

THIS SPACE FOR RENT
780-220-6397

Good Times Start Here!

RANCHERS SPORTS BAR & GRILL

Open Daily,
6 am - 10 pm
780.865.9785

DINE IN AND TAKE OUT AVAILABLE



Open Daily,
10 am - 10 pm

RANCHERS SPIRITS

780.817.2356

BOTH LOCATED AT:

438 Smith Street, Hinton

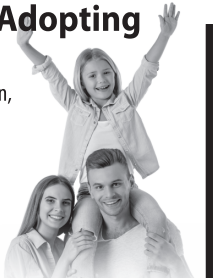
Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.



A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart
780.421.1177
www.smallmiraclesadoption.com



Helping With Your Safety Needs

SAFETY LOGIC
Service Provider Corp.

Courses: First Aid • H2S Alive • Equipment
Field Services: Medics • Confined Space
Safety Programs: SECOR/COR • Audits
Health Assessments: Drug & Alcohol • Audio Custom Plugs



780-712-6602
booking@safetylogic.info



Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition



587.760.2800
https://zettatelecom.com

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!



For Expert Help:
1.844.453.5372

Home | Auto | Business | Farm

Insurance that fits

780.865.4631
112 Macleod Ave, Hinton
BrokerLink.ca



©2022 BrokerLink Inc. "BrokerLink & Design is a trademark of BrokerLink Inc. All rights reserved."

FREE!

New Issue Every Week!

Coffee News

"News To Be Enjoyed Over Coffee"

Hinton Edition
877-553-6397



www.coffee-news.ca

Est. 1988

Vol. 19 No. 45 November 7, 2022

Everybody's Talking

Winning ticket: Brian Woodle always wanted to own and operate an automobile repair shop, so while he and his wife were raising their family, he scrimped and saved to make his dream come true. But, as it turned out, he didn't really need to do that. On the very day he opened his shop in Callahan, Florida (U.S.), Woodle discovered that he'd bought a winning lottery ticket. Purchased at a convenience store for a mere \$5, the ticket wound up being worth \$1 million (USD). While the hard work of saving money will always be worthwhile, having this much of a head start on a new business venture always helps.

Snake catcher: Fortunately, Helaina Alati knows a few things about snakes. A wildlife rescuer in Australia, the young woman has helped to round up about 20 of these reptiles over the course of her career. So it was quite fortuitous that she was the shopper who came face-to-face with a python lurking in the spice aisle of a supermarket in Sydney. Remaining calm, Alati was immediately able to identify the type of snake and knew it was not venomous. She let the store's staff know the location of the snake, and then went home to fetch a snake bag. It only took a few minutes for the python to slither into the bag, after which Alati released him into the bush. No harm done!

A calm place: At the Jewel Changi Airport in Singapore, travelers can spend their time between flights at a unique attraction: an indoor garden called Shiseido Forest Valley. The forest has over 900 trees and 60,000 shrubs, spread out over four levels. The area has a display of changing lights of different colours that illuminate the vegetation, making the whole environment seem magical, which is calming to weary travelers. The installation is also linked to sounds that help visitors ignore outside noise and, instead, relax into the depths of the forest. Scent also plays a part in the experience, with the aromas of rose and lotus wafting through the branches.

Elevator elevation: Hunan Province in China is home to the world's tallest outdoor elevator. This feat of engineering is located in the Wulingyuan Scenic area, which offers breathtaking mountain views, including columns of sandstone formations. The elevator was built by a German company and dozens of local contractors. It rises up a sheer cliff to a height of approximately 330 metres (1,070 feet). Before the elevator was completed in 2002, visitors seeking the expansive vistas had to drive for hours on treacherous roads to reach this scenic viewing area.

Quoteable Quotes

"I just make it my business to get along with people so I can have fun. It's that simple."
—Betty White
"Give me again my hollow tree,
A crust of bread, and liberty."
—Alexander Pope

What's Happening

Nov 9 - Comedy Night Laugh with the PATH, Starring YukYuks comedians Sunee Dhaliwal Ryan ASH. The West Fraser Guild: Home of the Performing Arts Theatre of Hinton. 821 Switzer Drive, Hinton.

780-223-2787 **Nov 20 - Smash Bros Video Game Tournament** Children 12 Under Guaranteed at least one battle Free slice of pizza water Prizes to be won! 11 Am to 1:30 PM. The West Fraser Guild: Home of the Performing Arts Theatre of Hinton. 780-223-2787.

