

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
They are the next Finest candles you will EVER find!



PSC
Prairie Scented Candles
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

FREE! *New Issue Every Week!*
Coffee News[®]
"News To Be Enjoyed Over Coffee"
Sherwood Park North Edition
780-220-6397
www.coffee-news.ca
Est. 1988




IF WATER RUNS THROUGH IT, WE DO IT!
LUC'S PLUMBING INC.
Your Local Plumber
CERTIFIED GASFITTER
780-405-0436
lucsplumbinginc@gmail.com
Proudly Serving Sherwood Park & Surrounding Areas
NO CALL OUT FEE IN SHERWOOD PARK!



FREE ROLLING TRAY
- WHEN YOU PRESENT THIS COUPON -
LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS
NO PURCHASE NECESSARY

420
BUBONIC KRONIK
ECIGS VAPORIZERS BONGS
SHERWOOD PARK
99 WYE ROAD

ST. DAVID'S WELSH MALE VOICE CHOIR
(DIRECTOR GLENDA MURPHY) ALONG WITH OPUS @ 12 STRINGS AND FLUTE, AND THE SHERWOOD PARK UNITED HARMONY HANDBELLS (DIRECTOR SUSAN GALLOWAY) PRESENT
THE SOUNDS OF Christmas 2022
SUN., DECEMBER 4 • 2:30 P.M.
Trinity Evangelical Lutheran Church
10014-81 Avenue, Edmonton
Join us for a delightful afternoon of friendship and musical entertainment!
Tickets from any choir member or call Bob at 780.475.4140



Sonia Sells!
SONIA TARABAY
#1 AGENT
RE/MAX ELITE (2017 - 2021)
780.707.6015
SONIASSELLS.COM



"A Proven Leader in Digital Security"
Commercial CCTV Surveillance Solutions
Commercial Access Control Solutions
Commercial Alarm Solutions
Rural Farm and Acreage Solutions
LOCALLY OWNED AND OPERATED

EAGLE EYE SECURITY SOLUTIONS LTD.
780.570.5974 | eesecuritysolutions.ca



Canadian School of Natural Nutrition
Learn How To Eat Right
SCAN FOR MORE INFO



THOSE GUYS GARAGE
NOW ACCEPTING NEW CLIENTS
All services performed by qualified service technicians
587-456-0164 Family Owned and Operated
241 Portage Close, Unit 140 (across from Atco Gas)



BLUE BLOODS
MON - THURS 9:00
yesTV



Vol. 19 No. 48 November 28, 2022

Everybody's Talking

Old mine: A spooky but intriguing place can be found in an isolated part of northeast Ireland. It is the remains of the once-active Benbulbin Barite mine, which was in operation from the late 1800s to 1979. Barite (which also is called baryte) is a mineral that has many uses in a number of industries, such as aggregate in cement and as an aid in taking gastrointestinal x-rays. Today, the mine's buildings are gone, but many pylons, wire ropes, and wooden planks remain on the site. The mine is dangerous and is on private property, so anyone who wishes to visit needs to obtain permission from the owner.

Colourful addition: Gardeners wanting to spruce up their flower beds with some startling colours might want to look into Brassica oleracea, ornamental cabbage and kale. That's right, these vegetables are not just for eating. The most common colours for these plants are purple, white, and pink, and all three might be layered throughout the leaves in one cabbage or kale plant. The leaves of ornamental cabbage are flat, while in the ornamental kale they are frilly or ruffled. They are good plants to grow in cooler areas because they can survive temperatures well below freezing.

Wild race: A mountain biking race like no other has been taking place in France each year since 1995. It's called "Megavalanche" and requires contestants to race 2,600 metres (8,530 feet) down a glacier called Pic Blanc. What makes this race stand out is the mass start: about 2,000 riders all begin at the same time at the top, racing down, virtually out of control, at speeds of up to 120 kph (75 mph). The route is slushy and at some points riders actually have to touch their feet to the ground to keep from falling. All the while, helicopters are buzzing overhead and loud music plays, adding to the electric atmosphere.

