

**Have You Considered Adopting Your Step-Children?**  
 We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.



*A Small Miracle Adoption*  
 Adoption is the ultimate expression of a committed heart

**780.421.1177**  
**www.smallmiraclesadoption.com**


Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

**Make-A-Wish.**  
 Visit [makeawish.ca](http://makeawish.ca)

**25 WORDS OR LESS**  
 WEEKDAYS 3PM  
 yesTV



**THIS SPACE FOR RENT**  
**780-220-6397**

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**  
 They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!



*They are the next Finest candles you will EVER find!*

**PSC Prairie Scented Candles**  
**Sunset Scents a RAY of Fragrance**

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

**Call today to book your appointment!**  
 We only want to make you SMILE



**Millet Denture Clinic**  
**780.387.3311 • 5022 - 50 Street, Millet**  
**BARB UNGER, DD • barb@milletdenture.ca**

Are you a business owner/office manager?  
 Have 3-20 employees in your office?  
 Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**



How? We offer:  
 ✓ VOIP Solutions at a fraction of the traditional carrier cost  
 ✓ Long distance rates that outcompete the competition

**ETTA TELECOM**  
**587.760.2800**  
**https://zettatelecom.com**

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**SHOP ONLINE!**  
**www.scubagearcanada.ca**

• Snorkelling Gear • Reef-Safe Sunscreen  
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts


**The Dive Outfitters**  
 Scuba Diving & Snorkeling  
 11781-156 St., Edmonton 780.483.0044



Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**FREE!** *New Issue Every Week!*  
**Coffee News®**  
*"News To Be Enjoyed Over Coffee"*



**Leduc - Nisku Edition**  
**780-220-6397**

[www.coffee-news.ca](http://www.coffee-news.ca) Est. 1988

*Beaumont 8th Annual*  
**Christmas Markets**  
 10 am - 4 pm

**November 19**  
 90 vendors to enjoy shopping from

**December 3 & 4**  
 70 vendors to finish all your shopping needs

5204-50 Avenue, Beaumont #Centraloccasionsevents



DOOR PRIZES SWAG BAGS

**DELIVERY PERSON NEEDED**  
 ...to deliver **Coffee News®!**



- Deliver CN to restaurants and other locations
- Part-time position

**Interested?**  
 Please email your résumé to [info@coffee-news.ca](mailto:info@coffee-news.ca)

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

**MILLWOODS Bottle Depot**

2830 Parsons Road  
 (south extension of 99th St. above South Edmonton Common)

[mybottledepot.ca](http://mybottledepot.ca)

14 receiving stations to serve you **REALLY FAST!**


Mon - Sat 8:30 am - 7 pm  
 Sunday 10 am - 6 pm

**BEST IN THE CITY!**

Bring in your bottles for a chance to win in our regular **Customer Appreciation Draws!**


**Can't get to your Coffee News® each week?**

**Check out our PDF editions online!**  
 New editions are posted every Monday



**Sign up here to receive email notifications of new editions.**  
 Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)



**Everybody's Talking**

**No cars:** Anyone wondering what it would be like to live in a town without vehicles could go to Chamois in northwestern Italy. The only way in and out of this alpine village, located high in the mountains in the general vicinity of the Matterhorn, is by hiking trails or cable car. Back in the 1960s, residents didn't even have the cable car! At that time, the people of the village decided against building a road to the valley below and instead built the cableway, which was updated in 2001. Today, Chamois is a resort town with a goal of being environmentally sustainable. Visitors can hike and cycle in the summer and ski in the winter.

**Rare cattle:** Shodoshima Island, nicknamed "Olive Island," in Japan's Kagawa Prefecture has a perfect microclimate for growing olives. In the mid-2000s, farmer Masaki Ishii wanted to find a use for "lees," the olive pulp left from the oil-making process. The farmer tried feeding it to his herd of the island's prized wagyu cattle. They balked until he tried toasting the pulp, and the cattle ate it up. What the farmer didn't realize at the time was that, along with sustainably and efficiently using an island industry's waste product, he was producing "olive wagyu," which has become a rare but sought-after type of beef because of the unique taste that results from the cattle ingesting olive pulp.

**Dirt-filled room:** City folk who would like to get back to nature might consider visiting the New York Earth Room at 141 Wooster Street in the SoHo neighbourhood of New York City (U.S.). This room is, literally, filled with dirt, and has been for 45 years. The second-floor gallery holds 250 cubic yards of the stuff. The attraction is the creation of artist Walter De Maria who was commissioned by the Dia Art Foundation. Since the exhibit's 1977 opening, people have been visiting this room of dirt with its loamy scent. They aren't allowed to touch it or take pictures. Amazingly, considerable work goes into taking care of the dirt, which must regularly be raked and watered.

