

Machining | Welding | Fabrication



GW
GROVE MACHINE & WELDING

- Ramps
- Flywheels
- Farming Equipment
- Gear Parts
- ...and more

780-962-1772 CALL US TO DISCUSS YOUR PROJECT!
www.grovemachineandwelding.com | 35 South Ave., Spruce Grove

First Time Customers: 10% OFF*
*To a maximum of \$200

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Stony Plain Edition

780-220-6397



www.coffee-news.ca Est. 1988

HORIZON STAGE Performing Arts Centre

2022-23 Season

Tickets available in person at the Border Paving Athletic Centre, #100, 9 Tri Leisure Way, or by phone at 780.962.8995.



Scan here for season details!

HIP/KNEE REPLACEMENT?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for

\$3,000 YEARLY TAX CREDIT
and **\$30,000 LUMP SUM REFUND**

FREE ASSESSMENT CALL TODAY!

For Expert Help:
1.844.453.5372



BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

FROM \$2,549
\$2,299 USD

1-877-699-7003
promo code N7017

YMT vacations

* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

780.421.1177
www.smallmiraclesadoption.com



Recipe of the month

Peppermint Meltaways

1 cup butter, softened	1/4 teaspoon peppermint extract
1/2 cup confectioners' sugar	2 to 3 drops red food colouring, optional
1/2 teaspoon peppermint extract	1-1/2 cups confectioners' sugar
1-1/4 cups all-purpose flour	1/2 cup crushed peppermint candies
1/2 cup cornstarch	
2 tablespoons butter, softened	
2 tablespoons 2% milk	

Prep Time: 30 min. + chilling Bake: 10 min./batch
Yield: approx. 2.5 dozen

- In a small bowl, cream butter and confectioners' sugar until light and fluffy. Beat in extract. In another bowl, whisk flour and cornstarch; gradually beat into creamed mixture. Refrigerate, covered, 30 minutes or until firm enough to handle.
- Preheat oven to 350°. Shape dough into 1-in. balls; place 2 in. apart on ungreased baking sheets. Bake 9-11 minutes or until bottoms are light brown. Remove from pans to wire racks to cool completely.
- In a small bowl, beat butter until creamy. Beat in milk, extract and, if desired, food colouring. Gradually beat in confectioners' sugar until smooth. Spread over cookies; sprinkle with crushed candies. Store in an airtight container.

Source: <https://www.tasteofhome.com>



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
a RAY of Fragrance

Sunset Scents
a RAY of Fragrance

priariescentedcandles@gmail.com
www.priariescentedcandles.com



Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 1 Your name 2 Your phone number
 3 Your address
 so that we can send you some cool prizes
 if your photo is chosen to appear in the paper!

Reader of the Month
Heath Bowen from Grande Prairie

Coffee News Fun Reading. Serious Advertising.



Everybody's Talking

Abandoned hotel: Imagine heading to the beach but, instead of finding luxury hotels lining the shore, a derelict old mansion is sitting right in the water. That is what greets visitors to Playa La Puntilla in Costa del Sol, El Salvador, when they saunter down to the water's edge. There are theories about why the pillared, but wrecked, building is there. Some say that it once was a villa called Hotel Puerto Ventura. However, about three decades ago, a hurricane, or perhaps simply poor design, caused the building to shift from its foundation and drift toward the sea. Whatever the reason, the structure sits there as a testament to the past.

Feel good story: A coffee shop in Staten Island, New York (U.S.), knows how to go above and beyond the call of duty, without regard to the social status of their patrons. A customer, Janessa Rubino, reported standing in line at the counter when a homeless man came in with a half-gallon jug. He asked the server for water, and the server said to help himself from the cooler. The man then asked if he could also have a meal, as he was hungry. The server obliged and took his order. Amazed by the generosity, Rubino offered to pay, but the server said not to worry: they give him a meal whenever he comes in hungry.

Living with little: Who needs all the stuff that's available for purchase in today's society? A woman from Nanjing, Jiangsu, China, doesn't need much at all, and she's proved it by being extremely frugal. Wang Shenai, a married mother of two, was able to save about 90 percent of her salary each month by watching her spending. The family eats in and doesn't dine at expensive restaurants, and the mom only wears second-hand clothing. By saving, she was able to buy two houses. She is a member of a group called Frugal Women's Federation. Growing up poor, she learned to do with less, and continues that lifestyle today.

