

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 1 Your name 2 Your phone number
 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!



Reader of the Month
Heath Bowen from Grande Prairie

Coffee News Fun Reading. Serious Advertising.

Recipe of the month

Peppermint Meltaways

1 cup butter, softened	1/4 teaspoon peppermint extract
1/2 cup confectioners' sugar	2 to 3 drops red food colouring, optional
1/2 teaspoon peppermint extract	1-1/2 cups confectioners' sugar
1-1/4 cups all-purpose flour	1/2 cup crushed peppermint candies
1/2 cup cornstarch	
2 tablespoons butter, softened	
2 tablespoons 2% milk	

Prep Time: 30 min. + chilling Bake: 10 min./batch
Yield: approx. 2.5 dozen

1 In a small bowl, cream butter and confectioners' sugar until light and fluffy. Beat in extract. In another bowl, whisk flour and cornstarch; gradually beat into creamed mixture. Refrigerate, covered, 30 minutes or until firm enough to handle.
 2 Preheat oven to 350°. Shape dough into 1-in. balls; place 2 in. apart on ungreased baking sheets. Bake 9-11 minutes or until bottoms are light brown. Remove from pans to wire racks to cool completely.
 3 In a small bowl, beat butter until creamy. Beat in milk, extract and, if desired, food colouring. Gradually beat in confectioners' sugar until smooth. Spread over cookies; sprinkle with crushed candies. Store in an airtight container.

Source: <https://www.tasteofhome.com>

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

We truck wild Alaskan salmon from the boat to the prairie folk!

Best quality salmon at the best price for Albertans!

Flash Frozen at Sea, which maintains its freshness, taste and quality, making it safer to eat.

- Volume discounts - 1000lb and up!
- Buy 10, get 1 free (includes cases, freshly smoked or fillet)
- Legal - provincial and federal inspected

778-835-0239 Follow us

Starting at \$4.25/lb plus head off and cleaned

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

For Expert Help:
1.844.453.5372

FREE ASSESSMENT CALL TODAY!

BBB A+ Rating

Home | Auto | Business | Farm

Insurance that fits

780.790.1578

604 Signal Rd, Fort McMurray
BrokerLink Insurance

©2022 BrokerLink Inc. "BrokerLink & Design" is a trademark of BrokerLink Inc. All rights reserved.

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Fort McMurray Edition
877-553-6397



www.coffee-news.ca Est. 1988

Vol. 19 No. 48 November 28, 2022

Everybody's Talking

Old mine: A spooky but intriguing place can be found in an isolated part of northeast Ireland. It is the remains of the once-active Benbulbin Barite mine, which was in operation from the late 1800s to 1979. Barite (which also is called baryte) is a mineral that has many uses in a number of industries, such as aggregate in cement and as an aid in taking gastrointestinal x-rays. Today, the mine's buildings are gone, but many pylons, wire ropes, and wooden planks remain on the site. The mine is dangerous and is on private property, so anyone who wishes to visit needs to obtain permission from the owner.

Colourful addition: Gardeners wanting to spruce up their flower beds with some startling colours might want to look into Brassica oleracea, ornamental cabbage and kale. That's right, these vegetables are not just for eating. The most common colours for these plants are purple, white, and pink, and all three might be layered throughout the leaves in one cabbage or kale plant. The leaves of ornamental cabbage are flat, while in the ornamental kale they are frilly or ruffled. They are good plants to grow in cooler areas because they can survive temperatures well below freezing.

Wild race: A mountain biking race like no other has been taking place in France each year since 1995. It's called "Megavalanche" and requires contestants to race 2,600 metres (8,530 feet) down a glacier called Pic Blanc. What makes this race stand out is the mass start: about 2,000 riders all begin at the same time at the top, racing down, virtually out of control, at speeds of up to 120 kph (75 mph). The route is slushy and at some points riders actually have to touch their feet to the ground to keep from falling. All the while, helicopters are buzzing overhead and loud music plays, adding to the electric atmosphere.

Name calling: What's in a name? In the case of a young Indonesian boy from South Sumatra, it's his father's penchant for crossword puzzles and his love of the English alphabet. That's why the father, Zulfahmi, decided on "ABCDEF GHIJK" as a name for his son. As the child grew and started school, his friends laughed at him, but today he actually likes his unusual name. Day to day, he is known by the nickname "Adef." Luckily for Adef's two younger brothers, someone in the family must have objected: they are named Ammar and Attar, but Zulfahmi reportedly had wanted to name them "NOPQ RSTUV" and "XYZ."

Quoteable Quotes

"Conscience is the inner voice that warns us somebody may be looking." —H.L. Mencken
 "So absolutely good is truth, truth never hurts the teller." —Robert Browning

What's Happening

Nov 25 - Home Alone Program Children need to feel comfortable, safe and ready to stay home alone. Guardians will be equipped with knowledge and resources to help children in their care to feel safe, responsible and empowered while at home. 5220 54 Street Cold Lake. 780-594-4495.

