

Congratulations
to October's
Coffee News Guy
contest winners!

Your prizes
are in the mail!

**Kristina Ouelette
Maureen Johnson
Sheila Perkins
Cam Ethier**

Enter today for
your chance to win at
www.coffee-news.ca

FREE! *New Issue Every Week!*
Coffee News®
"News To Be Enjoyed
Over Coffee"
**South Central
Edmonton
Edition**
780-220-6397

www.coffee-news.ca Est. 1988

**Coats for
Kids
& Families**

We accept clean, gently
used, or new winter
outerwear for men,
women, and children
in need.

**United Way
Alberta Capital Region**

coatsforkidsandfamilies.ca

**THIS SPACE
FOR RENT**
780-220-6397

WHAT YOU SAY MATTERS
At iListen we step into your world to listen to you.

CONVENIENT
Telephone, virtual
or chat

OFFERS
Value that
works for you

PEACE OF MIND
Feel welcomed,
safe and heard

Toll Free: 1.877.757.0350
www.ilistencanada.com

Everybody's Talking

Kitty lit: There is nothing like cuddling up with a book—and a cat! That's what visitors to Mon Chat Pitre in Aix-en-Provence, France, can do. It's a bookstore owned by Solène Chavanne and Jean-Philippe Dour, who wanted to design a comforting atmosphere for customers. They brought six kitties from a local animal shelter and provided them with space to roam, a private room to rest, and lots of social interaction with customers. While the store's six cats are not available for new homes (because now they belong to Chavanne and Dour!), the store owners hope that the presence of the felines will encourage others to rescue cats from local shelters.

**Keeping our
community
warm.**

**United Way
Alberta Capital Region**

coatsforkidsandfamilies.ca

Bicycle culture: Beginning in the 1970s, kids in Japan began to partake in an interesting hobby called dekochari, which entails elaborately decorating their bicycles. The practice stems from a hobby that was common among adults at the time called dekotora, which means decorating one's truck. Kids were too young to own trucks, but wanted to emulate the fancy vehicles, so they added chrome plating, plywood accessories, extra lighting, and sound systems to their bikes. A culture was born! But the practice faded when both dekotora trucks and dekochari bicycles ran into trouble with the law because of their extra weight. Today, only a few young people continue to practice the hobby.

NEW PATIENTS WELCOME!

**Experienced
dental care**

**Dr. Derek Fika
Family Dentistry**
Creating Beautiful Smiles
587-760-3454
drderekfika@shaw.ca

**NOW OFFERING
COSMETIC AND
THERAPEUTIC
BOTOX!**

**Trustworthy, Honest
and Reliable
House Cleaning... Just For You!**

- ✓ Flat and Hourly Rates Available
- ✓ Over 15 Years Experience
- ✓ Thorough, Considerate, Friendly

C: 780.239.3553 | almescape@gmail.com

Happy homecoming: A family in southern England never thought they'd see their beloved cocker spaniel Cassie again. In 2013, their dog disappeared from their yard. Although only a pup at the time, Cassie was equipped with a microchip. Recently, while investigating a disreputable puppy farm, police rescued Cassie from the place. Her microchip turned out to be Cassie's ticket home to her rightful owners. The happy human family got more than they bargained for when police brought Cassie to them with three of her puppies! She has settled back in well, with her tail constantly wagging, and her owners have found good homes for her offspring.

Exclusive Offer!

Coffee News Readers - Receive \$100 OFF their Website Development!

*Mention this ad to redeem!

Frontline
web consulting
(780) 760-6922
FRONTLINECONSULTING.CA

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

VOIP Solutions at a fraction of the traditional carrier cost
Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Haunting music: Two brothers from Ecuador are attuned to the sound of silence in the majestic mountains and valleys of their home country. That may be why Luis and Fabian Salazar, who make up the musical group Wuauquikuna, decided to perform the Simon and Garfunkel song "Sound of Silence" on a scenic Ecuadorian hillside. The brothers play panpipes and flutes with great skill, including the quena, quenacho, Chinese flute, zampoñas, toyos, and rondador. They play their haunting music to international audiences at folk festivals, and have become known for other cover pieces, such as Leonard Cohen's "Hallelujah" and "The Power of Love" by Celine Dion.

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Reader of the Month
Heath Bowen from Grande Prairie

Coffee News Fun Reading. Serious Advertising.