Dec 2 - Stand Parade 7:00 pm - 8:30 pm
NON profit organizations may submit events for FREE at
www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE
Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What year was Charles de Gaulle elected president of France?
2. The dune buggy was invented by ____.
3. On which continent is the mountain range Annamese Cordillera?
4. Which flying bird has the largest wingspan?
5. Niagara Falls is located in New York (U.S.) and what Canadian province?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd
(Over)

Affordable-Effective-Exclusive-CALL NOW!

BLUE BLOODS
MON - THURS 9:00
yesTV

Recipe of the month

Pumpkin Lasagna

½ pound sliced fresh mushrooms
1 small onion, chopped
1/2 teaspoon salt, divided
2 teaspoons olive oil
1 can (15 ounces) solid-pack pumpkin
1/2 cup half-and-half cream
1 teaspoon dried sage leaves

Dash pepper
9 no-cook lasagna noodles
1 cup reduced-fat ricotta cheese
1 cup shredded part-skim mozzarella cheese
3/4 cup shredded Parmesan cheese

Prep Time: 25 min. Bake: 55 min. + standing
Yield: 6 servings

- 1 In a small skillet, saute the mushrooms, onion and 1/4 teaspoon salt in oil until tender; set aside. In a small bowl, combine pumpkin, cream, sage, pepper and remaining salt.
- 2 Spread 1/2 cup pumpkin sauce in an 11x7-in. baking dish coated with cooking spray. Top with 3 noodles (noodles will overlap slightly). Spread 1/2 cup pumpkin sauce to edges of noodles. Top with half of mushroom mixture, 1/2 cup ricotta, 1/2 cup mozzarella and 1/4 cup Parmesan cheese. Repeat layers. Top with remaining noodles and sauce.
- 3 Cover and bake at 375° for 45 minutes. Uncover; sprinkle with remaining Parmesan cheese. Bake 10-15 minutes longer or until cheese is melted. Let stand for 10 minutes before cutting.

Source: <https://www.tasteofhome.com>

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.
Visit makeawish.ca

Machining | Welding | Fabrication

GM
GROVE MACHINE & WELDING

- Ramps
- Flywheels
- Farming Equipment
- Gear Parts
- ...and more

First Time Customers: 10% Off*
*To a maximum of \$300

780-962-1772 CALL US TO DISCUSS YOUR PROJECT!
www.grovemachnewelding.com | 35 South Ave., Spruce Grove

GENERAC

Prepare for power outages today
WITH A HOME STANDBY GENERATOR

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(888) 688-0973

FREE 7-Year Extended Warranty* An \$895 Value!

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

CONNECTOR

CONVENIENT, RELIABLE TRANSPORTATION SERVICE
DAILY BETWEEN JASPER | HINTON | EDSON | EDMONTON AND JASPER | LAKE LOUISE | BANFF | CALGARY

Visit our site to book www.SunDogTours.com or call us at 1.888.786.3641

SUNDOG
TRANSPORTATION AND TOURS LTD.

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

CANADA'S #1 RETAIL WINDOW COVERING FACTORY

real blinds

FREE DESIGN CONSULTATION
COMMERCIAL • RESIDENTIAL • WHOLESALE

780.741.2376
Toll Free 1.855.846.7325
REALBLINDS.CA

Helping you rediscovers **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE **ONLINE CATALOG!**
Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

WEBSITES
From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

FROM \$2,549
\$2,299 USD

VMT vacations

1-877-699-7003
promo code N7017

* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

www.scubagearcanada.ca

Your Weekly Horoscope

ARIES
(March 21 - April 20)

If you find yourself in a pattern of conflict with others right now, perhaps you should take a step back. Examine what is going on within yourself that may be triggering this dynamic. Lucky numbers: 10, 11, 13, 25, 33, 39.

TAURUS
(April 21 - May 21)

You may be feeling frustrated that things are not going your way. Now might be a time for completion. Think about what you should release in order to help you move forward. Lucky numbers: 8, 14, 18, 22, 28, 36.

GEMINI
(May 22 - June 21)

You may feel a desire now to show off your mental abilities. Perhaps you should consider adjusting your demeanour to avoid unproductive arguments and power struggles with others. Lucky numbers: 1, 8, 15, 19, 43, 45.

CANCER
(June 22 - July 22)

You may find that your heart and mind are in agreement about an issue. If you use a balanced approach, this can be a good time to make a decision. Lucky numbers: 9, 17, 22, 27, 28, 35.

LEO
(July 23 - Aug. 23)

There may be potential opportunities for you to achieve public recognition. If you ask for assistance now, you might find that others are amenable to helping you in the process. Lucky numbers: 11, 14, 15, 21, 42, 44.