**Seal pups:** From about May to September every year, a pool at the base of a waterfall becomes a playground for a large number of seal pups from the the Ohau Point Seal Colony on New Zealand's South Island. The pups, who are born in November, are part of the colony on the Kaikoura coast. Even though the waterfall is on private land, the owners have allowed tourists to come by for a free look at these marine animal babies. But a 2016 earthquake caused considerable damage to the waterfall. The site became dangerous for humans to visit.

**Quoteable Quotes**

"What I like in a good author is not what he says, but what he whispers."  
 —Logan Pearsall Smith

"He who thinks himself wise, O heavens! is a great fool."  
 —Voltaire

**What's Happening**

**Nov 26 - Christmas in the Park** The full Christmas in the Park experience will be back this year on Nov. 26 from 4 - 8 p.m.!

**Dec 3-Southfork Community Connections Hosts Breakfast with Santa** Join us for a pancake breakfast and get your picture taken with Santa. Tickets are \$5/person kids under 2 free. 400 Sheppard Blvd, Father Leduc School Gym. Fr: 9am-11am. To purchase tickets visit us on Facebook: Southfork Community Connections

**Dec 3 - Santa's Helper Auction** Leduc Recreation Centre. 4330 Black Gold Drive Leduc. 10 AM.

<https://leducshelpers.ca> for more info **NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)**

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
 \*Coffee News Bucks  
 Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!  
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Happy Endings start here!**

Wherever you are on life's journey, I am here to help.  
 Buying, selling... for all your real estate needs, contact me today!



**Doreen Noppers** REAL ESTATE PROFESSIONAL  
**C: 780-885-7398**  
[doreen.noppers@royallepage.ca](mailto:doreen.noppers@royallepage.ca)

**ROYAL LEPAGE**  
 NORALTA REAL ESTATE  
 O: 780.962.4950  
 202 Main Street  
 Spruce Grove T7X 0G2

**GENERAC**

**Prepare for power outages today**  
 WITH A HOME STANDBY GENERATOR

**FREE** 7-Year Extended Warranty\* An \$895 Value!

**REQUEST A FREE QUOTE**  
 CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(888) 688-0973**



\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

**BEST OF HAWAII FOUR-ISLAND TOUR**

12 days, departs year-round

FROM \$2,549  
**\$2,299 USD**

**VAT vacations** **1-877-699-7003**  
 promo code N7017

\* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

**WEBSITES**  
 From \$129/Month

**(780) 760-6922**  
**FRONTLINECONSULTING.CA**

**Trivia**

1. Which fish species spawns the most eggs?
2. The island of Rhodes is part of Greece, Spain, or Britain?
3. What is Paraguay's form of government?
4. Who played Vampire Count Orlok in the 1922 film Nosferatu?
5. Who farmed peanuts before becoming U.S. president in 1977?

**(Flip bottom of page for answers)**  
 © Published with Permission by Capital Marketing Ltd  
**(Over)**

Helping you rediscovers  
**fun** In the kitchen!  
**Gifts and Gadgets**  
Your one stop kitchen and gift shop.  
**780.962.5220**  
CHECK OUT OUR EXTENSIVE ONLINE CATALOG!  
Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

We truck wild Alaskan salmon from the boat to the prairie folk!  
**Best quality salmon at the best price for Albertans!**  
Flash Frozen at Sea, which maintains its freshness, taste and quality, making it safer to eat.  
• Volume discounts – 1000lb and up!  
• Buy 10, get 1 free (includes cases, freshly smoked or fillet)  
• Legal – provincial and federal inspected  
**778-835-0239** Follow us   
Starting at \$4.25/lb plus head off and cleaned

Don't miss out!  
**BLACK FRIDAY PROMO**  
**50% OFF**  
any 6 or 12 month **Coffee News** ad campaign\*  
Scan QR code for more information, and a representative will be in touch  
  
\* Offer valid November 16-30, 2022  
\* Category restrictions may apply  
\* Offer available for all editions published by Capital Marketing Inc.


