

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**  
SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!  
Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**FREE!** *New Issue Every Week!*

**Coffee News**<sup>®</sup>  
"News To Be Enjoyed Over Coffee"

**Camrose Edition**  
**877-553-6397**

[www.coffee-news.ca](http://www.coffee-news.ca)

Est. 1988

Affordable-Effective-Exclusive-CALL NOW!

**THIS SPACE FOR RENT**  
**780-220-6397**

**Merry Christmas**  
from your friends at **Coffee News**<sup>®</sup>

Vol. 19 No. 50 December 12, 2022

**Everybody's Talking**

**Kitty lit:** There is nothing like cuddling up with a book—and a cat! That's what visitors to Mon Chat Pitre in Aix-en-Provence, France, can do. It's a bookstore owned by Solène Chavanne and Jean-Philippe Doux, who wanted to design a comforting atmosphere for customers. They brought six kitties from a local animal shelter and provided them with space to roam, a private room to rest, and lots of social interaction with customers. While the store's six cats are not available for new homes (because now they belong to Chavanne and Doux!), the store owners hope that the presence of the felines will encourage others to rescue cats from local shelters.

**Coffee News**<sup>®</sup>  
is proudly delivered by

**CENTRA CAM VOCATIONAL TRAINING ASSOCIATION**

*Coffee News* Part of your community.

**Congratulations**  
to October's **Coffee News Guy** contest winners!

Your prizes are in the mail!

**Kristina Ouelette  
Maureen Johnson  
Sheila Perkins  
Cam Ethier**

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

**Tinnitus Therapy**  
available using new Stytleto

**Rechargeable Hearing Aids Available**

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?

**EYES + EARS OPTICAL + HEARING CO.**  
403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE

**Pregnant? Facing Difficult Decisions?**  
We can help.  
Call **780.421.1177** or text **587.596.5380**

**A Small Miracle Adoption**  
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

Helping you rediscover **fun** in the kitchen!

**Gifts and Gadgets**  
Your one stop kitchen and gift shop.  
**780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!  
Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**  
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**PSC Prairie Scented Candles**  
**Sunset Scents** a RAY of Fragrance  
[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

**Bicycle culture:** Beginning in the 1970s, kids in Japan began to partake in an interesting hobby called dekochari, which entails elaborately decorating their bicycles. The practice stems from a hobby that was common among adults at the time called dekotora, which means decorating one's truck. Kids were too young to own trucks, but wanted to emulate the fancy vehicles, so they added chrome plating, plywood accessories, extra lighting, and sound systems to their bikes. A culture was born! But the practice faded when both dekotora trucks and dekochari bicycles ran into trouble with the law because of their extra weight. Today, only a few young people continue to practice the hobby.

**Happy homecoming:** A family in southern England never thought they'd see their beloved cocker spaniel Cassie again. In 2013, their dog disappeared from their yard. Although only a pup at the time, Cassie was equipped with a microchip. Recently, while investigating a disreputable puppy farm, police rescued Cassie from the place. Her microchip turned out to be Cassie's ticket home to her rightful owners. The happy human family got more than they bargained for when police brought Cassie to them with three of her puppies! She has settled back in well, with her tail constantly wagging, and her owners have found good homes for her offspring.

**Haunting music:** Two brothers from Ecuador are attuned to the sound of silence in the majestic mountains and valleys of their home country. That may be why Luis and Fabian Salazar, who make up the musical group Wuauquikuna, decided to perform the Simon and Garfunkel song "Sound of Silence" on a scenic Ecuadorian hillside. The brothers play panpipes and flutes with great skill, including the quena, quenacho, Chinese flute, zampoñas, toyos, and rondador. They play their haunting music to international audiences at folk festivals, and have become known for other cover pieces, such as Leonard Cohen's "Hallelujah" and "The Power of Love" by Celine Dion.

Can't get to your **Coffee News**<sup>®</sup> each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**Quoteable Quotes**

"They always say time changes things, but you actually have to change them yourself."  
—Andy Warhol

"I've grown most not from victories, but from setbacks."  
—Serena Williams

**Love Coffee News?**

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:  
• Your name • Your phone number  
• Your address  
so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Coffee News**<sup>®</sup> Fun Reading. Serious Advertising.