VIRGO
(Aug. 24 - Sept. 23)

Virgos often take a very practical and grounded approach to their work. However, now may be a time to look for ways to incorporate a little more magic into the mix. Lucky numbers: 4, 11, 14, 27, 40, 45.

LIBRA
(Sept. 24 - Oct. 23)

Libras are known for being the peacekeepers of the zodiac. Right now, though, you may find that skill has escaped you. If so, ask yourself why that might be the case. Lucky numbers: 2, 5, 29, 34, 37, 39.

SCORPIO
(Oct. 24 - Nov. 22)

Scorpios don't mind digging deeply into a situation to uncover hidden truths. Now may be the right time to initiate such a conversation. But be gentle with the other person. Lucky numbers: 3, 8, 11, 12, 16, 31.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Are you finding yourself getting into philosophical arguments with others right now? Perhaps it would be helpful to adopt a "live and let live" attitude for the time being. Lucky numbers: 12, 18, 23, 37, 43, 44.

CAPRICORN
(Dec. 22 - Jan. 20)

Romantic partners can sometimes act as a mirror to our own unconscious processes. You may have an opportunity now to expand both your self awareness and your relationship consciousness. Lucky numbers: 5, 11, 13, 27, 39, 42.

AQUARIUS
(Jan. 21 - Feb. 19)

Obstacles may appear to be in your way for no apparent reason right now. Be sure that you are focusing on something your heart really wants and then work hard to achieve it. Lucky numbers: 7, 9, 10, 30, 35, 38.

PISCES
(Feb. 20 - March 20)

Your head may be in the clouds at this time. A new opportunity could be available for you, but you might have to consciously reach out and seize the right one. Lucky numbers: 6, 7, 17, 30, 36, 46.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 11.

Did You Know...

Getting rested: When we sleep, reaching the "deep sleep" stage is important for feeling rested the next day. Deep sleep is when heartbeat, breathing, and brain activity are at their slowest. Waking up from this sleep phase is difficult.

Interesting tree: Socotra, an Arabian Sea island that is part of Yemen, is the only home of the Socotra dragon tree. This unique tree's branches form an umbrella that catches and absorbs mist. It has red resin, which local people call "dragon's blood."

Look up: The ceiling of the Sistine Chapel in Vatican City was painted by Renaissance artist Michelangelo. He spent four years completing the project, which contains about 300 figures. He used a painting technique called fresco.

Dishwashing fatigue: An American woman named Josephine Cochran patented the dishwasher in 1886 because she was tired of cleaning up after parties. She presented it at the 1893 Chicago World's Fair, and it was a hit.

Sit or lie down: The words "couch" and "sofa" are often used interchangeably today, but historically, they meant different things. A sofa had arms and was meant for sitting, while a couch was intended more for lying down.

On the Lighter Side

Did you hear the one about the knives? It's a cutup.

First Invisible Man: "Did you miss me when I was gone?"
Second Invisible Man: "Were you gone?"

When is fishing not a good way to relax? When you are the worm.

I used to know this hilarious joke about a boomerang. I forgot it, but I am sure it will come back to me.

Knock! Knock! Who's there? Rosa. Rosa who? Rosa corn grow in the field.

Answers

Trivia answers: 1. 1958 2. Bruce Meyers 3. Asia 4. Wandering Albatross 5. Ontario

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

LARGEST SELECTION of Machines and Notions

baby lock
FOR THE LOVE OF SEWING

Your Sewing Superstore

CENTRAL SEWING MACHINES

Come in for a test drive!
Mon-Fri, 9 am - 5 pm Sat, 9 am - 3 pm
NEW LOCATION NOW OPEN!
SOUTH 780.469.1147 8649-63 Ave., Edmonton
WEST 780.486.0047 18514-104 Ave., Edmonton
www.centraisewing.com

SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE

CN IS HIRING CONDUCTORS

✓ **Paid training**
Great pay and benefits

cn.ca/careers

CN

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500** Gift Certificate

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

✓ Competitive Pricing
✓ Knowledgeable Service
✓ Great Selection
✓ Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD. since 1986

Lest We Forget

Coffee News® remembers and honours our heroes

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

LegalShield Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

Bras Briefs Boxers Bikinis

Romantic Notions inc.

Visit us on **f** for promotions and gift ideas!
780.962.4944
1.855.962.4944

www.romanticnotions.ca | #30, 210 McLeod Ave., Spruce Grove
30 YRS. OF PERSONALIZED SERVICE & A REPUTATION FOR EXCELLENCE

Fast wireless home Internet with truly unlimited data.

Call 1-866-218-8782 to sign up

Go beyond. **xplore.ca** **Xplore**