**inogen**  
**FREEDOM. TO BE YOU.**  
**1-888-998-6714**  
MKT-P0253


Love **Coffee News**?  
Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!  
Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.  
Please include:  
• Your name • Your phone number and • Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!  
**Coffee News** Fun Reading. Serious Advertising.  
**Reader of the Month**  
Heath Bowen from Grande Prairie


**Start Your Own Business!**  
FREE government funded Self-Employment Training  
NOW ONLINE  
**microbusiness**  
TRAINING CENTRE INC  
Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7  
**780.482.4462 | www.microbusiness.ca**


SHOP DIRECT WORKWEAR ONLINE  
[www.directworkwear.com](http://www.directworkwear.com)  
Enter to **WIN a \$500** Gift Certificate  
SCAN THIS CODE TO ENTER  
Where Safety Meets Savings  
  
• Competitive Pricing  
• Knowledgeable Service  
• Great Selection  
• Check Out Our Sale Page For Even Better Deals


# Your Weekly Horoscope


**ARIES**  
(March 21 – April 20)  
  
This week may hold the potential for insight about an old wound to emerge from deep within your psyche. The revelation might provide an opportunity to experience forgiveness and self love. Lucky numbers: 1, 3, 8, 14, 20, 48.


**TAURUS**  
(April 21 – May 21)  
  
Have you recently stumbled in your interactions with others? Perhaps adjust your viewpoint to be more flexible about a solution. If you do, things might improve at week's end. Lucky numbers: 12, 15, 19, 28, 37, 42.

**GEMINI**  
(May 22 – June 21)  
  
Geminis value intelligence and the realm of the mind. For the next couple of weeks, though, getting out of your head and exploring your feelings may be valuable. Lucky numbers: 8, 11, 12, 21, 37, 38.

**CANCER**  
(June 22 – July 22)  
  
Cancers are most comfortable in their shells, both physical and emotional. The energy this week may provide an opportunity for you to step out of it, if you adjust your view. Lucky numbers: 7, 9, 12, 14, 39, 46.

**LEO**  
(July 23 – Aug. 23)  
  
Leos sometimes exhibit the qualities of childhood well into their adult lives. With conscious effort now, these individuals might begin to add a mature, nurturing quality that others could see. Lucky numbers: 21, 22, 28, 36, 37, 43.


**VIRGO**  
(Aug. 24 – Sept. 23)  
  
For the next few weeks, you may not feel like your normally well-grounded self. You might just wait out this period, or you could use it to expand your comfort zone. Lucky numbers: 3, 10, 14, 16, 17, 39.


**LIBRA**  
(Sept. 24 – Oct. 23)  
  
Libras often focus on keeping things smooth with others. However, now you may find you have a strong desire to be sure your needs are met, even if that churns the waters. Lucky numbers: 6, 17, 19, 31, 39, 42.

**SCORPIO**  
(Oct. 24 – Nov. 22)  
  
You may find there is the potential right now for deep and emotional conversations with others. Try to be careful that you don't reveal something the others might not be ready to see. Lucky numbers: 5, 24, 25, 35, 38, 44.

**SAGITTARIUS**  
(Nov. 23 – Dec. 21)  
  
The Sun will return this month to where it was at your time of birth. You may discover a new opportunity to communicate your most heartfelt goals to others. Lucky numbers: 2, 4, 7, 15, 19, 22.

**CAPRICORN**  
(Dec. 22 – Jan. 20)  
  
The sense of accomplishment from building lasting achievements is important to most Capricorns. That feeling may be highlighted now. How might you use it to accomplish more? Lucky numbers: 11, 14, 17, 18, 29, 32.

**AQUARIUS**  
(Jan. 21 – Feb. 19)  
  
Aquarians are often humanitarians. However, you may be entering a period of unrealistic idealism about this. Try to focus on serving others in a way that is achievable. Lucky numbers: 13, 15, 19, 24, 36, 48.

**PISCES**  
(Feb. 20 – March 20)  
  
At midweek, your luck may begin to change in a positive way. However, try to take off your rose-coloured glasses and make a clear-eyed evaluation of all possible opportunities. Lucky numbers: 16, 20, 22, 26, 36, 45.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 32.

## Did You Know...

**Sinkhole:** The Grotta della Poesia, which means "Caves of Poetry," is a water-filled sinkhole on the Adriatic coast of Italy near the town of Roca. Tourists enjoy the water and the scenery, and there is a cave for divers to explore.

**In it together:** Buses are used to take many people to a destination or a series of destinations, all at the same time. The word "bus" has its origin in the Latin word "omnibus," which means "for all."