Baby bird: Alesh and Janja of Koper, Slovenia, are the proud parents of...a sparrow! A friend of theirs found the baby bird on the ground and called them for help. The young couple decided to care for the tiny chick, feeding it frequently and providing it with a comfortable cage. They named the little bird "Chibi." As it grew and learned how to fly, they let it take flight around their apartment. When the couple tried to release Chibi, the sparrow took off for a while, then came back to rest on their shoulders. So they let it stay, but they always check to be sure the door to its cage stays open.

Quoteable Quotes

"What nature delivers to us is never stale. Because what nature creates has eternity in it." —Isaac Bashevis Singer

"You're either part of the solution or part of the problem." —Eldridge Cleaver

What's Happening

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Suriname is on what continent?
2. Lexiko was an early name for this popular board game.
3. What is the official language in Mozambique?
4. Who wrote "The Birds," on which the Alfred Hitchcock film was based?
5. What does the TORRO scale measure?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

HORIZON STAGE Performing Arts Centre

2022-23 Season

Tickets available in person at the Border Paving Athletic Centre, #100, 9 Tri Leisure Way, or by phone at 780.962.8995.



Scan here for season details!

We truck wild Alaskan salmon from the boat to the prairie folk!

Best quality salmon at the best price for Albertans!

Flash Frozen at Sea, which maintains its freshness, taste and quality, making it safer to eat.

- Volume discounts - 1000lb and up!
- Buy 10, get 1 free (includes cases, freshly smoked or fillet)
- Legal - provincial and federal inspected

778-835-0239 Follow us 

Starting at \$4.25/lb plus head off and cleaned



THIS SPACE FOR RENT

780-220-6397

IS ADVENTURE ON YOUR BUCKET LIST?

Learn to Scuba Dive
Ask about our Buddy Special

Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton

www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish
Visit makeawish.ca



WHEEL OF FORTUNE

WEEKNIGHTS 7PM/6PST
yesTV



WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com



BLACK FRIDAY SALE!

40% OFF

STORE WIDE!

Gold'n Loan Pawn Shop CALL TODAY!
587-521-4653

201, 5007-48 Street
Stony Plain

SALE RUNS BLACK FRIDAY UNTIL XMAS EVE

Affordable-Effective-Exclusive-CALL NOW!

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500**
Gift Certificate

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

COMPETITIVE PRICING
KNOWLEDGEABLE SERVICE
GREAT SELECTION
CHECK OUT OUR SALE PAGE FOR EVEN BETTER DEALS

DIRECT WORKWEAR LTD. Since 1986

Merry Christmas

from your friends at **Coffee News**

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

587.760.2800
https://zettatelecom.com

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Can't get to your **Coffee News** each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Bras Briefs Boxers Bikinis

Romantic Notions inc.

#30, 210 McLeod Ave., Spruce Grove

780.962.4944 | 1.855.962.4944
www.romanticnotions.ca

@romanticnotionsab @romanticnotionsboutique

30 YEARS OF EXCELLENCE FINDING THE BEST BRA FIT FOR ALL BODIES

ASK US ABOUT GIFT WRAPPING!

GENERAC

Prepare for power outages today WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty! An \$895 Value!

REQUEST A FREE QUOTE CALL NOW BEFORE THE NEXT POWER OUTAGE (888) 688-0973

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

I BUY GUN COLLECTIONS and WW II COLLECTIBLES

Call Jay: **780-686-1350**

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

Your Weekly Horoscope

ARIES (March 21 - April 20)

At this time, consciously using your will might help assure a successful outcome for you. Nothing can be achieved if you merely sit on the sidelines and wait. Lucky numbers: 12, 16, 31, 41, 43, 45.

TAURUS (April 21 - May 21)

An old issue may resurface that brings you in conflict with others. View the problem through the lens of how it is now, not how it was then, and adjust accordingly. Lucky numbers: 3, 17, 18, 26, 32, 48.

GEMINI (May 22 - June 21)

Now may be the time to complete an endeavour and begin planning your next one. However, if you are running into obstacles, figure out how to salvage the project and move on. Lucky numbers: 4, 5, 7, 15, 28, 38.

CANCER (June 22 - July 22)

Have you been feeling low or discouraged in recent days? At the end of the week, you may see a potential opportunity to hit the reset button and improve your mood. Lucky numbers: 16, 19, 23, 24, 36, 40.