Name calling: What's in a name? In the case of a young Indonesian boy from South Sumatra, it's his father's penchant for crossword puzzles and his love of the English alphabet. That's why the father, Zulfahmi, decided on "ABCDEF GHIJK" as a name for his son. As the child grew and started school, his friends laughed at him, but today he actually likes his unusual name. Day to day, he is known by the nickname "Adef." Luckily for Adef's two younger brothers, someone in the family must have objected: they are named Ammar and Attar, but Zulfahmi reportedly had wanted to name them "NOPQ RSTUV" and "XYZ."

Quoteable Quotes

"Conscience is the inner voice that warns us somebody may be looking."
—H.L. Mencken
"So absolutely good is truth, truth never hurts the teller."
—Robert Browning

What's Happening

Nov 26 to 27 - SCARS Jolly Bright Gift Market Shop for your friends, family, and fur-babies! We have 90 vendors, door prizes, raffles, more. Join us at the Alberta Aviation Museum, 11410 Kingsway NW; Saturday 10-5 and Sunday 11-4. Free admission. Hosted by Second Chance Animal Rescue Society

NON profit organizations may submit events for FREE at
www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE
Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What does the Oort Cloud surround?
2. Who was the first woman to be chancellor of Germany?
3. The Egyptian Sphinx body was based on an elephant, lion, or scorpion?
4. Where are the Spanish Steps?
5. Mathematician William Oughtred designed this in 1632.

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

THIS SPACE FOR RENT
780-220-6397

Welcoming new patients!
Offering a full line of dental services, including
◆ Invisible Braces ◆ Myofunctional Therapy
◆ Snore and Apnea Appliances

PARK DENTAL
WELLNESS CENTRE #302, 2018 Sherwood Dr.
780.467.2444
www.parkdentalcare.ca
We are pleased to announce that Dr. Sabrina Atwal has joined our team



WHERE FLAME MEETS FLAVOUR



PrimeTime Donair & Poutine
— Sherwood Centre — 1020 Sherwood Drive #138 Sherwood Park 587-456-9190
— Baseline Village — 222 Baseline Rd #160 Sherwood Park 780-467-6970

We've got you covered!
CALL FOR YOUR FREE ESTIMATE TODAY
Serving Edmonton and Area for Generations
ALF'S ROOFING 464.6464
◆ Specializing in residential re-roofing
◆ Visit our showroom today
◆ In business since 1976
alfsroofing.com



Personalized Investment Advice
CALL TOM, OUR MUTUAL FUND INVESTMENT SPECIALIST

Tom Ciezki Agencies
Tom Ciezki — 780.464.3279
Tom_Ciezki_Agencies@cooperators.ca

co-operators
Investing in your future. Together.™

CHOOSE TOM CIEZKI AGENCIES TO HELP YOU ACHIEVE YOUR FINANCIAL GOALS



HIP/KNEE REPLACEMENT?
Other medical conditions causing TROUBLE WALKING or DRESSING?
The Disability Tax Credit allows for
\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**
FREE ASSESSMENT CALL TODAY!
For Expert Help:
1.844.453.5372



FLAT RATE ALFA TAXI
SERVING SHERWOOD PARK AND AREA
780.410.0667
Toll Free 1.855.688.2941
Reasonable flat rate to Airport - \$50
24 HR. SERVICE

Your Weekly Horoscope

ARIES
(March 21 - April 20)



Your Aries traits, positive and negative, may be heightened this week. Your energy level could be high, which you might channel into successful endeavours. Try not to be hampered by past insecurities. Lucky numbers: 6, 9, 10, 15, 45, 48.