**Ancient tomb:** King Tutankhamen's 3,000-year-old tomb was discovered in 1922 in Egypt's Valley of the Kings by British archaeologist Howard Carter and his team. A step leading to the burial room was the first thing they found.

**Hard cheese:** A cheese called chhurpi, made in Nepal, has the reputation of being the hardest in the world. This extremely chewy cheese is made from milk that comes from a chauri, which is part yak and part cow.

**Colourful snails:** Cuba is home to a species of snail that are a variety of vibrant colours, from bright yellow to orange to violet, and more. They are called Polymita, but are commonly known as "painted snails."

## On the Lighter Side

Cinderella was terrible at sports. Probably because the coach was a pumpkin.

If you think raining cats and dogs is bad, try hailing taxis.

Knock! Knock! Who's there? Toodle. Toodle who? Toodle who to you, too!

How does a sheep rancher take care of his workers? Shear and shear alike.


Customer: "I have a complaint."  
Waiter: "A complaint? This is a restaurant, not a hospital."

## Answers

**Trivia answers:** 1. Mola, or ocean sunfish 2. Greece 3. Presidential republic 4. Max Schreck 5. Jimmy Carter

For available franchise opportunities – visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**HIP/KNEE REPLACEMENT?**  
Other medical conditions causing TROUBLE WALKING or DRESSING?  
The Disability Tax Credit allows for  
**\$3,000 YEARLY TAX CREDIT**  
and **\$30,000 LUMP SUM REFUND**  
For Expert Help:  
**1.844.453.5372**  
FREE ASSESSMENT CALL TODAY!  


**What's In Your Glass?** HUGE SELECTION with R&R  
**Alberta Has It All**  
"Flatlands and rollin' plains, clear blue skies, prairie rains; a tapestry of colours in the fall. Snow covered mountain tops, wheat fields, canola crops; Alberta has it all." This is from our Alberta provincial anthem. That's just a smidge of it, because if we wrote the whole thing, well, you would miss our monthly wit and wisdom. Okay, maybe just our wit (haha).  
There's no part in the anthem about our liquid assets. We mean of the alcohol type, of course. We make some wicked products in Alberta.  


**Leduc Co-op Liquor**  
103-100B Deer Valley Dr. • 780.980.5139  
Nutri Juic'd Blood Orange/ Fruit Punch 6 pk.....\$13.71\*  
Blindman Dry Hopped Kettle Sour 4 pk.....\$14.85\*  
Strathcona Spirits Seaberry Gin.....\$49.42\*  
White Owl Coconut Whisky.....\$36.09\*  
Alberta Premium Whisky 1.14L.....\$35.13\*  
Rig Hand Double Double.....\$35.13\*  
\* Price does not include GST or health deposit.  
Beer... lots of fabulous beer of every size and type. We're in the spirit of things too with vodka, gin, whisky. Liqueurs, too. How about mead, coolers, fruit wines and pre-mixed cocktails... Albertans make those, too.  
Come on everybody. Let's celebrate Alberta made products. We've got a ton to salute. Cheers!  
[www.leduccoopliquor.com](http://www.leduccoopliquor.com)

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.  
**PASSENGER & PARCEL SERVICES**  
SHIP BY BUS  
GET YOUR REWARD CARD TO GET A FREE TICKET!  
Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)  
TICKETS: 587-557-7719 | PARCEL: 587-557-7718  
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

November is...  
**Spay/Neuter Month**  
Offering veterinary care for your pets  
Dr. Sandipkumar Patel  
**Southfork Animal Hospital**  
  
101-102 Southfork Drive, Leduc  
587.274.0026 • [clinic.southforkvets@gmail.com](mailto:clinic.southforkvets@gmail.com)  
[www.southforkvets.com](http://www.southforkvets.com)

**THE ONE**  
**93.1 FM**  
LEDUC'S BEST COUNTRY

Canada's **HEALTHY Choice for Pets!**  
**GLOBAL PET FOODS**  
**SENIORS' DAY** last Tuesday of every month  
Save **15%**  
Restrictions may apply. Inquire in store.  
5103 - 50 Avenue, Leduc  
780-980-8711 • [www.globalpetfoods.com](http://www.globalpetfoods.com)

**Need ONE More Reason to Join?**  
1 You don't have an up to date will  
2 You don't understand the difference between a trust and a will  
3 The CRA selects you for an audit  
4 You need a letter written on your behalf by a lawyer  
5 You receive a speeding ticket  
6 You need a lawyer's advice on any matter  
Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!  
**LegalShield**  
**1-877-579-9449**