LEO (July 23 - Aug. 23)

At the beginning of the week, your natural optimism may be dampened. Rather than being discouraged, try applying your serious mood to completing a task that could benefit from this type of energy. Lucky numbers: 11, 14, 15, 17, 19, 34.

VIRGO (Aug. 24 - Sept. 23)

Virgos often pride themselves on keeping everything under control. This week you may have to accept that some events are just beyond your control, and wait for things to change. Lucky numbers: 10, 17, 20, 24, 29, 32.

LIBRA (Sept. 24 - Oct. 23)

Your focus may be on your career or, more broadly, your role in the world. If you are looking for guidance, look to the Libra strengths of diplomacy and consideration of others. Lucky numbers: 6, 11, 15, 27, 31, 42.

SCORPIO (Oct. 24 - Nov. 22)

Have you recently experienced a sudden or unexpected change in your life? Looking for a hidden opportunity may be helpful to you in mitigating any negative effects. Lucky numbers: 5, 8, 18, 39, 42, 47.

SAGITTARIUS (Nov. 23 - Dec. 21)

You may be experiencing a conflict between what you feel you want versus what you need. Perhaps it is time for some inner dialogue to reflect on the most important considerations. Lucky numbers: 9, 14, 17, 23, 28, 29.

CAPRICORN (Dec. 22 - Jan. 20)

Capricorns often prefer to let their achievements speak for them. Adjusting your style may provide a chance to successfully communicate about something that passionately interests you. Lucky numbers: 7, 15, 21, 23, 26, 28.

AQUARIUS (Jan. 21 - Feb. 19)

Have things been flowing smoothly for you? This moment probably won't last forever, so take advantage of it right now to achieve a positive outcome for something you desire. Lucky numbers: 2, 6, 21, 31, 32, 45.

PISCES (Feb. 20 - March 20)

You may be feeling stressed now because you are juggling too many things at once. This situation could pass in a few days. Work to communicate clearly, in the meantime. Lucky numbers: 13, 16, 31, 41, 43, 44.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 31.

Did You Know...

Zip it up: It's hard to imagine life without zippers. The person credited with coming up with this invention is American Elias Howe, who patented the item in 1851. He called it the "automatic continuous clothing closure."

Light the way: Norah Head, in New South Wales, Australia, is home to a lighthouse of the same name. It was built in 1903 and was one of the last lighthouses in the country to be staffed; in 1995, it was outfitted with a fully automated light.

Old bands: Singer Robert Plant and late drummer John Bonham of the famous British rock band Led Zeppelin, met in 1965. They played together in a band called the Crawling King Snakes and, later, Band of Joy.

Canadian game: In the team game of lacrosse, players use sticks with nets on one end to throw and catch a ball, trying to get it into their opponent's net. Indigenous peoples invented the game. It is the official summer sport in Canada.

Potato problem: The Irish Potato Famine started in 1845 and lasted for several years. A fungus called blight spoiled the country's potato crop. The era was also known as the Great Hunger because potatoes were a food staple at the time.

On the Lighter Side

Knock! Knock! Who's there? Yah. Yah who? Yah who, let's party!

I went to a fancy English hotel. Or, rather, a great Brit-inn.

Kid: "How do you like your job?"
Garbage collector: "It's picking up."

Why did the mandolin go to the psychiatrist? It was tired of being high-strung.

There's nothing like a meteor shower to rock your world.

Answers

Trivia answers: 1. South America 2. Scrabble 3. Portuguese 4. Daphne du Maurier 5. Tornado intensity

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

inogen

FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

THE ONE 88.1 FM

PARKLAND'S BEST COUNTRY

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

WEBSITES

From \$129/Month

(780) 760-6922

FRONTLINECONSULTING.CA

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

ISP COMPUTERS

BUSINESS IT SUPPORT, COMPUTER SALES & REPAIRS

ISP COMPUTERS - Your Tech 911

780-960-2150
Email: ia@ispcomputers.ca
Website: www.ispcomputers.ca

124B South Ave., Spruce Grove, AB T7X 3A9

LARGEST SELECTION of brother Machines and Accessories

brother at your side

BO2450

Come in for a test drive!
Mon-Fri, 9 am - 5 pm Sat, 9 am - 3 pm

NEW LOCATION NOW OPEN!

CENTRAL SEWING MACHINES

SOUTH 780.469.1147 WEST 780.486.0047
8649-63 Ave., Edmonton 18514-104 Ave., Edmonton

www.centralesewing.com

SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE

Helping you rediscovers **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

The World's #1 Restaurant Publication!