Quoteable Quotes

"They always say time changes things, but you actually have to change them yourself." —Andy Warhol

"I've grown most not from victories, but from setbacks." —Serena Williams

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

What's Happening

Nov 23 to Dec 31 - Luminaria Come stroll through the candle-lit pathways of the Kurimoto Japanese Garden, sip hot apple cider, enjoy a capella singers and spot magical glittering ice sculptures. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County AB, Alberta

Dec 15-Central Lions Seniors Association Holiday Gala Celebrate the season at our Red-Carpet Holiday Gala open to all! Enjoy happy hour entertainment, a festive turkey dinner, a silent auction, and 5050 draw. Visit Centrallions.org for details. Tickets: \$45. 5-9 PM. 11113 - 113 Street NW. 780-496-7369.

NON profit organizations may submit events for FREE at www.coffee-news.ca

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon ⚡ Master Electrician
780.932.3858 Cell
ajdeleon63@gmail.com

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So — you're not advertising with Coffee News because...?

780-220-6397
coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

BEST OF HAWAII FOUR-ISLAND TOUR

12 days, departs year-round

VAT vacations

1-877-699-7003
promo code N7017

* Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 9/30/22. Other terms & conditions may apply. Ask your Travel Consultant for details.

Trivia

1. Doromania is a compulsion to give gifts, drink water, or dance?
2. What was the last movie in which Bette Davis acted?
3. Where in Canada is the Big Nickel?
4. In Greek mythology, who personified the rainbow?
5. Who told the tales in The 1001 Nights?

(Flip bottom of page for answers)
© Published with Permission by Capital Marketing Ltd
(Over)

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

PSC Prairie Scented Candles

Sunset Scents
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

"A Proven Leader in Digital Security"

- Commercial CCTV Surveillance Solutions
- Commercial Access Control Solutions
- Commercial Alarm Solutions
- Rural Farm and Acreage Solutions

EAGLE EYE SECURITY SOLUTIONS LTD.
780.570.5974 | eesecuritysolutions.ca

LOCALLY OWNED AND OPERATED

No time to be handy...?

WE CAN HELP!
CONTACT THE EXPERIENCED PROFESSIONALS AT

HOME & OFFICE HANDYMAN SERVICES

780.940.2127 | www.HOHS.ca

Give Us Your List. We'll Do The Rest.

Calling all Fishermen 50 YEARS & OVER

Come find fishing buddies at **THE EDMONTON Old Timers' FISHING CLUB**

Monthly meetings Monthly newsletter

...with guest speaker, free coffee & donuts. For more info, call or text Gary Preece at 780.940.6679

25 WORDS OR LESS
WEEKDAYS 3PM
yesTV

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

LegalShield

Coffee News is proud to support **Make-A-Wish** Canada

Transform lives, one wish at a time.

Make-A-Wish
Visit makeawish.ca

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT **thecomicstrip.ca**

Rick Bronson's THE COMIC STRIP
DRINK • DINE • LAUGH

inogen FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

Your Weekly Horoscope

ARIES (March 21 - April 20)

Try taking a practical approach to finally resolving an old, emotional issue now. A conversation with someone older or more experienced might be helpful in finding a solution. Lucky numbers: 2, 17, 40, 41, 45, 48.

TAURUS (April 21 - May 21)

At the end of the week, conversations with others may be smooth and easy. An unusual or unexpected opportunity might even arise from one of them. If so, be proactive. Lucky numbers: 10, 16, 19, 23, 37, 47.

GEMINI (May 22 - June 21)

Be careful in conversations with others or you might experience a setback in something important. Consider adjusting your communication style to encourage a positive outcome. Lucky numbers: 6, 7, 11, 12, 41, 48.

CANCER (June 22 - July 22)

Try to be aware of your environment and of those who share it with you right now. You may see a new opportunity that could help you fulfill your life's purpose. Lucky numbers: 7, 9, 14, 17, 18, 24.

LEO (July 23 - Aug. 23)

You may start this week feeling more like your normal self than you have been. How might you use this restored balance of heart and head to initiate positive change? Lucky numbers: 18, 20, 24, 31, 32, 44.

VIRGO (Aug. 24 - Sept. 23)

Your life situation may settle down midweek, after a recent period of disruption. You might be able to happily get back to your normal and well-grounded routine. Lucky numbers: 11, 14, 15, 22, 24, 29.

LIBRA (Sept. 24 - Oct. 23)

You may be entering a period where you feel a strong desire to nurture others. Just be careful to be sure that your assistance isn't making them dependent on you. Lucky numbers: 3, 14, 15, 17, 18, 29.

SCORPIO (Oct. 24 - Nov. 22)

Most of us have an Achilles heel that occasionally causes us to stumble. Yours may be resurfacing now. Give some conscious thought to how to address it. Lucky numbers: 1, 24, 25, 26, 40, 47.

