homesteadlaw.ca
 "OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"
 CONVENIENTLY LOCATED JUST OFF THE YELLOWHEAD IN SHERWOOD PARK



ART CLASSES
Artfully Yours
 School of Fine Art
 • Drawing • Painting • Sculpture • Portfolio Preparation
 #126 150 Chippewa Road (upstairs) Sherwood Park
LIMITED ENROLLMENT - REGISTER TODAY
780.449.3824
 info@artfullyyoursschool.ca
artfullyyoursschool.ca
 GIFT CERTIFICATES AVAILABLE!



FREE ROLLING TRAY
 - WHEN YOU PRESENT THIS COUPON -
 LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS
 NO PURCHASE NECESSARY
 8060 - 167 AVE. NW
BUBONIC KRONIK
 420
 EDMONTON
 ECIGS - VAPORIZERS - BONGS
 780.371.0106

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
 SHIP BY BUS
 GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca
 TICKETS: 587-557-7719 | PARCEL: 587-557-7718
 SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Sil Industrial Minerals We're Ready.
 Western Canada's leader in industrial sands, blasting abrasives and equipment
WE'RE HIRING
 Lamont County, AB (Hwy 38 & RR204)
 To find out more, visit sil.ab.ca/careers or call us at 780-796-3939




Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**
SAFE STEP WALK-IN TUB
1-855-977-9805
 With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445




Your Weekly Horoscope


ARIES
 (March 21 - April 20)
 If you find yourself in a pattern of conflict with others right now, perhaps you should take a step back. Examine what is going on within yourself that may be triggering this dynamic. Lucky numbers: 10, 11, 13, 25, 33, 39.




TAURUS
 (April 21 - May 21)
 You may be feeling frustrated that things are not going your way. Now might be a time for completion. Think about what you should release in order to help you move forward. Lucky numbers: 8, 14, 18, 22, 28, 36.




GEMINI
 (May 22 - June 21)
 You may feel a desire now to show off your mental abilities. Perhaps you should consider adjusting your demeanour to avoid unproductive arguments and power struggles with others. Lucky numbers: 1, 8, 15, 19, 43, 45.



CANCER
 (June 22 - July 22)
 You may find that your heart and mind are in agreement about an issue. If you use a balanced approach, this can be a good time to make a decision. Lucky numbers: 9, 17, 22, 27, 28, 35.




LEO
 (July 23 - Aug. 23)
 There may be potential opportunities for you to achieve public recognition. If you ask for assistance now, you might find that others are amenable to helping you in the process. Lucky numbers: 11, 14, 15, 21, 42, 44.



VIRGO
 (Aug. 24 - Sept. 23)
 Virgos often take a very practical and grounded approach to their work. However, now may be a time to look for ways to incorporate a little more magic into the mix. Lucky numbers: 4, 11, 14, 27, 40, 45.




LIBRA
 (Sept. 24 - Oct. 23)
 Libras are known for being the peacekeepers of the zodiac. Right now, though, you may find that skill has escaped you. If so, ask yourself why that might be the case. Lucky numbers: 2, 5, 29, 34, 37, 39.



SCORPIO
 (Oct. 24 - Nov. 22)
 Scorpios don't mind digging deeply into a situation to uncover hidden truths. Now may be the right time to initiate such a conversation. But be gentle with the other person. Lucky numbers: 3, 8, 11, 12, 16, 31.




SAGITTARIUS
 (Nov. 23 - Dec. 21)
 Are you finding yourself getting into philosophical arguments with others right now? Perhaps it would be helpful to adopt a "live and let live" attitude for the time being. Lucky numbers: 12, 18, 23, 37, 43, 44.




CAPRICORN
 (Dec. 22 - Jan. 20)
 Romantic partners can sometimes act as a mirror to our own unconscious processes. You may have an opportunity now to expand both your self awareness and your relationship consciousness. Lucky numbers: 5, 11, 13, 27, 39, 42.



AQUARIUS
 (Jan. 21 - Feb. 19)
 Obstacles may appear to be in your way for no apparent reason right now. Be sure that you are focusing on something your heart really wants and then work hard to achieve it. Lucky numbers: 7, 9, 10, 30, 35, 38.



PISCES
 (Feb. 20 - March 20)
 Your head may be in the clouds at this time. A new opportunity could be available for you, but you might have to consciously reach out and seize the right one. Lucky numbers: 6, 7, 17, 30, 36, 46.



Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 11.

Did You Know...

Getting rested: When we sleep, reaching the "deep sleep" stage is important for feeling rested the next day. Deep sleep is when heartbeat, breathing, and brain activity are at their slowest. Waking up from this sleep phase is difficult.

Interesting tree: Socotra, an Arabian Sea island that is part of Yemen, is the only home of the Socotra dragon tree. This unique tree's branches form an umbrella that catches and absorbs mist. It has red resin, which local people call "dragon's blood."

Look up: The ceiling of the Sistine Chapel in Vatican City was painted by Renaissance artist Michelangelo. He spent four years completing the project, which contains about 300 figures. He used a painting technique called fresco.

Dishwashing fatigue: An American woman named Josephine Cochran patented the dishwasher in 1886 because she was tired of cleaning up after parties. She presented it at the 1893 Chicago World's Fair, and it was a hit.

Sit or lie down: The words "couch" and "sofa" are often used interchangeably today, but historically, they meant different things. A sofa had arms and was meant for sitting, while a couch was intended more for lying down.

On the Lighter Side

Did you hear the one about the knives? It's a cutup.

First Invisible Man: "Did you miss me when I was gone?"
 Second Invisible Man: "Were you gone?"

When is fishing not a good way to relax? When you are the worm.

I used to know this hilarious joke about a boomerang. I forgot it, but I am sure it will come back to me.

Knock! Knock! Who's there? Rosa. Rosa who? Rosa corn grow in the field.

Answers

Trivia answers: 1. 1958 2. Bruce Meyers 3. Asia 4. Wandering Albatross 5. Ontario

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

Helping you rediscover **fun** in the kitchen!
Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220
 CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove



HIP/KNEE REPLACEMENT?
 Other medical conditions causing TROUBLE WALKING or DRESSING?
 The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**
 For Expert Help: **1.844.453.5372**
 FREE ASSESSMENT CALL TODAY!
 BBB ACCREDITED



SHOP ONLINE!
www.scubagearcanada.ca
 • Snorkelling Gear • Reef-Safe Sunscreen • Beach Water Shoes • Dry Bags & Wallets • UV Shirts
The Dive Outfitters
 Learn to SCUBA DIVE at our Edmonton location - call for details
 Scuba Diving & Snorkelling
 11781-156 St., Edmonton **780.483.0044**
 SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA




inogen
FREEDOM. TO BE YOU.
1-888-998-6714
 MKT-P0253



LANDSCAPE MAINTENANCE AND INSTALLATION
 Mowing, Trimming, Edging • Fertilizing Bed Maintenance, Weeding, Enhancements Final Grades, Paving Stones, Retaining Walls
THREE SEASONS LANDSCAPING LTD.
780-922-4619 landscape industry certified
www.ThreeSeasonsLandscaping.ca



Recipe of the month
Pumpkin Lasagna
 1/2 pound sliced fresh mushrooms Dash pepper
 1 small onion, chopped 9 no-cook lasagna noodles
 1/2 teaspoon salt, divided 1 cup reduced-fat ricotta cheese
 2 teaspoons olive oil 1 cup shredded part-skim mozzarella cheese
 1 can (15 ounces) solid-pack pumpkin 1/2 cup half-and-half cream
 1/2 cup half-and-half cream 3/4 cup shredded Parmesan cheese
 1 teaspoon dried sage leaves
 Prep Time: 25 min. Bake: 55 min. + standing
 Yield: 6 servings
 1 In a small skillet, saute the mushrooms, onion and 1/4 teaspoon salt in oil until tender; set aside. In a small bowl, combine pumpkin, cream, sage, pepper and remaining salt.
 2 Spread 1/2 cup pumpkin sauce in an 11x7-in. baking dish coated with cooking spray. Top with 3 noodles (noodles will overlap slightly). Spread 1/2 cup pumpkin sauce to edges of noodles. Top with half of mushroom mixture, 1/2 cup ricotta, 1/2 cup mozzarella and 1/4 cup Parmesan cheese. Repeat layers. Top with remaining noodles and sauce.
 3 Cover and bake at 375° for 45 minutes. Uncover; sprinkle with remaining Parmesan cheese. Bake 10-15 minutes longer or until cheese is melted. Let stand for 10 minutes before cutting.
 Source: <https://www.tasteofhome.com>



If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**
 They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
 They are the next Finest candles you will EVER find!
PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