**What's Happening**

**Dec 11 - Devon Christmas Arts Market** Our last market of the year. The Devon Arts Market features the best of our local artists and artisans, with offerings just in time for Christmas.-- Noon to 4 pm, Devon Community Centre 20 Haven Ave.

**Dec 17 - Light the Night: Winter Luminary at Rundle's Mission** Kick off the Christmas season by trying ice carving and enjoying maple candy and hot chocolate. This is a free event. 47436 RR 15 Lakeshore Drive. For more information, contact Parks and Recreation at 780-955-6410.

**Dec 22 - Story Time - Christmas** 10:30 AM. Lloydminster Mall, 5211 44 Street

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**GENERAC**

Prepare for power outages today  
WITH A HOME STANDBY GENERATOR

**FREE** 7-Year Extended Warranty\* An \$895 Value!

**REQUEST A FREE QUOTE**  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(888) 688-0973**

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

**RE/MAX REAL ESTATE**  
SERVING CAMROSE & AREA

**LISA ROHR REALTOR**  
780.781.6859  
[LISA@CAMROSEPROPERTIES.COM](mailto:LISA@CAMROSEPROPERTIES.COM)  
[CAMROSEPROPERTIES.COM](http://CAMROSEPROPERTIES.COM)

Coffee News is proud to support **Make-A-Wish**<sup>®</sup> Canada

Transform lives, one wish at a time.

**Make-A-Wish**  
Visit [makeawish.ca](http://makeawish.ca)

**Get More Traffic, Leads & Sales**

• Website Development  
• Google Ads  
• Facebook Advertising  
• Social Media Management  
• SEO & Content Marketing  
• Reporting & Analytics

**Frontline** web consulting  
780.760.6922  
[frontlineconsulting.ca](http://frontlineconsulting.ca)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

**Trivia**

1. Doromania is a compulsion to give gifts, drink water, or dance?
2. What was the last movie in which Bette Davis acted?
3. Where in Canada is the Big Nickel?
4. In Greek mythology, who personified the rainbow?
5. Who told the tales in The 1001 Nights?

(Flip bottom of page for answers)  
© Published with Permission by Capital Marketing Ltd

**CANADA'S #1 RETAIL WINDOW COVERING FACTORY**

**real blinds**

FREE DESIGN CONSULTATION  
COMMERCIAL • RESIDENTIAL • WHOLESALE

780.741.2376  
Toll Free 1.855.846.7325  
**REALBLINDS.CA**

Made in Canada  
with pride

**inogen**  
**FREEDOM. TO BE YOU.**  
 1-888-998-6714  
 MKT-P0253

**"A Proven Leader in Digital Security"**

- Commercial CCTV Surveillance Solutions
- Commercial Access Control Solutions
- Commercial Alarm Solutions
- Rural Farm and Acreage Solutions

**EAGLE EYE SECURITY SOLUTIONS LTD.**  
 780.570.5974 | eesecuritysolutions.ca

LOCALLY OWNED AND OPERATED

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

**ETTA TELECOM**  
 587.760.2800  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**PROVEN EXPERTISE**

**HALAS ROOFING**  
 Dennis Halas Agencies Ltd.  
 NEW & RE-ROOFING

- Top rated roofing materials
- Family run for 25+ yrs.
- Licensed, insured & WCB

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074  
 dennishalass@shaw.ca • www.halasroofing.ca

Halas provides a 50 Year Extended Warranty including a 25 Year Workmanship Warranty!