Nov 25 - Santa Claus Parade Starts at 6pm 50Ave 55St. Once the parade is over, make sure to head to the Cold Lake Energy Centre for Santa's Kick off Christmas party, 7pm to 9pm. The party is free to attend

Dec 22 - Story Time - Christmas 10:30 AM. Lloydminster Mall, 5211 44 Street

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What does the Oort Cloud surround?
2. Who was the first woman to be chancellor of Germany?
3. The Egyptian Sphinx body was based on an elephant, lion, or scorpion?
4. Where are the Spanish Steps?
5. Mathematician William Oughtred designed this in 1632.

(Flip bottom of page for answers)
© Published with Permission by Capital Marketing Ltd
(Over)

THIS SPACE FOR RENT

780-220-6397

Rediscover Your Youth and Vitality!

PhytoZon® - Science - Nutrition

- ✓ Fast Results - Brain/Body Balance
- ✓ Increased Strength, Energy, Vitality
- ✓ Joint Health, Flexibility

500+ Clinical Studies
Patented Ingredients

www.americandream4me.com/healthysolution

For all your real estate needs!

INTEGRITY • HARD WORK • PROFESSIONALISM

3% REALTY FORT McMURRAY

Kathy Bowers
BROKER/OWNER
780.881.1649
kathybowers@gmail.com

NORTHERN LIFE

OUTDOOR & LEISURE

FEATURING ON-SITE

Embroidery Services

For Personal or Corporate Needs
FAST TURNAROUND
for Digitizing & Embroidery

SHOP LOCAL

587-275-9485
8130 Fraser Ave, Fort McMurray

Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting
780.760.6922
frontlineconsulting.ca

Coffee News®

is proudly delivered by

wjs Canada

Coffee News® Part of your community.

Prepare for power outages today

WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty* An \$895 Value!

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(888) 688-0973

Congratulations

to October's Coffee News® Guy contest winners!

Your prizes are in the mail!

Kristina Ouelette
Maureen Johnson
Sheila Perkins
Cam Ethier

Enter today for your chance to win at www.coffee-news.ca

inogen
FREEDOM. TO BE YOU.
 1-888-998-6714
 MKT-P0253

BEST OF HAWAII FOUR-ISLAND TOUR
 12 days, departs year-round
 FROM \$2,549
\$2,299 USD
1-877-699-7003
 promo code N7017
 * Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!
 They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
They are the next Finest candles you will EVER find!
PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
 prairiescentedcandles@gmail.com
 www.prairiescentedcandles.com

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!
 How? We offer:
 ✓ VOIP Solutions at a fraction of the traditional carrier cost
 ✓ Long distance rates that outcompete the competition
587.760.2800
 https://zettatelecom.com
 DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Looking for a place to rent?
 Looking for someone to manage your property?
 Call us today!
780.598.1360
RESIDENTIAL REMEDIES INC.
 O/A 3% Realty Fort McMurray

BLUE BLOODS
 MON - THURS 9:00
yesTV

LOYALTY, TRUST AND EXPERIENCE SINCE 1975
Memento FUNERAL CHAPEL (1975) LIMITED
 FUNERALS • CREMATION • MONUMENTS • PRE-PLANNING
BASIC CREMATION \$2895
 CURRENTLY OFFERING UP TO **35% OFF** SELECT REMCO MONUMENTS
 BONNYVILLE 780-826-3113 | GOLD LAKE 780-639-3113 | ST. PAUL 780-615-3113

SHOP ONLINE!
www.scubagearcanada.ca
 • Snorkelling Gear • Reef-Safe Sunscreen
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts
The Dive Outfitters
 Scuba Diving & Snorkeling
 11781-156 St., Edmonton 780.483.0044
 Learn to SCUBA DIVE at our Edmonton location - call for details
 SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Your Weekly Horoscope

ARIES
(March 21 - April 20)
 Your Aries traits, positive and negative, may be heightened this week. Your energy level could be high, which you might channel into successful endeavours. Try not to be hampered by past insecurities. Lucky numbers: 6, 9, 10, 15, 45, 48.

TAURUS
(April 21 - May 21)
 Most Taurus-born feel deeply but may not know how to clearly express emotions. You might get another chance now, particularly in a romantic situation. Adjust your approach as needed. Lucky numbers: 12, 14, 16, 23, 28, 30.

GEMINI
(May 22 - June 21)
 Have you recently found yourself in conflict with others about an important matter? Perhaps try a less intellectual approach. Sometimes humour can break the ice in tense situations. Lucky numbers: 11, 18, 27, 40, 41, 43.

CANCER
(June 22 - July 22)
 Cancers easily sympathize with the problems of family and friends, wanting to fix the situations for them. That dynamic can have pitfalls, particularly now. You may want to tread carefully. Lucky numbers: 7, 11, 20, 22, 24, 28.

LEO
(July 23 - Aug. 23)
 Are you frustrated right now by obstacles preventing you from getting what you desire? If you can't change your plans, you may want to wait a few days before continuing. Lucky numbers: 10, 15, 26, 28, 34, 41.