TAURUS
(April 21 - May 21)



Most Taurus-born feel deeply but may not know how to clearly express emotions. You might get another chance now, particularly in a romantic situation. Adjust your approach as needed. Lucky numbers: 12, 14, 16, 23, 28, 30.

GEMINI
(May 22 - June 21)



Have you recently found yourself in conflict with others about an important matter? Perhaps try a less intellectual approach. Sometimes humour can break the ice in tense situations. Lucky numbers: 11, 18, 27, 40, 41, 43.

CANCER
(June 22 - July 22)



Cancers easily sympathize with the problems of family and friends, wanting to fix the situations for them. That dynamic can have pitfalls, particularly now. You may want to tread carefully. Lucky numbers: 7, 11, 20, 22, 24, 28.

LEO
(July 23 - Aug. 23)



Are you frustrated right now by obstacles preventing you from getting what you desire? If you can't change your plans, you may want to wait a few days before continuing. Lucky numbers: 10, 15, 26, 28, 34, 41.

VIRGO
(Aug. 24 - Sept. 23)



Is your work no longer providing a sense of satisfaction to you? Perhaps you could consider a change that might make you happier and allow you to be of service to others. Lucky numbers: 9, 15, 16, 33, 41, 46.

LIBRA
(Sept. 24 - Oct. 23)



Look inside for any unacknowledged anger about a person or situation. If you can address it calmly, try to do so. Otherwise, consider waiting until next week to resolve it. Lucky numbers: 1, 3, 32, 39, 43, 45.

SCORPIO
(Oct. 24 - Nov. 22)



At the end of the week, your highly sensitive antenna about others may be out of whack. This might feel disconcerting, but in a few days things could return to normal. Lucky numbers: 6, 14, 16, 18, 26, 33.

SAGITTARIUS
(Nov. 23 - Dec. 21)



If you have been having a difficult time connecting with someone, especially a romantic partner, now may be time to resolve a problem. Your communication skills might receive a boost. Lucky numbers: 2, 8, 18, 23, 34, 44.

CAPRICORN
(Dec. 22 - Jan. 20)



A conversation at the end of the week may uncover a new opportunity for you. Be aware of your environment and open in your interactions with others. Lucky numbers: 4, 7, 25, 34, 41, 42.

AQUARIUS
(Jan. 21 - Feb. 19)



Is there something you have always wanted to do, but it seemed too overwhelming? Now may be the right time to put in the hard work necessary to achieve it. Lucky numbers: 8, 12, 18, 21, 45, 47.

PISCES
(Feb. 20 - March 20)



If you recently have been feeling confused and out of sorts, that may begin to pass. However, it might take the next several weeks for things to settle, so don't act quickly. Lucky numbers: 1, 5, 8, 14, 24, 35.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 9.

Did You Know...

Dangerous dust: In the United States in the 1930s, the name "Dust Bowl" was used to depict the region in the southern plains that was hit by extreme drought. Dust storms, known as "black blizzards," were common.

Ad hoc meaning: When a company or organization spontaneously forms a group to deal with a specific issue, it's usually called an "ad hoc" committee. In Latin, the phrase means "for this situation."

Tall falls: Even cliff divers should be afraid of this waterfall. Angel Falls in Canaima National Park in Venezuela is the tallest uninterrupted waterfall in the world at a height of 979 metres (3,212 feet).

Food boss: Kitchens in restaurants can have a variety of different chefs with unique training and experience. A sous chef, for example, looks after the details of the dishes and is the boss of the cooks on the food lines.

Eye-catching bark: The rainbow eucalyptus tree (*Eucalyptus deglupta*) would be quite a sight in a garden. As this huge tree's bark is shed, it changes colour, first to green and then to other bright colours, such as oranges, reds, pinks, and purples.

On the Lighter Side

Why was the pantry so good at telling the future? It knew what was in store.

Knock! Knock! *Who's there?* Bashful. *Bashful who?* I can't say. I'm too embarrassed.

How does a mirror travel on an airplane? First glass.