Weather-Tite, GUTTER GUARD, BBB

**Come and enjoy rural Alberta!**

Tired of waiting for high cost accommodation in the big city? We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1986.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

**780.853.5706**  
 Contact our office at admin@vdhf.ca  
 www.vdhf.ca  
 5401-46 St., Vermilion

**Vermilion & District Housing Foundation**

**Canada's HEALTHY Choice for Pets!**

**GLOBAL PET FOODS**

**SENIORS' DAY** last Tuesday of every month  
 Save **15%**

PLUS 10 Bonus Air Miles Reward Miles! Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc  
 780-980-8711 • www.globalpetfoods.com

**Recipe of the month**

**Peppermint Meltaways**

1 cup butter, softened  
 1/4 teaspoon peppermint extract  
 1/2 cup confectioners' sugar  
 2 to 3 drops red food colouring, optional  
 1-1/4 cups all-purpose flour  
 1-1/2 cups confectioners' sugar  
 1/2 cup cornstarch  
 2 tablespoons butter, softened  
 1/2 cup crushed peppermint candies

Prep Time: 30 min. + chilling Bake: 10 min./batch  
 Yield: approx. 2.5 dozen

- In a small bowl, cream butter and confectioners' sugar until light and fluffy. Beat in extract. In another bowl, whisk flour and cornstarch; gradually beat into creamed mixture. Refrigerate, covered, 30 minutes or until firm enough to handle.
- Preheat oven to 350°. Shape dough into 1-in. balls; place 2 in. apart on ungreased baking sheets. Bake 9-11 minutes or until bottoms are light brown. Remove from pans to wire racks to cool completely.
- In a small bowl, beat butter until creamy. Beat in milk, extract and, if desired, food colouring. Gradually beat in confectioners' sugar until smooth. Spread over cookies; sprinkle with crushed candies. Store in an airtight container.

Source: <https://www.tasteofhome.com>

# Your Weekly Horoscope

**ARIES**  
 (March 21 - April 20)

Try taking a practical approach to finally resolving an old, emotional issue now. A conversation with someone older or more experienced might be helpful in finding a solution. Lucky numbers: 2, 17, 40, 41, 45, 48.

**TAURUS**  
 (April 21 - May 21)

At the end of the week, conversations with others may be smooth and easy. An unusual or unexpected opportunity might even arise from one of them. If so, be proactive. Lucky numbers: 10, 16, 19, 23, 37, 47.

**GEMINI**  
 (May 22 - June 21)

Be careful in conversations with others or you might experience a setback in something important. Consider adjusting your communication style to encourage a positive outcome. Lucky numbers: 6, 7, 11, 12, 41, 48.

**CANCER**  
 (June 22 - July 22)

Try to be aware of your environment and of those who share it with you right now. You may see a new opportunity that could help you fulfill your life's purpose. Lucky numbers: 7, 9, 14, 17, 18, 24.

**LEO**  
 (July 23 - Aug. 23)

You may start this week feeling more like your normal self than you have been. How might you use this restored balance of heart and head to initiate positive change? Lucky numbers: 18, 20, 24, 31, 32, 44.

**VIRGO**  
 (Aug. 24 - Sept. 23)

Your life situation may settle down midweek, after a recent period of disruption. You might be able to happily get back to your normal and well-grounded routine. Lucky numbers: 11, 14, 15, 22, 24, 29.

**LIBRA**  
 (Sept. 24 - Oct. 23)

You may be entering a period where you feel a strong desire to nurture others. Just be careful to be sure that your assistance isn't making them dependent on you. Lucky numbers: 3, 14, 15, 17, 18, 29.

**SCORPIO**  
 (Oct. 24 - Nov. 22)

Most of us have an Achilles heel that occasionally causes us to stumble. Yours may be resurfacing now. Give some conscious thought to how to address it. Lucky numbers: 1, 24, 25, 26, 40, 47.

**SAGITTARIUS**  
 (Nov. 23 - Dec. 21)

Do you feel that others are putting obstacles in your path? If so, try looking inward to see if you are somehow contributing to the situation. Otherwise, wait for it to change. Lucky numbers: 4, 6, 14, 21, 27, 45.

**CAPRICORN**  
 (Dec. 22 - Jan. 20)

An unhelpful belief or behaviour pattern from your past may be getting in your way right now. A deep dive into your unconscious could unearth a meaningful insight. Lucky numbers: 5, 9, 13, 32, 36, 46.