VIRGO
(Aug. 24 - Sept. 23)
 Is your work no longer providing a sense of satisfaction to you? Perhaps you could consider a change that might make you happier and allow you to be of service to others. Lucky numbers: 9, 15, 16, 33, 41, 46.

LIBRA
(Sept. 24 - Oct. 23)
 Look inside for any unacknowledged anger about a person or situation. If you can address it calmly, try to do so. Otherwise, consider waiting until next week to resolve it. Lucky numbers: 1, 3, 32, 39, 43, 45.

SCORPIO
(Oct. 24 - Nov. 22)
 At the end of the week, your highly sensitive antenna about others may be out of whack. This might feel disconcerting, but in a few days things could return to normal. Lucky numbers: 6, 14, 16, 18, 26, 33.

SAGITTARIUS
(Nov. 23 - Dec. 21)
 If you have been having a difficult time connecting with someone, especially a romantic partner, now may be time to resolve a problem. Your communication skills might receive a boost. Lucky numbers: 2, 8, 18, 23, 34, 44.

CAPRICORN
(Dec. 22 - Jan. 20)
 A conversation at the end of the week may uncover a new opportunity for you. Be aware of your environment and open in your interactions with others. Lucky numbers: 4, 7, 25, 34, 41, 42.

AQUARIUS
(Jan. 21 - Feb. 19)
 Is there something you have always wanted to do, but it seemed too overwhelming? Now may be the right time to put in the hard work necessary to achieve it. Lucky numbers: 8, 12, 18, 21, 45, 47.

PISCES
(Feb. 20 - March 20)
 If you recently have been feeling confused and out of sorts, that may begin to pass. However, it might take the next several weeks for things to settle, so don't act quickly. Lucky numbers: 1, 5, 8, 14, 24, 35.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 9.

Did You Know...

Dangerous dust: In the United States in the 1930s, the name "Dust Bowl" was used to depict the region in the southern plains that was hit by extreme drought. Dust storms, known as "black blizzards," were common.

Ad hoc meaning: When a company or organization spontaneously forms a group to deal with a specific issue, it's usually called an "ad hoc" committee. In Latin, the phrase means "for this situation."

Tall falls: Even cliff divers should be afraid of this waterfall. Angel Falls in Canaima National Park in Venezuela is the tallest uninterrupted waterfall in the world at a height of 979 metres (3,212 feet).

Food boss: Kitchens in restaurants can have a variety of different chefs with unique training and experience. A sous chef, for example, looks after the details of the dishes and is the boss of the cooks on the food lines.

Eye-catching bark: The rainbow eucalyptus tree (*Eucalyptus deglupta*) would be quite a sight in a garden. As this huge tree's bark is shed, it changes colour, first to green and then to other bright colours, such as oranges, reds, pinks, and purples.

On the Lighter Side

Why was the pantry so good at telling the future? It knew what was in store.

Knock! Knock! *Who's there?* Bashful. *Bashful who?* I can't say. I'm too embarrassed.

How does a mirror travel on an airplane? First glass.

Person: "You ate the dictionary? Bad dog! Spit it up!"
 Dog: "You took the words right out of my mouth."

What do you get if you cross a small rodent with an oil can? A mouse that never squeaks again.

Answers

Trivia answers: 1. Solar system 2. Angela Merkel 3. Lion 4. Rome, Italy 5. Linear slide rule

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
 GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
 SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Family Owned Local Alberta Business Since 1986
DIRECT WORKWEAR LTD.
 Since 1986
 We ship across Canada Huge Women's Selection XXS up to 7XL Sizing
WIN A \$500
www.directworkwear.com Gift Certificate
 Always low prices & great deals... save money.

Coffee News is proud to support Make-A-Wish® Canada
 Transform lives, one wish at a time.
Make-A-Wish.
 Visit makeawish.ca

LARGEST SELECTION of brother Machines and Accessories
 brother at your side
 BQ2450
 Come in for a test drive!
 Mon-Fri, 9 am - 5 pm Sat, 9 am - 3 pm
CENTRAL SEWING MACHINES
 SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE
 SOUTH 780.469.1147 WEST 780.486.0047
 8649-63 Ave., Edmonton 18514-104 Ave., Edmonton
www.centraalsewing.com

Need ONE More Reason to Join?
 1 You don't have an up to date will
 2 You don't understand the difference between a trust and a will
 3 The CRA selects you for an audit
 4 You need a letter written on your behalf by a lawyer
 5 You receive a speeding ticket
 6 You need a lawyer's advice on any matter
 Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
LegalShield 1-877-579-9449

Helping you rediscover **fun** in the kitchen!
Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220
 CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Don't miss out!
BLACK FRIDAY PROMO
50% OFF
 any 6 or 12 month **Coffee News** ad campaign*
 Scan QR code for more information, and a representative will be in touch
 * Offer valid November 16-30, 2022
 * Category restrictions may apply
 * Offer available for all editions published by Capital Marketing Inc.