SAGITTARIUS (Nov. 23 - Dec. 21)

Do you feel that others are putting obstacles in your path? If so, try looking inward to see if you are somehow contributing to the situation. Otherwise, wait for it to change. Lucky numbers: 4, 6, 14, 21, 27, 45.

CAPRICORN (Dec. 22 - Jan. 20)

An unhelpful belief or behaviour pattern from your past may be getting in your way right now. A deep dive into your unconscious could unearth a meaningful insight. Lucky numbers: 5, 9, 13, 32, 36, 46.

AQUARIUS (Jan. 21 - Feb. 19)

Recently, you may have found yourself working very hard to stay ahead of a curve ball. This week you might uncover an opportunity that could finally reward those efforts. Lucky numbers: 2, 5, 13, 24, 35, 44.

PISCES (Feb. 20 - March 20)

Are you feeling discouraged, with a low level of energy to handle routine tasks? This dynamic may pass within a week or so. In the meantime, take good care of yourself. Lucky numbers: 12, 16, 29, 38, 39, 41.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 23.

Did You Know...

Sensitive flower: Four species of a flower called Gentiana that grow on the Qinghai-Tibetan Plateau in Tibet, have been called "shy" by scientists. If touched, their small, delicate blooms close up in only a few seconds.

Glacial landscape: Kenai Fjords National Park, near Seward, Alaska (U.S.), is home to more than 30 glaciers. The ice formations in this breathtakingly beautiful park are in danger due to climate change.

Solitary creature: The aardwolf is a member of the hyena family and is smaller than its cousins. Their diet is made up of insects rather than carrion. They live in various parts of Africa and are solitary, nocturnal creatures.

Warming up: When people shiver, their skin tightens and their muscles shake, which conserves and generates heat. When that starts happening, it's time to find a warm blanket.

Titanic facts: In the 1997 movie *Titanic*, Canadian actor Victor Garber plays shipbuilder executive Thomas Andrews. As shown in the movie, Andrews helped people to safety, but he died when the ship went down.

On the Lighter Side

Where do trombone players in the orchestra sit? Slide by slide.

First kid: "Why is our tennis teacher so mad at you?"
Second kid: "He caught me raising a racquet."

What happens when a computer gets new shoes? It's rebooted.

What did the algebra teacher say to the morning mist? Dew the math.

Knock! Knock! Who's there? Only. Only who? Only you can prevent forest fires.

Answers

Trivia answers: 1. Give gifts 2. Wicked Stepmother 3. Sudbury, Ontario 4. Mrs 5. Scheherazade

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Recipe of the month

Peppermint Meltaways

1 cup butter, softened
1/2 cup confectioners' sugar
1/2 teaspoon peppermint extract
1-1/4 cups all-purpose flour
1/2 cup cornstarch
2 tablespoons butter, softened
2 tablespoons 2% milk

1/4 teaspoon peppermint extract
2 to 3 drops red food colouring, optional
1-1/2 cups confectioners' sugar
1/2 cup crushed peppermint candies

Prep Time: 30 min. + chilling
Bake: 10 min./batch
Yield: approx. 2.5 dozen

- In a small bowl, cream butter and confectioners' sugar until light and fluffy. Beat in extract. In another bowl, whisk flour and cornstarch; gradually beat into creamed mixture. Refrigerate, covered, 30 minutes or until firm enough to handle.
- Preheat oven to 350°. Shape dough into 1-in. balls; place 2 in. apart on ungreased baking sheets. Bake 9-11 minutes or until bottoms are light brown. Remove from pans to wire racks to cool completely.
- In a small bowl, beat butter until creamy. Beat in milk, extract and, if desired, food colouring. Gradually beat in confectioners' sugar until smooth. Spread over cookies; sprinkle with crushed candies. Store in an airtight container.

Source: <https://www.tasteofhome.com>

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Flash Travel SALES

Cruise | Sun/Winter Destinations | Tours | Resorts | Sightseeing

Travelmart | 780.487.1034
www.bit.ly/flashtravelsales

*Limited availability. Dates subject to change without notice.

Merry Christmas
from your friends at **Coffee News®**

RETIREMENT LIVING CHRISTENSON

Join Our Safe & Social Community
Suites Now Available

Southwoods COURT NORTH

Full Kitchens • In Suite Laundry • Optional Meals
9433-67A Ave., Edmonton
780-975-2509
CDLhomes.com

CHRISTENSON COMMUNITIES