**AQUARIUS**  
 (Jan. 21 - Feb. 19)

Recently, you may have found yourself working very hard to stay ahead of a curve ball. This week you might uncover an opportunity that could finally reward those efforts. Lucky numbers: 2, 5, 13, 24, 35, 44.

**PISCES**  
 (Feb. 20 - March 20)

Are you feeling discouraged, with a low level of energy to handle routine tasks? This dynamic may pass within a week or so. In the meantime, take good care of yourself. Lucky numbers: 12, 16, 29, 38, 39, 41.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 23.

## Did You Know...

**Sensitive flower:** Four species of a flower called Gentiana that grow on the Qinghai-Tibetan Plateau in Tibet, have been called "shy" by scientists. If touched, their small, delicate blooms close up in only a few seconds.

**Glacial landscape:** Kenai Fjords National Park, near Seward, Alaska (U.S.), is home to more than 30 glaciers. The ice formations in this breathtakingly beautiful park are in danger due to climate change.

**Solitary creature:** The aardwolf is a member of the hyena family and is smaller than its cousins. Their diet is made up of insects rather than carrion. They live in various parts of Africa and are solitary, nocturnal creatures.

**Warming up:** When people shiver, their skin tightens and their muscles shake, which conserves and generates heat. When that starts happening, it's time to find a warm blanket.

**Titanic facts:** In the 1997 movie *Titanic*, Canadian actor Victor Garber plays shipbuilder executive Thomas Andrews. As shown in the movie, Andrews helped people to safety, but he died when the ship went down.

## On the Lighter Side

Where do trombone players in the orchestra sit? Slide by slide.

First kid: "Why is our tennis teacher so mad at you?"  
 Second kid: "He caught me raising a racquet."

What happens when a computer gets new shoes? It's rebooted.

What did the algebra teacher say to the morning mist? Dew the math.

Knock! Knock! *Who's there?* Only. *Only who?* Only you can prevent forest fires.

### Answers

**Trivia answers:** 1. Give gifts 2. Wicked Stepmother 3. Sudbury, Ontario 4. Mrs 5. Scheherazade

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

**Call today to book your appointment!**

We only want to make you SMILE

**Millet Denture Clinic**  
 780.387.3311 • 5022 - 50 Street, Millet  
 BARB UNGER, DD • [barb@milletdenture.ca](mailto:barb@milletdenture.ca)

**Start Your Own Business!**

FREE government funded Self-Employment Training

NOW ONLINE

**microbusiness**  
 TRAINING CENTRE INC  
 Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7  
 780.482.4462 | [www.microbusiness.ca](http://www.microbusiness.ca)

**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
 Learn to SCUBA DIVE at our Edmonton location - call for details  
 Scuba Diving & Snorkeling  
 11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**BEST OF HAWAII FOUR-ISLAND TOUR**

12 days, departs year-round

FROM \$2,549  
**\$2,299** USD

**VMT vacations**  
 1-877-699-7003  
 promo code N7017

\* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

**We truck wild Alaskan salmon from the boat to the prairie folk!**

**Best quality salmon at the best price for Albertans!**

Flash Frozen at Sea, which maintains its freshness, taste and quality, making it safer to eat.

- Volume discounts - 1000lb and up!
- Buy 10, get 1 free (includes cases, freshly smoked or fillet)
- Legal - provincial and federal inspected

**778-835-0239** Follow us

Starting at \$4.25/lb plus head off and cleaned

**Need ONE More Reason to Join?**

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

**LegalShield**  
 Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!  
 1-877-579-9449

**Joey's FISH SHACK**

780.673.0164  
 #305 6805-48 Avenue Camrose

**ALL YOU CAN EAT FISH & CHIPS** Tuesdays \$16.50 + GST

**ALL YOU CAN EAT FISH TACOS** Thursdays \$15.50 + GST

**HIP/KNEE REPLACEMENT?**

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for **\$3,000 YEARLY TAX CREDIT** and **\$30,000 LUMP SUM REFUND**

For Expert Help: **1.844.453.5372**

FREE ASSESSMENT CALL TODAY!

BBB ACCREDITED