Person: "You ate the dictionary? Bad dog! Spit it up!"
Dog: "You took the words right out of my mouth."

What do you get if you cross a small rodent with an oil can? A mouse that never squeaks again.

Answers

Trivia answers: 1. Solar system 2. Angela Merkel 3. Lion 4. Rome, Italy 5. Linear slide rule

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

ASTER GARDENS
An OPTIMAL LIVING Community

Come and thrive in our Memory Care program, designed with you in mind.

Take our two minute assessment. Just scan the code below!

Call us to ask questions or take a tour.



astergardens.ca/memory-care
7 Brower Dr, Sherwood Park, AB **780.902.7837**



**BUYING A NEW HOME?
LOOKING TO REFINANCE?
TIME TO RENEW?**

Contact your **local mortgage broker** to get started **today!**

LESLIE CAIRNS 780.570.5457
ACCREDITED MORTGAGE PROFESSIONAL

JOY MORTGAGES **KEYSTONE MORTGAGE CORPORATION** **@JoyInMortgages**

leslie@joyinmortgages.ca • www.joyinmortgages.ca



ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon **Master Electrician**

780.932.3858 Cell
ajdeleon63@gmail.com



FIRST AID MEDICAL COURSES SAFETY COURSES

PROFESSIONALS TRAINING PROFESSIONALS

✓ EMR - Emergency Medical Responder
✓ BLS - Basic Life Support
✓ ACLS - Advanced Cardiovascular Life Support
✓ SFA - Standard First Aid

✓ AFA/MFR - Advanced First Aid/Medical First Responder
✓ PALS - Paediatric Advanced Life Support
✓ RFA - Remote First Aid

232-2755 Broadmoor Blvd. Sherwood Park
780.643.6163 | www.emergencyed.ca



RETIREMENT LIVING CHRISTENSON

Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community
1 and 2 Bedroom suites now available

Bedford Village
Centre in the Park

Scan QR Code

Full Kitchens • Social & Recreation • U/G Parking
161 Festival Way, Sherwood Park

780-233-6077
CDLhomes.com



Operation Christmas Child

Bring joy, hope, and love to children in need in places like Ukraine, Central America, and west Africa.

Online:
Packabox.ca

Contact Doreen: 780-464-6127



TRINITY Baptist Church

Serving the community for over 40 years.
10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca
780-464-4040

East on Baseline, First left after Hwy 21
22550 Twp Road 530, Sherwood Park, AB



Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove



SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500** Gift Certificate

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

✓ Competitive Pricing
✓ Knowledgeable Service
✓ Great Selection
✓ Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD. since 1986



ART CLASSES

* Drawing * Painting
* Sculpture
* Portfolio Preparation

Artfully Yours
School of Fine Art

#126
150 Chippewa Road
(upstairs)
Sherwood Park

780.449.3824
info@artfullyyourschool.ca
artfullyyourschool.ca

GIFT CERTIFICATES AVAILABLE!

LIMITED ENROLLMENT - REGISTER TODAY



COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Working together to provide your loved one with the best IN HOME Care

FOREVER HOME SENIOR CARE

Because your family is our family

To book your free consultation, visit:
www.foreverhomeseniorcare.com | 780.245.1499

...or call



Exclusive offer for Facebook and Google Ads

Get **FREE** set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

SCAN ME

Contact us today for your FREE no obligation consultation!

Frontline **780.760.6922**



LANDSCAPE MAINTENANCE AND INSTALLATION

Mowing, Trimming, Edging • Fertilizing
Bed Maintenance, Weeding, Enhancements
Final Grades, Paving Stones, Retaining Walls

THREE SEASONS LANDSCAPING LTD.

780-922-4619 landscape industry certified

www.ThreeSeasonsLandscaping.ca



Real Estate | Wills | Contracts

HOMESTEAD LAW

Tamara D. Epple B.A., J.D.

780.243.2116
www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

